

# UB Scoop

December 2022



## Greetings from Upward Bound!

It's the time of year when the cold winter begins to settle in, and we dig in to all of our indoor activities. We know Ms. Calfee would say, "Keep up with your pleasure reading!" While winter tends to be a cold and colorless time of year, all of us in our UB family know that we just have to add our own color and warmth! We will choose to focus on the cheerful and joyful Holiday time approaching. We'll think of hot cocoa and cookies or maybe a family treat. There's also time with family and friends.

Speaking of friends, we will soon be officially welcoming many new Upward Bound friends! Acceptance letters will soon be going out and we are very excited to expand our UB family once again to include bright-eyed, excited new participants. In our usual UB style, we will welcome them with smiles and congratulations as they begin

working toward a brighter future.

Upward Bound Central staff is hard at work. We're finishing up selecting new participants, and we have also been working hard to prepare for our Spring Saturday Academies and even thinking ahead toward our Summer Session! Believe it or not, summer will be here before we know it! Until then, we have to bear the cold as we push forward toward a successful semester. Upward Bound is committed to providing resources that will assist you in being successful. With those resources, your dedication, and your desire to succeed, you will go far in achieving your goals.

One of these resources is our Student Checklist. Our Canvas online Classroom provides you with descriptions and directions for each Checklist assignment, as well as a simple submission

process. Don't forget to check on your due dates!

This year we're continuing our One-on-One sessions with Central UB staff. These meetings allow Casey and Rachel to keep up with students in-between Saturday Academies and answer questions immediately. If you haven't scheduled your One-on-Ones yet, make sure you do ASAP!

These two resources are proving to be fantastic ways to help us go even further toward assisting students as they progress toward future success! We know you've been working hard this semester. Luckily, you've got a nice break just around the corner to look forward to. We hope that all UBers finish the semester smoothly and that you all have a wonderful break. Don't forget the Hot Cocoa!



## Special Points of interest:

- Monday, December 19, 2022  
*UBCared4 – 7:00-8:00 PM*
- Monday, January 23, 2023  
*UBCared4 – 7:00-8:00 PM*
- Saturday, January 21, 2023 *Regular Saturday Academy & New Participant Orientation – 8:30-12:30 PM*
- Saturday, February 25, 2023 *Saturday Academy and National TRiO Day Celebration – 8:30-2:00 PM (families encouraged to attend)*

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## Looking to the Future

### -College Visits

Juniors and Seniors are a busy crowd. They are keeping up with their grades, playing sports, being active in clubs and organizations, etc. While all of this is going on, they are also working hard to prepare for the next step: College!

All the way back in Summer 2022, Seniors were working on choosing which colleges they would eventually apply to. Though research was conducted extensively, it can be very difficult to know if a school is the right choice until we actually walk the campus and see first-hand what it is like. That's exactly what these students did.

Rachel, who coordinates the college visits, polled Seniors to see which colleges students were most interested in visiting. The top three most popular choices were then selected. A lot of planning and organization took place, and off we went!

#### University of Missouri-Kansas City

Our first college visit was to the University of Missouri-Kansas City in Kansas City, MO.

Students got to see some of the newest changes at the University and had a beautiful day for a walking tour of the campus. A fun fact we learned was that the first mascot drawing of Kasey the Kangaroo was done by Walt Disney! We also learned that the library has an automated book selection and check out, that works similar to a vending machine.



#### University of Missouri-Columbia

Students were scheduled to attend a college visit to the University of Missouri-Columbia (Mizzou) back in October, but unfortunately, Rachel was ill and we had to cancel it. Instead a visit will be scheduled in the Spring. If you were signed up for this college visit, you will receive information about the rescheduled visit in the Spring.



# 2023 T-SHIRT DESIGN CONTEST

The Winner Receives \$50!!!

Deadline to submit entries is **Saturday, February 25.**

- The design must be a maximum of 3 colors and must be for one side of a shirt.
- Screen Print Only.
- Design entries must be submitted in JPEG format only (no hand drawings accepted).
- Voting will take place within the month of March.
- Winning design will be announced March 18 at our Saturday Academy.
- If you have questions, please contact Casey or Rachel.



## JOB-SHADOW/WORK-STUDY SUMMER 2023

Sophomores, Juniors, and Seniors that have participated in at least one summer session are eligible to apply for a Job-Shadow or Work-Study experience during our 2023 Summer Session.

Applications are on the UB Website. The due date to submit applications is **February 25, 2023**. Contact Rachel with any questions.



# IMPORTANT DATES

## SPRING 2023 SATURDAY ACADEMY DATES

Upward Bound Saturday Academies take place from 8:30 AM-12:30 PM on the 3<sup>rd</sup> floor of the Administration Building at Northwest Missouri State University

|                                  |   |
|----------------------------------|---|
| January 21                       | Regular Session<br>(New Student/Parent Orientation)         |
| February 25<br>8:30 AM - 2:00 PM | Regular Session/TRiO Day<br>(families encouraged to attend) |
| March 18                         | Regular Session   |
| April 22                         | Regular Session   |

## New Student Orientation Saturday, January 21, 2023

All new Upward Bound students (and their families) will attend a New Student Orientation at 11:30-12:00 PM in Garrett-Strong 2550, during our Saturday Academy.

\* Parents/Families are more than welcome to ride the bus with students, or choose to only attend the New Student Orientation. Mileage Reimbursements are available.

### Saturday Academy Bus Schedule

| School            | Pick Up Time | Drop Off Time | Location              |
|-------------------|--------------|---------------|-----------------------|
| King City         | 7:30 a.m.    | 2:10 p.m.     | High School           |
| Union Star        | 7:30 a.m.    | 2:10 p.m.     | King City High School |
| Stanberry         | 7:45 a.m.    | 1:55 p.m.     | Elementary School     |
| Northeast Nodaway | 8:05 a.m.    | 1:35 p.m.     | High School           |
| Rock Port         | 7:30 a.m.    | 2:20 p.m.     | High School           |
| Tarkio            | 7:45 a.m.    | 2:05 p.m.     | High School           |
| Fairfax           | 7:45 a.m.    | 2:05 p.m.     | Tarkio High School    |
| West Nodaway      | 8:10 a.m.    | 1:40 p.m.     | High School           |
| Nodaway-Holt      | 7:50 a.m.    | 1:45 p.m.     | High School           |
| Arrive NWMSU      | 8:30 a.m.    |               | Admin. Building       |
| Leave NWMSU       | *12:45p.m.   |               | Admin. Building       |

\*\* Busses typically stop at McDonald's/Taco Bell after session from 12:45-1:15 p.m.

## ACT Test Dates

| Test Date      | Registration Deadline | Late Fee Required |
|----------------|-----------------------|-------------------|
| Feb. 11, 2023  | Jan. 6, 2023          | Jan. 20, 2023     |
| April 15, 2023 | Mar. 10, 2023         | Mar. 24, 2023     |
| June 10, 2023  | May 5, 2023           | May 19, 2023      |
| July 15, 2023  | June 16, 2023         | Jun. 23, 2023     |

**Always use the Upward Bound code: 9713**

\*\*Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

2023 UB Summer Session  
June 4-July 7

2023 Summer Enrichment Trip  
July 10-14

### UB Contact Information

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