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# S.U.B.S.

## Family Newsletter

2012-2013

## Supporters of Upward Bound Students

### Updates at Upward Bound

And we're off! The school year is in full swing and the Upward Bound Central Staff is ready to dive into this year's Saturday Academies on the Northwest campus!

In late September, the UB staff traveled to each school district for recruitment. The prospective students viewed a recruitment video made by a current UB student and we were greeted by many interested and excited students! If you know of any students who you think would be an excellent candidate for Upward Bound, please let them know about the opportunities and suggest to them to apply. UB Applications can be found on the website as well as with the school counselor at your school. Applications are due in the office by November 30th following the schools' Thanksgiving breaks. The Central Staff looks forward to seeing many applications from your school district!

The Saturday Academies this year will have a slightly different format than previous years. Please see the schedule below.

#### Saturday Class Schedule

- 8:30-8:45 am** Announcements
- 8:45-9:35 am** Speaker
- 9:40-10:30 am** Workshops
- 10:35-11:25 am** ACT Prep/Special Topic
- 11:30-12:20 pm** ACT Prep/Special Topic
- 12:20-12:30 pm** Stipends and Check-Out

It is our goal through these Saturday Academies that the students gain knowledge from a variety of motivational speakers and hands-on special topic classes. All students will have the opportunity to take ACT Prep and continue with Counseling and Academic Workshops. Lastly and most importantly to hungry students in the morning, breakfast will still be available to

all students before announcements!

Other changes will occur throughout the Academic Year Component and the Summer Component to match what the Central Staff has seen in the needs of our students and their families. We have added additional online resources including a blog, <http://upwardboundnw.blogspot.com/>, which will take the place of the printed student newsletters. Please also take a look at the blog and start following us on Twitter, @NWUpwardBound for instant updates! The SUBS newsletter will still continue it's printed form to families who have requested it and will be emailed to all others.

We look forward to what this year brings for our students, their families and the program. Please let us know if you have any questions and in all things, be Upward Bound!



### SPECIAL POINT OF INTEREST:

Do you have a student who has recently been recognized for great accomplishments either academically or in their extracurricular activities? Please let us know and we'll include them to our student newsletter blog.

We enjoy bragging about all of the awesome achievements our students have earned!

# Annual Paperwork

Each year, every Upward Bound student must fill out a Participation Contract Agreement form. The form must be signed by both the student and their parent(s)/guardian(s).

The purpose of this document is to ensure

that the student and their parent/guardian have read the handbook, and understand the rules and expectations of our program.

The form and handbook can be found online at the UB website under the *Forms* page.

The UB Central Staff would like to have the

forms turned in as soon as possible and no later than the November 17th Saturday Academy. If you or your student has any questions please don't hesitate to contact the UB office.

## Assistant Director/Academic Coordinator

Last month Kori Hoffmann announced he is traveling across campus to accept a new position with Student Affairs as their new Student Conduct & Development Coordinator. The UB central staff was sad to see such a great mentor leave our team; however, we know he isn't too far away to visit. It was a pleasure to have Kori on our team and the positive effect he had on our students and the overall success of the program will always be appreciated.

It is now the pleasure of the UB central staff to announce that Kenna Johnson, a former Northwest TRiO staffer will be rejoining our TRiO team as the new Upward Bound Assistant Director and Academic Coordinator.

Kenna has over fifteen years of experience with Northwest's TRiO programs. She started her career in 1989 when she assumed the Academic Coordinator position with Upward Bound. In 1991, she transitioned

into the Counseling Coordinator position and held that role for over four years, at which point she became the UB Director. In 1997, she stepped across the TRiO aisle and took the position of Assistant Director for Student Support Services, a position she held until her family relocated to Colorado in 2004.

While in Colorado, she served as the Director of both the Stryker Institute for Leadership Development and The Women's Resource Center at the University of Northern Colorado from 2004-2012. At UNC it was a high priority for Kenna to maintain a close relationship with TRiO. She was able to accomplish this through the establishment of a Big Sister/Little Sister mentoring program for Educational Talent Search students and by writing a successful grant application in 2006-07 to bring Upward Bound back to UNC after the program had been defunded during the previous competition. Throughout her positions in higher educa-

tion she has shown motivation and a passion to provide numerous personal growth, empowerment and educational opportunities for students; focusing primarily on underprivileged and first generation students.

Kenna will be a great addition to the Upward Bound team and another excellent resource for you and your students. Her devotion to student success and advocacy will greatly lend to the Upward Bound program as well as the community as we continue to look for opportunities for collaboration and resource sharing.

Please give a warm welcome to Kenna as she begins her Assistant Director and Academic Coordinator duties with Upward Bound next month.

## College Visits

It's that time of year once again-- college visits are in full effect around the nation! Whether your student is finishing up their first quarter as a high school student or completing college applications and scholarships for their postsecondary plans, it is a good time to discuss when and where college tours will fit into the family calendar.

While discussing possible colleges to visit with your student, check-out the college's website. Looking at the website and degrees offered at the institution is the first step to find out if it would be a good prospective school to look more into. After you have done a bit of research, look into

visiting the college in person. Visiting colleges in person is critical for students and their families to do as they reach the point of deciding upon which institution will be the best fit for the postsecondary goals they have created. With this in mind, Upward Bound juniors and seniors are required to complete at least one college visit during the academic year in order to complete their UB checklist.

After the college visit, you and your student should discuss and write down at least five impressions of the school. Considering the campus personality, diversity of the student body, the size of the lecture halls,

teacher to student ratio, tuition costs, degrees offered among any other important factors that is important for your student.

If the family calendar seems to be overflowing with other events, please know Upward Bound is more than happy to take small groups to visit different college institutions in the area that students are interested in attending. If a parent wishes to attend as well, they are more than welcome to enjoy the trip with us. If anyone is interested in UB planning a college visit, please contact Jackie at [jackiec@nwmissouri.edu](mailto:jackiec@nwmissouri.edu) or (660) 562-1638 and she will create a visit day for you!

# Field Tutoring Updates

Upward Bound Supporters,

Please help us in regards to your student's attendance at field tutoring. Field tutoring is an important aspect of our program. It allows the students a chance to work on any homework they may have and it also provides a valuable line of communication when we need to contact them.

Below is the field tutoring schedule along with lists of excused and unexcused absences.

## 2012-2013 Field Tutoring Schedule

School	Regular Tutoring	Supplemental Tutoring
King City	Thursday—3pm	TBD
Maryville	Thursday—3:10pm	Tuesday—3:10pm
Northeast Nodaway	Wednesday—3:30pm	Tuesday—3:30pm
Rock Port	Tuesday—3:15pm	TBD
Stanberry	Tues/Thurs—7:30am & Thurs—3pm	Tues/Thurs—7:30am & Thurs—3pm
Tarkio	Wednesday—7am	Thursday—7am
West Nodaway	Tuesday—3:10pm	Wed/Thurs—7:30am

Excused absences for school activities include:

- ◆ Sports
- ◆ Band
- ◆ Music
- ◆ Academic Bowl and other such activities
- ◆ FBLA, FFA, etc.
- ◆ Church activities
- ◆ Doctor/Dentist

Students will not be excused for the following:

- ◆ Work
- ◆ Not having a ride
- ◆ School punishment (suspension, detention, etc)
- ◆ Babysitting (we understand there are some circumstances where this is necessary but it should not cause you to miss tutoring on a weekly basis)

Thank you for your help in supporting us on this!

## Saturday Session Bus Schedule

School	Pick Up Time	Drop Off Time	Location
King City	7:30 a.m.	2:10 p.m.	High School
Stanberry	7:45 a.m.	1:55 p.m.	High School
Northeast Nodaway	8:05 a.m.	1:35 p.m.	High School
Rock Port	7:30 a.m.	2:20 p.m.	High School
Tarkio	7:45 a.m.	2:05 p.m.	High School
<b>Arrive NWMSU</b>	<b>8:30 a.m.</b>		Administration Building
<b>Leave NWMSU</b>	<b>** 12:45 p.m.</b>		Administration Building

**\*\* Busses typically stop at McDonald's after session from 12:45-1:15 p.m.**

## Supporters of Upward Bound Students

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Administration Building, 352  
Maryville, MO 64468

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E-mail: [upbound@nwmissouri.edu](mailto:upbound@nwmissouri.edu)



*To the Parents(s)/Guardian(s) of:*

## Important UB Dates: Mark Your Calendars...

### Saturday Academy Schedule 2012-2013

October 20

November 17

December 1

January 12– New Student &  
Parent Orientation

February 2– TRIO Day

March 16

April 20– College Visit

\*\*All sessions begin at 8:30am  
and end at 12:30pm

### ACT Dates

October 27, 2012

December 8, 2012

February 9, 2013

April 13, 2013

June 8, 2013

\*\*Each student can use 2 fee  
waivers for the ACT. Please have  
your student include UB on their  
list for where to send their scores.

The UB code is: 9713

### UB Summer Session 2013

June 2nd - July 5th

### Summer Trip 2013

July 8th-12th

