



Welcome to UB 2009-2010

Where did the summer go? It really feels like the summer just ended and now we are busy planning for another year of Upward Bound!

The summer session ended on a great note and although we had to say goodbye to a great group of seniors, we are looking forward to meeting the new Freshman class of Upward Bound. If you ask any of the seniors (now freshman in college), they would tell you that even they can't believe how fast their time in UB has come and gone.

During the upcoming academic year for UB, we are trying to incorporate a few new ideas that we have in the office. Stu-

dents will now be working on portfolios during field tutoring to help them with everything from resume building to scholarship and college searches. They will be getting more information during their first FT session, so be sure to ask them about the change. Students will still be allowed to work on homework during FT, but time will also be allotted for portfolio development.

We are also trying to reward those students that perform high academically by waiving the field tutoring requirement if they have a GPA of 3.5 or better. This will take some getting used to for the field tutors, students, and Upward Bound staff,

but I think students will really appreciate the recognition of their efforts! Kori will be sending more information home in the student newsletter and details are also provided in the UB student handbook that will be mailed home shortly.

I hope you all are as excited about this year as we are! Please contact us if there is anything you would like to see in the next S.U.B.S. newsletter!



2008-09 Upward Bound Students at Valley Fair, MN

SAVE THE DATES: Guidance and Grub Sessions Are Planned

Last year we had huge success and positive feedback from both parents and students regarding our Guidance and Grub sessions.

We are going to continue holding these information sessions for parents this year, covering topics that will help you become more comfortable with the college planning process.

We hope you can make it to the following sessions: All sessions run from 6:30-7:30 pm and are on the 3rd floor of the Administration building.



Wednesday, Oct. 21:

- College Applications and Scholarship Searches

Wednesday, Dec. 9:

- Financial Aid/FAFSA. (with NWMSU financial aid rep.)

Wednesday, February 3:

- Paying for College, Impact of the ACT, Scholarships

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Special points of interest:

- Field tutoring for all students begins the week of Monday, September 7th
- Fall College Visit 2009: Sept. 26th to Northwest Missouri State University
- Please email Brenda at brendaj@nwmissouri.edu so we can update your email address



2009-2010 Saturday Session Dates

Upward Bound Saturday sessions take place from 8:30 a.m. to 12:00 p.m. on the third floor of the Administration Building at Northwest Missouri State University.

September 26	NWMSU College Visit	January 30	Regular Session
October 17	Regular Session / Visitors Welcome	February 27	Regular Session
October 31	Regular Session /Visitors Welcome (UB Parent Day)	March 13	Regular Session
November 14	Regular Session /Visitors Welcome	April 10	Regular Session
December 5	Regular Session /Visitors Welcome	April 24	Regular Session
January 9	Regular Session		

School	Pick Up Time	Drop Off Time	Location
King City	7:30 a.m.	1:40 p.m.	High School
Stanberry	7:45 a.m.	1:25 p.m.	High School
Northeast Nodaway	8:05 a.m.	1:05 p.m.	High School
Rock Port	7:30 a.m.	1:50 p.m.	High School
Tarkio	7:45 a.m.	1:35 p.m.	High School
West Nodaway	8:10 a.m.	1:10 p.m.	High School
Arrive NWMSU	8:30 a.m.		Administration Bldg.
Leave NWMSU	**12:15 p.m.		Administration

**** Busses typically stop at McDonald's after session from 12:15-12:45 p.m.**



Saturday Class Schedule

8:30 – 8:45	Announcements
8:45 -- 9:30	Workshops
9:35 – 10:20	Class
10:25 – 11:10	Tutoring
11:15 – 12:00	Class
12:00	Stipends and Check-Out

1st Annual Upward Bound Parent Day

The central staff at Upward Bound is continuously trying to come up with more ways to get our parents involved in the program. One of the ways we hope to do this is by having parents join their students at one of our Saturday sessions.

Many of you are aware that your students are attending classes on Saturdays that will help them with the transition to college. What most of you have never seen is a first-hand account of what actually goes on during an Upward Bound Saturday session!

During the **October 31st** Saturday session, we are inviting all parents of UB students to come and shadow their student for the morning.

You will attend workshops and classes with your student, as well as participate in a parent workshop while your student is in tutoring.

This is a great opportunity to see how UB conducts their sessions and meet other parents in the program!

This session will also be a day that our visitors and their parents will be in attendance and we are hoping that some of our 'veteran' parents can answer questions for those that are just beginning their Upward Bound journey.

If you have any questions regarding UB Parent Day, please do not hesitate to call the UB office at 660.562.1630.

We hope you can make it!



UB Parent Day is Saturday, October 31st. Come and see a typical day of your UB student.



UPDATES to UPWARD BOUND HANDBOOK!!!

In the near future, your students will be receiving the 2009-2010 Upward Bound student handbook.

Although most of the information carries over from year to year, there are a few important changes that you need to make note of that will impact the current academic year.

Both changes are related to our field tutoring component. During field tutoring, students will now be working on a portfolio which provides different activities

to complete throughout the year. These activities are designed to help your student compile items that will be useful now (resumes, letters of recommendation) and others that they will need as they prepare for college (scholarship searches, FAFSA Q&A, etc.). Some of the activities require the students to speak with their parents (can you believe it?) so be looking forward to your student coming to you for some discussion covering many different topics.

The next change is allowing students

with a GPA of 3.5 or higher a reprieve from weekly field tutoring at their school. They will still need to check in with UB via Skype, but we feel they should be rewarded for their high academic achievement.

Kori has outlined both of these changes in detail in the AYC handbook that your student should receive shortly. If you have any questions about either of these changes, please contact Kori, our Academic Coordinator at 660.562.1647.

Parent Articles Needed

Although we usually have plenty of information to send you in our newsletter, S.U.B.S. is hoping to add a section each month that will showcase an article written by a UB parent or family member for other UB parents or family members.

It is our hope that this will give other parents an opportunity to share experiences, concerns, or the impact that Upward Bound has had on their student.

If you are interested in writing a short article for a future edition of S.U.B.S., please contact Brenda at 660.562.1638 or send the write up to: brendaj@nwmissouri.edu

Articles can be submitted at anytime, and will appear in the following month's edition. Any topic is welcome. Chances are, if something is on your mind, it is also on the minds of our other parents.

Your input may be as simple as questions you may have that we will respond to for others to see.

I appreciate your help in advance as we make our parent newsletter the best it can be.





**NORTHWEST MISSOURI STATE
UPWARD BOUND**

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To the Parent/Guardian of:

We're on the web:
[www.nwmissouri.edu/dept/
upwardbound/](http://www.nwmissouri.edu/dept/upwardbound/)



ACT Test Dates 2009-2010



TEST DATE	REGISTRATION DEADLINE	LATE FEE REQUIRED
SEPTEMBER 12, 2009	AUGUST 7, 2009	AUGUST 8-21, 2009
OCTOBER 24, 2009	SEPTEMBER 18, 2009	SEPTEMBER 19-OCT 2, 2009
DECEMBER 12, 2009	NOVEMBER 6, 2009	NOVEMBER 7-20, 2009
FEBRUARY 6, 2010	JANUARY 5, 2010	JANUARY 6-15, 2010
APRIL 10, 2010	MARCH 5, 2010	MARCH 6-10, 2010
JUNE 12, 2010	MAY 7, 2010	MAY 8-21, 2010