Welcome to
UB 2012-2013!

It is hard to believe that another school year has begun! The Central Staff at Upward Bound is looking forward to creating a memorable year for the UB students full of many new opportunities. We are very excited to what is in store for this academic year and we hope you are too!

Upward Bound has set the dates for the Saturday Academies as well as other very important annual activities. Recruitment will begin in September and applications will be coming in soon after! If you know of a student who would be a good candidate for Upward Bound please motivate them to apply. They are able to find the application on our webpage under the ‘Forms’ tab beginning in September.

In this newsletter, we have included a schedule of the Saturday Academies for 2012-2013. We encourage you to attend a Saturday Academy whenever you can, but especially want to extend an invitation for Saturday, November 17th-UB Parent Day! This is also a day our recruits and their parents will attend to experience what Upward Bound has to offer. During the UB Parent Day we will have plenty of snacks and coffee for those who can make it! I hope to see you there!

We will start our academic year with a college visit to Drake University in Des Moines, Iowa on Saturday, September 22nd. We look forward to giving all of the UB students the opportunity to see what another college has to offer as well as the difference of attending an out-of-state institution!

Here’s to another great year and to your continued support of your student’s educational goals. As always, please feel free to contact me or the UB office at anytime. We are always looking for feedback and more ideas to put in the S.U.B.S. newsletter. In all that you do, be Upward Bound!

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<thead>
<tr>
<th>Test Date</th>
<th>Registration Deadline</th>
<th>Late Fee Required</th>
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<tbody>
<tr>
<td>September 8, 2012</td>
<td>August 17, 2012</td>
<td>August 18-24, 2012</td>
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<td>December 8, 2012</td>
<td>November 2, 2012</td>
<td>November 3-16, 2012</td>
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<td>June 8, 2013</td>
<td>May 3, 2013</td>
<td>May 4-17, 2013</td>
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### 2012-2013 Saturday Academy Dates

**Special Points of Interest:**

Upward Bound Saturday Academies take place from 8:30 a.m. to 12:00 p.m. on the third floor of the Administration Building at Northwest Missouri State University.

<table>
<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>September 22</td>
<td>College Visit to Drake University</td>
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<tr>
<td>October 20</td>
<td>Regular Session/Visitors Welcome</td>
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<tr>
<td>November 17</td>
<td>Regular Session/Visitors Welcome (UB Parent Day)</td>
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<td>December 1</td>
<td>Regular Session/Visitors Welcome</td>
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<td>January 12</td>
<td>Regular Session</td>
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<td>February 2</td>
<td>Regular Session (Trio Day)</td>
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<td>March 16</td>
<td>Regular Session</td>
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<td>April 20</td>
<td>Regular Session</td>
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### Why Take the ACT?

The ACT is a national college admissions examination that consists of subject area tests in English, math, reading and science. The ACT includes a little over 200 multiple-choice questions and takes under four hours to complete which includes a short break. The ACT test has been created by a not-for-profit organization governed by educators. ACT is committed to providing services at the lowest possible cost. Fortunately, a perk of being an UB member your student is given to ACT fee waiver forms. UB students are able to use the waivers whenever they choose as long as they register for the ACT test before the registration deadline.

Besides having the opportunity to take the ACT twice for free, there are many good reasons for your student to take the ACT during their high school career. Your student has prepared to take the test during their Junior and Senior year by taking the EXPLORE test in Middle School and the PLAN test during their sophomore year.

A huge perk to taking the test is due to it being universally accepted by college admissions and accepted by all 4-year colleges and universities in the U.S. Most colleges and institutions require students applying to their institution to provide an ACT score to even be considered for acceptance.

Besides taking the EXPLORE and PLAN your student has already been preparing to take the ACT! The ACT multiple-choice tests are curriculum based and directly related to what your student has learned in their high school core classes; English, math, science, reading. This allows students to properly begin studying and preparing throughout their daily high school classwork. Even though the test is based on high school curriculum it is important for students who are eager to earn a specific score on the test to take extra time and study for the test, especially in the areas where they need improvement. Another perk to the ACT is that students who earn high scores on the test have big scholarship opportunities!

Another good reason for your student to take the ACT is because it is more than a test. In addition to the actual multiple-choice questions, the ACT provides information for career and educational planning that matches the student’s profile section. Along with the profile, the ACT also looks at the student’s content scores to find strengths. These strengths are then matched with certain career areas.

Throughout your student’s time with Upward Bound the importance of preparing for the ACT is stressed. ACT test prep information may be found at www.actstudent.org/testprep/index.htm. Once you are your student visit this website you will find ACT Online Prep, ACT Prep Guide, practice test questions, test tips and test descriptions.
Upward Bound has created a checklist for your student that will allow them to begin or continue to create their college plan depending on the year they are currently in at their high school. If your student is in the early years of high school or if they are a senior their checklists will allow them to transition their plans to their postsecondary goals.

Your student will receive their checklist at the beginning of the academic year. The checklist items must be completed throughout the year and meet the deadlines that are mentioned within the documents. If you are interested in what your student needs to complete, the forms have been added to the Upward Bound website. Check it out and let us know if you have any questions as you support your student throughout this year!

Below are just a few examples of items your student should be working towards.

**Sophomores:**
- Begin looking at colleges of interest and what degree they may want to pursue.
- Complete the assignments in their portfolios at field tutoring. These will help with the college transition process.

**Juniors:**
- Register for the ACT now! Enroll in ACT prep and begin practicing for the test. UB has 2 waivers available for each student to use, so you do not need to pay for your student to take the test twice.
- Begin to narrow down your college search by looking at websites and taking college visits.

**Seniors:**
- Take the ACT again. Raising their score even 1 point will mean a lot of extra scholarship money.
- Get college applications sent in. UB provides application fee waivers so don’t pay to fill one out! Most deadlines are Dec. 1 so they have time to put together financial aid packages.
- Prepare for the FAFSA early. Students are able to complete the FAFSA beginning January 1st, but knowing what is needed prior will make the process much easier.
- Fill out as many scholarships as possible! Seniors are required to complete a minimum of 10 scholarships for UB. The more money your student is given through scholarships, the less loans and out of pocket cash is needed when paying for their college education.

**What Should My Student Be Doing Now??!!**

**Upward Bound Fall College Visit 2012**

As the school year approaches the time has come for our first Saturday academy of the academic year. On Saturday, September 22, 2012 we will begin our year by taking a college visit to Washburn University. During the college visit the students will have the opportunity to experience Washburn University and what it has to offer its students.

An informational flyer about the college visit day and what your student should expect will be sent to you soon. Inside the flyer there is a permission slip that must be signed by the student and a parent/guardian. This form must be returned to the Upward Bound office by the time your student arrives on Saturday, September 22nd for the college visit. Any student who does not have a completed and signed permission form will not be able to attend the college visit.

This college visit day is considered a regular Saturday academy. Every student is required to attend unless they have an excused absence. An absence report must be filled out if your student is not able to attend by the Friday prior to the visit. This form can be found online through our website.

We plan for the bus to leave at 8:00 am to Washburn University. We ask that all students be on time and ready to go. Unlike a regular Saturday academy the Upward Bound bus schedule does not apply. All students must find their own transportation to and from the Northwest campus. We encourage carpooling and mileage reimbursement forms will be available to fill out.

The Central staff looks forward to seeing all of the students and diving into another great year of Upward Bound. Please let us know if you have any questions by calling the UB office at (660) 562-1630. You may also contact Jackie through email, jackiec@nwmissouri.edu.

**Senior Guidance and Grub**

I am excited to announce that Upward Bound will host a Senior Guidance and Grub on Thursday, September 6th at 6:30pm for all senior students and their parents/guardians.

We have a great group of seniors this year, and it is imperative that we make sure both students and their families are aware and ready for all of the new planning items that go into a successful transition from high school to their postsecondary plans.

During this session we will go over the senior checklist, scholarships, FAFSA, and answer any questions the students and their families may have. It is critical that students and their families take an active role in the planning process and it is our hope to jumpstart this. Besides, it is never too early to start!

A formal invitation will be sent to all senior families very soon, please look for it in the mail! I hope to see all seniors and their families on September 6th!
Supporters of Upward Bound Students

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Maryville, MO 64468

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Fax: 660-562-1630
E-mail: upbound@nwmissouri.edu

To the Parents(s)/Guardian(s) of:

We’re on the WEB!!!

Stay Connected with UB... Visit the Website
www.nwmissouri.edu/dept/upwardbound

Helpful links on the web include:
- Forms
- College Planning Resources
- Scholarship Postings
- Archived Newsletters
- Photo Albums
- Contact Information