

UB SCOOP

April 2021



Hello Upward Bound! What a year we've had! John and Rachel have finally been able to come see you at your schools, and it's been SO refreshing to see you all face-to-face! Being virtual has been great for its purpose, but it is a pale comparison to in-person gatherings. At Upward Bound, we're keeping our spirits up as we plan and prepare for the rest of the Academic year in a virtual format and we are already looking ahead toward Summer!

We are getting so close to the end of the Academic year! We have two more Paradigm Shift sessions, one Saturday Academy, two more Funtivity

sessions, and one more UBCARED4. We will also have an evening session of Emotional Intelligence, which is the speaker you have all seen during our Saturday Academies. She will do a special evening session with Upward Bound on May 5th. After that, we begin our in-person Orientations for summer on May 11th and 12th! Remember, Summer Forms for Upward Bound are due by 5:00 pm on April 16th.

Now, as we prepare for all of our Spring and Summer activities, let's not forget our many newly admitted Upward Bound family members! Upward Bound would like to extend a warm welcome to all

of our new participants! You have been selected to join Upward Bound because you have demonstrated a desire to succeed and a willingness to work hard to prepare a bright future for yourselves. But it doesn't stop there. Now is the time to show that Upward Bound is a priority by being committed to the activities and services that Upward Bound provides, including active participation in Field Tutoring and Saturday Academies. Active participation will show your dedication, while also expanding your horizons with new, exciting experiences alongside many new friends. ...Continued on page 2

Special Points of interest:

- **Summer Forms DUE April 16, 2021**
- Saturday, April 24, 2021
Saturday Academy – Virtual
Zoom link in Student email –
8:30 AM- 12:30 PM
- Tuesday, May 11, 2021 OR
Wednesday, May 12, 2021
Summer Orientation –
Garrett-Strong – Room 2550
6:00-7:30 PM (all students
and parents must attend ONE
night)

*Watch D.O.G.S. sign up after each
Summer Orientation Night*
- Tuesday, May 18, 2021
Bridge Orientation –
Garrett-Strong – Room 2550
6:00-7:30 PM

2020-2021 Yearly Upward Bound Checklist

It is important to always make note of upcoming due dates and deadlines. This especially applies to your Upward Bound Student Checklist. Each grade has their own list of tasks to complete by the end of the academic year in May, with the exception of newly admitted students. If you were just admitted to Upward Bound this year, don't worry, you do not have a Checklist yet. ☺ All checklists for seasoned UBers are on Canvas. <https://nwmissouri.instructure.com/login/canvas>

If you have not logged in for a while and you must reset your password, use this link <https://nwpass.nwmissouri.edu/pm/> and click on "Change Password". If you do not remember your password, click on "Reset Password". Finally, if you need additional help, call the Northwest Helpdesk at **660-562-1634**.

Once you have logged in to Canvas, you will see the main screen, or Dashboard, for your Checklist (class). This main page will show you all assignments for your Checklist, as well as dates that each is due. If you would like to see your progress, click on "Grades" on the left-hand side of the screen. This will show you what has been turned in and what has been "graded".

If you have any questions about completing your Checklists, please contact Rachel or John.

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Upward Bound is committed to providing the necessary resources for your success, so with those resources, your dedication, and your desire to succeed, you will go far in achieving your goals. As our new Upward Bound students prepare for the journey ahead, we have to remember that Upward Bound families also devote energy and make sacrifices for their child's success. We very much understand and respect the sacrifices being made so students get the best opportunities. There may be trying times for our students, when they may potentially feel overwhelmed or may be dealing with difficulties. If these experiences are seen as growth opportunities and our families can offer support, this can go a long way to helping participants improve themselves on an academic as well as a personal level. Open communication and support is key to ensuring student success both at home and through Upward Bound.

All of our newest Upward Bound members are listed below. Let's welcome and celebrate them as they embark on the journey toward college! Opportunities await! Welcome to Upward Bound!

Jodi Andrews
Emily Davis
Logan Franks
Peyton Hume
Eowyn Otto

West Nodaway
Stanberry
West Nodaway
Stanberry
Maryville

Aleza Piveral
Broddhi Ramirez
Alec Saxton
Ava Saxton
Breonna Waterman

Maryville
King City
Stanberry
Stanberry
Nodaway-Holt

SENIOR SPOTLIGHT!

RyAnne Herron

Hunter Bennett



I'm RyAnne Herron and I'm a senior from Rock Port. I plan on majoring in music education at Missouri State University. I love music and I cadet-teach the fifth-grade band. This year I am on the Upward Bound Student Advisory Council so don't be afraid to come and talk to me about anything!



My name is Hunter Bennett! My plan after high school is to go into the military and then going to school at Tarkio Tech for Wind Energy! My senior year has been one of my best years of high school ever. My advice to every single one of the younger kids is to always follow your dreams and don't let any single person who doubts that dream get in the way, because one day, the dream will become reality!

My senior year is going as good as it can be with the COVID-19 Pandemic. I did miss out on my senior marching band competitions and activities. I was also quarantined the day before my 18th birthday. I miss the "normal" school days, but I know that I won't get to experience them this year at all. Many events have been different this year such as the Solo and Small Ensemble Contest. I had to record myself and send the videos in for a state Rating. Other than the major setbacks of competing and performing, senior year hasn't been awful. There are only a few classes I need to graduate so my schedule is very flexible and easy. I normally spend five out the eight hours in the band room.

Overall, I'm excited to see where life takes me, and I can't wait to go to Springfield. My advice for all high school students is to not take anything "normal" for granted. Enjoy every moment and don't just sit at home doing nothing. Go get a job or participate in the school play. You should compete in FFA, FCCLA, and FBLA events, you will look back on those competitions as some of your best high school memories. And most importantly, have fun and look forward to the future!

Things to know for summer!

In order to help our summer to run more smoothly, there are a couple of things that we would like to remind students about. Please read ahead carefully.

1. All summer forms are available on the Upward Bound website. Forms can be found via this link: <http://www.nwmissouri.edu/trio/upwardbound/Forms.htm>

Please note: all forms are due by **APRIL 16, 2021**. If forms are not turned in by April 16, Upward Bound must assume that the student will not be participating in the summer component unless prior communication has occurred. If you are unable to print these documents at home, ask your School Counselor to print them for you, OR you can contact John or Rachel to have a packet of forms mailed to you.

2. Absences during the summer session must be reported before summer begins. This is done in your summer forms packet. Any additional absences must be reported at least 1 week prior to the time you will be absent during the summer. Deduction of stipend and a Student Incident Report will occur if this process is not followed.

It is very difficult to plan for summer activities and expenditures if students are constantly coming and going without us having prior knowledge of those absences. We understand that things come up that you may not currently be aware of. Communication is a definite must in these cases. Students will need to speak with John IN PERSON (not via text) if an unexpected absence will occur.

3. Due to the success of our non-caffeine habit the past several summers, Upward Bound will again provide re-useable water bottles for student use during the summer in order to promote hydration and healthy nutritional habits. Students may use a personal water bottle if they choose. Soft drinks (soda, pop, energy drinks, etc.) and coffee will not be allowed during academic hours or during on-campus meals. Many students stated during the summer that they felt better and didn't even miss caffeine after maybe a week. We are excited to continue healthy habits this summer!



WATCH D.O.G.S.

Upward Bound invites Watch D.O.G.S. (Dads of Great Students), including fathers, grandfathers, uncles, or other father figures, to volunteer at least one full day with Upward Bound during the virtual portion of our summer component. Watch D.O.G.S. is an innovative father involvement, educational initiative of the National Center for Fathering. There are two primary goals of the worldwide Watch D.O.G.S.

program:

1. To provide positive male role models for the students, demonstrating by their presence that education is important.
2. To provide extra sets of eyes and ears to enhance school security and reduce bullying.

It has been shown that fathers and father figures in the classroom can have a tremendously positive impact on the educational process! This year, to ensure proper mitigation related to COVID, all Watch D.O.G.S. will participate with Upward Bound virtually. Students will be utilizing Zoom to attend Upward Bound class for part of the summer, and we encourage fathers and father figures to join in on the virtual fun! Attend virtual classes with your student to see what a great experience they are able to enjoy. While at Upward Bound, Watch D.O.G.S. can be actively engaged with not only their own student(s), but other students as well.

Any father-figure who is interested in participating in Watch D.O.G.S. this summer is invited to sign up during one of our two Summer Orientation Meetings scheduled for Tuesday, May 11 or Wednesday, May 12, 2021 at 6:00-7:30 PM.

IMPORTANT DATES

Summer Orientation May 11 or May 12, 2021

6:00-7:30 PM

Students and parent(s)/guardian(s) must attend ONE orientation night. You may choose either date.

You will need to ensure that all forms for the summer component are turned in to the Upward Bound Office by **April 16, 2021**. Forms can be found on our website. <http://www.nwmissouri.edu/trio/upwardbound/Forms.htm>

Please bring information on any additional summer absences that have not already been reported.

Bridge Summer Orientation May 18, 2021

Students participating in the Upward Bound Bridge program this summer will need to bring a parent/guardian to Bridge Orientation. If you are 18, it is still important to bring a parent/guardian.

Please ensure that all forms for the Upward Bound summer Bridge program are turned in to the Upward Bound Office by April 16, 2021.

Please bring information on any additional summer absences that have not already been reported.

ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
Apr. 17, 2021	Mar. 12, 2021	Mar. 13-26, 2021
Jun. 12, 2021	May 7, 2021	May 8-21, 2021
July 17, 2021	June 18, 2021	June 19-25, 2021

Always use the Upward Bound code: 9713

**Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

***Contact Rachel to obtain an ACT fee voucher. It is recommended to use a voucher before one of your waivers. Fee Vouchers from Upward Bound are only available this year.

For more information go to <http://www.actstudent.org>

Important Upward Bound Updates

ACT VOUCHERS

Due to COVID, Upward Bound has available funds to be able to PAY FOR all of our students to take the ACT, regardless of how many times each student takes it. This is in the form of a Fee Voucher, not to be confused with ACT Fee Waivers.

UB and your school are able to offer TWO ACT Waivers during a student's high school career. The Fee Voucher that UB is offering does not affect Waivers. It is recommended to utilize the Upward Bound ACT Vouchers before using your available Waivers, especially since Vouchers are only being offered by Upward Bound through summer 2021. All Upward Bound students are eligible for the ACT Fee Voucher. If you are planning to take the ACT during the 2021 summer, let Rachel know and you may use an ACT Fee Voucher.

All students are eligible to use up to two ACT Fee Waivers, which Upward Bound does offer. If you would like to use a Fee Waiver, please let John or Rachel know.

2021 UB Summer Session – Blended Format
June 6-July 2

2021 Summer Session – Fully Virtual
July 6-16

UB Contact Information

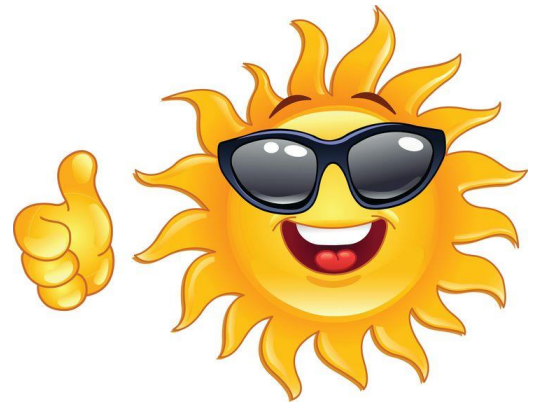
Office: 660-562-1630

Fax: 660-562-1631

Email: jvanderpool@nwmissouri.edu
wistrom@nwmissouri.edu

Summer

2021



Summer Calendar 2021

*Locations may change

Week 1

Sunday, June 6	<u>Group A and Bridge</u> : Move-in to the Northwest residence halls 3:00-4:00pm for SAC 4:00-4:45pm for New Students 4:45-5:30pm for Returning Students
Monday, June 7	<u>Group B</u> : Begin virtual Academic classes Bridge Classes Begin Pay It Forward Meeting – Virtual Family Group Evening Activities (Group A and Group B-Virtual)
Tuesday, June 8	Bowling (Group A)
Wednesday, June 9	Service Learning Activities (Group A)
Thursday, June 10	Large Group Activity - MOERA Activity Course (Group A) Family Group Evening Activities (Group A)
Friday, June 11	Leadership and Financial Literacy (Group A) Life Skills (Group B-virtual) Mini Golf (Group A) Dinner & Movie at The Hangar
Saturday, June 12	WWI Museum & Worlds of Fun (Group A)

Week 2

Sunday, June 13	Henry Doorly Zoo (Group A) Pay It Forward Meeting – Virtual
Monday, June 14	Family Group Evening Activities (Group A and Group B-Virtual)
Tuesday, June 15	Skating (Group A)
Wednesday, June 16	Service Learning Activities (Group A)
Thursday, June 17	Large Group Activity Night – Etiquette Dinner (Group A)
Friday, June 18	Leadership and Financial Literacy (Group A) Life Skills (Group B-virtual) <u>Group A</u> : Move-out of the residence halls (12pm-1:30pm)

Week 3

Sunday, June 20	<u>Group B</u> : Move-in to the Northwest residence halls 3:00-4:00pm for SAC 4:00-4:45pm for New Students 4:45-5:30pm for Returning Students
Monday, June 21	<u>Group A</u> : Begin virtual Academic classes Pay It Forward Meeting – Virtual Family Group Evening Activities (Group B and Group A-Virtual)
Tuesday, June 22	Bowling (Group B)
Wednesday, June 23	Service Learning Activities (Group B)
Thursday, June 24	Large Group Activity - MOERA Activity Course (Group B) Family Group Evening Activities (Group B)
Friday, June 25	Leadership and Financial Literacy (Group B) Life Skills (Group A-virtual) Mini Golf (Group B) Dinner & Movie at The Hangar
Saturday, June 26	WWI Museum & Worlds of Fun (Group B)

Week 4

Sunday, June 27	Henry Doorly Zoo (Group B)
Monday, June 28	Pay It Forward Meeting – Virtual Family Group Evening Activities (Group B and Group A-Virtual)
Tuesday, June 29	Skating (Group B)
Wednesday, June 30	Service Learning Activities (Group B)
Thursday, July 1	Large Group Activity Night – Etiquette Dinner (Group B)
Friday, July 2	Leadership and Financial Literacy (Group B) Life Skills (Group A-virtual) Bridge Classes End <u>Group B and Bridge</u> : Move-out of the residence halls (12pm-1:30pm)

Week 5

Monday, July 5	NO UB – HOLIDAY
Tuesday, July 6	All students continue Virtual Academic classes Family Group Evening Activities (All students-Virtual)
Wednesday, July 7	Virtual Academic Day
Thursday, July 8	Virtual Academic Day Virtual College Visit
Friday, July 9	Life Skills (All students - Virtual)

Week 6

Monday, July 12	All students continue Virtual Academic classes Pay It Forward Meeting – Virtual Family Group Evening Activities (All students-Virtual)
Tuesday, July 13	Virtual Academic Day
Wednesday, July 14	Virtual Academic Day
Thursday, July 15	Virtual Academic Day / Virtual Magic Show
Friday, July 16	Life Skills (All students - Virtual) Academic Awards