

# ACCESSING BLUE KC RESOURCES IS AS EASY AS 1, 2, 3.

Download our apps and tap into a variety of tools and support.

Blue Cross and Blue Shield of Kansas City (Blue KC) has created a series of apps to provide you with access to your health insurance information plus a variety of other tools, resources and support. Download them today and see how they can work for you!



## 1 MyBlueKC Mobile App

Access your **health insurance information** anytime, wherever you go. With the app you can:

- View, download or share your **digital ID card**
- **Find providers** in your network
- See **benefit and claims** details
- Use **Virtual Care** for 24/7 sick care or behavioral health visits by appointment

Use your **MyBlueKC.com** log in or follow the steps after downloading the app to get started.



## 2 Blue KC Care Management App

Find **resources** and personalized **support** from the Blue KC care team for **chronic conditions (diabetes, asthma, etc.), cancer and maternal health**. You can **chat with a Blue KC nurse, set medication and appointment reminders**, and more. Be sure to use the access code: **kchealth**.



## 3 A Healthier You™ App

Leverage this personalized empowerment mobile tool to find resources to improve your health. You can:

- Take a **health risk assessment**
- Track **steps, sleep, nutrition** and more
- Get reminders for **preventive exams** and **chronic conditions**

Plus, **complete health actions for chances to win** monthly sweepstakes!



**HELPFUL TIP:** Once downloaded, you can access all apps via the *MyBlueKC* mobile app, Find the *A Healthier You™* and Blue KC Care Management apps under "Health & Wellness."

**DOWNLOADING  
COULDN'T BE EASIER**

Simply scan the QR codes above or search each app by name in Apple or Google Play app stores to download and get started!

