

Dear Student Applicant,

Thank you for your interest in the Northwest Missouri State University Upward Bound Program. Before completing the Upward Bound application, it is important to read and understand what an Upward Bound participant is all about. The purpose of Upward Bound is to assist students in developing the academic skills and motivation necessary to succeed, both in high school and beyond. Through academic tutoring and instruction, the Upward Bound Program assists participants with high school studies and encourages them to pursue a college education. Students are engaged in weekly Field Tutoring sessions at their high school on selected Saturdays on campus at Northwest, called "Saturday Academies." Students will also participate in a 6-week Summer Residential Academic program, which includes one week of travel to a large metropolitan city.

Upward Bound is a federally funded TRIO program that works with 82 students from ten target high schools in the counties of Atchison, Nodaway, Holt, and Gentry. Participants are students from one of the following high schools interested in sharpening their academic skills and pursuing education after graduation. Participants come from these high schools: Rock Port, Tarkio, Fairfax, West Nodaway, Maryville, Nodaway-Holt, Stanberry, Northeast Nodaway, King City, and Union Star.

Upward Bound activities must be taken seriously by each participant. Admitted students agree to participate in the academic year and the six-week summer program. These important components have the following objectives:

- To increase the academic performance of program participants.
- To assist participants in developing motivation to succeed in high school and attend college.
- To provide informative and enriching educational opportunities for all participants.
- To encourage participation in cultural/educational experiences beyond those available at their high schools.
- To provide tutoring, career exploration, and college advising to participants.
- To provide assistance in securing admission to a postsecondary institution and guidance in acquiring financial aid.

We are grateful for the support of the University, the U.S. Department of Education, the area public school systems, the community, and our educational partners. We are confident that we can and will continue to help address our students' academic needs and challenges.

As you go through this application and read about Upward Bound, please contact an Upward Bound staff member with questions. We look forward to seeing your completed application by November 15, 2025!

Sincerely,



Sheila Harding
Project Director/Academic Coordinator
TRiO, Upward Bound
Northwest Missouri State University
(660) 562-1638

About the Upward Bound Program....

The Northwest Missouri State University TRIO Upward Bound Program is a pre-college program administered by the U.S. Department of Education. It is designed to motivate and prepare high school students for postsecondary education. The program serves 82 students in 9th through 12th grades in the counties of Atchison, Nodaway, Holt, and Gentry, Missouri. Students who are accepted into the program remain in the program until graduation from high school or until the student is released from the program, either voluntary or involuntary.

Priority is given to applicants whose economic status or taxable income meets the Federal TRIO Income Guidelines (see Part III: Parent/Guardian Information) and who demonstrate academic need. Although grades are important, they are not necessarily used in determining whether or not a student is eligible for Upward Bound; throughout the program, students must demonstrate academic potential.

The following is a brief outline of the services that a student will receive through Upward Bound:

Academic Year Component (September-May):

- Tutoring sessions at your high school each week (Frequency depends on GPA)
- Various activities and guidance meetings at Northwest Missouri State University
- Saturday Academies once per month at Northwest Missouri State University
 - Includes career, college, ACT Prep, Financial Literacy, cultural and academic activities

Summer Component (June-July):

- High school-level instruction (Monday-Thursday for six weeks) at Northwest Missouri State
 - Classes include Math, Science, Languages, English, Social Sciences, ACT Prep, Foreign Language, and Electives
 - *Meals*
 - Evening activities
 - Fridays include Financial Literacy and Job Shadow/Work Study opportunities
- 6th week includes an out-of-state cultural trip

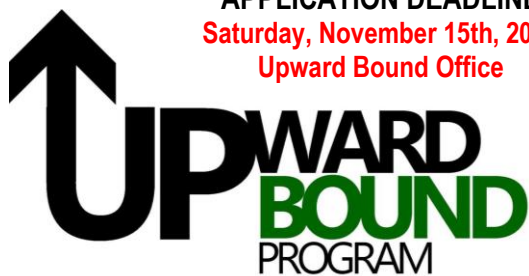
Year-Round Services

- Personal, academic, and career counseling/advising
- Stipends-monetary rewards given to students for participation
- ACT/SAT Preparation
- College Tours
- Field Trips
- Financial Aid and Scholarship Education

Additional Offerings

- Information on Colleges and Career Opportunities
- Leadership Training and Development Opportunities
- Assistance in Completing College Entrance and Financial Aid Applications
- Work Study Positions to Expose Students to Careers Requiring a Post-Secondary Degree
- Assistance with Scholarships and Dual Credit Expenses
- Travel to a Variety of College and University Campuses around the Midwest

All expenses for participating in the Upward Bound programs, activities, and events are paid for by the Program. For more information, please call (660) 562-1630



APPLICATION DEADLINE
Saturday, November 15th, 2025
Upward Bound Office

For Office Use Only				
Eligibility:	LI	FG	LI/FG	DNQ
Interviewed: Y / N	Date:			
Status:	Accepted	Wait List		
	Declined	Ineligible		
Received:	Income Info	Transcript		
	Counselor Rec	Teacher Rec.		
Attended:	Field Tutoring	Saturday Academy		

Upward Bound Participant Application

Part I: Student Information

Today's Date _____ Social Security Number _____

Name _____
First M.I. Last

Home Address _____

City _____ State _____ ZIP Code _____

PO Box Address _____ Home Phone Number _____

Student Cell # _____ Student Email Address _____

Parent/Guardian Cell # _____ Parent Email Address _____

Date of Birth _____ / _____ / _____ Age _____
Mon Day Year

Gender (circle one) M F

High School _____ Current Grade 9 10 11 12

Expected Year of High School Graduation: 2025 2026 2027 2028

Ethnic Background: (mark all that apply, needed for federal reporting)

_____ Asian _____ Hispanic
 _____ Black or African American _____ Native Hawaiian or other Pacific Islander
 _____ American-Indian/ Alaskan Native _____ White

U.S. Citizen: ☐ Permanent Resident: ☐ Applying for Citizenship: ☐

Permanent Resident #: _____
 (Please provide a copy of your Permanent Resident Card with your application.)

Place of Birth: _____

Have you ever applied to an Upward Bound program before? _____ Yes _____ No

Have you ever been a member of an Upward Bound program? _____ Yes _____ No

DO YOU HAVE A PHYSICAL OR DOCUMENTED LEARNING DISABILITY? IF YES, PLEASE ATTACH A COPY OF THE CURRENT IEP.

_____ Yes _____ No

**Please attach a recent
 student photo of
 yourself**

Student Goals

What is your career interest? _____

Do you plan to attend college? ____ Yes ____ No

Do you want to attend college? ____ Yes ____ No

If yes, which college(s) are you interested in attending? _____

Student Interests

What are your hobbies and/or interests? _____

What school activities, clubs, or other extracurricular activities in which you participate? _____

What is your favorite subject? _____ Least favorite? _____

In what subject area(s) would additional tutoring be beneficial? _____

What is the title of the last book you read that was not assigned to you by a teacher? _____

Student Commitment

Why do you want to join the Northwest Missouri State University Upward Bound Program? (Check all that apply.)

____ Academic support/enrichment

____ Tutoring services

____ Personal support/counseling

____ Encouraged to apply by family

____ Career counseling

____ Field trips

____ Assistance with college admission

____ Saturday Academies

____ Assistance with financial aid

____ Assistance with the ACT

____ To make friends

____ Other

____ Six-Week Summer Component

Are you able to participate in an academic program held on the Northwest campus approximately one Saturday morning each month? ____ Yes ____ No

Are you able to participate in the required weekly tutoring held at your school? (may be held before or after school) ____ Yes ____ No

Are you able to participate in a six-week residential summer program where you will be required to live on the Northwest campus?

Residential Summer Component Dates: June 1 – July 2, 2026

Summer Component Trip Dates: July 6 – July 10, 2026 ____ Yes ____ No

If you answered "NO" to any of the above three questions, please explain:

Part II: Personal Statement

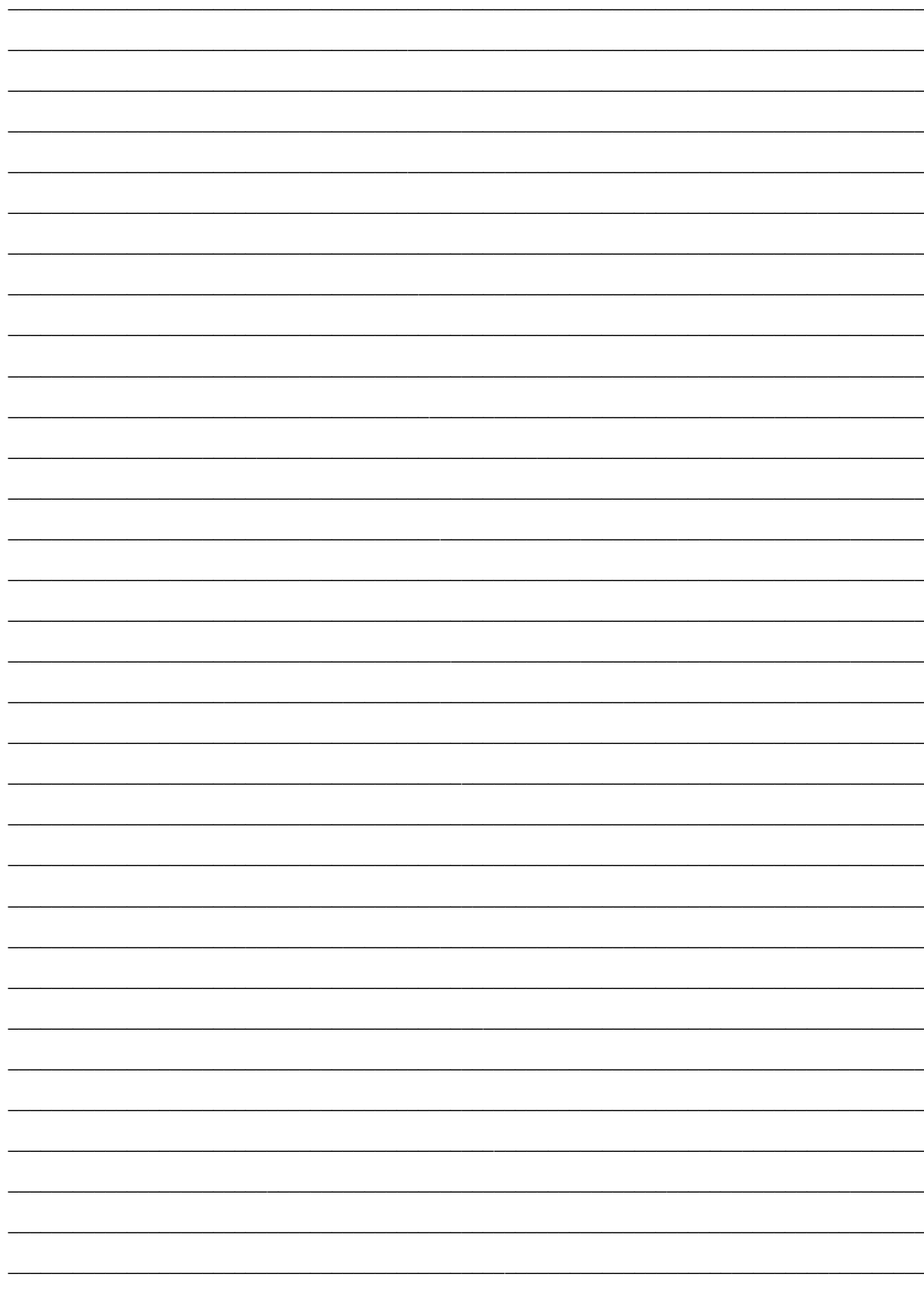
Directions: Below or on a separate sheet(s) of paper, please address all of the following items in essay form in at least 100 words. Please type or print clearly.

1st Paragraph: Introduce yourself and include information about your family, school, background: where and how you were raised, and any interesting incidences in your life.

2nd Paragraph: Write about your plans for the future and how Upward Bound will help with your plans, including your college, career, and personal plans and goals.

3rd Paragraph: Please tell us a time when you have faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?

This image shows a full page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing or drawing. There are no margins, text, or other markings on the page.



Part III: Parent/Guardian Information

Note, this information is necessary for determining program eligibility and is required of all families whose children are served by the Upward Bound Program. Your cooperation is needed in filling out the information completely. All information provided is kept confidential.

Student Name _____

Please check only one blank for father and one blank for mother within the boxes:

*The student's natural/adoptive **father's** highest level of education:*

- ☐ Some high school
- ☐ High school degree
- ☐ Some college
- ☐ Associate's degree (2 year)
- ☐ Bachelor's degree (4 year)
- ☐ Master's or Doctorate degree

*The student's natural/adoptive **mother's** highest level of education:*

- ☐ Some high school
- ☐ High school degree
- ☐ Some college
- ☐ Associate's degree (2 year)
- ☐ Bachelor's degree (4 year)
- ☐ Master's or Doctorate degree

Does the student live with the natural/adoptive father?

☐ Yes ☐ No

Does the student live with the natural/adoptive mother?

☐ Yes ☐ No

Is the natural/adoptive father deceased?

☐ Yes ☐ No

Is the natural/adoptive mother deceased?

☐ Yes ☐ No

Please complete the following:

Name: _____

Occupation: _____

Work Phone: _____

Cell Phone: _____

Please complete the following:

Name: _____

Occupation: _____

Work Phone: _____

Cell Phone: _____

Taxable Income information for your household in 2024

The following numbers correspond to 2024 taxable income on the federal forms.

*** (This information is required to help determine eligibility for acceptance into Upward Bound.) ***

Total Household Members: _____

Taxable Income (See line 15 circled in below image): _____

<ul style="list-style-type: none">• Head of household, \$18,650• If you checked any box under Standard Deduction, see instructions.	c	Add lines 10a and 10b. These are your total adjustments to income	10c	
	11	Subtract line 10c from line 9. This is your adjusted gross income	11	
	12	Standard deduction or itemized deductions (from Schedule A)	12	
	13	Qualified business income deduction. Attach Form 8995 or Form 8995-A	13	
	14	Add lines 12 and 13	14	
	15	Taxable income. Subtract line 14 from line 11. If zero or less, enter -0-	15	

For Disclosure, Privacy Act, and Paperwork Reduction Act Notice, see separate instructions. Cat. No. 11320B Form **1040** (2020)

If you did not file Income Tax in 2024, please provide a written and signed statement of income for the household. (Proof of income may be requested)

I confirm that the Educational Level and income information I have provided TRIO Upward Bound is current and applicable to my household.

Name of Parent/Guardian (Please Print): _____

Parent/Guardian Signature: _____ Date: _____

Part IV: Parent/Guardian Statement of Permission and Support

I hereby grant permission for my child, _____, to participate in the Upward Bound program at Northwest Missouri State University.

I pledge to support my child in their endeavors for academic success and to encourage their participation in the Northwest Missouri State University Upward Bound program. I understand that my child will be required to attend approximately 6 Saturday Academies and weekly tutoring at their high school during the academic year and the six-week residential summer component on the Northwest Missouri State University campus each year.

I hereby give the Northwest Missouri State University TRIO Upward Bound Program permission to receive copies of educational records and other materials necessary for participation in the Program. Further, permission is granted to request academic and financial aid information and records from any and all postsecondary institution in order to track college progress. I understand all of my records will be kept in confidence and in accordance with the Privacy Act of 1974.

You have our consent to release grades, test scores, and any other academic records to the Northwest Missouri State University TRIO Upward Bound Program.

Student Signature: _____ *Date:* _____

Parent/Guardian Signature: _____ *Date:* _____

Media Release Form

I give permission for my son/daughter's photo image to be used on the Northwest Missouri State University's Upward Bound website or in other program promotional materials.

Parent/Guardian Signature: _____ *Date:* _____

I attest to the fact that the above information is true and accurate to the best of my knowledge.

I understand the purpose of the Northwest Missouri State University TRIO Upward Bound Program, which is to prepare participants to successfully complete a program of postsecondary education. As part of my personal effort in this preparation, I commit to Upward Bound and intend to participate in all academic year and summer components of the program. I understand that attendance is an integral part of participating. Therefore, I agree to attend and actively participate in all classes, meetings and activities sponsored by Upward Bound. I will comply with all rules and regulations of the TRIO Upward Bound Program, and I am aware that failure to comply could result in dismissal from the program.

I understand and willingly commit to meeting these expectations.

Student Signature: _____ *Date:* _____

Parent/Guardian Signature: _____ *Date:* _____

Part V: Consent for Medical Treatment

Student's Name

In case of emergency, please contact the following:

Physician

Phone number

1st person to contact in case of emergency

Home phone

Work Phone

Cell Phone

Address

Relationship to student

2nd person to contact in case of emergency

Home Phone

Work Phone

Cell Phone

Address

Relationship to student

3rd person to contact in case of emergency

Home Phone

Work Phone

Cell Phone

Address

Relationship to student

Please describe any allergies or dietary restrictions or needs your child may have:

Please list ALL medicines/prescriptions your child will take/is currently taking:

Medication/Prescription

Dosage

Time

Medication/Prescription	Dosage	Time
_____	_____	_____
_____	_____	_____
_____	_____	_____

What are (if any) the anticipated side effects and/or drug interactions from these medications?

Please describe any dietary restrictions or needs your child may have:

I understand that my child will administer his/her own medication at the prescribed dosage and time listed above. I understand that it is my child's responsibility to take over the counter medications according to package directions.

I hereby give my permission for my child to receive any medical attention, including preventative, routine and emergency care, as deemed necessary by qualified medical personnel, in the event such treatment is necessary during the entire time the student is enrolled in Upward Bound. I also understand that neither Northwest Missouri State University nor the Upward Bound Program staff can be held responsible for accidents or injuries.

Parent/Guardian printed name: _____ Parent/Guardian Date of birth _____

Parent/Guardian Signature: _____ Date: _____

Part VI: Northwest Missouri State University Waiver of Liability Agreement

BRING WITH YOU OR RETURN TO UB BY YOUR FIRST SATURDAY ACADEMY VISIT

**ASSUMPTION OF RISK, COVENANT NOT TO SUE, RELEASE,
AND WAIVER OF LIABILITY AGREEMENT**

(YOUTH PARTICIPANT FORM)

In consideration of the services provided by Northwest Missouri State University, its board, employees, volunteers, participants, and all other persons or entities acting in any capacity on its behalf (collectively, "UNIVERSITY") in conjunction with the UPWARD BOUND program ("Event"), I hereby agree to release, hold harmless, covenant not to sue, and discharge UNIVERSITY, on behalf of myself, my children, my parents, my heirs, assigns, personal representatives and estate as follows:

1. _____ ("Minor") will participate in the Event. I understand that each Academic Year, the Upward Bound program will have eight Saturday Academies involving participating in sessions on campus and traveling to other colleges for campus visits. I understand that some of such activities will not take place on Northwest Missouri State University property.
2. I acknowledge that Minor's participation in Upward Bound entails known and unanticipated risks, which could result in physical or emotional injury, paralysis, death, or damage to Minor, to property, or to third parties. I understand that such risks include activities at and away from UNIVERSITY. I understand that such risks simply cannot be eliminated.
3. I acknowledge that the unlawful possession/consumption/use/distribution of alcohol or any controlled substance, including the unauthorized possession/consumption/use/distribution of prescription medications, is strictly prohibited. I agree that any violation of this policy may result in Minor's immediate removal from Upward Bound. I understand that UNIVERSITY will not store or administer prescription medication(s) for Minor. If Minor will be in possession/utilize medication(s) during Upward Bound, I hereby represent that I have explained to Minor the Event's policy on alcohol and controlled substances. I further represent that I have discussed with Minor the proper use/administration of the medication(s), including frequency and dosages. I understand and agree that Minor is solely responsible for storing/administering any medication(s) as directed by Minor's physician or healthcare professional.
4. I expressly agree and promise to accept and assume all of the risks associated with Minor participating in Upward Bound. Minor's participation in Upward Bound is purely voluntary, and I elect to allow Minor to participate despite the risks. If Minor is injured during Upward Bound, I hereby give my consent for UNIVERSITY to contact appropriate medical professional(s) and further consent to any medical treatment that may be required, as determined by a medical professional. I understand that the cost of any such treatment will be Minor's or my sole responsibility; UNIVERSITY will not be responsible for any cost related to such treatment in any way. I also understand that UNIVERSITY will not be responsible for any medical treatment that Minor receives.
5. I hereby voluntarily release, waive, covenant not to sue, and forever discharge any and all claims of negligence against UNIVERSITY that relate in any way to any activity Minor undertakes in conjunction with Upward Bound, including transportation to, during, and from the Event.
6. Should UNIVERSITY, or anyone acting on its behalf, be required to incur attorney's fees and costs to enforce this Agreement, I agree to indemnify and hold them harmless for all such fees and costs.
7. I understand that UNIVERSITY does not maintain an insurance policy that would provide coverage if Minor is injured during the Event or causes any injury during Upward Bound. I certify that I have adequate insurance to cover any injury or damage Minor may suffer or cause while participating in Upward Bound, or else I agree to bear the costs of such injury or damage myself.
8. I understand that UNIVERSITY may photograph, film, and/or record ("Medium") Minor's participation in Upward Bound. I authorize UNIVERSITY to use Medium and Minor's likeness in conjunction with any UNIVERSITY marketing and/or promotional materials, including, but not limited to, social media accounts. I understand that neither Minor nor I will be compensated in any way for such use.

In the event that I file a lawsuit against UNIVERSITY, I agree to do so solely in the State of Missouri, and I further agree that the substantive law of Missouri shall apply without regard to conflict of law rules. I agree that if any portion of this Agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I expressly state that I have had sufficient opportunity to read this entire Agreement and agree to be bound by its terms.

I further acknowledge that this document contains a negligence waiver and indemnification provisions.

Parent or Guardian: _____ Print Name: _____

Date: _____

Parent or Guardian: _____ Print Name: _____

Date: _____

Application Checklist:

Part I: Student Information

- ☐ Are all appropriate boxes and blanks filled in completely (if a question does not apply to you, please write "none")?
- ☐ Did you sign the appropriate fields?

Part II: Personal Statement

- ☐ Did you include your personal statement in the exact format requested?
- ☐ Did you answer all of the questions and complete all three paragraphs?

Part III: Parent/Guardian Information

- ☐ Are all appropriate boxes and blanks filled in completely?
- ☐ If your parents/guardians filed an income tax return last year, did they fill in the Taxable Income information?
- ☐ If your parents/guardians did not file an income tax return last year, did you include a signed statement of income for the household?
- ☐ Did your parents/guardians sign the application?

Part IV: Parent/Guardian Statement of Permission and Support and Media Release

- ☐ Are all appropriate boxes and blanks filled in completely (if a question does not apply to you, please write "none")?
- ☐ Did both you and your parents/guardians sign the appropriate fields?

Part V: Consent for Medical Treatment

- ☐ Are all appropriate boxes and blanks filled in completely (if a question does not apply to you, please write "none")?
- ☐ Did you sign the appropriate fields?

Part VI: Northwest Missouri State University Waiver of Liability Agreement

- ☐ Are all appropriate lines filled in?
- ☐ Did your parents/guardians sign the appropriate fields?

Finally:

- ☐ Did you make a copy of this application for your records?

If the answer is "yes" to all these, you are ready to submit your application! You may turn it in to your high school's school counselor OR send it directly to the Northwest Missouri State University TRIO Upward Bound Office at 372 Administration Building, 800 University Drive, Maryville, MO 64468. Please call 660-562-1630 or email UB.NWMSU@gmail.com if you have any questions.

Note: All applicants must also attend at least one Field Tutoring and one Saturday Academy by December to complete participant application. Dates available for visitors to attend: September 21, October 5, and November 16. Below is the bus schedule to assist in transportation to the Northwest campus.

Bus Schedule

School	Pick Up Time	Drop Off Time	Location
King City	7:30 a.m.	2:10 p.m.	High School
Stanberry	7:45 a.m.	1:55 p.m.	High School
Northeast Nodaway	8:05 a.m.	1:35 p.m.	High School
Union Star	7:30 a.m.	2:10 p.m.	King City High School
Nodaway-Holt	7:50 a.m.	1:45 p.m.	High School
Rock Port	7:30 a.m.	2:20 p.m.	High School
Tarkio	7:45 a.m.	2:05 p.m.	High School
Fairfax	7:45 a.m.	2:05 p.m.	Tarkio High School
West Nodaway	8:10 a.m.	1:40 p.m.	High School
Arrive NWMSU	8:35 a.m.		Administration Bldg.
Leave NWMSU	**12:30		

**** Busses typically stop at McDonald's/Taco Bell after the Saturday Academy from 12:45- 1:15 p.m.**

