

# UB Scoop

December 2019



## Greetings from Upward Bound!

What an interesting Fall. Winter decided to arrive extra early this year and then decided to back down for a while. We don't remember too many other years that Mother-Nature decided to send snow before Halloween! While winter tends to be a cold and colorless time of year, all of us in our UB family know that we just have to add our own color and warmth! We will choose to focus on the cheerful and joyful Holiday time approaching. We'll think of hot cocoa and cookies or maybe a family treat. There's also time with family and friends.

Speaking of friends, we will soon be officially welcoming many new Upward Bound friends! Acceptance letters will soon be going out and we are very excited to expand our UB family once again to include bright-eyed, excited new participants. In our usual UB style, we will welcome them with smiles and

congratulations as they begin working toward a brighter future.

Upward Bound Central staff is hard at work. We're finishing up selecting new participants, and we have also been working hard to prepare for our Spring Saturday Academies and even thinking ahead toward our Summer Session! Believe it or not, summer will be here before we know it! Until then, we have to bear the cold as we push forward toward a successful semester. Upward Bound is committed to providing resources that will assist you in being successful. With those resources, your dedication, and your desire to succeed, you will go far in achieving your goals.

One of these resources is our Student Checklist. Our Canvas online Classroom provides you with descriptions and directions for each Checklist assignment, as well as a simple submission

process. Don't forget to check on your due dates!

This year we're continuing our One-on-One sessions with Central UB staff. These have been going really well so far, as it allows Jackie and Rachel to keep up with students in-between Saturday Academies and answer questions immediately. If you haven't scheduled your One-on-Ones yet, make sure you do ASAP!

These two resources are proving to be fantastic ways to help us go even further toward assisting students as they progress toward future success! We know you've been working hard this semester. Luckily, you've got a nice break just around the corner to look forward to. We hope that all Ubers finish the semester smoothly and that you all have a wonderful break. Don't forget the Hot Cocoa!



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### Special Points of interest:

- Saturday, January 25, 2020  
*Regular Saturday Academy & New Participant Orientation* – 8:30-12:30 PM
- Saturday, January 25, 2020  
*New Participant Orientation* – 11:30-12:00 PM
- Saturday, February 29, 2020  
*Saturday Academy and National TRiO Day Celebration* – 8:30-2:00 PM (*families encouraged to attend*)

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## Looking to the Future

### -College Visits

Juniors and Seniors are a busy crowd. They are keeping up with their grades, playing sports, being active in clubs and organizations, etc. While all of this is going on, they are also working hard to prepare for the next step: College!

All the way back in Summer 2019, Seniors were working on choosing which colleges they would eventually apply to. Though research was conducted extensively, it can be very difficult to know if a school is the right choice until we actually walk the campus and see first-hand what it is like. That's exactly what these students did.

Rachel, who coordinates the college visits, polled Seniors to see which colleges students were most interested in visiting. The top three most popular choices were then selected. A lot of planning and organization took place, and off we went!

### Missouri Western State University

Our first college visit was to Missouri Western State University in St. Joseph, MO. Students got to see some of the newest changes at the University and had a beautiful day for a walking tour of the campus.



### University of Central Missouri

Early the very next day, students from Upward Bound and Upward Bound Math & Science ventured down to Warrensburg, MO to see the University of Central Missouri campus. It was a beautiful day and the group got a lot of good information about this University. We also had a very informative meeting with their Student Support Services program (a college-level TRIO program).



### Missouri State University

Finally, our last college visit was to Missouri State University in Springfield, MO. This University is one of the most visited by UB, and with good reason! It is a great campus and we had a nice, if windy, day to see it.



# 2020 T-SHIRT DESIGN CONTEST

The Winner Receives \$50!!!

Deadline to submit entries is **Saturday, February 29.**

- The design must be a maximum of 3 colors and must be for one side of a shirt.
- Screen Print Only.
- Design entries must be submitted in JPEG format only (no hand drawings accepted).
- Voting will take place within the month of March.
- Winning design will be announced March 28 at our Saturday Academy.
- If you have questions, please contact Jackie or Rachel.



## JOB-SHADOW/WORK-STUDY SUMMER 2020

Sophomores, Juniors, and Seniors that have participated in at least one summer session are eligible to apply for a Job-Shadow or Work-Study experience during our 2020 Summer Session.

Applications are on the UB Website. The due date to submit applications is **February 29, 2020**. Contact Rachel with any questions.



# IMPORTANT DATES

## SPRING 2020 SATURDAY ACADEMY DATES

Upward Bound Saturday Academies take place from 8:30 AM-12:30 PM on the 3<sup>rd</sup> floor of the Administration Building at Northwest Missouri State University

January 25	Regular Session (New Student/Parent Orientation)
February 29 8:30 AM - 2:00 PM	Regular Session/TRiO Day (families encouraged to attend)
March 28	Regular Session
April 25	Regular Session

## New Student Orientation Saturday, January 25, 2020

All new Upward Bound students (and their families) will attend a New Student Orientation at 11:30-12:00 PM in Garrett-Strong 2550, during our Saturday Academy.

\* Parents/Families are more than welcome to ride the bus with students, or choose to only attend the New Student Orientation. Mileage Reimbursements are available.

## Saturday Academy Bus Schedule

School	Pick Up Time	Drop Off Time	Location
King City	7:30 a.m.	2:10 p.m.	High School
Stanberry	7:45 a.m.	1:55 p.m.	Elementary School
Northeast Nodaway	8:05 a.m.	1:35 p.m.	High School
Rock Port	7:30 a.m.	2:20 p.m.	High School
Tarkio	7:45 a.m.	2:05 p.m.	High School
West Nodaway	8:10 a.m.	1:40 p.m.	High School
Nodaway-Holt	7:50 a.m.	1:45 p.m.	High School
Arrive NWMSU	8:30 a.m.		Admin. Building
Leave NWMSU	*12:45p.m.		Admin. Building

\*\* Busses typically stop at McDonald's/Taco Bell after session from 12:45-1:15 p.m.

## ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
Feb. 8, 2020	Jan. 10, 2020	Jan. 11-17, 2020
April 4, 2020	Feb. 28, 2020	Feb. 29 - Mar. 13, 2020
June 13, 2020	May 8, 2020	May 9-22, 2020
July 18, 2020	June 19, 2020	Jun. 20-26, 2020

**Always use the Upward Bound code: 9713**

\*\*Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

2020 UB Summer Session  
May 31-July 2

2020 Summer Enrichment Trip  
July 6-10

### UB Contact Information

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