

What we are

Upward Bound is a federally-funded program which assists students, grades 9 through 12, in finishing high school and preparing them for the successful completion of a postsecondary education.

Upward Bound has been sponsored by Northwest Missouri State University since 1986 and serves selected schools in Atchison, Gentry, and Nodaway counties in Missouri.

Upward Bound participants find their academic careers and social lives enriched by Saturday Academies, college visits, and special activities scheduled throughout the academic year.

In addition, Upward Bound sponsors an annual sixweek, on-campus summer residential program for its members.

What we do

Tutorial assistance for improvement of academic grades and skills. Academic enrichment courses such as:

English Math

Science Social Science
Writing Foreign Language
Computers Financial Literacy

Academic, career, and personal counseling.

Leadership training and development opportunities.

Assistance with obtaining information about postsecondary institutions and their academic programs.

Assistance with college admissions, ACT testing, financial aid, scholarships and dual credit expenses.

Cultural, educational, and recreational enrichment activities and trips.





Are you eligible

If you will be a first-generation college student who wants to succeed in college, or if you meet federal income requirements, you may be eligible. Services and activities are available to the student and their family at no cost. We do ask that students are willing to invest in their future by taking full advantage of the various opportunities offered through the program.

How to Apply

Fill out the Paper Application (you can ask your school counselor for an Upward Bound application)

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Visit the Upward Bound website at

nwmissouri.edu/trio/UpwardBound to download the application.

*Submit applications by 5:00pm, November 111th.

Rachel Wistrom

Coordinator of Counseling/Interim Project Directo

For more information

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Northwest Missouri State University does not discriminate on the basis of race, color, creed, national origin, sex, age, or handicap.

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