

# S.U.B.S. Supporters of Upward Bound Students

Issue 4

January/February

*Important Dates:*

- **February 21st** - FAFSA Frenzy from **2-4 pm in Colden Hall room 1200**. Attendance is mandatory for ALL Seniors and their parents.
- **February 27th** - Saturday Session (TRiO Day)
- **February 6th** - Next ACT Test Day
- **March 1st** - All Work Study/Job Shadow applications are due.

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## MANDATORY Attendance at FAFSA Frenzy for UB Seniors

Every year the Government presents federally funded programs such as Upward Bound, with stipulations or requirements that must be met in order to continue to receive grant aid. Most recently, providing financial literacy to families of Upward Bound students has moved to the top of the list.

We feel that although our Guidance and Grub sessions have been successful in providing necessary information to parents, we still are not seeing everyone at those sessions that we are hoping to see.

On **Sunday, February 21st from 2-4 pm**, Northwest's office of Financial Assistance will be hosting **FAFSA Frenzy** on campus in **Colden Hall room 1200**. Staff will be on hand to help you fill out your FAFSA form step by step and help answer any questions you may have about your specific

or unique situation.

In the past, these types of events have been optional, but we are now making this session **MANDATORY** for parents of Upward Bound Seniors. It continues to be optional for all other families that are interested.

The reason we are making this mandatory is two-fold: First, we feel this type of information is crucial to your student receiving the most financial aid possible. Even if you feel your income will make them ineligible for grant aid, they still may qualify for loans.

The second reason is that many times we get calls from parents/families/students AFTER it is too late to receive funds granted through the FAFSA.

This event will take the place

of our last Guidance and Grub session which was cancelled in December.

Parents can call our office (660-562-1630) if they have any questions about the event. I have included a campus map so you aware of where Colden Hall is located.

If you have gone through the FAFSA process before, than you may contact Brenda and let her know why you need not attend.

Please be sure to have tax forms on hand as well as your **PIN number for both you and your student**. A PIN number is how you sign your FAFSA electronically.

PIN numbers can be applied for ahead of time at: <http://www.pin.ed.gov/PINWebApp/pinindex.jsp>

An Upward Bound staff member will be on hand to direct you and check you in.

## Updated UB Website Up and Running

Recent updates have been made to the Upward Bound website, making it easier for both parents and students to get up-to-date information.

Students and their families can now access forms (absent reports, mileage forms, etc.), scholarship and financial aid information, and even connect

with us on Facebook!

We strongly encourage each of you get connected with Upward Bound by visiting our site at:

[www.nwmissouri.edu/dept/upwardbound](http://www.nwmissouri.edu/dept/upwardbound).

Important dates are also listed on the home page. We wel-

come your comments and suggestions of what you would like to see on the webpage in the future. The UB office can be reached via the website or by calling 660-562-1630.

You may want to bookmark the site as updates are made frequently!



## Parent Corner



It was my hope to receive some feedback or articles from parents regarding their experiences with the Upward Bound program. I have not received any articles yet, but I encourage you to send me your thoughts, questions, or stories so that other parents can learn from you!

All of your students share the commonality of our program as

do you as parents. There are many things new parents can learn from our 'veterans' that could help them with any feelings of confusion they may have.

I am sure you can all remember when your student(s) started this program. You may not have been too sure as to what you were getting into, and I am also sure you probably had

some questions you wanted answers to.

If there is anything that you would like to share, please send your information to Brenda at [brendaj@nwmissouri.edu](mailto:brendaj@nwmissouri.edu). We will be sure to get it in our next newsletter.

We have just accepted our new Upward Bound members and I look forward to all of you meeting sometime in the near future!

### UB Welcomes...

- *Katrina Freemyer*
  - *Erica Hovey*
  - *Corey Paulo*
- *Dustin DeRosier*
- *Jay-Dee Wilcox*
  - *Laci Wooten*
  - *Korbin Jones*
- *Ashley Farnsworth*
  - *Trevor Luke*
- *Victoria Shanks*
  - *Kylie Beggs*
- *Drake Johnson*
- *Rachel Summa*
- *Jessica Wilmes*
  - *Kayla Swink*

## Newly Accepted Students of 2010

The time of year is here once again when UB adds to its already tremendous cast of students. As in years past, we received more applications than openings, which made for difficult choices for central staff.

We have accepted 15 new students to our program and have placed additional students on our wait list. Those placed on the wait list still have the opportunity to become an active member for the summer ses-

sion if they continue to show the commitment to our program expectations.

All new students and their parents will be introduced during our next Saturday session, January 30th. At this time parents will be given an orientation to the program similar to the presentation their students heard during the recruiting process.

New students will still follow the regular Saturday session schedule, while the parent ori-

entation will begin at **10:15 am**.

I would personally like to thank you for allowing your student to take part in our program. They are always our top priority and we take pride in knowing we have prepared both you and your student for their upcoming college experience.

I hope to see all of you at our orientation and if you have any questions before then, don't hesitate to call!

## What Should Your Student Be Doing???

### SENIORS

- Need to be applying for colleges ASAP!!!
- Attend FAFSA Frenzy
- Apply for scholarships...like, yesterday!!!
- Register by March 5th to take the April 10th ACT one last time
- Update your eProfiles site

### JUNIORS

- Sign up for the April 10th ACT (2 waivers available through UB)
- Start researching colleges and programs you are interested in. Go on at least one college visit your Jr. year
- Begin scholarship search

### SOPHOMORES

- Begin your college search online
- See your counselor to review your 4 year plan.
- Work hard at keeping your grades up NOW—it is too hard to bring your GPA up your Senior year!

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## Director's Response: Learning is Lifelong

One of the many important traits we like to emphasize to our students at Upward Bound is accountability--taking responsibility for your actions. Each and every day we each exhibit behaviors that are observed and examined by various individuals through various medians. The conclusions that these individuals derive about the intent and delivery of our behaviors can shed a productive light on how these behaviors are received. How we respond to these conclusions tells a great deal about how willing we are in being held accountable for our actions.

I recently wrote an article for the UB Newsletter entitled "Sticktoitiveness" and if any of you read the article you may recall that I made the claim that I made up this word over 25 years ago while in college. I also said that if anybody had heard of this word, then I would have to question their honesty.

I recently received an anonymous letter from a parent expressing their disappointment that I disrespected Upward Bound students and parents by questioning their honesty and integrity in my newsletter article. This particular parent also correctly pointed out that the etymology of the word "sticktoitiveness" dated back to 1909.


As I concluded reading the letter, I had a mix of emotions and thoughts. Initially I felt a sense of embarrassment. I was embarrassed for two reasons. First, I was embarrassed that I had not taken the time to look up the etymology of what I considered "my" word. I truly did feel at the time that I had made up a unique word--one that I had never heard of before. But I was wrong--the word had existed long before my arrival on earth and I thank this parent for bringing this to my attention. Secondly I was embarrassed that I had been portrayed as promoting insensitivity as an acceptable manner in which to behave. This certainly was not my intent, and it is my hope that those who know me in full context do not see me in this light. However, upon reflection, I can certainly see how someone might come to this conclusion.

Another feeling I experienced was gratitude. I have always applauded and admired individuals who stand up for what they believe in. This parent obviously possesses that characteristic and I am thankful that they took the time to relay their thoughts to me. So, if the author of the letter is reading this, "THANK YOU!" I do respect your right to anonymity--and you stated that the reason you replied anonymously was that your child felt a concern that they would have suffered repercussions if you had signed your name. I understand that point of view, but want to assure you that if there would have been repercussions they would have been positive. The feelings and beliefs you shared in your letter were spot on and were in no way threatening or violating. I realized their intent was to allow me the opportunity to self-reflect and to improve as an educator and as a person. Some people may have reacted with a sense of resentment, but it is my feeling that your viewpoints will have a positive impact on the program and it is imperative that parents such as yourself feel welcome to provide input into how the Upward Bound program is administered without having to worry about negative ramifications.

I also experienced a sense ownership. At the end of the day it all boils down to taking accountability for your actions. While it may not have been my intent to come across the way I did, the bottom line is I made a mistake and I was wrong to write what I wrote. I would like to publically apologize to anybody who was offended by my words. The overall intent of my newsletter article was to let students know that there might be some challenging times ahead for them, but if they have the ability to persevere, then the likelihood that they will succeed will be high. It is my hope that this message was still captured by the reading audience.

In closing, it is my hope that parents always feel welcome to approach any of the Upward Bound staff about any issue related to our program. All UB staff members realize that learning is a lifelong process and that we may be able to benefit from your feedback (both positive and negative) as we continue to try and improve the services we provide students and parents.

Phil



*"How we respond...tells a great deal about how willing we are in being held accountable for our actions."*

We've updated our website:  
[www.upwardbound.edu/dept/](http://www.upwardbound.edu/dept/)

To the Parent/Guardian of:

800 University Drive  
Administration Building 352  
Maryville, MO 64468  
Phone: 660-562-1630  
Fax: 660-562-1631  
E-mail: [brendaj@nwmissouri.edu](mailto:brendaj@nwmissouri.edu)

Upward Bound

## Mark Your Calendars



### January 27

College visit to Missouri Western  
(Juniors & Seniors)  
PARENTS WELCOME

### January 30

Saturday Session  
New Student/Parent Orientation at 10:15  
am

### February 6

ACT Test Date  
(Registration Deadline: Jan. 5)

### February 21

FAFSA Frenzy at Northwest 2-4 pm  
Colden Hall #1200

**\*\*\*This session is mandatory for all UB  
Seniors and their parent(s)\*\*\***

### February 27

Saturday Session  
National TRiO Day

### March 1

Deadline for all summer applications  
(work study, job shadow, & employ-  
ment)

### June 6

Move-in day for summer session

### July 8

Last day of summer session