

Advisement and Transfer Services

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**Northwest – Kansas City | Kansas City Kansas Community College
B.S. Applied Health Science: Exercise Science Emphasis
Transfer Guide**

Important Notes

- An **Associate of Arts** degree may be able to waive some CORE requirements at Northwest. Seek advisement for proper course selection. **Digital Literacy, Global Experiences, and any course listed as required cannot be waived by a prior A.A. degree.**
- Kansas City Kansas Community College courses marked with (*) are listed under two different CORE categories. They may transfer to satisfy only one of Northwest's CORE areas, not both.
- This guide is for the 2016-2017 undergraduate academic catalog. As new catalogs come into effect at Northwest, degree requirements may change. Students will automatically be placed under the catalog of initial enrollment at Northwest, or may choose to move forward catalog years. However, transfer students are eligible to graduate within the Northwest catalog upon which they were initially enrolled at the community college if they had been continuously enrolled and had not sat out for more than 18 months.
 - **Returning students** who are accepted to return to Northwest will be automatically placed under the catalog of initial re-enrollment at Northwest. If a student wishes to return to the catalog they were under while previously attending Northwest, please contact the Registrar's Office at REGISTRAR@nwmissouri.edu.

Contact Us!

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**CORE Requirements
48-52 credit hours**

Course Number	Course Name	Course Number	Course Name
BIOL 04-102/103 BIOL 04-106/107	General Biology & Lab (required) Principles of Biology & Lab	BIOL 0121	No direct equivalent. (required) General Biology Advisor may have to do a substitution in the Registrar's Office so BIOL 0121 can fulfill the Directed CORE Requirement in Degree Audit.
CHEM 24-112/113	General Chemistry & Lab (required)	CHEM 0109	General Chemistry (required)
COM 29-102	Fundamentals of Oral Communication	SPCH 0151 or SPCH 0153	Public Speaking or Interpersonal Communication
ENGL 10-111	Composition I: Academic Literacies	ENGL 0101	Composition I
ENGL 10-112	Composition II: Writing as Engagement	ENGL 0102	Composition II
HIST 33-155 or HIST 33-156	US History to 1877 or US History since 1877	HIST 0104 or HIST 0105	United States to 1877 or United States since 1877
PHIL 39-276	Bio-Medical Ethics (required)	PHIL 0207	Philosophical Found. In Healthcare Ethics (required)
POLS 34-102	Introduction to American Government & Politics	POSC 0111	American Government
Mathematical Reasoning (choose 1)			
MATH 17-114 MATH 17-117 MATH 17-118 MATH 17-120	General Statistics Precalculus College Algebra Calculus I	MATH 0115 MATH 0108 MATH 0105 MATH 0120 or MATH 0122	Statistics Precalculus College Algebra Calculus I or Calculus and Analytic Geometry I
MATH 17-110 MATH 17-115 MATH 17-171	Other options: Finite Mathematics Concepts of Mathematics Fundamentals of Mathematics	MATH 0112	Other options: Trigonometry
Digital Literacy (choose 1)			
CSIS 44-130	Computers and Information Technology	CIST 0101 or CIST 0111	Computer Concepts & Applications or Microcomputer Business Software
CSIS 44-101 EDCI 62-130 EDUC 61-145 HUM 26-105 GEOL 27-130 PHSC 40-106 CORE 90-205	Other options: Foundations of Computing Educational Computing and Technology Information and Educational Technology Information Technology and Culture Information Technology and Science Computational Methods in Science Interdisciplinary Engagement: Digital Literacy		
Global Experiences (choose 1)			
ENGL 10-226 LANG 14-131 LANG 14-132 LANG 14-141 LANG 14-142 LANG 14-151 HUM 26-162 EDUC 61-252	Modern and Contemporary World Literature French: Communication and Culture I French: Communication and Culture II Spanish: Communication and Culture I Spanish: Communication and Culture II Intro. to American Sign Language & Deaf Culture Comparative Religions Pluralism in a Multicultural Society	ENGL 0106 LANG 0101 LANG 0102 LANG 0141 LANG 0142 HUDV 0263 HUMN 0207 EDUC 0262	Modern World Literature* French I French II Spanish I Spanish II American Sign Language I Comparative World Religions* Education in a Multicultural Society
COM 29-225 ENGL 10-224 GEOG 32-102 HUM 26-104 LANG 14-161 LANG 14-162 MUS 19-280 MMED 20-221 POLS 34-105 REC 45-211 CORE 90-206	Other options: Intercultural Communication Multiethnic Literature of the US Peoples and Cultures of the World The Eastern World Russian: Communication and Culture I Russian: Communication and Culture I World Music Ethnographic Film Study The African World Leisure and Society Interdisciplinary Engagement: Global Experiences	ANTH 0106 BUSN 0214 ENGL 0105 ENGL 0135 ENGL 0220 ENGL 0221 GEOG 0101 LANG 0121 LANG 0122 LANG 0161 LANG 0162 HIST 0115 HIST 0116 HUMN 0152 SOSC 0109	Other options: Native American Indians* International Business Cultures Early World Literature* World Mythology* American Indian Literature* Latino Literatures & Cultures* Intro to Cultural Geography* German I German II Arabic I Arabic II World Civilization I* World Civilization II* Women in Religion Diversity Studies
Literature (choose 1)			
ENGL 10-220	Intro to Literature	ENGL 0104	Introduction to Literature
		ENGL 0105 ENGL 0106 ENGL 0108 ENGL 0109 ENGL 0132 ENGL 0133 ENGL 0135 ENGL 0140 ENGL 0210 ENGL 0211 ENGL 0212	Other options: Early World Literature* Modern World Literature* Intro to Poetry Intro to Fiction Intro to Science Fiction Women in Literature World Mythology* Detective Fiction Early American Literature Modern American Literature Drama as Literature: Early to Modern

		ENGL 0214 ENGL 0217 ENGL 0218 ENGL 0220 ENGL 0221	Afro American Literature Early English Literature Modern English Literature American Indian Literature* Latino Literatures & Cultures*
Fine Arts (choose 1)			
ART 13-102 ART 13-109 ART 13-111 MUS 19-201 THEA 43-101 MUS 19-202 MUS 19-222	Art Appreciation Survey of Art I: Prehistory through Medieval Art Survey of Art II: Renaissance to the Present The Enjoyment of Music Theatre Appreciation Other options: Jazz Appreciation American Popular Music	FNAR 0101 FNAR 0102 FNAR 0103 MUSC 0101 THTR 0101 HUMN 0200 THTR 0112	Art Appreciation Art History I Art History II Music Appreciation Theatre Appreciation Other options: Foundations of Film & Theatre Dance History
Social and Behavioral Sciences (choose 2 courses, from 2 different groups)			
ECON 52-150 PSYC 08-103 GEOG 32-101 SOC 35-101 SOC 35-108 AGRI 03-102 ECON 52-130 PSYC 08-299	Economics Principles of Macroeconomics Psychology General Psychology Geography Intro to Geography Sociology General Sociology Anthropology General Anthropology Other options: Introductory Agricultural Economics Survey of Economics Educational Psychology	ECON 0201 PSYC 0101 GEOG 0101 or GEOG 0102 SOSC 0107 ANTH 0100 ANTH 0101 ANTH 0102 ANTH 0155 ANTH 0106 ECON 0203 PSYC 0112 PSYC 0115 SOSC 0103 SOSC 0108	Economics Principles of Macroeconomics Psychology Psychology Geography Intro to Cultural Geography* or Intro to Physical Geography Sociology Sociology Anthropology General Anthropology Other options: Intro to Cultural Anthropology Intro to Physical Anthropology Archaeology Native American Indians* Intro to Labor Studies Psychology of Personal Adjustment The Grieving Process Intro to Social Sciences Sociology of the Family
General Electives			
Northwest Core Requirements		48 credit hours	
Major Requirements		+ 67 credit hours	
Electives		+ 9 credit hours (approximately)	
Total hours required for graduation		124 credit hours	

**B.S. Applied Health Science – Exercise Science Emphasis
Major Requirements (67 credit hours)**

Applied Health Science Core Requirements (40 credit hours)			
BIOL 04-104	Medical Terminology (3)	ALHT 0127	Medical Terminology <i>We recommend taking this course through Northwest.</i>
HPER 22-114	Wellness (3)	EXSC 0206	Lifetime Fitness <i>We recommend taking this course through Northwest.</i>
HPER 22-233	First Aid, CPR, and Care of Sports Injuries (2)	EXSC 0115	First Aid <i>We recommend taking this course through Northwest.</i>
HPER 22-254 or BIOL 04-236	Anatomy & Physiology (3) or Anatomy Allied Health (3)	BIOL 0141	Human Anatomy & Lab <i>We recommend taking this course through Northwest.</i>
HPER 22-332	Physiology of Exercise (3)	EXSC 0212	Exercise Physiology <i>We recommend taking this course through Northwest.</i>
HPER 22-550	Community Health (3)	EXSC 0205	Personal School Community Health <i>We recommend taking this course through Northwest.</i>
NUTR 47-234	Nutrition and Diet Behavior (2)	BIOL 0145	Nutrition <i>We recommend taking this course through Northwest.</i>
PSYC 08-212	Personal Adjustment (3)	PSYC 0112	Psychology of Personal Adjustment <i>We recommend taking this course through Northwest.</i>
HPER 22-336	<i>Basic Biomechanics (3)</i>		
HPER 22-447	<i>Senior Seminar in Health Science & Wellness (1)</i>		
HPER 22-470	<i>Internship in Applied Health Science (6)</i>		
HPER 22-534	<i>Evidence Based Practice in Health Sci & Wellness (2)</i>		
HPER 22-552	<i>Health Promotion (3)</i>		
HPER 22-555	<i>Intervention & Strategies for Hlth Behavior Change (3)</i>		
Exercise Science Core Requirements (27 credit hours)			
HPER 22-382	Care and Prevention of Athletic Injuries (3)	EXSC 0211	Care and Prevention of Athletic Injuries <i>We recommend taking this course through Northwest.</i>
HPER 22-529	Theory/Fund. of Strength & Cond./ Personal Trng (3)	EXSC 0186-10	Techniques in Strength Training <i>We recommend taking this course through Northwest.</i>
HPER 22-410	Adapted Physical Education (3)	EXSC 0270	Adaptive Physical Education <i>We recommend taking this course through Northwest.</i>
HPER 22-532	Exercise Testng, Prescptn, Analysis of Cardiac Funct. (3)	EXSC 0213	Exercise Testing & Prescription <i>We recommend taking this course through Northwest.</i>
HPER 22-523	<i>Motor Development (3)</i>		<i>Must be taken at Northwest</i>
HPER 22-541	<i>Human Pathophysiology (3)</i>		<i>Must be taken at Northwest</i>
HPER 22-335	<i>Sport & Exercise Nutrition Topics (3)</i>		<i>Must be taken at Northwest</i>
HPER 22-556	<i>Health in Later Years (3)</i>		<i>Must be taken at Northwest</i>
HPER 22-515	<i>Issues in Sport (3)</i>		<i>Must be taken at Northwest</i>