

UB Scoop

December 2020



Greetings from Upward Bound!

This has definitely been a year for the history books. The Central Staff at Upward Bound is SO proud of each and every one of you as you've persevered and kept up with school and everything else we've all had to deal with. Winter tends to be a cold and colorless time of year, all of us in our UB family know that we just have to add our own color and warmth! We will choose to focus on the cheerful and joyful Holiday time approaching. We'll think of hot cocoa and cookies or maybe a family treat.

We will soon be officially welcoming many new Upward Bound friends after the holiday break! Acceptance letters will soon be going out and we are very excited to expand our UB family once again to include bright-eyed, excited new participants. In our usual UB style, we will welcome them with smiles and congratulations as they begin working toward a brighter future.

Upward Bound Central staff is hard at work. We're finishing up selecting new participants, and we have also been working hard to prepare for our Spring Saturday Academies and evening sessions, and even thinking ahead toward our Summer Session! Believe it or not, summer will be here before we know it! Until then, we have to bear the cold as we push forward toward a successful semester. Upward Bound is committed to providing resources that will assist you in being successful. With those resources, your dedication, and your desire to succeed, you will go far in achieving your goals.

One of these resources is our Student Checklist. Our Canvas online Classroom provides you with descriptions and directions for each Checklist assignment, as well as a simple submission process. Don't forget to check on your due dates!

This year we're continuing our One-on-One sessions with Central UB staff. These have been going really well so far, as it allows John and Rachel to keep up with students in-between Saturday Academies and answer questions immediately. If you haven't scheduled your One-on-Ones yet, make sure you do ASAP!

These two resources are proving to be fantastic ways to help us go even further toward assisting students as they progress toward future success! We know you've been working hard this semester. Luckily, you've got a nice break just around the corner to look forward to. We hope that all Ubers finish the semester smoothly and that you all have a wonderful break. Don't forget the Hot Cocoa!



Special Points of interest:

- Saturday, January 23, 2021
Regular Saturday Academy – 8:30-12:30 PM
New Participant Orientation – 1:00-1:50 PM
- Monday, January 11, 2021
UBCARED4 with Mrs. Calfee – 6:30-8:00 PM
- Wednesday, January 13, 2021
Bob Ross Paint Night – 6:30-7:30 PM

In this Issue:

Spring Virtual Upward Bound 2

2021 UB Summer T-Shirt Contest 3

Job Shadow/Work Study 3

Important Dates 4

New Student Orientation 4

2021 Spring Virtual Upward Bound

In light of the continuing Covid-19 pandemic, Upward Bound is continuing in a virtual format through the Spring semester. We will continue to have Saturday Academies and all evening activities via Zoom. This format has been working really well to keep us all connected and engaged.

Due to the continuation of Upward Bound remaining physically distant and not being able to gather together in-person, we have been approved to provide you with larger stipends and a meal voucher for attending each Saturday Academy! Each time you attend a Saturday Academy, you will earn a \$50 stipend AND a \$20 meal voucher (since we normally provide food for you). How awesome is that?!

Upward Bound is also holding multiple evening activities on Zoom throughout each month, and you will earn a \$10 stipend and a \$20 meal voucher for attending each of these activities. If you are unable to attend due to an excused absence (a school-related activity), you are still able to receive your stipend. This goes for Saturday Academies and ALL evening activities.

We know that it can be hard to make all ends meet during the pandemic, with school, family, work, and other obligations, so this is Upward Bound's way of continuing to assist you academically, while providing you a bit of income to help along the way. All activities will have a Zoom link, which will be sent out to your Northwest email. If you are having trouble accessing your Northwest email, please visit this site to reset your password: <https://nwpass.nwmissouri.edu/pm/>. If you do not remember your username (S#), please reach out to John or Rachel for assistance.

All events you attend will also earn you UB Bucks. These are figurative dollars (kind of like "points") that you will be able to use at an Auction in the Spring for awesome TRIO swag and other items. Basically, you earn Bucks and then trade them for real things! Not little things like pencil erasers, but jackets, speakers, etc.! All of this just to be active with Upward Bound! I don't know of many opportunities that pay so well. 😊



2021 T-SHIRT DESIGN CONTEST

The Winner Receives \$50!!!

Deadline to submit entries is **Saturday, February 27.**

- The design must be a maximum of 3 colors and must be for one side of a shirt.
- Screen Print Only.
- Design entries must be submitted in JPEG format only (no hand drawings accepted).
- Voting will take place within the month of March.
- Winning design will be announced March 27 at our Saturday Academy.
- If you have questions, please contact John or Rachel.



JOB-SHADOW/WORK-STUDY SUMMER 2021

***Format for Summer 2021 Job Shadow and Work Study to be determined

Sophomores, Juniors, and Seniors that have participated in at least one summer session are eligible to apply for a Job-Shadow or Work-Study experience during our 2021 Summer Session.

Applications are on the UB Website. The due date to submit applications is **February 27, 2021**. Contact Rachel with any questions.



IMPORTANT DATES

SPRING 2021 SATURDAY ACADEMY DATES

Upward Bound Saturday Academies take place from 8:30 AM-12:30 PM on Zoom.
Links will be sent via email.

January 25	Regular Session (New Student/Parent Orientation)
February 27	Regular Session
March 27	Regular Session
April 24	Regular Session

New Student Orientation Saturday, January 23, 2021

All new Upward Bound students (and their families) will attend a New Student Orientation at 1:00-1:50 PM on Zoom, immediately following our Saturday Academy.

ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
Feb. 6, 2021	Jan. 8, 2021	Jan. 9-15, 2021
Apr. 17, 2021	Mar. 12, 2021	Mar. 13-26, 2021
Jun. 12, 2021	May 7, 2021	May 8-21, 2021
July 17, 2021	June 18, 2021	June 19-25, 2021

Always use the Upward Bound code: 9713

**Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

Evening Events

1/11/2021 UBCARED4 with Mrs. Calfee
6:30-8:00 PM

1/13/2021 Bob Ross Paint Night
6:30-7:30 PM

Additional January Funtivity activity and date
TBD

Paradigm Shift Sessions - date TBD

2/8/2021 UBCARED4 with Mrs. Calfee
6:30-8:00 PM

Two Monthly Funtivities – activities and dates
to be determined through May

Two Monthly Paradigm Shift Sessions – dates
TBD through May.

UPWARD BOUND IS OFFERING ACT VOUCHERS TO ALL UPWARD BOUND STUDENTS DURING THE 2020-21 ACADEMIC YEAR. EACH TIME YOU PLAN TO TAKE THE ACT, YOU CAN ASK FOR A UB ACT VOUCHER

EMAIL RACHEL OR JOHN TO GET YOURS!

2021 UB Summer Session
June 6-July 16

UB Contact Information

Office: 660-562-1630

Fax: 660-562-1631

Email: jackiec@nwmissouri.edu
wistrom@nwmissouri.edu