

UB SCOOP

March 2023



Hello Upward Bound! Spring is here! The weather is all over the place, temps going up and down. But our spirit never waivers!

At Upward Bound, we're keeping our spirits up as we plan and prepare for the rest of the Academic year and we are already looking ahead toward Summer!

We are getting so close to the end of the Academic year! We have one more Saturday Academy on April 22nd. We will hold our Orientations for Summer on May 9th and 10th! More information will come in

via email later. Remember, Summer Forms for Upward Bound are due by the April Saturday Academy on the 22nd. Summer Session begins on Sunday, June 4th, so get excited UB!!

Now, as we prepare for all our Spring and Summer activities, let's not forget our many newly admitted Upward Bound family members! Upward Bound would like to extend a warm welcome to all of our new participants! You have been selected to join Upward Bound because you have demonstrated a desire to succeed and a willingness to work hard to

prepare a bright future for yourselves.

But it doesn't stop there. Now is the time to show that Upward Bound is a priority by being committed to the activities and services that Upward Bound provides, including active participation in Field Tutoring and Saturday Academies. Active participation will show your dedication, while also expanding your horizons with new, exciting experiences alongside many new friends.

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Special Points of interest:

- Monday, March 27, 2023
UBCARED4 – 7:00-8:00 PM
*Stipend for attendance
- Tuesday, May 9, 2023 OR Wednesday, May 10, 2023
Summer Orientation –
Garrett-Strong – Room 2550
6:00-7:30 PM (*all students and parents must attend ONE night*)
- Friday, June 2, 2023
Bridge Orientation –
Admin Building

Watch D.O.G.S. sign up after each Summer Orientation Night

2022-2023 Yearly Upward Bound Checklist

It is important to always make note of upcoming due dates and deadlines. This especially applies to your Upward Bound Student Checklist. Each grade has their own list of tasks to complete by the end of the academic year in May, with the exception of newly admitted students. If you were just admitted to Upward Bound this year, don't worry, you do not have a Checklist yet. ☺ All checklists for seasoned Ubers are on Canvas.

<https://nwmissouri.instructure.com/login/canvas>

If you have not logged in for a while and you must reset your password, use this link <https://www.nwmissouri.edu/compserv/Passwords/index.htm>. Click the link that has a large key on it and says "Self Service Password Reset", then follow the directions given. Finally, if you need additional help, call the Northwest Helpdesk at **660-562-1634**.

Once you have logged in to Canvas, you will see the main screen, or Dashboard, for your Checklist (class). This main page will show you all assignments for your Checklist, as well as dates that each is due. If you would like to see your progress, click on "Grades" on the left-hand side of the screen. This will show you what has been turned in and what has been "graded". Keep in mind that there are no Grades in Upward Bound. It's just a way to show that we have seen your checklist item completed. If you have any questions about completing your Checklists, please contact Casey or Rachel.

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Upward Bound is committed to providing the necessary resources for your success, so with those resources, your dedication, and your desire to succeed, you will go far in achieving your goals. As our new Upward Bound students prepare for the journey ahead, we have to remember that Upward Bound families also devote energy and make sacrifices for their child's success. We very much understand and respect the sacrifices being made so students get the best opportunities. There may be trying times for our students, when they may potentially feel overwhelmed or may be dealing with difficulties. If these experiences are seen as growth opportunities and our families can offer support, this can go a long way to helping participants improve themselves on an academic as well as a personal level. Open communication and support are key to ensuring student success both at home and through Upward Bound.

All of our newest Upward Bound members are listed below. Let's welcome and celebrate them as they embark on the journey toward college! Opportunities await! Welcome to Upward Bound!

Rilee Babcock	Maryville	Portia McKenzie	West Nodaway
Corby Baumli	Northeast Nodaway	Harley Mitchell	Tarkio
Kyrie Bowens	Union Star	Emily Moran	Northeast Nodaway
Levi Brown	Fairfax	Gabriel Moran	Northeast Nodaway
Haylee Clowser	King City	Shawn Phipps	King City
Gracy Davis	King City	Devyn Pitts	Fairfax
William Ellsworth	Stanberry	Jayden Price	West Nodaway
Courtney Faustlin	Northeast Nodaway	Alex Ramirez	Fairfax
Grace Gillip	Union Star	Izzy Ramirez	Fairfax
Jina Harbit	Tarkio	Violet Reasoner	West Nodaway
Izzie Hodge	Union Star	Elizabeth Riemann	Maryville
Davien James	Maryville	Alexis Rogers	Stanberry
Aryanna Jimenez	Maryville	Danica Schnitker	Union Star
Raylen Leader	King City	Skylar Stoner	Rock Port
Katie Libby	Stanberry	Nathaniel Taylor	Stanberry
Logan Lomax	Rock Port	Emalee Wynn	West Nodaway

Things to know for summer!

In order to help our summer to run more smoothly, there are a couple of things that we would like to remind students about. Please read ahead carefully.

1. All summer forms are available on the Upward Bound website. Forms can be found via this link:

<http://www.nwmissouri.edu/trio/upwardbound/Forms.htm>

Please note: all forms are due by **APRIL 22, 2023**. If forms are not turned in by April 22, Upward Bound must assume that the student will not be participating in the summer component unless prior communication has occurred. If you are unable to print these documents at home, ask your School Counselor to print them for you, OR you can contact Rachel or Casey to have a packet of forms mailed to you.

2. Absences during the summer session must be reported before summer begins. This is done in your summer forms packet. Any additional absences must be reported at least 1 week prior to the time you will be absent during the summer. Deduction of stipend and a Student Incident Report will occur if this process is not followed.

It is very difficult to plan for summer activities and expenditures if students are constantly coming and going without us having prior knowledge of those absences. We understand that things come up that you may not currently be aware of. Communication is a definite must in these cases. Students will need to speak with Casey or Rachel IN PERSON (not via text) if an unexpected absence will occur.

3. Due to the success of our non-caffeine habit the past several summers, Upward Bound will again provide re-useable water bottles for student use during the summer in order to promote hydration and healthy nutritional habits. Students may use a personal water bottle if they choose. Soft drinks (soda, pop, energy drinks, etc.) and coffee will not be allowed during academic hours or during on-campus meals. Many students stated during the summer that they felt better and didn't even miss caffeine after maybe a week. We are excited to continue healthy habits this summer!



WATCH D.O.G.S.

Upward Bound invites Watch D.O.G.S. (Dads of Great Students), including fathers, grandfathers, uncles, or other father figures, to volunteer at least one full day with Upward Bound during the virtual portion of our summer component. Watch D.O.G.S. is an innovative father involvement, educational initiative of the National Center for Fathering. There are two primary goals of the worldwide Watch D.O.G.S.

program:

1. To provide positive male role models for the students, demonstrating by their presence that education is important.
2. To provide extra sets of eyes and ears to enhance school security and reduce bullying.

It has been shown that fathers and father figures in the classroom can have a tremendously positive impact on the educational process! While at Upward Bound, Watch D.O.G.S. can perform a variety of tasks during their volunteer day, including monitoring during class breaks, assisting students in coursework, monitoring the lunch room, helping in the classroom with a teacher's guidance by working with small groups of students on homework, flashcards, spelling, or projects, and any other assigned activities where they actively engage with not only their own student(s), but other students as well.

Any father-figure who is interested in participating in Watch D.O.G.S. this summer is invited to sign up during one of our two Summer Orientation Meetings scheduled for Tuesday, May 9 or Wednesday, May 10, 2023 at 6:00-7:30 PM.

IMPORTANT DATES

Summer Orientation May 9 or May 10, 2023

6:00-7:30 PM

Students and parent(s)/guardian(s) must attend ONE orientation night. You may choose either date.

You will need to ensure that all forms for the summer component are turned in to the Upward Bound Office by **April 22, 2023**. Forms can be found on our website.
<http://www.nwmissouri.edu/trio/upwardbound/Forms.htm>

Please bring information on any additional summer absences that have not already been reported.

Bridge Summer Orientation June 2, 2023

Students participating in the Upward Bound Bridge program this summer will need to bring a parent/guardian to Bridge Orientation. If you are 18, it is still important to bring a parent/guardian.

Please ensure that all forms for the Upward Bound summer Bridge program are turned in to the Upward Bound Office by April 22, 2023.

Please bring information on any additional summer absences that have not already been reported.

ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
April 15, 2023	Mar. 10, 2023	Mar. 24, 2023
June 10, 2023	May 5, 2023	May 19, 2023
July 15, 2023	June 16, 2023	Jun. 23, 2023

Always use the Upward Bound code: 9713

****Contact Rachel to obtain an ACT Fee Waiver.**

Every student can use up to 4 ACT Fee Waivers throughout high school.

For more information go to <http://www.actstudent.org>

Important Upward Bound Updates

ACT FEE WAIVERS

UB and your school are able to offer FOUR ACT Waivers during a student's high school career. If you are planning to take the ACT, let Rachel know and you may use an ACT Fee Waiver.



2023 UB Summer Session
June 4-July 7

2023 Summer Enrichment Trip
July 10-14

UB Contact Information

Office: 660-562-1630

Fax: 660-562-1631

Email: wenstrand@nwmissouri.edu
wistrom@nwmissouri.edu
ub.nwmsu@gmail.com

Summer

2023



Summer Calendar 2023

*Locations may change

Week 1

Sunday, June 4	Move-in to the Northwest residence halls 3:00-4:00pm for SAC 4:00-4:45pm for New Students 4:45-5:30pm for Returning Students
Monday, June 5	Bridge Classes Begin Family Group Evening Activities
Tuesday, June 6	Tutoring in Hall and Family Visitor Night
Wednesday, June 7	Service Learning Activities
Thursday, June 8	Large Group Activity Night- Patee House and Cool Crest Mini Golf
Friday, June 9	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 2

Sunday, June 11	Return to the residence halls for check-in (7-9 pm)
Monday, June 12	Family Group Evening Activities
Tuesday, June 13	Tutoring in Hall and Visitor Night
Wednesday, June 14	Service Learning Activities
Thursday, June 15	Large Group Activity Night- Henry Doorly Zoo
Friday, June 16	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 3

Sunday, June 18	No UB
Monday, June 19	No UB – Holiday
Tuesday, June 20	<u>Early Morning Check In (6:30-7:45 am)</u> Family Group Evening Activities
Wednesday, June 21	Service Learning Activities
Thursday, June 22	Large Group Activity Night – Lied Center & The Hangar
Friday, June 23	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 4

Sunday, June 25	Return to the residence halls for check-in (7-9pm)
Monday, June 26	Family Group Evening Activities
Tuesday, June 27	Tutoring in Hall and Visitor Night
Wednesday, June 28	Service Learning Activities
Thursday, June 29	Etiquette Dinner and Dance
Friday, June 30	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 5

Sunday, July 2	Return to the residence halls for <u>early check-in (5-7pm)</u> Academic Activity
Monday, July 3	<u>Early Check Out (4 pm)</u>
Tuesday, July 4	No UB – Holiday
Wednesday, July 5	<u>Early Morning Check In (6:30-7:45 am)</u> Bridge Weekly Check In (before 5 pm) Family Group Evening Activities
Thursday, July 6	Large Group Activity Night – WWI Museum & New Theater
Friday, July 7	Move-out day & Academic Awards Ceremony - TIMELINE TBD

Week 6

Monday, July 10	Leave on trip to Oklahoma City & Dallas
Friday, July 14	Return from Oklahoma City & Dallas