

UB SCOOP

March/April 2017



Hello Upward Bound! You may have noticed that Spring is in the air. The saying for March is “In like a lion, out like a lamb”. I’m not sure if Mother Nature got the memo this year, as it seems to be the opposite, “In like a lamb, out like a lion!” Not to mention the early arrival of “April showers!” Rain, rain, and more rain has led to quite a dreary week, but here at Upward Bound, we’re keeping our spirits up as we plan and prepare. Though Spring has just begun, we are already looking ahead toward Summer!

Staffing for summer is nearly complete. SAC members did a wonderful job of representing their peers while interviewing prospective Resident Assistants! We have hired six RAs and I believe we have a great group for this summer. You can

“meet” them on page 4 of this newsletter! Class schedules are ready to go, and Jackie and I will be visiting all of you at your schools during the first week of April so we can get your individual class schedules determined.

Our April Saturday Academy (the 22nd) is planned out, and you will be receiving the final itinerary very soon via email. Don’t forget to submit your permission forms before April 22nd! We have also not received Liability forms from several students, so we definitely need those. Please contact Rachel or Jackie if you would like to verify that we have received your Liability form.

Plans for our trip to Colorado are coming together and I can

assure you, it’s going to be an AMAZING trip! Great adventures, food, and fascinating sights are in store for all of us! I don’t know about all of you, but I am excited!

Now, in order to “play hard”, we first have to “work hard”. The school year is approaching its end, and I know all Upward Bound students are persevering and working as hard as ever as you look toward the future. Success is achieved through our everyday decisions and actions. This newsletter is full of information that will help us finish up this school year and prepare for a great summer ahead! Most of you know one of our mottos at Upward Bound: “We work hard, and then we play hard!” And we continue to hold true to this motto!

Special Points of interest:

- Saturday, April 22, 2017
Large Group College Visit to University of Nebraska, Omaha – Depart 7:30 AM
- Monday, April 24, 2017
Senior Guidance and Grub Night – 6:30-8:00 PM
- Tuesday, May 2 and Wednesday May 3, 2017
Summer Orientation – 6:30-8:00 PM (all students and parents must attend ONE night)

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Things to know for summer!

In order to help our summer to run more smoothly, there are a couple of things that we are updating. Please read ahead carefully.

1. All summer forms are available on the Upward Bound website. Forms can be found via this link:

<http://www.nwmissouri.edu/trio/pdf/ub/Forms/Upward%20Bound%20Summer%20Component%20Forms%202017.pdf>

Please note: all forms are due by **APRIL 22, 2017**. If forms are not turned in by April 22, Upward Bound must assume that the student will not be participating in the summer component unless prior communication has occurred. If you are unable to print these documents at home, ask your School Counselor to print them for you, OR you can contact Jackie or Rachel to have a packet of forms mailed to you.

2. Absences during the summer session must be reported before summer begins. This is done in your summer forms packet. Any additional absences must be reported at least 1 week prior to the time you will be

absent during the summer. Deduction of stipend and a Student Incident Report will occur if this process is not followed.

It is very difficult to plan for summer activities and expenditures if students are constantly coming and going without us having prior knowledge of those absences. We understand that things come up that you may not currently be aware of. Communication is a definite must in these cases. Students will need to speak with Jackie IN PERSON (not via text) if an unexpected absence will occur.

3. Beginning this year, Upward Bound will provide re-useable water bottles for student use during the summer in order to promote hydration and healthy nutritional habits. Soft drinks (soda, pop, energy drinks, etc.) and coffee will not be allowed during academic hours or during on-campus meals.



WATCH D.O.G.S.

Upward Bound invites Watch D.O.G.S. (Dads of Great Students), including fathers, grandfathers, uncles, or other father figures, to volunteer at least one full day at Upward Bound during our summer component. Watch D.O.G.S. is an innovative father involvement, educational initiative of the National Center for Fathering. There are two primary goals of the worldwide Watch D.O.G.S. program:

1. To provide positive male role models for the students, demonstrating by their presence that education is important.
2. To provide extra sets of eyes and ears to enhance school security and reduce bullying.

It has been shown that fathers and father figures in the classroom can have a tremendously positive impact on the educational process! While at Upward Bound, Watch D.O.G.S. can perform a variety of tasks during their volunteer day, including monitoring during class breaks, assisting students in coursework, monitoring the lunch room, helping in the classroom with a teacher's guidance by working with small groups of students on homework, flashcards, spelling, or projects, and any other assigned activities where they actively engage with not only their own student(s), but other students as well.

Any father-figure who is interested in participating in Watch D.O.G.S. this summer is invited to attend one of two meetings scheduled for Tuesday, May 2 or Wednesday, May 3, 2017 at 5:00-6:00 PM, just before Upward Bound's Summer Orientation nights.

IMPORTANT DATES

APRIL 22, 2017

SATURDAY ACADEMY - COLLEGE VISIT

Our Saturday Academy in April will be a college visit to UNO –
University of Nebraska, Omaha

Itinerary:

7:20-7:35 AM Arrive in the Administration Parking Lot
 7:45 AM Leave Administration Parking Lot
 9:50 AM Arrive at UNO; Check-in
 10:00-11:00 Admissions Presentation
 11:00-12:00 Walking Tour of Dodge Campus and
 University Housing
 12:00-1:00 PM Presentation
 1:00-2:00 Lunch at UNO
 2:00 Depart UNO
 2:30-4:30 The Amazing Pizza Machine
 6:30 PM Arrive at NWMSU



*Must turn in signed permission form by April 19 to attend.

**Wear nice, casual clothing (no holes in jeans) with comfortable shoes.

***Buses to NWMSU will not be running on this date. Carpooling is encouraged. Mileage Reimbursements are available in the Upward Bound Office or on the Upward Bound website:

<http://www.nwmissouri.edu/trio/upwardbound/>

April 24, 2017
Spring Guidance and Grub
6:30-8:00 PM

Seniors, our Spring Guidance and Grub is focusing on understanding your Financial Aid Package.

Please bring your Financial Aid Award letters received from your college and your student account information, usually found on your acceptance letters.

*Remember that we will provide dinner!

Summer Orientation May 2 or May 3, 2017

6:30-8:00 PM

Students and parent(s)/guardian(s) must attend ONE orientation night. You may choose either date.

You will need to ensure that all forms for the summer component are turned in to the Upward Bound Office by **April 22, 2017**. Forms can be found on our website.

<http://www.nwmissouri.edu/trio/pdf/ub/Forms/Upward%20Bound%20Summer%20Component%20Forms%202017.pdf>

Please bring any additional absences that have not already been reported.

ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
April 8, 2017	March 3, 2017	Mar. 4-17, 2017
June 10, 2017	May 5, 2017	May 6-19, 2017

Always use the UB code: 9713

**Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

For more information go to <http://www.actstudent.org>

2017 UB Summer Session
 June 4-July 7

2017 Summer Enrichment Trip
 July 10-14

UB Contact Information

Office: 660-562-1630

Fax: 660-562-1631

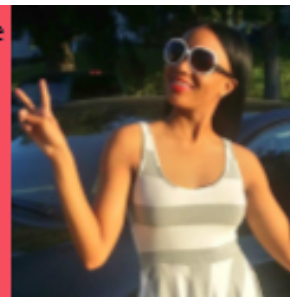
Email: jackiec@nwmissouri.edu
wistrom@nwmissouri.edu

Meet the Resident Assistants!

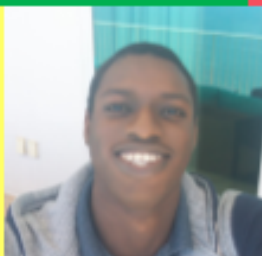


Hello, my name is Darcie Gallagher. I am from Maitland, MO. I went to Nodaway-Holt and graduated in 2014. I transferred from Southeast Community College in Beatrice, NE and will be graduating with an Ag Science degree this semester. I plan on attending grad school for Ag Education this fall and have the hopes to be a high school educator someday. Some things I enjoy are being outside, farming, and helping others! I look forward to a summer of fun!

My name is Dasia, everyone calls me DJ. I'm from Saint Louis and I am a senior at Missouri Western State University. I am studying Psychology to be an Industrial Organizational psychologist! I love animals, and going to the gym in my spare time! Can't wait to meet you guys!



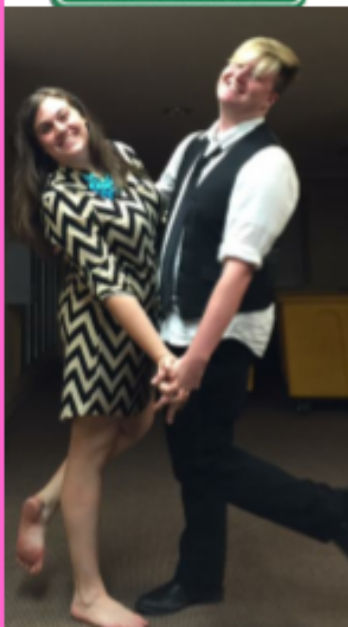
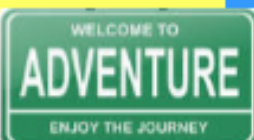
My name is Valentine Oderah Osakwe (preference Val). I am an international student here at Northwest. My major is computer science with emphasis on software development. I hope after my degree to go on and also obtain a masters in computer science with emphasis on security software development. I grew up in a family of 5 boys and I am the middle man, some of my family members live in California while other members alternate between Europe, Nigeria and here in the United States. My hobbies are video games, watching movies, music, cooking, dancing (although I can't dance, ends up messing the whole place up) and reading stuff online, especially Forbes, not the list; because they have very good write-ups. I also love sports, soccer (favorite team is Chelsea FC London) and volleyball is my favorite. My favorite food is usually rice (I can cook rice in so many ways), I also love bread and peanut butter. I always play a lot but I can get serious pretty fast and also I'm not afraid to make major decisions when the need calls for it.



Hi, my name is Chrystal Patten and I am currently a senior working on my last semester of undergraduate classes here at NWMSU. I am majoring in agricultural business and plan to attend graduate school this fall at Northwest as well! My hometown is Orient, Iowa. I lived in the country and always had gardens and plenty of animals to keep me occupied. I'm grateful that I made the decision to attend Northwest because I have had a great time in Maryville. I am very excited to be with Upward Bound this summer and I can't wait to meet everyone!



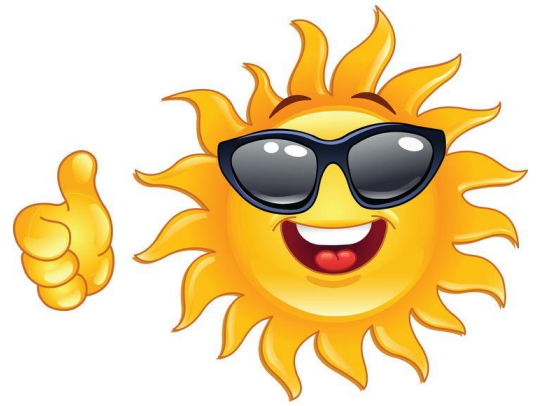
Hello all! My name is Arianne Bredlow. I am excited to be back for another fun summer with Upward Bound! I currently teach Special Education & Title Math at West Nodaway. I am a Northwest and UB Alum! I love all things blue, green, and sparkly. Athletics aren't my forte, but I enjoy watching baseball, football, and hockey. I live in Ravenwood, I have a dog named Cocoa, and a cat named Ham Sandwich! I have two brothers, Caleb, who lives in Seattle, WA and Rory, who is a freshman at Northeast Nodaway (and current UB student). In my free time, I enjoy coloring, cooking, and traveling. I am also the Activities Coordinator for Camp Quality Northwest Missouri, a summer camp for children with cancer! If I look frazzled in the first week of the summer session, don't worry, I am just preparing for camp! I look forward to seeing all of the familiar faces from last summer and meeting the new students! It's going to be a blast!



My name is Korbin Jones. I'm a UB alumnus and this will be my 7th summer with UB (4 as a student, 3 as a TA, Enrichment Instructor, and/or RA). I'm currently a senior at Northwest studying Spanish and Creative Writing/Publishing. My personality color is blue and I'm an ENFJ, so I'm a very emotion-centered, people person! I'm super open-minded as I have been involved with many multicultural groups on campus; I even started an intersectional feminist group a few years ago. I love helping people come up with solutions to their problems and encouraging others to pursue their passions. I'm excited to be with UB again and to have another unforgettable summer!

Summer

2017



Prior to SC

Friday, June 2 8:00-9:00am Bridge move-in to the Northwest residence halls
9:00-11:00am Bridge Orientation
1:00-4:00pm SAC Retreat

Week 1

Sunday, June 4 Move-in to the Northwest residence halls
3:00-4:00pm for SAC
4:00-4:45pm for New Students
4:45-5:30pm for Returning Students

Monday, June 5 Bridge Classes Begin
Family Group Evening Activities

Tuesday, June 6 Tutoring in Hall and Visitor Night

Wednesday, June 7 Service Learning Activities

Thursday, June 8 Large Group Activity Night- **Royals vs Astros**

Friday, June 9 Presentations and workshops
Job Shadowing/Work Study
Check out of the residence halls (11am-12:30pm)

Week 2

Sunday, June 11 Return to the residence halls for check-in (7-9pm)

Monday, June 12 Family Group Evening Activities

Tuesday, June 13 Tutoring in Hall and Visitor Night

Wednesday, June 14 Service Learning Activities

Thursday, June 15 Large Group Activity Night – **MOERA & Movie**

Friday, June 16 Presentations and workshops
Job Shadowing/Work Study
Check out of the residence halls (11am-12:30pm)

Week 3

Sunday, June 18 Return to the residence halls for check-in (7-9pm)

Monday, June 19 Family Group Evening Activities

Tuesday, June 20 Tutoring in Hall and Visitor Night

Wednesday, June 21 Service Learning Activities

Thursday, June 22 Large Group Activity Night – **Omaha Zoo**

Friday, June 23 Presentations and workshops
Job Shadowing/Work Study
Check out of the residence halls (11am-12:30pm)

Week 4

Sunday, June 25	Return to the residence halls for check-in (7-9pm)
Monday, June 26	Family Group Evening Activities
Tuesday, June 27	Tutoring in Hall and Visitor Night
Wednesday, June 28	Service Learning Activities
Thursday, June 29	Large Group Activity Night - UB Formal
Friday, June 30	Presentations and workshops Job Shadowing/Work Study Bridge Classes End. Bridge students move all non-essentials out of residence halls Check out of the residence halls (11am-12:30pm)

Week 5

Sunday, July 2	Return to the residence halls for early check-in (5-7pm) Walking Taco Night UB Special Event Night (7-9pm)
Monday, July 3	Regular Academic Day Pizza in hall for Holiday Check-out (4pm) Holiday Check-out (5-7pm)
Tuesday, July 4	Holiday – No UB Events
Wednesday, July 5	Check-in (6:30-7:45am) Grab & Go Breakfast in hall Regular Academic Day Service Learning Activities
Thursday, July 6	Bridge Students check in (8-10am) for evening Large Group Activity Large Group Activity Night - New Theatre “Million Dollar Quartet”
Friday, July 7	Move-out day & Awards Ceremony – TIMELINE TBD

Week 6

Monday, July 10	Leave on trip to Denver & Colorado Springs, CO
Friday, July 14	Return from Denver & Colorado Springs, CO

Independence Day:

Transportation will be offered for students without vehicles to be home for the holiday. If a student is utilizing UB transportation Monday, July 3rd, they are required to use UB transportation Wednesday, July 5th.