

# UB Scoop

January 2022



## Greetings from Upward Bound!

What a year...again! You have all been so resilient as Covid has forced us to adapt to a “New Normal”, a phrase we hear often these days. Though we’ve had to continuously adjust, we have learned to never take for granted all of the activities and fun that we are able to enjoy. That is something worth appreciating!

On another note, it looks like after some warm spells that winter has finally settled in. While winter tends to be a cold and colorless time of year, all of us in our UB family know that we just have to add our own color and warmth! We will choose to focus on the positives moving forward, especially those times with friends.

Speaking of friends, we are officially welcoming many new Upward Bound friends! Acceptance letters have been sent out and we are very excited to expand our UB

family once again to include bright-eyed, excited new participants. In our usual UB style, we will welcome them with smiles and congratulations as they begin working toward a brighter future.

Upward Bound Central staff is hard at work. We’re finishing up selecting new participants, and we have also been working hard to prepare for our Spring Saturday Academies and even thinking ahead toward our Summer Session! Believe it or not, summer will be here before we know it! Until then, we have to bear the cold as we push forward toward a successful semester. Upward Bound is committed to providing resources that will assist you in being successful. With those resources, your dedication, and your desire to succeed, you will go far in achieving your goals.

One of these resources is our Student Checklist. Our Canvas

online Classroom provides you with descriptions and directions for each Checklist assignment, as well as a simple submission process. Don’t forget to check on your due dates!

This year we’re continuing our One-on-One sessions with Central UB staff. These have been going really well so far, as it allows John and Rachel to keep up with students in-between Saturday Academies and answer questions immediately. If you haven’t scheduled your One-on-Ones yet, make sure you do ASAP!

These two resources are proving to be fantastic ways to help us go even further toward assisting students as they progress toward future success! We know you’ve been working hard this semester. We’ll see you soon, and until then, grab some hot cocoa and stay warm!

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### Special Points of interest:

- Saturday, Jan. 29, 2022  
*VIRTUAL Saturday Academy*  
\*See email for Zoom link\*  
8:30-12:30 PM
- Monday, Jan. 31, 2022  
*UBCARED4 –*  
7:00-8:00 PM
- Saturday, Feb. 12, 2022  
*New Student Orientation*  
9:00-10:30 AM
- Saturday, February 26, 2022  
*Saturday Academy and National TRiO Day Celebration – 8:30-2:00 PM (families encouraged to attend)*

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## Looking to the Future

### -College Visits

Juniors and Seniors are a busy crowd. They are keeping up with their grades, playing sports, being active in clubs and organizations, etc. While all of this is going on, they are also working hard to prepare for the next step: College!

All the way back in Summer 2019, Seniors were working on choosing which colleges they would eventually apply to. Though research was conducted extensively, it can be very difficult to know if a school is the right choice until we actually walk the campus and see first-hand what it is like. That's exactly what these students did.

Rachel, who coordinates the college visits, polled Seniors to see which colleges students were most interested in visiting. The top three most popular choices were then selected. A lot of planning and organization took place, and off we went!

### University of Missouri – Columbia (MIZZOU)

Our first college visit was to the University of Missouri-Columbia in Columbia, MO. Students got to see some of the newest changes at the University with a great walking tour of the campus. We also had a very informative meeting with their Student Support Services program (a college-level TRIO program). Before heading home, we found some time to enjoy a local ice-cream treat.



### University of Central Missouri

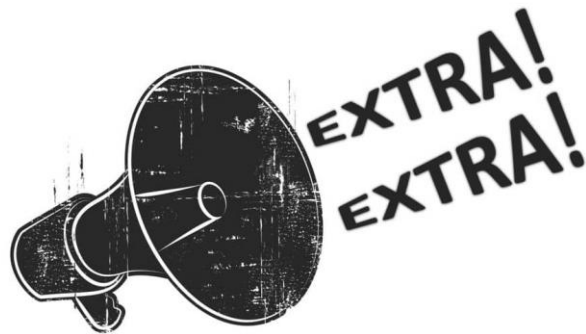
Two days later, we ventured down to Warrensburg, MO to see the University of Central Missouri campus. It was a rainy, chilly day but we still had a great tour of the campus, and the group got a lot of good information about this University.



### University of Nebraska-Lincoln

Finally, our last college visit was to the University of Nebraska-Lincoln in Lincoln, NE. We started the day with a visit to the University's Natural History Museum and learned a lot! We continued on to a presentation and tour of the campus. We had a great tour, even though we got caught in the rain. At least it was at the tail-end of our tour. Overall students had an enjoyable visit.





## **READ ALL ABOUT IT!!!**

### **Upward Bound UPDATE!**

Dear Upward Bound students and families,

Upon review of the most recent infection rate information related to the Covid-19 virus in Northwest Missouri, Upward Bound Central staff has decided, for the safety of our students and families, to move to a Virtual platform for our January Saturday Academy on the 29<sup>th</sup>. We have determined that it would most benefit students to hold the Saturday Academy virtually rather than canceling the session altogether. It is our hope that by keeping everyone safe by not risking a large gathering that would have the potential to increase spread of the virus, that we will be able to continue Upward Bound activities in-person for the rest of the semester.

All continuing and new students are expected to attend the Saturday Academy, regardless of format. Our schedule will remain the same; the Saturday Academy will begin at 8:30 AM. If any student is unable to attend, please fill out an Absence Form and submit to John via email. See your email for the Zoom link for the Saturday Academy.

Upward Bound staff will be sending the Zoom link to all students via email a day or two before the Saturday Academy, to make sure it is easy to locate.

**NEW STUDENTS:** The New Student Orientation is being RESCHEDULED. We will gather in-person (while maintaining social distancing) on Saturday, February 12<sup>th</sup> on the Northwest Campus. Please make sure to still attend our January Saturday Academy, as you are considered current Upward Bound students. Below are the details for New Student Orientation:

Upward Bound New Student Orientation – Parent(s)/Guardian(s) must attend  
Saturday, February 12<sup>th</sup>, 2022  
9:00 AM  
Garrett-Strong, 2550 (building behind the Administration Building parking lot)  
Northwest Campus

We want to thank you all for understanding that the safety of our Upward Bound family is of great importance. We look forward to seeing all of you soon! If you have any questions regarding the virtual Saturday Academy or the New Student Orientation, do not hesitate to contact us at 660-562-1638 or email

[jvanderpool@nwmissouri.edu](mailto:jvanderpool@nwmissouri.edu).

# 2022 T-SHIRT DESIGN CONTEST

The Winner Receives \$50!!!

Deadline to submit entries is **Saturday, February 26.**

- The design must be a maximum of 3 colors and must be for one side of a shirt.
- Screen Print Only.
- Design entries must be submitted in JPEG format only (no hand drawings accepted).
- Voting will take place within the month of March.
- Winning design will be announced March 26 at our Saturday Academy.
- If you have questions, please contact Rachel or John.



## JOB-SHADOW/WORK-STUDY SUMMER 2022

Sophomores, Juniors, and Seniors that have participated in at least one summer session are eligible to apply for a Job-Shadow or Work-Study experience during our 2022 Summer Session.

Applications are on the UB Website. The due date to submit applications is **February 26, 2022**. Contact Rachel with any questions.



# IMPORTANT DATES

## SPRING 2022 SATURDAY ACADEMY DATES

Upward Bound Saturday Academies take place from 8:30 AM-12:30 PM on the 3<sup>rd</sup> floor of the Administration Building at Northwest Missouri State University

January 29	Virtual Saturday Session
February 26 8:30 AM - 2:00 PM	Regular Session/TRiO Day (families encouraged to attend)
March 26	Regular Session
April 23	Regular Session

## New Student Orientation Saturday, February 12, 2022

All new Upward Bound students (and their families) will attend a New Student Orientation at 9:00-10:00 AM in Garrett-Strong 2550. This is the building across the parking lot behind the Administration Building on the Northwest Campus.

\* Mileage Reimbursements are available.

## Saturday Academy Bus Schedule

School	Pick Up Time	Drop Off Time	Location
King City	7:30 a.m.	2:10 p.m.	High School
Stanberry	7:45 a.m.	1:55 p.m.	Elementary School
Northeast Nodaway	8:05 a.m.	1:35 p.m.	High School
Rock Port	7:30 a.m.	2:20 p.m.	High School
Tarkio	7:45 a.m.	2:05 p.m.	High School
West Nodaway	8:10 a.m.	1:40 p.m.	High School
Nodaway-Holt	7:50 a.m.	1:45 p.m.	High School
Arrive NWMSU	8:30 a.m.		Admin. Building
Leave NWMSU	*12:45p.m.		Admin. Building

\*\* Busses typically stop at McDonald's/Taco Bell after session from 12:45-1:15 p.m.

## ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
Feb. 12, 2022	Jan. 7, 2022	Jan. 21, 2022
April 2, 2022	Feb. 25, 2022	Mar. 11, 2022
June 11, 2022	May 6, 2022	May 20, 2022
July 16, 2022	June 17, 2022	Jun. 24, 2022

**Always use the Upward Bound code: 9713**

\*\*Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

2022 UB Summer Session  
June 5-July 8

2022 Summer Enrichment Trip  
July 11-15

UPWARD BOUND IS OFFERING ACT VOUCHERS TO ALL UPWARD BOUND STUDENTS DURING THE 2021-22 ACADEMIC YEAR. EACH TIME YOU PLAN TO TAKE THE ACT, YOU CAN ASK FOR A UB ACT VOUCHER

EMAIL RACHEL TO GET YOURS!

### UB Contact Information

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