Another great school year has begun! The Central Team at Upward Bound is looking forward to creating another memorable year for the UB students full of many opportunities and new knowledge. We are very excited to what is in store for this academic year and we hope you are too!

Recruitment will begin in September and applications will be coming in soon after! If you know of a student who would be a good candidate for Upward Bound please motivate them to apply. They are able to find the application on our webpage under the ‘Forms’ tab.

In this newsletter, we have included a schedule of the Saturday sessions for 2011-2012.

We encourage you to attend a Saturday session whenever you can, but especially want to extend an invitation for **Saturday, October 29th-UB Parent Day!** This is also a day our recruits and their parents will attend to experience what Upward Bound has to offer.

During the UB Parent Day we will have plenty of snacks and coffee for those who can make it! I hope to see you there!

Here’s to another great year and to your continued support of your student’s educational goals. As always, please feel free to contact me or the UB office at anytime. We are always looking for feedback and more ideas to put in the S.U.B.S. newsletter. In all that you do, be Upward Bound!

-Jackie

“Nobody can go back and start a new beginning, but anyone can start today and make a new ending.”

-Maria Robinson

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**ACT Test Dates 2011-2012**

<table>
<thead>
<tr>
<th>Test Date</th>
<th>Registration Deadline</th>
<th>Late Fee Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 10, 2011</td>
<td>November 4, 2011</td>
<td>November 5-18, 2011</td>
</tr>
<tr>
<td>April 14, 2012</td>
<td>March 9, 2012</td>
<td>March 10-23, 2012</td>
</tr>
</tbody>
</table>
2011-2012 Saturday Session Dates

Upward Bound Saturday Sessions take place from 8:30 a.m. to 12:00 p.m. on the third floor of the Administration Building at Northwest Missouri State University.

September 17  College Visit to Park University
October 8    Regular Session/Visitors Welcome
October 29  Regular Session/Visitors Welcome
November 12 Regular Session/Visitors Welcome (UB Parent Day)
December 3  Regular Session
January 14  Regular Session
February 4  Regular Session
February 25 (TRIO Day)
March 10    Regular Session
March 31    Regular Session
April 28    Regular Session

Saturday Session Bus Schedule

<table>
<thead>
<tr>
<th>School</th>
<th>Pick Up Time</th>
<th>Drop Off Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>King City</td>
<td>7:30 a.m.</td>
<td>1:40 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>Stanberry</td>
<td>7:45 a.m.</td>
<td>1:25 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>Northeast Nodaway</td>
<td>8:05 a.m.</td>
<td>1:05 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>Rock Port</td>
<td>7:30 a.m.</td>
<td>1:50 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>Tarkio</td>
<td>7:45 a.m.</td>
<td>1:35 p.m.</td>
<td>High School</td>
</tr>
<tr>
<td>Nodaway-Holt</td>
<td>8:10 a.m.</td>
<td>1:10p.m.</td>
<td>High School</td>
</tr>
</tbody>
</table>

Arrive NWMSU 8:30 a.m.  Leave NWMSU ** 12:15 p.m.

** Busses typically stop at McDonald’s after session from 12:15-12:45 p.m.

Saturday Class Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-8:45</td>
<td>Announcements</td>
</tr>
<tr>
<td>8:45-9:30</td>
<td>Workshops</td>
</tr>
<tr>
<td>9:35-10:20</td>
<td>Class</td>
</tr>
<tr>
<td>10:25-11:10</td>
<td>Tutoring</td>
</tr>
<tr>
<td>11:15-12:00</td>
<td>Class</td>
</tr>
<tr>
<td>12:00</td>
<td>Stipends and Check Out</td>
</tr>
</tbody>
</table>

Special Points of Interest:

Field tutoring for all students begins the week of Monday, September 5th

Fall College Visit 2011: Park University, Parkville, MO

Please email Jackie at jackiec@nwmissouri.edu to update your email address.
What Should My Student Be Doing Now???

**SOPHOMORES:**
- Begin looking at colleges of interest and what degree they may want to pursue.
- Complete the assignments in their portfolios at field tutoring that will help with the college transition process.

**JUNIORS:**
- Register for the ACT now! Enroll in ACT prep and begin practicing for the test. UB has 2 waivers available for each student to use, so you do not need to pay for your student to take the test twice.
- Begin to narrow down your college search by looking at websites and taking a college visit.

**SENIORS:**
- Take the ACT again. Raising their score even 1 point will mean a lot of extra scholarship money.
- Get college applications sent in. UB provides application fee waivers so don’t pay to fill one out! Most deadlines are Dec. 1 so they have time to put together financial aid packages.

411 on Financial Assistance

If your student is a Junior or Senior, you have probably seen a lot of information about loans, scholarships and other financial assistance resources. It is important to understand the different types of financial assistance when planning with your student for their future following high school graduation.

It is never too early to start planning for what type of financial assistance your student will use while earning a college degree. At first, you may feel hesitant to take out loans for your student’s education. In reality, over 75% of students receive government aid in the form of grants or loans. However, if you were ever to take out a loan, a school loan is the best investment one can make. Not only are they very low in interest, but the end result of a college degree will pay back.

Here is information that will be most beneficial as you plan for your student’s future.

**Subsidized Loans:** These loans are based on financial need. This type of loan is the first you will want to use when taking out a loan to pay for college. The government pays all interest on these loans until you begin repaying the loan. Payments don’t need to begin until 6 months after a student graduates or 6 months after the student stops going to school full-time.

**Unsubsidized Loans:** All students are eligible for these loans. Interest starts being paid immediately or it will be capitalized (added to the principal loan balance) and this loan is not based on income or assets.

**FAFSA:** The Free Application for Federal Student Aid is an application that ALL students need to complete if they wish to receive any type of financial assistance from the government. Many schools require all applicants to apply. To apply, there is no cost to fill out the application. If a student and/or family chose not to fill out their FAFSA they will definitely miss out on many opportunities for financial assistance.

If you have any questions about financial assistance, please call our office and let us know!

Guidance and Grub

I am excited to announce that we will host our annual Guidance and Grub session this fall for all parents of Junior and Senior Upward Bound students.

The first session of the year will be on Thursday, October 27th from 6:30-7:30 pm on the 3rd floor of the Administration Building at the Northwest campus. We have a great group of Seniors this year, and it is imperative that we make sure everyone is ready for the transition from High School to College. During this session we will cover the FAFSA and scholarships.

If you have gone through the college process before with another student, we would still greatly appreciate you coming to the session and sharing your experience and suggestions. **Bring your students with you!!** It is critical that they take an active part in the financial aid process as they will be the one’s handling the bills once they graduate!

We are very fortunate to have a representative from the Office of Financial Assistance and Scholarships from Northwest Missouri State University on hand to answer any questions as well as discuss any individual special circumstances you and your family may have.

We hope to have each student represented, so mark your calendars now!!! We will be mailing out reminders and RSVPs next month.

In the meantime, start a discussion with your student as to what your expectations are in terms of paying for college. Many families wait until it is too late, leaving unwanted pressure on both students and their families. It is never too early to start planning. More information and college planning resources can be found on the Upward Bound Website under “College Planning Resources”.

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Supporters of Upward Bound Students

Northwest Missouri State University
800 University Drive
Administration Building, 352
Maryville, MO 64468

Phone: 660-562-1638
Fax: 660-562-1630

E-mail: upbound@nwmissouri.edu

To the Parents(s)/Guardian of:

We’re on the WEB!!!

Stay Connected with UB... Visit the Website
www.nwmissouri.edu/dept/upwardbound

Do you have an email address?
Would you like to start receiving an electronic version of this newsletter? If so, please send us your preferred email address to:
jackiec@nwmissouri.edu.
Feel free to also send any other comments or news!