

# UB Scoop

December 2023



## Greetings from Upward Bound!

It's the time of year when the cold winter begins to settle in, and we dig in to all of our indoor activities. We know Ms. Calfee would say, "Keep up with your pleasure reading!" While winter tends to be a cold and colorless time of year, all of us in our UB family know that we just have to add our own color and warmth! We will choose to focus on the cheerful and joyful Holiday time approaching. We'll think of hot cocoa and cookies or maybe a family treat. There's also time with family and friends.

Speaking of friends, we will soon be officially welcoming many new Upward Bound friends! Acceptance letters will soon be going out and we are very excited to expand our UB family once again to include bright-eyed, excited new participants. In our usual UB style, we will welcome them with smiles and

congratulations as they begin working toward a brighter future.

Upward Bound Central staff is hard at work. We're finishing up selecting new participants, and we have also been working hard to prepare for our Spring Saturday Academies and even thinking ahead toward our Summer Session! Believe it or not, summer will be here before we know it! Until then, we have to bear the cold as we push forward toward a successful semester. Upward Bound is committed to providing resources that will assist you in being successful. With those resources, your dedication, and your desire to succeed, you will go far in achieving your goals.

One of these resources is our Student Checklist. Our Canvas online Classroom provides you with descriptions and directions for each Checklist assignment,

as well as a simple submission process. Don't forget to check on your due dates!

This year we're visiting you in your schools regularly. These meetings allow us to keep up with students in-between Saturday Academies and answer questions immediately. Our next school visit will be in January!

These two resources are proving to be fantastic ways to help us go even further toward assisting students as they progress toward future success! We know you've been working hard this semester. Luckily, you've got a nice break just around the corner to look forward to. We hope that all UBers finish the semester smoothly and that you all have a wonderful break. Don't forget the Hot Cocoa!



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### Special Points of interest:

- Monday, December 11, 2023  
*UBCared4 – 6:00-7:00 PM*
- Monday, January 29, 2024  
*UBCared4 – 6:00-7:00 PM*
- Saturday, January 20, 2024  
*Regular Saturday Academy & New Participant Orientation – 8:30-12:30 PM*
- Saturday, February 17, 2024 *Saturday Academy and National TRiO Day Celebration – 8:30-2:00 PM (families encouraged to attend)*

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## Looking to the Future

### -College Visits

Juniors and Seniors are a busy crowd. They are keeping up with their grades, playing sports, being active in clubs and organizations, etc. While all of this is going on, they are also working hard to prepare for the next step: College!

All the way back in Summer 2023, Seniors were working on choosing which colleges they would eventually apply to. Though research was conducted extensively, it can be very difficult to know if a school is the right choice until we actually walk the campus and see first-hand what it is like.

That's exactly what these students did.

Rachel, who coordinates the college visits, polled Seniors to see which colleges students were most interested in visiting. The top three most popular choices were then selected. A lot of planning and organization took place, and off we went!

### Truman State University

Our first college visit was to Truman State University in Kirksville, MO. Students got to see Truman's beautiful campus, learn about the admission process, and talk to TRIO staff!



### Missouri Western State University

Our second college visit was to Missouri Western State University in St. Joseph, MO. Students got to see some of the newest changes at the University. It was a cloudy, windy day, but we had a great time on a walking tour of the campus.



### North Central Missouri College

Our final college visit was to NCMC, or North Central Missouri College. NCMC is a two-year community college, and can be a great stepping stone for students as they work toward their four-year degree. Many students start at a community college and then transfer to a four-year institution to finish that degree. Though this trip was at the end of November, we were lucky that the weather gave us a cloudy, but pleasant day for touring campus.





# 2024 T-SHIRT DESIGN CONTEST

The Winner Receives \$50!!!

Deadline to submit entries is **Saturday, February 17.**

- The design must be a maximum of 3 colors and must be for one side of a shirt.
- Screen Print Only.
- Design entries must be submitted in JPEG format only (no hand drawings accepted).
- Voting will take place within the months of March or April.
- Winning design will be announced March 18 at our Saturday Academy.
- If you have questions, please contact Rachel or Catrina.



## JOB-SHADOW/WORK-STUDY SUMMER 2024

Sophomores, Juniors, and Seniors that have participated in at least one summer session are eligible to apply for a Job-Shadow or Work-Study experience during our 2024 Summer Session.

Applications are on the UB Website. The due date to submit applications is **February 17, 2024**. Contact Rachel with any questions.



# IMPORTANT DATES

## SPRING 2024 SATURDAY ACADEMY DATES

Upward Bound Saturday Academies take place from 8:30 AM-12:30 PM on the 3<sup>rd</sup> floor of the Administration Building at Northwest Missouri State University

January 20	Regular Session (New Student/Parent Orientation)
February 17 8:30 AM - 2:00 PM	Regular Session/TRiO Day (families encouraged to attend)
March 23	Regular Session
April 20	Regular Session

## New Student Orientation Saturday, January 20, 2024

All new Upward Bound students (and their families) will attend a New Student Orientation at 11:30-12:00 PM in Garrett-Strong 2550, during our Saturday Academy.

\* Parents/Families are more than welcome to ride the bus with students, or choose to only attend the New Student Orientation. Mileage Reimbursements are available.

## Saturday Academy Bus Schedule

School	Pick Up Time	Drop Off Time	Location
King City	7:30 a.m.	2:10 p.m.	High School
Union Star	7:30 a.m.	2:10 p.m.	King City High School
Stanberry	7:45 a.m.	1:55 p.m.	Elementary School
Northeast Nodaway	8:05 a.m.	1:35 p.m.	High School
Rock Port	7:30 a.m.	2:20 p.m.	High School
Tarkio	7:45 a.m.	2:05 p.m.	High School
Fairfax	7:45 a.m.	2:05 p.m.	Tarkio High School
West Nodaway	8:10 a.m.	1:40 p.m.	High School
Nodaway-Holt	7:50 a.m.	1:45 p.m.	High School
Arrive NWMSU	8:30 a.m.		Admin. Building
Leave NWMSU	*12:45p.m.		Admin. Building

\*\* Busses typically stop at McDonald's/Taco Bell after session from 12:45-1:15 p.m.

## ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
Feb. 10, 2024	Jan. 5, 2024	Jan. 22, 2024
April 13, 2024	Mar. 8, 2024	Mar. 22, 2024
June 8, 2024	May 3, 2024	May 17, 2024
July 13, 2024	June 7, 2024	Jun. 21, 2024

**Always use the Upward Bound code: 9713**

\*\*Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

2024 UB Summer Session  
June 2-July 3

2024 Summer Enrichment Trip  
July 8-12

## UB Contact Information

Office: 660-562-1630

Email: [cpelton@nwmissouri.edu](mailto:cpelton@nwmissouri.edu)  
[wistrom@nwmissouri.edu](mailto:wistrom@nwmissouri.edu)  
[ub.nwmsu@gmail.com](mailto:ub.nwmsu@gmail.com)