



January 2017

Greetings from Upward Bound!

We hope you had a wonderful holiday and are revved up and excited about beginning a new year! The Upward Bound central staff is gearing up for our Spring Saturday Academies and beginning to prepare for our Summer Session. Summer will be here before we know it! Until then, we have to bear the cold as we push forward toward a successful semester.

Upward Bound would like to extend a warm welcome to all of our new participants! You have been selected to join Upward Bound because you have demonstrated a desire to succeed and a willingness to work hard to prepare a bright future for yourselves. But it doesn't stop there. Now is the time to show that Upward Bound is a priority by being

committed to the activities and services that Upward Bound provides, including active participation in Field Tutoring and Saturday Academies. Active participation will show your dedication, while also expanding your horizons with new, exciting experiences alongside many new friends. Upward Bound is committed to providing the necessary resources for your success, so with those resources, your dedication, and your desire to succeed, you will go far in achieving your goals.

As our new Upward Bound students prepare for the journey ahead, we have to remember that Upward Bound families also devote energy and make sacrifices for their child's success. We very much understand and

respect the sacrifices being made so students get the best opportunities. There may be trying times for our students, when they may potentially feel overwhelmed or may be dealing with difficulties. If these experiences are seen as growth opportunities and our families can offer support, this can go a long way to helping participants improve themselves on an academic as well as a personal level. Open communication and support is key to ensuring student success both at home and through Upward Bound.

What a wonderful experience you have ahead of you! We are so excited to share in this wonderful journey you are embarking upon. Opportunities await! Welcome to Upward Bound!



Special Points of interest:

- Tuesday, January 17, 2017
FAFSA Guidance and Grub Night for Seniors and their Families – 5:00-7:00 PM
- Saturday, January 21, 2017
Regular Saturday Academy & New Participant Orientation – 8:30-12:30 PM
- Friday, February 24, 2017
National TRiO Day Celebration – 5:30-7:00 PM
(families encouraged to attend)

In this Issue:

FAFSA	2
FAFSA Guidance and Grub	2
2017 UB Summer T-Shirt Contest	3
Job Shadow/Work Study	3
Important Dates	4
New Student Orientation	4

It's beginning to look a lot like... FAFSA!

If your student is a senior this year you are able to apply for the FAFSA right now! Below are common questions and answers about the FAFSA!

What exactly is the FAFSA? The Free Application for Federal Student Aid (FAFSA) is *required* to apply for federal student aid, such as federal grants, loans, and work study. It also is used to apply for most state and college aid and some private financial aid. If you don't fill out the FAFSA, you could be missing out on a lot of financial aid!

When do I fill out the FAFSA? The FAFSA becomes available on October 1st each year, and there are different deadlines for different programs.

Federal student aid

For the 2014–15 year, you can apply between Oct. 1, 2016, and June 30, 2017. However, there are a few first come, first served federal student aid

programs, so be sure to apply as soon as you can.

State student aid

You can find state deadlines at www.fafsa.gov or on the paper or PDF FAFSA.

College or career school aid

Check the school's website or contact its financial aid office. School deadlines are usually early in the year (often in February or March).

Other financial aid

Some programs other than government or school aid require that you file the FAFSA. For instance, you can't get certain private scholarships unless you're eligible for a Federal Pell Grant—and you can't find out whether you're eligible for a Pell Grant unless you file a FAFSA. If the private scholarship's application deadline is in early to mid-January, you'll need to submit your FAFSA before that deadline.

you're in school in order to stay eligible for federal student aid.

What do we need to apply for the FAFSA?

You may need to refer to various forms of identification, such as your Social Security card and driver's license and financial documents, such as your federal income tax return. How do I fill out the FAFSA?

There are several ways to file:

-Online at www.fafsa.gov is faster and easier than using paper.

-If you need a paper FAFSA, you can download a PDF FAFSA or order a paper FAFSA.

Ask the financial aid office at your college or career school if you can file it there. Some schools will use special software to submit your FAFSA for you.

Need some tips on filling out the FAFSA? Visit www.fafsa.gov!

What happens after I submit the application?

You will get a Student Aid Report (SAR) by e-mail or by snail mail. The colleges that you listed on your FAFSA will also receive a copy of your information. Your SAR will include your Expected Family Contribution (EFC). Your college uses the EFC to determine the amount of federal grants, loans and work-study you're eligible to receive. If your application is incomplete, your SAR will display any

issues that need to be resolved. Make any necessary corrections on the FAFSA website.

Information from www.fafsa.org

Upward Bound is hosting a Guidance and Grub night for Seniors on Tuesday, January 17 from 5-7 PM. This event is designed specifically to provide assistance in filling out the FAFSA. Families are welcome and encouraged to attend. They will need to bring their 2015 tax return information. If they did not file in 2015, come anyway for assistance in filling out your FAFSA with special circumstances. Pizza will be provided. See you there!

As you can see, it's a good idea to file the FAFSA as soon as it's available so you don't miss out on anything. You have to fill out the FAFSA every year

2017 T-SHIRT DESIGN CONTEST

The Winner Receives \$50!!!

Deadline to submit entries is **Saturday, March 11.**

- The design must be a maximum of 3 colors and must be for one side of a shirt.
- Screen Print Only.
- Design entries must be submitted in JPEG format only (no hand drawings accepted).
- Voting will take place at your school within the first two weeks of April.
- Winning design will be announced April 22 at our Saturday Academy.
- If you have questions, please contact Jackie or Rachel.



JOB-SHADOW/WORK-STUDY SUMMER 2017

Sophomores, Juniors, and Seniors that have participated in at least one summer session are eligible to apply for a Job-Shadow or Work-Study experience during our 2017 Summer Session.

Applications are on the UB Website. The due date to submit applications is **February 24, 2017**. Contact Rachel with any questions.



IMPORTANT DATES

SPRING 2017 SATURDAY ACADEMY DATES

Upward Bound Saturday Academies take place from 8:30 AM-12:30 PM on the 3rd floor of the Administration Building at Northwest Missouri State University

January 21	Regular Session (New Student/Parent Orientation)
February 24 (Friday) 5:30-7:00 PM	Regular Session/TRiO Day (families encouraged to attend; transportation not provided; mileage reimbursement available)
March 11	Regular Session
April 22	Regular Session/College Visit Day

New Student Orientation Saturday, January 21, 2017

All new Upward Bound students (and their families) will attend a New Student Orientation at 11:35-12:00 PM in Garrett-Strong 2550, during our Saturday Academy.

* Parents/Families are more than welcome to ride the bus with students, or choose to only attend the New Student Orientation. Mileage Reimbursements are available.

Saturday Academy Bus Schedule

School	Pick Up Time	Drop Off Time	Location
King City	7:30 a.m.	2:10 p.m.	High School
Stanberry	7:45 a.m.	1:55 p.m.	Elementary School
Northeast Nodaway	8:05 a.m.	1:35 p.m.	High School
Rock Port	7:30 a.m.	2:20 p.m.	High School
Tarkio	7:45 a.m.	2:05 p.m.	High School
West Nodaway	8:10 a.m.	1:40 p.m.	High School
Arrive NWMSU	8:30 a.m.		Admin. Building
Leave NWMSU	*12:45p.m.		Admin. Building

** Busses typically stop at McDonald's/Taco Bell after session from 12:45-1:15 p.m.

ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
Feb. 11, 2017	Jan. 13, 2017	Jan. 14-20, 2017
April 8, 2017	March 3, 2017	Mar. 4-17, 2017
June 10, 2017	May 5, 2017	May 6-19, 2017

Always use the UB code: 9713

**Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

For more information go to <http://www.actstudent.org>

SMALL GROUP COLLEGE VISITS

*Students attending these visits have been given details via email.

February 23, 2017	Missouri State University
March 2, 2017	MIZZOU
March 9, 2017	Iowa State University
March 14, 2017	UMKC

2017 UB Summer Session
June 5-July 7

2017 Summer Enrichment Trip
July 10-14

UB Contact Information

Office: 660-562-1630

Fax: 660-562-1631

Email: jackiec@nwmissouri.edu
wistrom@nwmissouri.edu