



Term 1	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
77-101	University Seminar		1	
04-102/3	General Biology & Lab (Life Science)		4	
10-111	Composition I (Written Communication)		3	
22-114	Wellness		3	
17-114	General Statistics		3	
<b>Total Hours</b>			<b>14</b>	
Term 2	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
22-223	Introduction to Health Sci & Wellness		3	
04-112/113	General Chemistry and Lab (Physical Sci)		4	
10-112	Composition II		3	
29-102	Oral Communication		3	
22-254 OR	Anatomy/Physiology----- OR-----		3	<b>1</b> Minimum B grade required for graduation
04-236	Allied Health Anatomy /Lab	04-102/103 or 04-106/107 and 24-112/113 or 24-114/115	4	
<b>Total Hours</b>			<b>16/17</b>	
Term 3	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
08-103	General Psychology (Humanities 1 Of 2)		3	
47-234	Nutrition & Diet Behavior		3	
22-332	Physiology of Exercise	22-254 or 04-236	3	Minimum B grade required for graduation <b>2</b>
##-###	Digital Literacy		3	
##-###	Aging Studies Elective		3	
##-###	General Elective		3	
<b>Total Hours</b>			<b>18</b>	
Term 4	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
01-104	Medical Terminology		3	
22-335	Sport Exercise and Nutrition		3	
22-336	Basic Biomechanics	22-254 or 04-236	3	Minimum B grade required for graduation
45-216	Introduction to Gerontology		3	
##-###	Aging Studies Elective		3	
Total Hours			<b>15</b>	
Term 5	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
34-102	Intro to American Government		3	
45-365	Leisure and Aging		3	
##-###	Aging Studies Elective		3	<b>3</b>





**1** = a milestone course completed by end of year 1 to remain on pace to finish degree requirements in four years.


**2** = a milestone course completed by end of year 2 to remain on pace to finish degree requirements in four years.


**3** = a milestone course completed by end of year 3 to remain on pace to finish degree requirements in four years.


**4** = a milestone courses taken in final year to complete degree requirements.




35-101	General Sociology		3	
45-315	Social Aspects of Aging and Families		3	
<b>Total Hours</b>			<b>15</b>	
<b>Term 6</b>	<b>Course Title/Description</b>	<b>Pre-requisite</b>	<b>Cr Hrs</b>	<b>Milestone/Notes</b>
22-550	Community Health		3	
22-556	Health in the Later years		3	
	General Elective		3	
35-101	Aging Studies Electives		3	
08-383	Psychology of Aging		3	
<b>Total Hours</b>			<b>15</b>	
<b>Term 7</b>	<b>Course Title/Description</b>	<b>Pre-requisite</b>	<b>Cr Hrs</b>	<b>Milestone/Notes</b>
45-469	Practicum in Aging		3	
22-534	Evidence Based Practice in HSW		2	
22-552	Health Promotion		3	
10-220	Literature		3	
35-155/156	History		3	
22-447	Senior Seminar		1	
<b>Total Hours</b>			<b>15</b>	
<b>Term 8</b>	<b>Course Title/Description</b>	<b>Pre-requisite</b>	<b>Cr Hrs</b>	<b>Milestone/Notes</b>
22-555	Interventions and Strategies for Health Behavior Change		3	Apply for Graduation
##-###	General Elective		3	
22-470	Profession Based Experience		3/6	Permission required 
##-###	Art		3	
<b>Total Hours</b>			<b>12/15</b>	

 = a milestone course completed by end of year 1 to remain on pace to finish degree requirements in four years.

 = a milestone course completed by end of year 2 to remain on pace to finish degree requirements in four years.

 = a milestone course completed by end of year 3 to remain on pace to finish degree requirements in four years.

 = a milestone courses taken in final year to complete degree requirements.