



Northwest Missouri State University

Jared Verner
Sports Information Graduate Assistant
Office: (660) 562-1118
Cell: (660) 853-8092
E-mail: s260440@nwmissouri.edu

Track & Field Release

www.northwestbearcats.com

May 14, 2009

NORTHWEST TRAVELS TO NCAA OUTDOOR CHAMPIONSHIPS

Locations: San Angelo, Texas (LeGrand Sports Complex - 3,000)

Coach: Northwest's Scott Lorek (5th year at Northwest, 23rd as a head coach)

Northwest Competition Schedule:

Thursday, May 21

11:30 a.m.	Emily Churchman	Heptathlon
3 p.m.	Kate Walter	Hammer Throw
5:40 p.m.	Anna O'Brien	1,500-meter run prelims
6:10 p.m.	Bridget Kleine	400-meter dash prelims
8:10 p.m.	Audrey Bailey	400-meter hurdles prelims

Friday, May 22

11 a.m.	Emily Churchman	Heptathlon
5 p.m.	Ben McKim	Shot put
7:35 p.m.	Tyler Shaw	110-meter hurdles

Saturday, May 23

5:35 p.m.	Emily Churchman	High jump
6:05 p.m.	Anna O'Brien	1,500-meter run finals
6:32 p.m.	Tyler Shaw	110-meter hurdles finals
6:45 p.m.	Bridget Kleine	400-meter dash finals
8:01 p.m.	Audrey Bailey	400-meter hurdles finals

Women's NCAA Performance List (final performance list/accepted list):

- Audrey Bailey, 400-meter hurdles - 59.98 (2nd/2nd)
- Emily Churchman, high jump - 5-7 (T-15th/T-15th)
- Emily Churchman, long jump - 18-6 1/2 (33rd)
- Emily Churchman, heptathlon - 4,816 points (15th/14th)
- Tierney Eaton, high jump - 5-6 (T-21st)
- Bridget Kleine, 400-meter dash - 56.25 (22nd/18th)
- Anna O'Brien, 1,500-meter run - 4:36.76 (30th/17th)
- Kate Walter, hammer throw - 168-3 (16th/16th)

Men's NCAA Performance List (final performance list/accepted list):

- Sheldon Cook, 200-meter dash - 21.32 (26th)
- Martin Curley, triple jump - 47-5 3/4 (T-39th)
- Ben McKim, shot put - 58-3 (6th/6th)
- Ben McKim, discus - 161-2 (28th)
- Tyler Shaw, 110-meter hurdles - 14.28 (6th/6th)

Men's All-MIAA (Top Three in Events):

Event	Athlete
110M Hurdles	1. Tyler Shaw (14.28)
4x100M Relay	3. Tyler Shaw, Kevin Okonta, Sheldon Cook, John Miles (41.15)
Decathlon	3. Zane Myers (5,964 pts.)

Women's All-MIAA (Top Three in Events):

Event	Athlete
400M Hurdles	1. Audrey Bailey (59.98)
Hammer	2. Kate Walter (160-4)
100M Dash	2. Rachel Lewis (12.51)
Heptathlon	2. Emily Churchman (4,613 pts.)
4x100M Relay	3. Audrey Bailey, Rachel Lewis, Alissa Miller, Bridget Kleine (48.36)



Northwest is sending seven athletes (2 men, 5 women) to the national championships. It's the largest group to advance to the outdoor championships since 2003 and the largest women's group since 1997.

2009 OUTDOOR SCHEDULE

Date	Meet	Location
3/21	Tulsa Duels	Tulsa, Okla.
3/27	Missouri Relays	Columbia, Mo.
3/29-30	Herschel Neil Decathlon / Ashley Nally Heptathlon	Herschel Neil Track
4/4	Jock's Nitch Northwest Open	Herschel Neil Track
4/9-10	Emporia State Open Multi-Events	Emporia, Kan.
4/10	Jim Duncan Invitational	Des Moines, Iowa
4/11	Nebraska Invitational	Lincoln, Neb.
4/15-18	Kansas Relays	Lawrence, Kan.
4/17	Central Missouri Mule Relays	Warrensburg, Mo.
4/22-25	Drake Relays	Des Moines, Iowa
4/24	Kip Janvrin Simpson College Open	Indianola, Iowa
4/26-27	MIAA Multi-Event Championships	Herschel Neil Track
5/2-3	MIAA Championships	Joplin, Mo.
5/7-8	Dr. Keeler Invitational	Naperville, Ill.
5/8-9	Chicago Penultimate Meet	Chicago, Ill.
5/9	Emporia State Twilight Qualifier	Emporia, Kan.
5/21-23	NCAA Championships	San Angelo, Texas

Northwest Missouri State University • Bearcats Athletics
800 University Dr., LAC Press Box • Maryville, MO 64468
(660) 562-1118 • www.northwestbearcats.com

Bearcat Men's Notes

1 Ben McKim is making his second national championship appearance, and first for the outdoor season, in the shot put. McKim finished 10th at the indoor championships and has the nation's sixth-best mark for the outdoor championships

2 McKim is one of seven MIAA athletes in the 16-athlete field for the NCAA championships. The Great Lakes Intercollegiate Athletic Conference is second in number of shot putters with three.

3 Tyler Shaw is one of three freshman who will compete in the preliminaries of the 110-meter hurdles Friday night. Shaw was the national runner-up in the 60-meter hurdles at the indoor championships earlier this year.

4 Shaw holds program records in both the indoor 60-meter hurdles and outdoor 110-meter hurdles. He ran 8.06 seconds at the national indoor championships and won the MIAA outdoor title with 14.28.

5 Northwest is sending multiple athletes to the national outdoor championships for the ninth straight season. The Bearcat men have been represented at the NCAA championships every season since 1998.

6 No Bearcat has earned All-America honors in the hurdle events (either 110 meters or 400 meters). Shaw is the first Bearcat hurdler to compete for All-America honors since Joel Terry in the 110 meters in 2002.

Bearcat Women's Notes

1 Three Bearcats - sophomores Kate Walter and Bridget Kleine and senior Anna O'Brien - are making their first trip to an NCAA championship meet.

2 Emily Churchman is making her first outdoor meet appearance after earning All-America honors in the pentathlon at the 2009 indoor meet. Audrey Bailey is making her second straight trip to the outdoor championships in the 400-meter hurdles.

3 O'Brien was the last athlete selected in the 1,500-meter run after she provisionally qualified for the first time this season at the Dr. Keeler Invitational May 8. She broke her own school record in the meet with 4:36.76.

4 Bailey won her second MIAA 400-meter hurdle title with a program-record 59.98 seconds May 9. She's the first and only Bearcat to run under a minute in the event and enters the championships with the nation's second-fastest time.

5 Churchman will compete in two events in San Angelo, Texas - the heptathlon and high jump - and will be in action all three days of the championships. She will be the first Northwest women's athlete to compete in dual events since Mary Wirt earned All-America honors in both the discus and hammer in 2004.

6 Kate Walter stands third in program records with 168 feet, three inches in the hammer throw from the UCM Mule Relays April 17. She is 16th in the 18-athlete field.

7 Kleine is second in program records in the 400-meter dash with her qualifying time of 56.25 from the Jock's Nitch Northwest Open April 4. She stands behind Venus Harris' time of 53.70, which she used to qualify for the 1987 outdoor championships en route to the program's first All-America title.

2009 Men's Roster

Name	Events	Ht.	Wt.	Class	Hometown / Previous School
Kaleb Brambaugh	Middle Distance	6-1	160	Fr.	Lee's Summit, Mo. / Blue Springs South HS
Ben Chappell	Distance	5-7	130	Jr.	St. Joseph, Mo. / West Valley (Calif.) Coll.
Jason Ciemiega	Hurdles	6-3	190	Jr.	Platte City, Mo. / Maple Woods (Mo.) CC
Sheldon Cook	Sprints	5-10	165	Jr.	Parkville, Mo. / Park Hill South HS
Martin Curley	Jumps	6-2	170	Jr.	Laclede, Mo. / Brookfield HS
Ryan Curtis	Throws	5-11	250	Fr.	Pattonsburg, Mo. / Winston HS
Ryan Darling	Distance	5-9	145	Fr.	Prairieville, La. / The Dunham School
Anthony Davidson	Distance	6-2	160	Sr.	Grant City, Mo. / Worth County HS
Jacob Dupin	Jumps	5-11	165	Jr.	Kansas City, Mo. / Liberty HS
Alan Fagan	Throws	5-10	240	Fr.	Lincoln, Neb. / Lincoln Christian HS
David Franz	Distance	5-9	140	Sr.	Belton, Mo. / Johnson County (Kan. CC
Isaac Freeman	Middle Distance	6-0	155	Fr.	Kansas City, Mo. / Ruskin HS
Ryan Gates	Distance	6-1	145	Jr.	Neosho, Mo. / Neosho HS
Austin Gray	Throws	6-1	250	Fr.	Milan, Mo. / Green City HS
Jimmy Griesbach	Sprints	6-3	160	Jr.	Chillicothe, Mo. / Chillicothe HS
Kevin Hays	Pole Vault	6-0	160	Fr.	Lawrence, Kan. / Truman HS
Trevor Johannsen	Distance	5-10	145	Jr.	Clinton, Mo. / Clinton HS
Chris King	Middle Distance	6-1	160	So.	Redding, Iowa / Mt. Ayr HS
Kyron Kitchen	Decathlon/Hurdles	6-0	165	Fr.	Kansas City, Mo. / Park Hill HS
Zach Layton	Distance	6-1	125	Fr.	Platte City, Mo. / West Platte HS
Martell Love	Sprints	5-9	160	Fr.	Raymore, Mo. / Raymore-Peculiar HS
Waylon Martensen	Distance	6-1	150	Fr.	California, Mo. / California HS
Clay Martin	Distance	6-1	150	So.	Blue Springs, Mo. / Blue Springs HS
Ben McKim	Throws	6-2	260	Jr.	Maryville, Mo. / Maryville HS
John Miles	Sprints	5-11	165	Jr.	Kansas City, Mo. / Park (Mo.)
Shadoe Miller	Throws	5-11	230	Fr.	Lee's Summit, Mo. / Lee's Summit HS
Alex Mullock	Distance	6-0	160	Fr.	Grant City, Mo. / Worth County HS
Kaden Myers	Distance	6-0	145	So.	Sedalia, Mo. / Smith-Cotton HS
Zane Myers	Hurdles/Sprints	6-3	185	So.	Princeton, Mo. / Princeton HS
Kevin Okonta	Sprints	5-11	175	So.	Kansas City, Mo. / Liberty HS
John Petroff	Throws	6-2	270	Fr.	Chesterfield, Mo. / Parkway Central HS
Ron Purnell	Sprints	5-11	145	Sr.	Kansas City, Mo. / Hickman Mills HS
T.R. Pursell	Middle Distance	6-2	150	So.	Peoria, Ill. / Limestone HS
Eric Rickert	Throws	6-4	275	Jr.	Omaha, Neb. / Millard West HS
Derek Roberts	Distance	6-1	160	Fr.	Adel, Iowa / Adel Desoto Minburn HS
Tyler Shaw	Hurdles/Sprints	5-11	165	Fr.	St. Louis, Mo. / Lutheran North HS
Shawn Stamper	Sprints	5-7	140	Fr.	Blair, Neb. / Blair HS
Jordan Tharp	Sprints	6-2	200	Fr.	Cameron, Mo. / Cameron HS
Brentlee Thomas	Jumps	6-0	185	Fr.	Rock Port, Mo. / Rock Port HS
Dan Thompson	Sprints/Jumps	6-1	155	So.	Belton, Mo. / Belton HS
Brandon Tunks	Sprints	5-11	200	Fr.	Cameron, Mo. / Cameron HS
Ike Urum-Eke	Jumps	5-9	180	Jr.	Lee's Summit, Mo. / Lee's Summit HS
Jared Walker	Distance	6-0	155	Fr.	Mt. Pleasant, Iowa / Mt. Pleasant HS
Tom Walsh	Sprints	5-9	170	Fr.	Fort Calhoun, Neb. / Blair HS
Tommy Warren	Sprints	5-11	175	So.	Omaha, Neb. / Omaha North HS
Kyle Williams	Long Jump/Sprints	5-5	150	Fr.	St. Joseph, Mo. / Lafayette HS

2009 Women's Roster

Name	Events	Ht.	Class	Hometown / Previous School
Angela Adams	Distance	5-5	Fr.	North Kansas City, Mo. / North Kansas City HS
Johanna Avilez	Heptathlon/Hurdles	5-8	So.	Mesa, Ariz. / Skyline (Mo.) HS
Audrey Bailey	400M/Hurdles	5-6	Sr.	Lathrop, Mo. / Lathrop HS
Lindsay Biermann	Jumps	5-9	Jr.	Weston, Mo. / North Platte HS
Jane Bowness	Distance	5-3	Jr.	Steelville, Mo. / Steelville HS
Halley Carlson	High Jump	5-9	Sr.	New Virginia, Iowa / Interstate 35 HS
Emily Churchman	Heptathlon/Jumps	5-6	Jr.	Parkville, Mo. / Park Hill South HS
Chekesha Clark	Sprints	5-4	Fr.	Pleasant Hill, Iowa / Des Moines East HS
Tasha Cockrum	Javelin	5-6	Jr.	Kansas City, Mo. / Park Hill HS
Kassie Crawford	Throws	5-5	So.	DeWitt, Neb. / Tri County HS
Megan Davis	Heptathlon/Jumps	5-4	Fr.	California, Mo. / California HS
Jessica DeMoss	Hurdles/Sprints	5-3	Fr.	Knoxville, Iowa / Knoxville HS
Jennifer Dittburner	Distance	5-3	Jr.	Scottsdale, Ariz. / Desert Mountain HS
Tierney Eaton	Jumps	5-9	Sr.	Grant City, Mo. / Worth County HS
Jordan Esry	Distance	5-8	Fr.	Hamilton, Mo. / Penney HS
Virginia Fleer	Distance	5-6	Fr.	Hoskins, Neb. / Windside HS
MacKenzie Gerdes	Pole Vault	5-6	Fr.	Auburn, Neb. / Auburn HS
Kayli Hrdlicka	Distance	5-7	So.	Pella, Iowa / Pella HS
Amy Hugunin	Javelin	5-6	Fr.	Lee's Summit, Mo. / Lee's Summit North HS
Mary Jantz	Distance	5-7	So.	Beatrice, Neb. / Beatrice HS
Courtney Jefferson	Sprints			Kansas City, Mo.
Heidi Johnson	Distance	5-4	Fr.	Clarksville, Mo. / Maysville HS
Jennifer Kiss	Heptathlon/Long Jump	5-7	Sr.	Nobleton, Ontario / Cardinal Carter Catholic HS
Bridget Kleine	Sprints	5-6	So.	Blue Springs, Mo. / Blue Springs HS
Rachel Lewis	Sprints	5-5	So.	Florissant, Mo. / Hazelwood Central HS
Courtney Long	Pole Vault	5-10	Fr.	Kansas City, Mo. / Park Hill HS
Aslynn Loveless	Hurdles	6-0	Fr.	Pleasant Hill, Iowa / Norwalk HS
Madison Marshman	Distance	5-2	So.	Marshall, Mo. / Marshall HS
Megan McElroy	Distance	5-2	So.	Burke, Va. / James W. Robinson HS
Brittany McNeely	Distance	5-4	Fr.	Lawson, Mo. / Lawson HS
Alissa Miller	Hurdles	5-4	So.	Grant City, Mo. / Worth County HS
Natalie Mitchell	Sprints	5-5	Fr.	Omaha, Neb. / Millard West HS
Jessica Nichols	Distance	5-3	So.	Louisiana, Mo. / Louisiana HS
Anna O'Brien	Distance	5-5	Sr.	Easton, Mo. / East Buchanan HS
Kelsey Peters	Distance	5-10	Fr.	Peculiar, Mo. / Raymore-Peculiar HS
Brittany Poole	Distance	5-7	Fr.	Omaha, Neb. / Millard West HS
Carly Reinoehl	Distance	5-2	Sr.	Kansas City, Mo. / Park Hill HS
Melanie Royeton	Pole Vault	5-6	Sr.	Parkville, Mo. / Park Hill HS
Tennille Shearer	Distance	5-4	Jr.	Independence, Mo. / Truman HS
Kelly Snider	Pole Vault	5-3	Fr.	St. Charles, Mo. / Francis Howell Central HS
Katy Thomas	Jumps	5-10	So.	Parkville, Mo. / Park Hill South HS
Megan Tinsley	Distance	5-2	Sr.	Liberty, Mo. / Liberty HS
Kate Walter	Throws	5-5	So.	Independence, Mo. / St. Mary's HS
Nadia Wyatt	Throws	5-1	Fr.	Washington, Mo. / Washington HS

Men's Personal Records

Ben Chappell's Career Personal Records			
5000M Run	Kip Janvrin Open	4/25/08	16:07.69
10000M Run	Kansas Relays	4/16-18/08	33:20.84

Sheldon Cook's Career Personal Records			
Long Jump	MIAA Championships	5/4/08	22-7 3/4
100M Dash	Northwest Open	4/4/09	10.67
200M Dash	Nebraska Invitational	4/11/09	21.32

Martin Curley's Career Personal Records			
Long Jump	Dr. Keeler Invitational	5/8/09	23-2
Triple Jump	UCM Mule Relays	4/17/09	47-5-3/4

Ryan Curtis' Career Personal Records			
Hammer Throw	Northwest Open	4/4/09	121-1
Discus Throw	Nebraska Invitational	4/11/09	124-6
Shot Put	Northwest Open	4/4/09	50-10 1/2

Ryan Darling's Career Personal Records			
800M Run	Kip Janvrin Open	4/24/09	2:02.04
1500M Run	Nebraska Invitational	4/11/09	4:02.94

Anthony Davidson's Career Personal Records			
1500M Run	Pittsburg State Open	3/22/08	4:32.19
5000M Run	UCM Mule Relays	4/17/09	16:20.01
10000M Run	MIAA Championships	5/3/08	33:04.05

Alan Fagan's Career Personal Records			
Hammer Throw	UCM Mule Relays	4/17/09	142-2
Discus Throw	Northwest Open	4/4/09	126-5
Shot Put	Nebraska Invitational	4/17/09	42-8 1/2

David Franz' Career Personal Records			
1500M Run	Pittsburg State Open	3/22/08	4:22.33
5000M Run	UCM Mule Relays	4/17/09	16:17.26
10000M Run	Jim Duncan Invitational	4/11/09	34:16.58

Isaac Freeman's Career Personal Records			
400M Dash	Kip Janvrin Open	4/24/09	54.04
800M Run	Northwest Open	4/4/09	2:09.16

Austin Gray's Career Personal Records			
Shot Put	UCM Mule Relays	4/17/09	43-0 1/2
Discus Throw	UCM Mule Relays	4/17/09	110-3
Hammer Throw	Kip Janvrin Open	4/24/09	161-4

Jimmy Griesbach's Career Personal Records			
200M Dash	Kip Janvrin Open	4/24/09	22.72
400M Dash	MIAA Championships	5/2/09	48.53

Trevor Johannsen's Career Personal Records			
5000M Run	Kansas Relays	4/18/09	15:34.74
10000M Run	Jim Duncan Invitational	4/11/09	32:28.68

Chris King's Career Personal Records			
800M Run	Kip Janvrin Open	4/25/08	2:03.64

Martell Love's Career Personal Records			
Long Jump	Northwest Open	4/4/09	21-6 1/4
Triple Jump	Tulsa Duels	3/19/09	45-8 1/2

Waylon Martensen's Career Personal Records			
800M Run	Tulsa Duels	3/19/09	2:04.97
1500M Run	Nebraska Invitational	4/11/09	4:06.35

Ben McKim's Career Personal Records			
Shot Put	Kansas Relays	4/18/09	58-2 3/4
Discus Throw	ESU Twilight Qualifier	5/9/09	161-2
Hammer Throw	Kip Janvrin Open	4/24/09	173-1

John Miles' Career Personal Records			
100M Dash	Northwest Open	4/7/08	10.48
200M Dash	MIAA Championships	5/4/08	21.52

Ben Chappell's Season Personal Records			
5000M Run	Missouri Relays	3/27/09	16:37.66

Sheldon Cook's Season Personal Records			
Long Jump	Nebraska Invitational	4/11/09	22-5 3/4
100M Dash	Northwest Open	4/4/09	10.67
200M Dash	Nebraska Invitational	4/11/09	21.32

Martin Curley's Season Personal Records			
Long Jump	Dr. Keeler Invitational	5/8/09	23-2
Triple Jump	UCM Mule Relays	4/17/09	47-5-3/4

Ryan Curtis' Season Personal Records			
Hammer Throw	Northwest Open	4/4/09	121-1
Discus Throw	Nebraska Invitational	4/11/09	124-6
Shot Put	Northwest Open	4/4/09	50-10 1/2

Ryan Darling's Season Personal Records			
800M Run	Kip Janvrin Open	4/24/09	2:02.04
1500M Run	Nebraska Invitational	4/11/09	4:02.94

Anthony Davidson's Season Personal Records			
5000M Run	UCM Mule Relays	4/17/09	16:20.01
10000M Run	MIAA Championships	5/3/09	34:17.31

Alan Fagan's Season Personal Records			
Hammer Throw	UCM Mule Relays	4/17/09	142-2
Discus Throw	Northwest Open	4/4/09	126-5
Shot Put	Nebraska Invitational	4/17/09	42-8 1/2

David Franz' Season Personal Records			
1500M Run	Northwest Open	4/4/09	4:25.06
5000M Run	UCM Mule Relays	4/17/09	16:17.26
10000M Run	Jim Duncan Invitational	4/11/09	34:16.58

Isaac Freeman's Season Personal Records			
400M Dash	Kip Janvrin Open	4/24/09	54.04
800M Run	Northwest Open	4/4/09	2:09.16

Austin Gray's Season Personal Records			
Shot Put	UCM Mule Relays	4/17/09	43-0 1/2
Discus Throw	UCM Mule Relays	4/17/09	110-3
Hammer Throw	Kip Janvrin Open	4/24/09	161-4

Jimmy Griesbach's Season Personal Records			
200M Dash	Kip Janvrin Open	4/24/09	22.72
400M Dash	MIAA Championships	5/2/09	48.53

Trevor Johannsen's Season Personal Records			
5000M Run	Kansas Relays	4/18/09	15:34.74
10000M Run	Jim Duncan Invitational	4/11/09	32:28.68

Chris King's Season Personal Records			
800M Run	MIAA Championships	5/2/09	2:03.94

Martell Love's Season Personal Records			
Long Jump	Northwest Open	4/4/09	21-6 1/4
Triple Jump	Tulsa Duels	3/19/09	45-8 1/2

Waylon Martensen's Season Personal Records			
800M Run	Tulsa Duels	3/19/09	2:04.97
1500M Run	Nebraska Invitational	4/11/09	4:06.35

Ben McKim's Career Personal Records			
Shot Put	Kansas Relays	4/18/09	58-2 3/4
Discus Throw	ESU Twilight Qualifier	5/9/09	161-2
Hammer Throw	Kip Janvrin Open	4/24/09	173-1

John Miles' Career Personal Records			
100M Dash	Northwest Open	4/4/09	10.60
200M Dash	Tulsa Duels	3/19/09	22.25

Shadoe Miller's Career Personal Records

Shot Put	Northwest Open	4/4/09	30-9 1/4
Discus Throw	UCM Mule Relays	4/17/09	86-0
Hammer Throw	Northwest Open	4/4/09	97-0
Javelin Throw	UCM Mule Relays	4/17/09	113-2

Kyle Williams' Career Personal Records

800M Run	Nebraska Invitational	4/11/09	1:58.07
----------	-----------------------	---------	---------

Zane Myers' Career Personal Records

High Jump	Herschel Neil Decathlon	3/29/09	5-8 3/4
Pole Vault	MIAA Multi-Events	4/27/09	11-3 1/2
Long Jump	MIAA Multi-Events	4/26/09	21-2 1/4
Shot Put	Herschel Neil Decathlon	3/29/09	39-3 3/4
Discus Throw	MIAA Multi-Events	2/27/09	97-8
Javelin	Northwest Open	4/4/09	132-6
100M Dash	MIAA Multi-Events	4/26/09	11.14
110M Hurdles	MIAA Multi-Events	4/27/09	15.03
400M Dash	MIAA Multi-Events	4/26/09	51.44
400M Hurdles	Northwest Open	4/4/09	55.37
1500M Run	Herschel Neil Decathlon	3/30/09	5:04.58
Decathlon	MIAA Multi-Events	4/26-27/09	5,964

Kevin Okonta's Career Personal Records

100M Dash	Nebraska Invitational	4/11/09	10.87
200M Dash	MIAA Championships	5/2/09	21.56

Ron Purnell's Career Personal Records

400M Dash	MIAA Championships	5/4/08	48.80
-----------	--------------------	--------	-------

Derek Roberts' Career Personal Records

800M Run	Tulsa Duels	3/19/09	2:01.61
1500M Run	Tulsa Duels	3/19/09	4:11.60

Tyler Shaw's Career Personal Records

110M Hurdles	MIAA Championships	5/3/09	14.28
200M Dash	MIAA Championships	5/2/09	22.05

Shawn Stamper's Career Personal Records

200M Dash	Kip Janvrin Open	4/24/09	24.28
400M Dash	UCM Mule Relays	4/17/09	53.38

Jordan Tharp's Career Personal Records

Long Jump	Northwest Open	4/4/09	20-4
-----------	----------------	--------	------

Dan Thompson's Career Personal Records

High Jump	Kip Janvrin Open	4/25/08	5-8
Long Jump	Northwest Open	4/4/09	19-7
200M Dash	Pittsburg State Open	3/22/08	24.17
400M Dash	Kip Janvrin Open	4/25/08	56.26

Jared Walker's Career Personal Records

5000M Run	MIAA Championships	5/3/09	15:42.56
-----------	--------------------	--------	----------

Tom Walsh's Career Personal Records

100M Dash	Kip Janvrin Open	4/24/09	12.47
400M Dash	Kip Janvrin Open	4/24/09	58.32

Tommy Warren's Career Personal Records

200M Dash	Nebraska Invitational	4/11/09	22.12
400M Dash	MIAA Championships	5/2/09	49.07

Kyle Williams' Career Personal Records

Long Jump	UCM Mule Relays	4/17/09	21-2 3/4
100M Dash	Northwest Open	4/4/09	11.22

Shadoe Miller's Season Personal Records

Shot Put	Northwest Open	4/4/09	30-9 1/4
Discus Throw	UCM Mule Relays	4/17/09	86-0
Hammer Throw	Northwest Open	4/4/09	97-0
Javelin Throw	UCM Mule Relays	4/17/09	113-2

Alex Mullock's Season Personal Records

800M Run	Nebraska Invitational	4/11/09	1:58.07
----------	-----------------------	---------	---------

Zane Myers' Season Personal Records

High Jump	Herschel Neil Decathlon	3/29/09	5-8 3/4
Pole Vault	MIAA Multi-Events	4/27/09	11-3 1/2
Long Jump	MIAA Multi-Events	4/26/09	21-2 1/4
Shot Put	Herschel Neil Decathlon	3/29/09	39-3 3/4
Discus Throw	MIAA Multi-Events	2/27/09	97-8
Javelin	Northwest Open	4/4/09	132-6
100M Dash	MIAA Multi-Events	4/26/09	11.14
110M Hurdles	MIAA Multi-Events	4/27/09	15.03
400M Dash	MIAA Multi-Events	4/26/09	51.44
400M Hurdles	Northwest Open	4/4/09	55.37
1500M Run	Herschel Neil Decathlon	3/30/09	5:04.58
Decathlon	MIAA Multi-Events	4/26-27/09	5,964

Kevin Okonta's Season Personal Record

100M Dash	Nebraska Invitational	4/11/09	10.87
200M Dash	MIAA Championships	5/2/09	21.56

Ron Purnell's Season Personal Records

400M Dash	MIAA Championships	5/2/09	50.32
-----------	--------------------	--------	-------

Derek Roberts' Season Personal Records

800M Run	Tulsa Duels	3/19/09	2:01.61
1500M Run	Tulsa Duels	3/19/09	4:11.60

Tyler Shaw's Season Personal Records

110M Hurdles	MIAA Championships	5/3/09	14.28
200M Dash	MIAA Championships	5/2/09	22.05

Shawn Stamper's Season Personal Records

200M Dash	Kip Janvrin Open	4/24/09	24.28
400M Dash	UCM Mule Relays	4/17/09	53.38

Jordan Tharp's Season Personal Records

Long Jump	Northwest Open	4/4/09	20-4
-----------	----------------	--------	------

Dan Thompson's Season Personal Records

Long Jump	Northwest Open	4/4/09	19-7
-----------	----------------	--------	------

Jared Walker's Season Personal Records

5000M Run	MIAA Championships	5/3/09	15:42.56
-----------	--------------------	--------	----------

Tom Walsh's Season Personal Records

100M Dash	Kip Janvrin Open	4/24/09	12.47
400M Dash	Kip Janvrin Open	4/24/09	58.32

Tommy Warren's Season Personal Records

200M Dash	Nebraska Invitational	4/11/09	22.12
400M Dash	MIAA Championships	5/2/09	49.07

Kyle Williams' Season Personal Records

Long Jump	UCM Mule Relays	4/17/09	21-2 3/4
100M Dash	Northwest Open	4/4/09	11.22

Women's Personal Records

Angela Adams' Career Personal Records			
1500M Run	MIAA Championships	5/3/09	5:09.80

Johanna Avilez' Career Personal Records			
High Jump	Tulsa Duels	3/21/09	5-3
Long Jump	Tulsa Duels	3/21/09	17-7 3/4
Shot Put	Ashley Nally Heptathlon	3/30/09	28-6 1/2
Javelin Throw	MIAA Multi-Events	4/30/07	105-7
100M Hurdles	MIAA Championships	5/5/07	14.62
200M Dash	MIAA Multi-Events	4/29/07	26.47
400M Hurdles	MIAA Championships	5/5/07	1:09.16
800M Run	Ashley Nally Heptathlon	4/2/07	2:42.74
Heptathlon	MIAA Multi-Events	4/29-30/07	4,330

Audrey Bailey's Career Personal Records			
400M Hurdles	MIAA Championships	5/3/09	59.98

Lindsay Biermann's Career Personal Records			
High Jump	MIAA Multi-Events	4/26/09	5-2 1/4
Long Jump	UCM Mule Relays	4/17/09	17-2 1/4
Triple Jump	Austin Peay Spring Fling	3/15-17/07	37-10 1/4
Shot Put	MIAA Multi-Events	4/26/09	34-5
Javelin Throw	MIAA Championships	5/3/09	125-7
100M Hurdles	Ashley Nally Heptathlon	4/26/09	15.44
200M Dash	MIAA Multi-Events	4/26/09	28.29
800M Run	MIAA Multi-Events	4/28/08	2:26.71
Heptathlon	MIAA Multi-Events	4/26-27/09	4,346

Jane Bowness' Career Personal Records			
1500M Run	Kip Janvrin Open	4/25/08	5:19.13
3000M Run	Tulsa Duels	3/22/08	11:15.54
5000M Run	Kip Janvrin Open	4/24/09	19:53.64
10000M Run	Jim Duncan Invitational	4/11/09	40:44.85

Halley Carlson's Career Personal Records			
High Jump	MIAA Championships	5/3-4/08	5-5

Emily Churchman's Career Personal Records			
High Jump	Tulsa Duels	3/21/09	5-7
Long Jump	Tulsa Duels	3/21/09	18-6 1/2
Triple Jump	Austin Peay Spring Fling	3/13-15/07	37-10.25
Shot Put	Ashley Nally Heptathlon	4/1/07	34-4.5
Javelin Throw	Chicago Penultimate	5/9/09	94-2
100M Hurdles	MIAA Multi-Events	4/27/09	14.96
200M Dash	Chicago Penultimate	5/8/09	26.63
400M Hurdles	Austin Peay Spring Fling	3/13-15/07	1:07.59
800M Run	Chicago Penultimate	5/9/09	2:24.96
Heptathlon	Chicago Penultimate	5/8-9/09	4,816

Tasha Cockrum's Career Personal Records			
Javelin Throw	UCM Mule Relays	4/17/09	99-9

Jessica DeMoss' Career Personal Records			
100M Dash	UCM Mule Relays	4/17/09	13.82
200M Dash	UCM Mule Relays	4/17/09	13.82

Jennifer Dittburner's Career Personal Records			
1500M Run	Jim Duncan Invitational	4/14/07	5:20.62
3000M Run	Northwest Open	4/7/07	11:42.47
5000M Run	MIAA Championships	4/24/09	19:22.10

Tierney Eaton's Career Personal Records			
High Jump	Northwest Open	4/4/09	5-6
Long Jump	MIAA Championships	5/6-7/06	17-6.25
Shot Put	Ashley Nally Heptathlon	3/29/09	27-8 1/4
Javelin Throw	Ashley Nally Heptathlon	3/30/09	68-3
100M Hurdles	Nebraska Invitational	4/11/09	15.39
200M Dash	Ashley Nally Heptathlon	3/29/09	27.19
800M Run	Ashley Nally Heptathlon	3/30/09	2:58.49
Heptathlon	Ashley Nally Heptathlon	3/29-30/09	3,851

Angela Adams' Season Personal Records			
1500M Run	MIAA Championships	5/3/09	5:09.80

Johanna Avilez' Season Personal Records			
High Jump	Tulsa Duels	3/21/09	5-3
Long Jump	Tulsa Duels	3/21/09	17-7 3/4
Shot Put	Ashley Nally Heptathlon	3/30/09	28-6 1/2
Javelin Throw	Tulsa Duels	3/21/09	96-12
100M Hurdles	Northwest Open	4/4/09	15.15
200M Dash	Ashley Nally Heptathlon	3/30/09	26.95
800M Run	Ashley Nally Heptathlon	3/31/09	2:53.65
Heptathlon	Ashley Nally Heptathlon	3/30-31/09	4,046

Audrey Bailey's Season Personal Records			
400M Hurdles	MIAA Championships	5/3/09	59.98

Lindsay Biermann's Season Personal Records			
High Jump	MIAA Multi-Events	4/26/09	5-2 1/4
Long Jump	UCM Mule Relays	4/17/09	17-2 1/4
Triple Jump	Tulsa Duels	3/21/09	36-1
Shot Put	MIAA Multi-Events	4/26/09	34-5
Javelin Throw	MIAA Championships	5/3/09	125-7
100M Hurdles	Ashley Nally Heptathlon	4/26/09	15.44
200M Dash	MIAA Multi-Events	4/26/09	28.29
800M Run	MIAA Multi-Events	4/27/09	2:30.33
Heptathlon	MIAA Multi-Events	4/26-27/09	4,346

Jane Bowness' Season Personal Records			
5000M Run	Kip Janvrin Open	4/24/09	19:53.64
10000M Run	Jim Duncan Invitational	4/11/09	40:44.85

Halley Carlson's Season Personal Records			
High Jump	UCM Mule Relays	4/17/09	5-3 3/4

Emily Churchman's Season Personal Records			
High Jump	Tulsa Duels	3/21/09	5-7
Long Jump	Tulsa Duels	3/21/09	18-6 1/2
Shot Put	Ashley Nally Heptathlon	3/30/09	33-11 1/2
Javelin Throw	Chicago Penultimate	5/9/09	94-2
100M Hurdles	MIAA Multi-Events	4/27/09	14.96
200M Dash	Chicago Penultimate	5/8/09	26.63
800M Run	Chicago Penultimate	5/9/09	2:24.96
Heptathlon	Chicago Penultimate	5/8-9/09	4,816

Tasha Cockrum's Season Personal Records			
Javelin Throw	UCM Mule Relays	4/17/09	99-9

Jessica DeMoss' Season Personal Records			
100M Dash	UCM Mule Relays	4/17/09	13.82
200M Dash	UCM Mule Relays	4/17/09	13.82

Jennifer Dittburner's Season Personal Records			
5000M Run	MIAA Championships	4/24/09	19:22.10

Tierney Eaton's Season Personal Records			
High Jump	Northwest Open	4/4/09	5-6
Long Jump	MIAA Championships	5/2/09	17-3 1/4
Shot Put	Ashley Nally Heptathlon	3/29/09	27-8 1/4
Javelin Throw	Ashley Nally Heptathlon	3/30/09	68-3
100M Hurdles	Nebraska Invitational	4/11/09	15.39
200M Dash	Ashley Nally Heptathlon	3/29/09	27.19
800M Run	Ashley Nally Heptathlon	3/30/09	2:58.49
Heptathlon	Ashley Nally Heptathlon	3/29-30/09	3,851

Kayli Hrdlicka's Career Personal Records

800M Run	Kip Janvrin Open	4/24/09	2:27.70
1500M Run	MIAA Championships	5/3/09	4:55.19

Amy Hugunin's Career Personal Records

Javelin Throw	Nebraska Invitational	4/11/09	126-3
---------------	-----------------------	---------	-------

Mary Jantz' Career Personal Records

800M Run	Kip Janvrin Open	4/24/09	2:29.09
1500M Run	Northwest Open	4/4/09	5:04.45
3000M Run	Tulsa Duels	3/21/09	10:58.34
5000M Run	Nebraska Invitational	4/11/09	19:05.06

Courtney Jefferson's Career Personal Records

100M Dash	Kip Janvrin Open	4/24/09	14.25
-----------	------------------	---------	-------

Heidi Johnson's Career Personal Records

800M Run	MIAA Championships	5/2/09	2:28.33
----------	--------------------	--------	---------

Bridget Kleine's Career Personal Records

100M Dash	DII Challenge	4/13/08	12.73
200M Dash	Northwest Open	4/4/09	25.69
400M Dash	Nebraska Invitational	4/11/09	56.25

Rachel Lewis' Career Personal Records

100M Dash	Northwest Open	4/7/08	12.39
200M Dash	MIAA Championships	5/4/08	25.44

Aslynn Loveless' Career Personal Records

100M Hurdles	Nebraska Invitational	4/11/09	16.58
--------------	-----------------------	---------	-------

Madison Marshman's Career Personal Records

1500M Run	Kip Janvrin	4/25/08	5:13.78
3000M Run	Tulsa Duels	3/22/08	11:06.99
5000M Run	Kansas Relays	4/18-19/08	19:20.01
10000M Run	MIAA Championships	5/2/09	40:45.02

Megan McElroy's Career Personal Records

5000M Run	UCM Mule Relays	4/17/09	20:44.13
-----------	-----------------	---------	----------

Alissa Miller's Career Personal Records

400M Hurdles	MIAA Championships	5/2/09	1:04.49
800M Run	Kansas Relays	4/18/09	2:25.49

Jessica Nichols' Career Personal Records

800M Run	Northwest Open	4/4/09	2:44.42
1500M Run	MIAA Championships	5/4/08	4:55.40
3000M SC	Northwest Open	4/7/08	12:54.24

Anna O'Brien's Career Personal Records

800M Run	Emporia State Qualifier	5/13/06	2:19.76
1500M Run	Dr. Keeler Invitational	5/8/09	4:36.76
3000M Run	Tulsa Duels	3/22/08	10:14.04
5000M Run	MIAA Championships	5/3/09	17:52.39

Brittany Poole's Career Personal Records

2000M SC	Tulsa Duels	3/21/09	7:50.68
3000M SC	Northwest Open	4/4/09	12:44.06

Melanie Royeton's Career Personal Records

Pole Vault	MIAA Championships	5/2/09	10-6
------------	--------------------	--------	------

Megan Tinsley's Career Personal Records

5000M Run	Kip Janvrin Open	4/28/08	22:03.33
10000M Run	Northwest Open	4/7/07	49:14.92

Kate Walter's Career Personal Records

Shot Put	Nebraska Invitational	4/11/0	38-7
Discus Throw	Nebraska Invitational	4/11/09	125-6
Javelin	Kip Janvrin Open	4/24/09	120-2
Hammer Throw	UCM Mule Relays	4/17/09	168-3

Nadia Wyatt's Career Personal Records

Long Jump	UCM Mule Relays	4/17/09	15-3 1/4
-----------	-----------------	---------	----------

Kayli Hrdlicka's Season Personal Records

800M Run	Kip Janvrin Open	4/24/09	2:27.70
1500M Run	MIAA Championships	5/3/09	4:55.19

Amy Hugunin's Season Personal Records

Javelin Throw	Nebraska Invitational	4/11/09	126-3
---------------	-----------------------	---------	-------

Mary Jantz' Season Personal Records

800M Run	Kip Janvrin Open	4/24/09	2:29.09
1500M Run	Northwest Open	4/4/09	5:04.45
3000M Run	Tulsa Duels	3/21/09	10:58.34
5000M Run	Nebraska Invitational	4/11/09	19:05.06

Courtney Jefferson's Season Personal Records

100M Dash	Kip Janvrin Open	4/24/09	14.25
-----------	------------------	---------	-------

Heidi Johnson's Season Personal Records

800M Run	MIAA Championships	5/2/09	2:28.33
----------	--------------------	--------	---------

Bridget Kleine's Season Personal Records

200M Dash	Northwest Open	4/4/09	25.69
400M Dash	Nebraska Invitational	4/11/09	56.25

Rachel Lewis' Season Personal Records

100M Dash	MIAA Championships	5/3/09	12.51
200M Dash	MIAA Championships	5/2/09	26.30

Aslynn Loveless' Season Personal Records

100M Hurdles	Nebraska Invitational	4/11/09	16.58
--------------	-----------------------	---------	-------

Madison Marshman's Season Personal Records

5000M Run	Missouri Relays	3/27/09	19:36.38
10000M Run	MIAA Championships	5/2/09	40:45.02

Megan McElroy's Season Personal Records

5000M Run	UCM Mule Relays	4/17/09	20:44.13
-----------	-----------------	---------	----------

Alissa Miller's Season Personal Records

400M Hurdles	MIAA Championships	5/2/09	1:04.49
800M Run	Kansas Relays	4/18/09	2:25.49

Jessica Nichols' Season Personal Records

800M Run	Northwest Open	4/4/09	2:44.42
1500M Run	MIAA Championships	5/2/09	5:11.82

Anna O'Brien's Season Personal Records

800M Run	Tulsa Duels	3/21/09	2:25.67
1500M Run	Dr. Keeler Invitational	5/8/09	4:36.76
5000M Run	MIAA Championships	5/3/09	17:52.39

Brittany Poole's Season Personal Records

2000M SC	Tulsa Duels	3/21/09	7:50.68
3000M SC	Northwest Open	4/4/09	12:44.06

Melanie Royeton's Season Personal Records

Pole Vault	MIAA Championships	5/2/09	10-6
------------	--------------------	--------	------

Megan Tinsley's Season Personal Records

5000M Run	UCM Mule Relays	4/17/09	23:14.95
-----------	-----------------	---------	----------

Kate Walter's Season Personal Records

Shot Put	Nebraska Invitational	4/11/0	38-7
Discus Throw	Nebraska Invitational	4/11/09	125-6
Javelin	Kip Janvrin Open	4/24/09	120-2
Hammer Throw	UCM Mule Relays	4/17/09	168-3

Nadia Wyatt's Season Personal Records

Long Jump	UCM Mule Relays	4/17/09	15-3 1/4
-----------	-----------------	---------	----------

Outdoor Season Results

Tulsa Duels

March 19

Men

LONG JUMP

3. Martin Curley: 23-0
 7. Martell Love: 21-2 1/2
 8. Kyle Williams: 21-0 3/4
- ##### TRIPLE JUMP
2. Martin Curley: 46-1 1/2
 3. Martell Love: 45-8 1/2
- ##### SHOT PUT
6. Zane Myers: 35-1 1/4

DISCUS THROW

13. Zane Myers: 88-5
- ##### 100M DASH
2. Sheldon Cook: 10.85
 3. John Miles: 10.89
 8. Kevin Okonta: 11.19
- ##### 110M HURDLES
5. Zane Myers: 16.13
- ##### 200M DASH
2. Sheldon Cook: 21.94
 4. John Miles: 22.25
 9. Tommy Warren: 22.54
- ##### 400M DASH
6. Tommy Warren: 50.18
 12. Jimmy Griesbach: 51.22

400M HURDLES

3. Zane Myers: 57.71
- ##### 800M RUN
9. Derek Roberts: 2:01.61
 10. Ryan Darling: 2:03.63
 13. Waylon Martensen: 2:04.97
- ##### 1500M RUN
15. Ryan Darling: 4:08.95
 17. Waylon Martensen: 4:10.32
 19. Derek Roberts: 4:11.60

Women

HIGH JUMP

3. Emily Churchman: 5-7
 6. Tierney Eaton: 5-5
 7. Johanna Avilez: 5-3
 11. Lindsay Biermann: 5-1
- ##### LONG JUMP
2. Emily Churchman: 18-6 1/2
 5. Johanna Avilez: 17-8
 6. Tierney Eaton: 17-0

TRIPLE JUMP

4. Lindsay Biermann: 36-1 1/4
- ##### SHOT PUT
11. Kate Walter: 36-0 3/4
 17. Emily Churchman: 28-6 1/2
- ##### DISCUS THROW
9. Kate Walter: 119-6
- ##### JAVELIN THROW
5. Kate Walter: 115-10
 8. Amy Hugunin: 109-10
 10. Johanna Avilez: 97-0
 12. Emily Churchman: 87-6
- ##### 100M HURDLES
3. Johanna Avilez: 15.42
 4. Emily Churchman: 15.57
 5. Tierney Eaton: 16.03

200M DASH

7. Bridget Kleine: 26.26
- ##### 400M DASH
4. Bridget Kleine: 58.64
- ##### 400M HURDLES
2. Audrey Bailey: 1:03.17
 4. Alissa Miller: 1:06.23

800M RUN

3. Anna O'Brien: 2:25.67
- ##### 1500M RUN
3. Anna O'Brien: 4:47.48
 12. Kayli Hrdlicka: 5:03.46
- ##### 2000M STEEPLECHASE
3. Brittany Poole: 7:50.68
- ##### 3000M RUN
7. Mary Jantz: 10:58.34
 3. John Miles: 6.88

10th Annual Missouri Relays

March 27

Men

LONG JUMP

16. Martin Curley: 17-6 1/4
- ##### HAMMER THROW
4. Ben McKim: 161-5
 7. Austin Gray: 148-11
- ##### 5000M RUN
39. Ben Chappell
- ##### 10000M RUN
4. Trevor Johannsen: 32:45.27

Women

200M DASH

14. Rachel Lewis: 27.04
 - 5000M RUN
 18. Madison Marshman: 19:36.38
- ##### 10000M RUN
7. Jane Bowness: 42:26.41

Ashley Nally Heptathlon /

Herschel Neil Decathlon

March 29-30

Men

DECATHLON

3. Zane Myers: 5,674 pts.

Women

HEPTATHLON

1. Emily Churchman: 4,612 pts.
4. Tierney Eaton: 4,046 pts.
5. Lindsay Biermann: 3,975 pts.
6. Tierney Eaton: 3,851 pts.

Jock's Nitch Northwest Open

April 4

Men

LONG JUMP

3. Martin Curley: 22-6.25
 6. Martell Love: 21-6.25
 8. Kyle Williams: 21-0
 9. Jordan Tharp: 20-4.25
 10. Dan Thompson: 19-7
- ##### TRIPLE JUMP
3. Martin Curley: 45-5
 5. Martell Love: 44-4.75
- ##### SHOT PUT
1. Ben McKim: 55-3.5
 8. Ryan Curtis: 41-10.5
 11. Alan Fagan: 39-7.75
 13. Shadoe Miller: 30-9.25
- ##### DISCUS THROW
2. Ben McKim: 153-4
 7. Alan Fagan: 126-5
 12. Ryan Curtis: 114-1

JAVELIN

5. Zane Myers: 132-6
- ##### HAMMER THROW
7. Ryan Curtis: 121-1
 9. Austin Gray: 112-0
 12. Shadoe Miller: 97-1

100M DASH

1. John Miles: 10.60
 2. Sheldon Cook: 10.67
 4. Kyle Williams: 11.22
- ##### 110M HURDLES
1. Tyler Shaw: 15.09
 2. Zane Myers: 15.24
- ##### 200M DASH
1. Kevin Okonta: 22.05
 2. John Miles: 22.31
 3. Tyler Shaw: 22.60
- ##### 400M DASH
1. Jimmy Griesbach: 50.23
 2. Tommy Warren: 51.18
 8. Shawn Stamper: 55.16
- ##### 400M HURDLES
1. Zane Myers: 55.37
- ##### 800M RUN
2. Alex Mullock: 1:59.03
 8. Ryan Darling: 2:04.74
 10. Derek Roberts: 2:07.10
 12. Isaac Freeman: 2:09.16
- ##### 1500M RUN
2. Ryan Darling: 4:08.14
 5. Waylon Martensen: 4:20.47
 6. David Franz: 4:25.06
- ##### 5000M RUN
1. Trevor Johannsen: 15:54.38
 4. Jared Walker: 16:22.43
 7. Ben Chappell: 16:38.04
 9. David Franz: 16:48.74
- ##### 10000M RUN
3. Anthony Davidson: 35:37.7h

4x100M RELAY

1. NWMSU: 41.61
- ##### 4x400M RELAY
1. A: 3:29.75
 3. B: 3:45.81
- #### Women

HIGH JUMP

1. Tierney Eaton: 5-6
 - T2. Emily Churchman: 5-5
 - T4. Johanna Avilez: 5-1
- ##### LONG JUMP
1. Emily Churchman: 17-5.25
 4. Tierney Eaton: 17-2.25
 5. Johanna Avilez: 17-1.25

TRIPLE JUMP

4. Lindsay Biermann: 34-11
- ##### DISCUS THROW
5. Kate Walter: 120-10
- ##### JAVELIN
1. Amy Hugunin: 114-1
 3. Kate Walter: 111-6
 4. Lindsay Biermann: 109-6
 5. Johanna Avilez: 94-1
 7. Tasha Cockrum: 85-11
 10. Emily Churchman: 78-1
- ##### HAMMER THROW
1. Kate Walter: 157-1

100M DASH

1. Rachel Lewis: 12.68
- ##### 100M HURDLES
1. Johanna Avilez: 15.15
 2. Emily Churchman: 15.33
 4. Tierney Eaton: 15.94
 8. Lindsay Biermann: 16.81
 9. Aslynn Loveless: 17.03
- ##### 200M DASH
1. Bridget Kleine: 25.69
 3. Rachel Lewis: 27.74

400M DASH

1. Bridget Kleine: 59.96
- ##### 400M HURDLES
2. Audrey Bailey: 1:01.37
 3. Alissa Miller: 1:05.96
- ##### 800M RUN
3. Anna O'Brien: 2:30.83
 4. Kayli Hrdlicka: 2:40.60
 5. Heidi Johnson: 2:40.60
 6. Jessica Nichols: 2:44.42
- ##### 1500M RUN
1. Anna O'Brien: 4:54.73
 5. Mary Jantz: 5:04.45
 6. Kayli Hrdlicka: 5:10.94
 8. Angela Adams: 5:30.66
 9. Jessica Nichols: 5:47.71
- ##### 3000M STEEPLECHASE
2. Brittany Poole: 12:44.06
- ##### 5000M RUN
1. Mary Jantz: 19:26.89
 3. Jennifer Dittburner: 19:45.96
 6. Jane Bowness: 20:02.39
 9. Madison Marshman: 20:20.32
 11. Megan McElroy: 21:19.70
- ##### 4X100M RELAY
1. NWMSU: 49.03

Division II Challenge

April 9-10

Women

HEPTATHLON

2. Emily Churchman: 4,719 pts.
8. Lindsay Biermann: 4,107 pts.

Jim Duncan Invitational

April 10

Men

3. Trevor Johannsen: 32:28.68
 7. David Franz: 34:16.58
 8. Anthony Davidson: 34:29.52
- #### Women

10000M RUN

8. Madison Marshman: 40:41.40
10. Jane Bowness: 40:44.85

Nebraska Invitational

April 11

Men

LONG JUMP

7. Sheldon Cook: 22-5.75
 9. Martin Curley: 21-11
 17. Kyle Williams: 20-0.25
- ##### TRIPLE JUMP
4. Martin Curley: 46-10
- ##### SHOT PUT
4. Ben McKim: 53-4.5
 15. Austin Gray: 42-9.5
 16. Alan Fagan: 42-8.75
- ##### DISCUS THROW
4. Ben McKim: 159-3
 14. Ryan Curtis: 124-6
- ##### HAMMER THROW
13. Ben McKim: 161-2
 16. Austin Gray: 147-4

100M DASH

5. Kevin Okonta: 10.87
 6. Sheldon Cook: 11.13
- ##### 110M HURDLES
7. Tyler Shaw: 14.73

200M DASH
6. Sheldon Cook: 21.32
11. Tommy Warren: 22.12
400M DASH
4. Jimmy Griesbach: 49.22
5. Tommy Warren: 49.29
10. Ron Purnell: 50.32
20. Shawn Stamper: 53.44
800M RUN
14. Alex Mullock: 1:58.07
30. Isaac Freeman: 2:11.80
1500M RUN
8. Ryan Darling: 4:02.94
13. Waylon Martensen: 4:06.35
18. Derek Roberts: 4:12.52
5000M RUN
11. Jared Walker: 16:14.25
Women
HIGH JUMP
4. Tierney Eaton: 5-5
LONG JUMP
7. Tierney Eaton: 17-0.75
SHOT PUT
11. Kate Walter: 38-7
DISCUS THROW
13. Kate Walter: 125-6
JAVELIN
3. Amy Hugunin: 126-5
7. Kate Walter: 104-9
14. Tasha Cockrum: 93-3
HAMMER THROW
6. Kate Walter: 157-4
100M DASH
9. Rachel Lewis: 12.75
110M HURDLES
8. Tierney Eaton: 15.39
12. Aslynn Loveless: 16.58
200M DASH
14. Rachel Lewis: 27.05
400M DASH
2. Bridget Kleine: 56.25
400M HURDLES
1. Audrey Bailey: 1:00.98
7. Alissa Miller: 1:05.26
800M RUN
22. Heidi Johnson: 2:32.13
1500M RUN
7. Anna O'Brien: 4:38.99
13. Kayli Hrdlicka: 5:06.36
17. Jessica Nichols: 5:16.76
5000M RUN
9. Mary Jantz: 19:05.06
10. Jennifer Dittburner: 19:58.35
11. Megan McElroy: 20:50.12
4x100M RELAY
2. Alissa Miller, Bridget Kleine,
Audrey Bailey, Rachel Lewis:
48.22

81st Kansas Relays

April 17-18

Men

LONG JUMP
16. Martin Curley: 21-5.25
SHOT PUT
1. Ben McKim: 58-3
DISCUS THROW
15. Ben McKim: 152-6
100M DASH PRELIMS
16. Sheldon Cook: 10.80
110M HURDLES PRELIMS
17. Zane Myers: 15.35
400M HURDLES PRELIMS
13. Zane Myers: 55.95
800M RUN UNSEEDED
43. Alex Mullock: 2:00.05

1500M RUN UNSEEDED
11. Ryan Darling: 4:06.83
23. Waylon Martensen: 4:12.07
35. Derek Roberts: 4:16.08
5000M RUN
28. Trevor Johannsen: 15:34.74
Women
HIGH JUMP
T8. Tierney Eaton: 5-3
T19. Emily Churchman: 5-1
JAVELIN
10. Amy Hugunin: 123-8
HAMMER THROW
8. Kate Walter: 157-6
100M DASH PRELIMS
29. Rachel Lewis: 12.80
100M HURDLES PRELIMS
11. Emily Churchman: 15:21
400M DASH PRELIMS
8. Bridget Kleine: 56.80
400M DASH FINAL
4. Bridget Kleine: 56.65
400M HURDLES PRELIMS
6. Audrey Bailey: 1:01.25
19. Alissa Miller: 1:07.15
400M HURDLES FINAL
2. Audrey Bailey: 1:00.60
800M RUN UNSEEDED
28. Alissa Miller: 2:25.49
38. Heidi Johnson: 2:30.74
1500M RUN
5. Anna O'Brien: 4:45.30
1500M RUN UNSEEDED
14. Kayli Hrdlicka: 5:03.74
18. Mary Jantz: 5:07.73
20. Jessica Nichols: 5:13.25
22. Angela Adams: 5:17.31
4x100M RELAY
11. Alissa Miller, Bridget Kleine,
Audrey Bailey, Rachel Lewis:
48.87
4x880 YARD RELAY
8. Mary Jantz, Kayli Hrdlicka, Heidi
Johnson, Jessica Nichols:
10:01.84

Central Missouri Mule Relays

April 17

Men

LONG JUMP
10. Kyle Williams: 21-2.75
15. Martell Love: 20-5.75
17. Jordan Tharp: 20-0.25
TRIPLE JUMP
2. Martin Curley: 47-5.75
4. Martell Love: 45-3.5
SHOT PUT
13. Austin Gray: 43-0.5
16. Ryan Curtis: 39-6.5
DISCUS THROW
17. Ryan Curtis: 123-9
22. Alan Fagan: 112-10
24. Austin Gray: 110-3
30. Shadoe Miller: 86-0
JAVELIN
15. Shadoe Miller: 113-2
HAMMER THROW
14. Austin Gray: 151-11
16. Alan Fagan: 142-2
110M HURDLES PRELIMS
1. Tyler Shaw: 14.65
100M HURDLES FINAL
1. Tyler Shaw: 14.59
400M DASH
2. Tommy Warren: 49.23
3. Jimmy Griesbach: 49.32

9. Ron Purnell: 50.98
20. Shawn Stamper: 53.38
800M RUN
24. Chris King: 2:04.51
5000M RUN
5. Jared Walker: 16:07.44
7. David Franz: 16:17.26
8. Anthony Davidson: 16:20.01
Women
HIGH JUMP
1. Halley Carlson: 5-3.75
LONG JUMP
8. Lindsey Biermann: 17-2.25
20. Nadia Wyatt: 15-3.25
TRIPLE JUMP
6. Lindsay Biermann: 35-1.25
SHOT PUT
10. Kate Walter: 36-9.75
DISCUS THROW
7. Kate Walter: 116-6
JAVELIN
5. Kate Walter: 111-5
13. Tasha Cockrum: 99-9
HAMMER THROW
4. Kate Walter: 168-3
100M DASH PRELIMS
18. Jessica DeMoss: 13.82
100M HURDLES PRELIMS
16. Aslynn Loveless: 17.38
200M DASH
15. Jessica DeMoss: 28.49
5000M RUN
8. Megan McElroy: 20:44.13
10. Megan Tinsley: 23:14.95

100th Drake Relays

April 24-25

Men

SHOT PUT
11. Ben McKim: 55-1
110M HURDLES PRELIMS
5. Tyler Shaw: 14.51
110M HURDLES FINAL
8. Tyler Shaw: 14.42
4x100M RELAY PRELIMS
8. John Miles, Kevin Okonta, Tyler
Shaw, Sheldon Cook: 42.03
4x100M RELAY FINAL
5. John Miles, Kevin Okonta, Tyler
Shaw, Sheldon Cook: 41.90
Women
400M HURDLES
13. Audrey Bauley: 1:01.66

Kip Janvrin Simpson College Open

April 24

Men

LONG JUMP
4. Martin Curley: 22-8.5
13. Kyle Williams: 20-5.75
22. Jordan Tharp: 19-6.25
SHOT PUT
30. Alan Fagan: 30-10.25
DISCUS THROW
28. Alan Fagan: 117-9
34. Austin Gray: 105-6
JAVELIN
28. Shadoe Miller: 111-1
HAMMER THROW
5. Ben McKim: 173-1
7. Austin Gray: 161-4
12. Alan Fagan: 138-11
100M DASH
18. Kyle Williams: 11.65
35. Tom Walsh: 12.47

200M DASH
3. Tommy Warren: 22.28
9. Jimmy Griesbach: 22.72
10. Kevin Okonta: 22.74
38. Shawn Stamper: 24.28
400M DASH
33. Shawn Stamper: 53.69
36. Isaac Freeman: 54.04
44. Tom Walsh: 58.32
800M RUN
24. Alex Mullock: 2:00.40
31. Ryan Darling: 2:02.04
43. Chris King: 2:04.89
5000M RUN
13. Jared Walker: 16:02.85
29. David Franz: 16:32.32
30. Anthony Davidson: 16:33.26
4x400M RELAY
1. NWMSU: 3:18.58
Women
HIGH JUMP
T1. Tierney Eaton: 5-5
T7. Halley Carlson: 5-1
LONG JUMP
15. Nadia Wyatt: 15-2.25
SHOT PUT
17. Kate Walter: 33-3.25
DISCUS THROW
9. Kate Walter: 123-4
JAVELIN
3. Kate Walter: 120-2
4. Amy Hugunin: 111-4
10. Tasha Cockrum: 94-0
HAMMER THROW
1. Kate Walter: 164-1
100M DASH
4. Rachel Lewis: 13.19
25. Jessica DeMoss: 14.13
28. Courtney Jefferson: 14.25
100M HURDLES
22. Aslynn Loveless: 18.25
23. Tierney Eaton: 18.31
200M DASH
1. Bridget Kleine: 25.74
2. Rachel Lewis: 26.87
31. Jessica DeMoss: 28.78
400M HURDLES
4. Alissa Miller: 1:06.36
800M RUN
17. Kayli Hrdlicka: 2:27.70
19. Heidi Johnson: 2:28.45
20. Mary Jantz: 2:29.09
1500M RUN
3. Anna O'Brien: 4:49.86
17. Mary Jantz: 5:06.91
29. Jessica Nichols: 5:18.15
32. Angela Adams: 5:25.34
5000M RUN
19. Jennifer Dittburner: 19:42.55
23. Jane Bowness: 19:53.64
31. Madison Marshman: 20:20.88
36. Megan McElroy: 21:14.38
4x400M RELAY
1. NWMSU: 4:03.64

MIAA Multi-Event Championships

April 26-27

Men

3. Zane Myers: 5,964 pts.
Women
3. Emily Churchman: 4,613 pts.
9. Lindsay Biermann: 4,346 pts.

**MIAA Outdoor Championships
May 2-3**

Men

LONG JUMP

8. Sheldon Cook: 22-4.25
14. Martin Curley: 21-5.25
15. Kyle Williams: 20-9.75

TRIPLE JUMP

7. Martin Curley: 46-6
15. Martell Love: 41-10.5

SHOT PUT

4. Ben McKim: 56-2

DISCUS THROW

5. Ben McKim: 149-2

HAMMER THROW

7. Ben McKim: 163-9

17. Alan Fagan: 131-11

100M DASH PRELIMS

4. Sheldon Cook: 10.92

5. John Miles: 10.95

8. Kevin Okonta: 11.00

100M DASH FINAL

6. Sheldon Cook: 10.85

7. John Miles: 10.91

8. Kevin Okonta: 10.93

110M HURDLES PRELIMS

3. Tyler Shaw: 14.75

7. Zane Myers: 15.56

110M HURDLES FINAL

1. Tyler Shaw: 14.28

5. Zane Myers: 15.12

200M DASH PRELIMS

4. Kevin Okonta: 21.56

5. Sheldon Cook: 21.57

11. Tyler Shaw: 22.05

14. John Miles: 24.53

200M DASH FINAL

5. Kevin Okonta: 21.74

8. Sheldon Cook: 22.64

400M DASH PRELIMS

4. Jimmy Griesbach: 48.53

9. Tommy Warren: 49.07

16. Ron Purnell: 50.32

400M DASH FINAL

5. Jimmy Griesbach: 49.37

400M HURDLES PRELIMS

6. Zane Myers: 56.57

400M HURDLES FINAL

6. Zane Myers: 55.79

800M RUN PRELIMS

15. Alex Mullock: 1:59.24

19. Derek Roberts: 2:03.65

20. Chris King: 2:03.94

23. Isaac Freeman: 2:12.49

1500M RUN

8. Ryan Darling: 4:05.66

12. Waylon Martensen: 4:10.57

5000M RUN

13. Jared Walker: 15:42.56

20. David Franz: 16:30.08

10000M RUN

15. Trevor Johannsen: 33:40.14

18. Anthony Davidson: 34:17.31

4x100M RELAY

3. NWMSU: 41.15

4x400M RELAY

4. NWMSU: 3:19.98

Women

HIGH JUMP

T5. Tierney Eaton: 5-1

T5. Emily Churchman: 5-1

POLE VAULT

T9. Melanie Royeton: 10-6

LONG JUMP

4. Emily Churchman: 18-3

11. Tierney Eaton: 17-3.25

14. Lindsay Biermann: 17-0

19. Johanna Avilez: 16-7.25

TRIPLE JUMP

14. Lindsay Biermann: 34-7.5

SHOT PUT

18. Kate Walter: 36-4.25

DISCUS THROW

6. Kate Walter: 123-3

JAVELIN

5. Lindsay Biermann: 125-7

7. Amy Hugunin: 119-6

12. Kate Walter: 103-7

15. Tasha Cockrum: 88-10

HAMMER THROW

2. Kate Walter: 160-4

100M DASH PRELIMS

7. Rachel Lews: 12.77

100M DASH FINAL

2. Rachel Lewis: 12.51

100M HURDLES PRELIMS

6. Emily Churchman: 15.35

9. Johanna Avilez: 15.50

10. Tierney Eaton: 15.51

19. Aslynn Loveless: 17.01

100M HURDLES FINAL

5. Emily Churchman: 15.08

200M DASH PRELIMS

11. Bridget Kleine: 25.89

13. Rachel Lewis: 26.30

400M DASH PRELIMS

4. Bridget Kleine: 57.50

400M DASH FINAL

4. Bridget Kleine: 57.32

400M HURDLES PRELIMS

1. Audrey Bailey: 1:01.46

5. Alissa Miller: 1:04.49

400M HURDLES FINAL

1. Audrey Bailey: 59.98

7. Alissa Miller: 1:06.40

800M RUN PRELIMS

17. Heidi Johnson: 2:28.33

1500M RUN

7. Anna O'Brien: 4:47.52

11. Kayli Hrdlicka: 4:55.19

16. Angela Adams: 5:09.80

18. Jessica Nichols: 5:11.82

5000M RUN

5. Anna O'Brien: 17:52.39

13. Mary Jantz: 19:07.58

15. Jennifer Dittburner: 19:22.10

10000M RUN

12. Madison Marshman: 40:45.02

14. Jane Bowness: 42:17.40

4x100M RELAY

3. NWMSU: 48.36

4x400M RELAY

5. NWMSU: 3:57.82

Dr. Keeler Invitational

May 8

Men

LONG JUMP

3. Martin Curley: 23-2

TRIPLE JUMP

4. Martin Curley: 46-3.25

Women

400M DASH

3. Bridget Kleine: 56.73

1500M RUN

5. Anna O'Brien: 4:36.76

**Chicago Penultimate Meet
May 8-9**

Men

LONG JUMP

2. Martin Curley: 22-1.75

TRIPLE JUMP

3. Martin Curley: 45-11.25

Women

400M DASH

1. Bridget Kleine: 57.27

400M HURDLES

1. Audrey Bailey: 1:02.04

1500M RUN

2. Anna O'Brien: 4:41.40

HEPTATHLON

1. Emily Churchman: 4,816 pts.

Emporia State Twilight Qualifier

May 9

Men

SHOT PUT

5. Ben McKim: 53-0.25

15. Austin Gray: 41-7.25

DISCUS

2. Ben McKim: 161-2

HAMMER THROW

8. Ben McKim: 169-4

110M HURDLES

3. Tyler Shaw: 14.74

200M DASH PRELIMS

5. Sheldon Cook: 21.81

4X100M RELAY

3. NWMSU: 41.06

Women

HIGH JUMP

T2. Tierney Eaton: 5-3.25

HAMMER THROW

4. Kate Walter: 165-8