Greetings!

It is hard to believe the holiday season is upon us. The past few months have flown by! The Upward Bound central staff is gearing up for the Spring Saturday Academies and will begin planning for the summer with the start of the New Year.

Interviews for the new Upward Bound members will end soon and acceptance letters will be mailed before winter break. This year, Upward Bound had 50 applicants! This was a huge number which will make it very hard to make a decision due to so many great candidates!

On Saturday, January 12, 2013, Upward Bound will have a New Student/Parent Orientation during our scheduled Parent Day. If you would like to attend Parent Day, please RSVP as soon as possible in order for UB to make plans! This event is done yearly for our families to view what their students are doing as they participate in the monthly Saturday Academies. This is also a great time for the UB central staff to visit with all families and catch up on the successes we have seen with their students and the program as well as update families on any new program information. A schedule and further information about Parent Day has been added to page 2 of this newsletter.

For parents and guardians of seniors, please give a helpful reminder that Upward Bound will still require them to complete three new scholarships by every Saturday Academy. It is our hope that this year’s seniors will receive more scholarship money than previous classes. The more free money the seniors receive for their postsecondary plans, the less they will have to pay out of pocket! Along with a helpful reminder about scholarships to our seniors, all UB students have due dates on their checklist and it is vital for them to meet these deadlines to be a successful UB member. The checklists can be found online through our website and each student has been given a printed copy as well.

As a parent or guardian it seems that the checklists and to-do lists never end. Upward Bound keeps every student updated with what to expect in the coming months, what is coming due and items they should be working on. It is our hope to make it easy on not only the student but on their families. If you or your student has a question, do not hesitate to contact a UB central staff member. We always look forward to talking with our parents and guardians.

We would like to wish you and your family a great Holiday Season and a wonderful New Year. May all of your holiday festivities be filled with joy, laughter and great company. We look forward to seeing you very soon!

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Season’s Greetings from Upward Bound!

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Juniors and Seniors

If your student is currently a junior or senior they should have taken their ACT this year or be registered to take it. There are only a few test dates left to register! Check out the insert for more information.
New Year Brings New Field Tutoring Requirements and a Few Reminders

As we ring in the New Year, Upward Bound will roll out a few reminders and modifications to the field tutoring component of our program. As you all are aware, weekly field tutoring is not only an opportunity to gain assistance with homework but also serves a secondary purpose of maintaining an ongoing, “in school” connection with Upward Bound as we strive to academically engage, encourage and empower our participants.

Currently, our field tutoring component requires all Upward Bound students to attend at least one hour of weekly tutoring at their respective high schools; with supplemental tutoring required for students who are receiving below a C in any course or who fall below a 2.5 GPA on academic progress reports received. When we begin the spring 2013 semester, supplemental tutoring will be required for students who are receiving a C- or below in any course or who fall below a 2.5 GPA. Once put on supplemental tutoring a student remains on supplemental tutoring until a grade of C or higher is received on either an official midterm progress report or quarterly grade card. A slight tweaking of wording that makes a significant difference when it comes to academic expectations and achievement.

Speaking of academic expectations and achievements… we would like to remind the students and their family who currently have a 3.5 GPA or higher that although these students are not required to attend the weekly field tutoring session, they MUST still check-in with their field tutor each week. We have received reports indicating that this isn’t always happening.

If a student missed our last Saturday Academy they can log on to the Upward Bound eCompanion site and watch the video of the panel discussion lead by UB Alums who are now thriving college students. It is very motivating and inspiring to hear their educational journeys and how UB had a roll in their preparation and successful transition to college. All a student needs to access the eCompanion site is their S number and 919. We ask all students to access eCompanion via Northwest’s website on a regular basis for UB related information, assignments and educational resources.

If you or your student have any questions or concerns regarding field tutoring and the updates made, please feel free to contact Kenna Johnson, Academic Coordinator, at 660.562.1647 or kenna@nwmissouri.edu.

It’s beginning to look a lot like… FAFSA!

If your student is a senior this year you will be able to apply for the FAFSA very, very soon! Below are common questions and answers about the FAFSA!

What exactly is the FAFSA? The Free Application for Federal Student Aid (FAFSA) is required to apply for federal student aid, such as federal grants, loans, and work study. It also is used to apply for most state and college aid and some private financial aid.

When can we apply for the FAFSA? Submit the FAFSA on the Web (fafsa.ed.gov) beginning January 1, 2013 for the 2013-2014 school year.

What do we need to apply for the FAFSA? You may need to refer to various forms of identification, such as your Social Security card and driver’s license and financial documents, such as your federal income tax return.

What happens after I submit the application? You will get a Student Aid Report (SAR) by e-mail or by snail mail. The colleges that you listed on your FAFSA will also receive a copy of your information. Your SAR will include your Expected Family Contribution (EFC). Your college uses the EFC to determine the amount of federal grants, loans and work-study you’re eligible to receive. If you application is incomplete your SAR will display any issues that need to be resolved. Make a necessary corrections on the FAFSA website.

What can we do now to prepare? Senior families will need to complete their 2012 taxes as soon as possible in order to make the April 1st deadline. The FAFSA4Caster is an excellent tool to begin the FAFSA process. It gives you a projection of what you may expect for the upcoming year based upon your 2011 tax income information. UB will be holding a Guidance & Grub night in February specifically focused on the FAFSA, look for more information soon!

Information gathered from FAFSA
411” NextStepU & www.fafsa.ed.gov

Your Role in Career Development

As a parent or guardian, your role in supporting your student with his or her career development will grow throughout high school and change in college. In high school, your student is preparing for entry into college. Students are developing awareness of personal, educational, and career goals. In order to assist them in their career goals, you can help your student compile a list of courses or activities they are involved in and which ones are more stimulating to them and which ones are considered “boring” in their eyes. With this list, outline what tasks they enjoyed and make a note why those tasks were more enjoyable. When your student has a clear list, assist them in researching career fields that match their interests.

Career exploration and hands-on experience is critical for your student during high school. UB provides opportunities to job shadow during the summer component; however, doing small job shadows throughout the year is very helpful to gain more knowledge about the vast amount of available careers. Support your student in these hands-on opportunities. There are many businesses around the local area that enjoy seeing students explore their interests and support them by allowing students job shadow in their work environment. Also let UB know if your student needs help contacting these businesses to job shadow through the school year. The program has many great contacts!
2012/2013 ACT test dates

<table>
<thead>
<tr>
<th>Test Date</th>
<th>Registration Deadline</th>
<th>Late Fee Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 8  2012</td>
<td>August 17 2012</td>
<td>August 18—24 2012</td>
</tr>
<tr>
<td>October 27  2012</td>
<td>September 21 2012</td>
<td>Sept. 22—Oct. 5 2012</td>
</tr>
<tr>
<td>December 8  2012</td>
<td>November 2 2012</td>
<td>November 3—16 2012</td>
</tr>
<tr>
<td>February 9 2013 *</td>
<td>January 11 2013</td>
<td>January 12—18 2013</td>
</tr>
<tr>
<td>April 13  2013</td>
<td>March 8 2013</td>
<td>March 9—22 2013</td>
</tr>
<tr>
<td>June 8  2013</td>
<td>May 3 2013</td>
<td>May 4—17 2013</td>
</tr>
</tbody>
</table>

* No test centers are scheduled in New York for the February test date.

**TEST FEES**

- ACT No Writing $35.00
- ACT Plus Writing $50.50

UB Students have two ACT Fee Waivers available to them!

Contact Jackie for the waiver code

Check our website to see if the colleges you are considering require or recommend the ACT Writing Test.

If you cannot afford the test fee, ask your counselor if you are eligible for a fee waiver.

If you miss the late registration deadline for a test date, you can still try to test standby.

Sign up today [www.actstudent.org/start](http://www.actstudent.org/start)
Sign up or log in to your ACT web account
Select your test date and test option (ACT or ACT Plus Writing)
Select your test center
Upload your photo

Send up to four score reports free by listing those colleges when you register.
Scores are normally reported 3–8 weeks after you test (5–8 for the ACT Plus Writing).

CHANGE your registration
For registration, you may change:
- Test date
- Test option
- Test center
- Add or change college reports

REQUEST accommodations
For information about test accommodations for students with disabilities, eligibility, and testing options, visit our website before registering online.

REPAIR with helpful resources
Download or view the Preparing for the ACT booklet
Find information about ACT’s calculator policy
Learn how to order ACT Online Prep™ and The Real ACT Prep Guide

GET READY to take the test
A detailed checklist on our website about what to bring to the test center, what not to bring, and requirements for admission.

RECEIVE your scores
See your score report online according to the schedule posted under the “Scores” link.
You cannot expect to receive your scores from one test date in time to register for the next one.

www.actstudent.org/start
Spring 2013
Saturday Academy Dates

Upward Bound Saturday Sessions take place from 8:30 a.m. to 12:30 p.m. on the third floor of the Administration Building at Northwest Missouri State University.

January 12  Regular Session
(Parent Day and New Student/Parent Orientation)
February 2   Regular Session
(TRiO Day)
March 16     Regular Session
April 20     Regular Session
(College Visit to UCM)

Saturday Academy Bus Schedule

<table>
<thead>
<tr>
<th>School</th>
<th>Pick Up Time</th>
<th>Drop Off Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>King City</td>
<td>7:30 a.m.</td>
<td>2:10 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>Stanberry</td>
<td>7:45 a.m.</td>
<td>1:55 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>Northeast Nodaway</td>
<td>8:05 a.m.</td>
<td>1:35 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>Rock Port</td>
<td>7:30 a.m.</td>
<td>2:20 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>Tarkio</td>
<td>7:45 a.m.</td>
<td>2:05 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>West Nodaway</td>
<td>8:10 a.m.</td>
<td>1:40 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>Arrive NWMSU</td>
<td>8:30 a.m.</td>
<td></td>
<td>Admin. Building</td>
</tr>
<tr>
<td>Leave NWMSU</td>
<td>** 12:45 p.m.</td>
<td></td>
<td>Admin. Building</td>
</tr>
</tbody>
</table>

** Busses typically stop at McDonald’s after session from 12:45-1:15 p.m.

UB Contact Information
Office: (660) 562-1630
Fax: (660) 562-1631
E-mail: upbound@nwmissouri.edu

UB Summer Session 2013
June 2nd - July 5th

Summer Trip 2013
July 8th-12th

Upward Bound will notify students of any cancellations due to potential bad weather the Friday morning before a Saturday Academy via Facebook, Parent Email & School Notification
Supporters of Upward Bound Students

Northwest Missouri State University
800 University Drive
Administration Building, 352
Maryville, MO 64468

Phone: 660-562-1630
Fax: 660-562-1631

E-mail: upbound@nwmissouri.edu

To the Family of:

SPECIAL POINT OF INTEREST:

Stay Connected with UB... Visit the Website
http://www.nwmissouri.edu/dept/upwardbound/index.htm

Helpful links on the website include:
* Forms
* Calendar
* College Planning Resources
* Scholarship Postings
* Archived Newsletters
* Photo Albums
* Contact Information
* Saturday Academy Information
* Alumni Information