

2019 Midwest Symposium on Therapeutic Recreation



Independence, MO

at



Presented by:



Break-Out Sessions

Tuesday, April 23rd

Pre-conference workshops presented by NCTRC

- 9:00 AM to 12:00 PM “NCTRC Internship Guidelines: Ensuring a quality internship”
 - This session provides an in-depth coverage of the NCTRC internship standards. The information is geared to both internship supervisors as well as student interns. We will discuss how supervisors can successfully develop an internship experience, as well as explain to students how to get the most out of the experience. It will include the requirements necessary to complete an internship experience and requirements to maintain certification.
- 1:30 PM to 4:30 PM “NCTRC Standards, Job Analysis, and Exam Content Outline”
 - This session will provide attendees with a comprehensive understanding of the NCTRC Certification Standards, Job Analysis, and Exam Content Outline to assist them on their path to becoming a CTRS. Learn how standards are developed, the role of the NCTRC Job Analysis in the Standards, and walk away with a better understanding of the Exam Content Outline.
- Lunch included with either workshop

Northwest Missouri State University Alumni Social 5:30 PM to 7:00 PM

Wednesday, April 24th

Wake Up and “HITT” the Morning

Opening Session with Devin Henderson, “Crack or Crack Up”

You are Your First Patient: Self-care and mindfulness

Multi-sensory Environment: Therapy & programming

Compassion Fatigue – What’s on your plate?

Yoga and Tai Chi for the Neurological Patient

Lunch with Keynote Dr. Jim Wise from Minnesota State University, “Views of Flourishing: Similarities & implications”

De-puzzling Therapeutic Recreation & Digital Access

Motivational Interviewing

Quality Community Based Therapeutic Recreation Internships

Facilitating the Blind Maze

Social Isolation in the Transgender Community

Writing for Wellness: Patients & caregivers

NCTRC Overview

Thursday, April 25th

Energize and Restore: Yoga for everyone

Our Role in Supporting Sexual Education Development for Individuals with Disabilities

Energy In, Energy Out: A new stress management model

Therapeutic Drumming – Health Rhythms

Elder Orphans

Cognitive Enhancement Therapy

Histories of Therapeutic Recreation

Motivational Interviewing

Lunch with Keynote Dr. Lynn Anderson from the State University of New York, Cortland, “Flourishing through Leisure”

Yoga & Tai Chi for Neurological Impairment

The Use of Goal Attainment Scaling as an Alternative Method for Assessment

Self-care: A component of professional practice

Partnerships: Purposeful Internship Projects

Animal Assisted Therapy & the Practitioner
Focus Group – Inclusive recreation (International Congress on inclusive leisure)
Music & Movement: Expressive arts therapy
Empowering Recreation Therapists
Unified Sports: Inclusion in community recreation
Awards ceremony!

Friday, April 26th

Cultural Competence & Cultural Safety
Horticulture Therapy in Disparate Communities
Expressive Writing: Words that heal
Technical Advancements in Senior Living
Developing Recreational Therapy Departments
Motivational Interviewing
Finding Inspiration and Energy for Caregiving
The Potential of Cinema Therapy
Farm to Fork: Horticulture therapy for IDD
The Therapeutic Recreation Internship Experience: Bridging the gap
Midwest Adaptive Sports: Partnering for success

Lunch on your own

Wounded Warrior Project
Ensuring Quality Care through EBP: It's not just about the numbers
Coordinating Brain Functioning through Movements
Blind Maze
Therapeutic Recreation at Fulton State Hospital
Animal Assisted Therapy & the Practitioner
Elder Orphans: Can recreational therapy assist?

Exhibitors:

