



2006 Bearcat Track & Field



Track and Field Contact - Jared Verner • s260440@nwmissouri.edu • 660.562.1118

2006 Track and Field Schedule Schedule

Date	Meet	Location	Result
INDOOR SEASON			
D9	Iowa State Holiday Open	Ames, Iowa	Individual
J13-14	Holiday Inn Invitational	Lincoln, Neb.	Individual
J27-28	Iowa State Open	Ames, Iowa	Individual
F10-11	Mule Relays	Warrensburg, Mo.	Individual
F17	Prairie Wolf Invitational	Lincoln, Neb.	Individual
F24-25	MIAA Championships	Joplin, Mo.	M-2nd/W-6th
M9-11	NCAA Championships	Boston, Mass.	M-21st
OUTDOOR SEASON			
M16	Pittsburg State Open (M)	Pittsburg, Kan.	Individual
M16-19	Alabama Relays (W)	Tuscaloosa, Ala.	8th
M26-27	Northwest Multis	Maryville, Mo.	Individual
A1	Northwest Invitational	Maryville, Mo.	M-2nd/W-4th
A7-8	Concordia Invitational	Concordia, Neb.	Individual
A13-14	Emporia Multi-Events	Emporia, Kan.	Individual
A15	Nebraska Invitational	Lincoln, Neb.	Individual
A20-22	Kansas Relays	Lawrence, Kan.	Individual
A21	Mule Relays (M)	Warrensburg, Mo.	Individual
A27-29	Drake Relays	Des Moines, Iowa	Individual
A28	Simpson Invitational	Indianola, Iowa	Individual
A30-M1	MIAA Multi-Events	Warrensburg, Mo.	Individual
M6-7	MIAA Championships	Emporia, Kan.	M-3rd/W-6th
M10	MSSU Last Chance Meet	Joplin, Mo.	Individual
M13	Emporia Twilight Qualifier	Emporia, Kan.	Individual
M25-27	NCAA Championships	Emporia, Kan.	M-32nd

Quick Facts

Name of School:Northwest Missouri State University
City/Zip: Maryville, MO 64468
Population: approx. 10,000
Founded:1905
Enrollment:6,350
Nickname: Bearcats
Colors: Forest Green and White
Affiliation: NCAA Division II
Conference:Mid-America Intercollegiate Athletics Association
..... (MIAA)
President:Dr. Dean L. Hubbard
Director of Athletics:Dr. Bob Boerigter
Office Manager: Michele Steinmeyer
Head Athletic Trainer:David "D.C." Colt
Athletic Phone: 660-562-1713
Athletics Fax: 660-562-1493
Tickets Phone: 660-562-1212
Website: www.NorthwestBearcats.com
Home Track: Herschel Neil Track
Men's Head Coach:Richard Alsup
Years at School:29
Men's Track Phone: 660-562-1327
Men's MIAA Championships: 3 total
Women's Head Coach:Scott Lorek
Years at School:2
Women's Track Phone: 660-562-1303
Women's MIAA Championships: 2 total

Athletic Media Relations

Director:Chad Waller
Waller's e-mail:cwall@nwmissouri.edu
SID Office Phone: 660-562-1118
Home Phone:218-766-0159
Cell Phone: 660-562-8868
Track and Field Contact: Jared Verner
Verner's e-mail:s260440@nwmissouri.edu
SID Fax: 660-562-1582
SID Mailing Address:Lamkin Activity Center
.....800 University Drive
..... Maryville, MO, 64468
Overnight Address:Same

Men Set Four School Records; Record Best MIAA Indoor Finish Since 2002

With the 2006 campaign in the books, the Northwest Missouri State men track and field team finished the year with their best indoor Mid-America Intercollegiate Athletics Association (MIAA) meet finish since 2002, a 12th place season-ending ranking in Division II Outdoor Power Rankings, and two broken school records in both the indoor and outdoor season.

At the MIAA Indoor Championships on Feb. 24-25, the men recorded a second-place finish, their best showing since 2002, and won five events, the most since Northwest took six in 1983. Junior **Eric Isley** entered MIAA record books with the championship meet's fastest 800-meter runtime of 1:52.48.

Four athletes from the men's team traveled to Boston, Mass., for the NCAA Division II Indoor Championships, with senior junior **E. J. Falkner** picking up his third and fourth All-America honors Falkner placed fifth in the 400-meter dash and sixth in the 200-meter dash, breaking Northwest school records in each event.

In the MIAA outdoor meet on May 6-7, the Bearcats won three events and placed third as a team, their highest finish in three years. Isley captured his first MIAA champion title in the outdoor 800-meter run, defeating runner-up by nearly three seconds in a personal-record 1:51.42 run. Senior **Bayo Adio** moved closer to the seven-foot mark in the high jump, recording 6' 11 3/4" to take the MIAA high jump title, and the Bearcats finished 1-2 in the triple jump, with senior **Diezeas Calbert** winning his third triple jump event this season, and freshman **Daniel Urum-Ike** jumping to a season-high 48' 9" runner-up performance.

Five athletes from the men's team qualified for the NCAA Outdoor Championships, receiving three All-America titles, all in sixth-place finishes. Isley finished sixth in the 800-meter run with 1:56.44. Calbert placed sixth in the triple jump, after recording his third mark over 50 feet. Senior **Travis MacKenzie** broke the school hammer throw record for the second time in the season, measuring 185' 0" for a sixth-place finish.

Head Coach Richard Alsup

Completing his 22nd year as the head track and field coach at Northwest, head coach Richard Alsup, received MIAA Co-Coach of the Year honors from the 2006 indoor season, his fifth overall. Alsup led the Bearcats to their best performance in the indoor season since 2002, finishing second to Central Missouri State. Alsup also coached four athletes who combined to win five All-America titles during the indoor and outdoor seasons.

Bayo Adio - Junior - High Jump - Oakland, Calif.

MIAA High Jump Champion in indoor and outdoor seasons ... Finished 10th at NCAA Indoor Championships ... During the indoor season, recorded four top-three finishes, and never finished lower than third in seven outdoor meets ... First MIAA indoor high jump champion since 1995 (Mitch Dosland, 6' 11") .. Set personal record 6' 11 3/4" in outdoor high jump at MIAA Championships on May 6-7.

Anthony Armstrong - Freshman - Sprints/Jumps - Bellevue, Neb.

Placed highest and ran fastest time at the Northwest Invitational in the outdoor 400-meter dash, placing ninth with a time of 51.63 ... Participated in the triple jump in three outdoor meets, setting his season-high of 40' 10 1/2" at the Concordia University Invitational ... In the indoor season, placed first for Northwest three times (twice in 400-meter, once in 600-meter).

Travis Brownley - Senior - Throws - Carrollton, Mo.

Finished ninth in the shot put at the MIAA Indoor Championships ... Placed first for Northwest and fourth overall with a 50' 2" mark in the shot put in the MIAA outdoor meet ... Set an indoor personal record 48' 2 3/4" in the shot put at the CMSU Mule Relays on Feb. 11, finishing ninth ... Placed in the top-10 three times in the shot put during the 2006 outdoor season.

John Bullock - Sophomore - Sprints/Hurdles - Lauderdale Lake, Fla.

Named to Academic All-MIAA Team for outdoor track and field ... Placed fifth in the 400-meter hurdles at the MIAA Outdoor Championships on May 6-7 ... Fin-



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2006 MIAA Indoor Team Results

MEN'S RESULTS

1. Central Missouri State.....	156
2. Northwest Missouri State.....	99
3. Emporia State.....	84
4. Missouri Southern.....	75
5. Pittsburg State.....	64
6. Truman State.....	32
7. Southwest Baptist.....	17

WOMEN'S RESULTS

1. Central Missouri State.....	157
2. Pittsburg State.....	112
3. Emporia State.....	90
4. Missouri Southern.....	88
5. Truman State.....	41
6. Northwest Missouri State.....	23
7. Southwest Baptist.....	16

2006 MIAA Outdoor Team Results

MEN'S RESULTS

1. Central Missouri State.....	203
2. Pittsburg State.....	136
3. Northwest Missouri State.....	103
4. Emporia State.....	93
5. Missouri Southern State.....	66
6. Truman State.....	39
7. Southwest Baptist.....	11

WOMEN'S RESULTS

1. Central Missouri State.....	204.5
2. Pittsburg State.....	177
3. Emporia State.....	101
4. Truman State.....	86
5. Missouri Southern State.....	64.5
6. Northwest Missouri State.....	29
7. Southwest Baptist.....	20

2006 Northwest Records Broken

MEN - INDOOR

- 400M Dash: E.J. Falkner
48.19 - NCAA Championships
- 200M Dash : E.J. Falkner
21.44 - NCAA Championships

WOMEN - INDOOR

- 60M Hurdles: Johanna Avilez
9.29 - MIAA Championships
- Distance Medley: Anna O'Brien, Stacie Trulin, Dia McKee, Heather Brokaw
12:44.21 - MIAA Championships

MEN - OUTDOOR

- Triple Jump: Diezeas Calbert
50' 4 3/4" - Kansas Relays
- Hammer Throw: Travis MacKenzie
184' 6" - Nebraska Invitational

WOMEN - OUTDOOR

- 3,000M Steeplechase: Dia McKee
11:53.35 -MIAA Championships

ished in the top-three of the 400-meter hurdles four times, winning the event once at the Pittsburg State Open (March 16) ... Set an indoor personal record in the 400-meter dash with 51.54 at the Prairie Wolf Invitational on Feb. 17 ... Named to MIAA Commissioner's Academic Honor Roll.

Diezeas Calbert - Senior - Jumps/Sprints - Omaha, Neb.

Competed in outdoor season only ... Earned NCAA All-America status with sixth-place finish in triple jump at NCAA Outdoor Championships ... MIAA champion in triple jump (50' 1/2") ... Holds the school record with a 50' 4 3/4" jump at the Kansas Relays on April 20-22 ... Won the event three times this season and recorded three marks over 50 feet.

Brent Clifton - Sophomore - Jumps/Sprints- Tarkio, Mo.

Matched personal record in outdoor high jump of 6' 3/4" in a fifth-place finish at the Northwest Invitational on April 1 ... Competed in javelin throw once, recording a 105' 4" mark at the Kip Janvrin Simpson College Open ... Jumped 6' 0" in the indoor high jump to place 11th at the MIAA Championships ... One of 11 Bearcats to be placed on MIAA Commissioner's Academic Honor Roll.

Sheldon Cook - Freshman - Sprints - Parkville, Mo.

Won the outdoor 100-meter dash at the Concordia University on April 7-8, clocking 10.99 ... Finished in the top-five of the outdoor 100-meter dash four times ... Recorded best time of 10.82 in 100-meter dash MIAA Outdoor Championships, finishing fifth ... Placed second in the long jump at the MIAA Indoor Championships on Feb. 25-26.

Bradley Cox - Freshman - Sprints/Jumps - Plattsburg, Mo.

Did not finish below eighth in the outdoor pole vault ... Posted best mark in pole vault of 14' 7 1/2" at MIAA Outdoor Championships ... Participated twice in the indoor pole vault, setting a season-high 13' 0" at Prairie Wolf Invitational on Feb. 17.

Martin Curley - Freshman - Jumps - Laclede, Mo.

Recorded a 21' 11 1/2" mark in a fourth-place finish in the outdoor long jump at the CMSU Relays on April 21 ... Ranks second on team indoor performance lists, with 21' 5 1/4" at Iowa State Open on Jan. 27-28.

Brandon Dart - Sophomore - Distance - Fremont, Neb.

Named to MIAA Commissioner's Academic Honor Roll and Academic All-MIAA Team ... Finished third in the 5,000-meter run at the MIAA Outdoor Championships, setting a personal record 15:15.18 ... Member of distance medley team that placed 20th at the Drake Relays ... Placed in the top-three whenever running the 5,000-meter run ... Set an indoor personal record in the 3,000-meter run, clocking 9:00.87 at the Iowa State Holiday Classic.

Anthony Davidson - Sophomore - Distance - Grant City, Mo.

Set personal record in outdoor 5,000-meter run with 10th-place finish in 16:51.09 at Nebraska Invitational on April 15 ... Ran the 1,500-meter and 3,000-meter run once during the outdoor season ... Competed in 3,000-meter run twice during indoor season, posting a season-best 9:50.57 at Iowa State Open.

E. J. Falkner - Junior - Sprints - Omaha, Neb.

Set school records in indoor 400-meter and 200-meter dash ... Earned third and fourth indoor All-American titles ... Back-to-back MIAA Champion in 400-meter dash ... Finished second in the 200-meter dash at MIAA Indoor Championships ... Finished fifth in 400-meter dash at NCAA Championships, running a school record 48.19 ... Placed sixth in 200-meter dash at NCAA indoor meet, setting Northwest record in preliminaries with 21.44.

Dallas Flynn - Red-shirt Junior - Throws - Blaire, Neb.

Red-shirted the 2006 indoor and outdoor seasons.



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Asrat Geleta - Freshman - Distance - Waco, Texas

Placed first for Northwest in the indoor 800-meter run at the CMSU Mule Relays on Feb. 11 ... Finished 36th in the 600-yard run at the Iowa State Open on Jan. 27-28, clocking 1:18.66 ... Placed 21st in the 3,000-meter steeplechase at Kip Janvrin Simpson College Open.

Curt Gilpin - Sophomore - Sprints/Jumps - Chester, Ill.

Finished first for the Bearcats in the outdoor 200-meter dash at the Northwest Invitational on April 1 ... Ran an outdoor season-high 23.25 in 200-meter dash at Pittsburg State Open ... Ran the 200-meter and 400-meter dash once during indoor season.

Keelen Green - Freshman - Sprints - Sulphur Springs, Texas

Placed second and third in 60-meter and 200-meter dashes, respectively, at the MIAA Indoor Championships ... Won the 60-meter dash at Prairie Wolf Invitational on Feb. 17 ... Member of outdoor 4x100-meter relay team that finished first at Northwest Invitational, clocking 41.71 ... Placed 23rd in 100-meter dash with 14.22 at Northwest Invite on April 1.

E. J. Hawkins - Freshman - Sprints/Jumps - Elgin, Texas

Recorded 21' 2 1/2" to finish 12th in the long jump at the MIAA Outdoor Championships ... Member of 1,600-meter sprint medley team that finished 11th at Kansas Relays on April 20-22 ... Part of outdoor 4x100-meter relay team that won at the Northwest Invitational.

Auston Huerta - Freshman - Distance - Mesa, Ariz.

Ran in the top-10 twice in 10,000-meter run ... Placed seventh in 5,000-meter run at Nebraska Invitational on April 15 ... Finished first for the Bearcats in 3,000-meter run at MIAA Indoor Championships, placing 12th with 9:08.11 ... Recorded season-high 9:02.59 in indoor 3,000-meter run at Prairie Wolf Invitational.

Courtland Ingram - Sophomore - Hurdles/Jumps - Hannibal, Mo.

Named to MIAA Commissioner's Academic Honor Roll and Academic All-MIAA squad ... Finished second in decathlon at MIAA Multi-Event Championships with personal record 6,508 points ... Placed eighth in javelin throw at MIAA Outdoor Championships with a personal record 167' 4" mark ... Placed seventh in pole vault at MIAA Indoor Championships with a personal mark 14' 7 1/2".

Eric Isley - Junior - Middle Distance - Pleasantville, Iowa

All-American in 800-meter run, placing sixth with 1:56.44 at NCAA Outdoor Championships ... MIAA Champion in the indoor and outdoor 800-meter run ... Placed 13th in the preliminaries of the 800-meter run at NCAA Indoor Championships on March 11-13 ... MIAA Commissioner's Academic Honor Roll ... Academic All-MIAA honoree ... Member of 1,600-meter sprint medley team that placed ninth at the Drake Relays ... Placed in the top-five four times in the outdoor 800-meter run and won the event three times in the indoor season.

Anthony Jackson - Senior - Jumps/Sprints - Des Moines, Iowa

Set personal record in the sixth-place finish in long jump at Northwest Invitational on April 1, measuring 21' 4 3/4" ... Placed eighth in outdoor 200-meter dash at Pittsburg State Open with personal record 22.97 ... Finished eighth in long jump at MIAA Indoor Championships ... Finished second for Northwest in the indoor 200-meter dash twice.

Jeff Kanger - Sophomore - Middle Distance - Omaha, Neb.

MIAA Academic Commissioner's Academic Honor Roll ... Named to Academic All-MIAA team in outdoor track and field ... Finished fourth in 800-meter run at MIAA Outdoor Championships with personal record 1:54.96 ... Ran in 4x800-meter relay and 1,600-meter sprint medley teams that finished 16th and ninth, respectively, at Drake Relays ... Finished first for Northwest in the indoor mile run

MIAA Indoor Athletes of the Week

Week 1 - Jan. 16

MT: Eric Wellman - ESU
MF: Matt Campbell - MSSU
WT: Jonel Rossbach - ESU
WF: Shannon Butler - ESU

Week 2 - Jan. 23

MT: Imani Butler - CMSU
MF: Kyle Rutledge - MSSU
WT: Lori Pitz - CMSU
WF: Jessica Selby - MSSU

Week 3 - Jan. 30

MT: Imani Butler - CMSU
MF: Steven Edwards - CMSU
WT: Kristin Anderson - CMSU
WF: Ashley Colon - TSU

Week 4 - Feb. 6

MT: Marcus Welston - MSSU
MF: Steven Edwards - CMSU
WT: Vanessa Lee - PSU
WF: Iashia Castle - MSSU

Week 5 - Feb. 13

MT: Jarod Wall - CMSU
MF: Maat Campbell - MSSU
WT: Kristin Anderson - CMSU
WF: Lisa Douglass - PSU

Week 6 - Feb. 20

MT: Bruce Williams - CMSU
MF: Matthew Pappas - PSU
WT: Alisha Samuel - NWMSU
WF: Ashley Colon - TSU

Week 7 - Feb. 26

MTF: Eric Wellman - ESU
WTF: Kristin Anderson - CMSU
WTF: Shannon Butler - ESU

MIAA Outdoor Athletes of the Week

Week 1 - March 21

MT: Ryan McPeak - MSSU
MF: Matthew Pappas - PSU
WT: Lori Pitz - CMSU
WF: Jessica Selby - MSSU

Week 2 - March 28

MT: Adam Howell - TSU
MF: Dan Raithel - CMSU
WT: Jacquie Faust - TSU
WF: Bridgette Carpenter - TSU

Week 3 - April 4

MT: Sean Bergstedt - TSU
MF: Steven Edwards - CMSU
WT: Jacquie Faust - TSU
WF: Jessica Selby - MSSU

Week 4 - April 11

MT: Bruce Williams - CMSU
MF: Dan Raithel - CMSU
WT: Shannon Butler - ESU
WF: Jessica Selby - MSSU

Week 5 - April 18

MT: Jarod Wall - CMSU
MF: Matt Campbell - MSSU
WT: Vanessa Lee - PSU
WF: Becky Haug - CMSU

Week 6 - April 25

MT: Sean Bergstedt - TSU
MF: Dan Raithel - CMSU
WT: Vanessa Lee - PSU
WF: Becky Haug - CMSU

Week 7 - May 2

MT: Sean Bergstedt - TSU
MF: Andy Vogelsberg - ESU
WT: Kristen Larson - ESU
WF: Jennifer Drum-Greer - CMSU

Week 8 - May 7

MTF: Jermaine Carpenter - PSU
WTF: Lori Pitz - CMSU

Final Division II Men's Power Rankings

1. University of South Dakota
2. Angelo State University
3. Central Missouri State University
4. Grand Valley State University
5. Pittsburg State University
6. Fort Hays State University
7. Western State College (Colo.)
8. Abilene Christian University
9. Southern Illinois - Edwardsville
10. Adams State College
11. University of California-San Diego
12. NORTHWEST MISSOURI STATE UNIVERSITY
13. Slippery Rock University
14. Shippensburg University
15. Saginaw Valley State University
16. Lock Haven University
17. University of Missouri-Rolla
18. Northern State University
19. Emporia State University
20. Kutztown University



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at the CMSU Mule Relays ... Set personal record in indoor mile run at Iowa State Holiday Classic with 4:28.6.

Travis MacKenzie - Junior - Throws - Cumberland, British Columbia

All-American in outdoor hammer throw, finishing sixth with a school record 185' 0" at NCAA Outdoor Championships ... Placed 10th in weight throw at NCAA Indoor Championships ... Placed third in the hammer throw at MIAA Championships, one of three top-five finishes during the season ... Finished second in MIAA weight throw at indoor championships ... MIAA Academic Commissioner's Academic Honor Roll.

Tyler Martin - Junior - Hurdles/Sprints - Bendena, Kan.

MIAA Academic Commissioner's Academic Honor Roll.

Corey Mason - Freshman - Hurdles/Sprints - Unionville, Mo.

Ran season-high 16.10 time in 15th place finish in 110-meter hurdles at the Nebraska Invitational on April 15 ... Ran two top-10 finishes in 400-meter hurdles ... Ran the 60-meter hurdles once in indoor season, finishing 10th with 9.16 ... Recorded a season-high 54.45 in indoor 400-meter dash at Prairie Wolf Invitational on Feb. 17.

Devin McCall - Junior - Distance - St. Louis, Mo.

Placed 10th in 3,000-meter steeplechase at MIAA Outdoor Championships ... Ran the 1,500-meter, 3,000-meter, and 5,000-meter runs during outdoor season ... Finished first for the Bearcats in the indoor 3,000-meter run at the CMSU Mule Relays on Feb. 11 ... MIAA Commissioner's Academic Honor Roll.

Clif McIntosh - Junior - Pole Vault - Maryville, Mo.

Set personal record in outdoor pole vault at Emporia Twilight Qualifier with 15' 3 1/2" ... Placed sixth in pole vault at MIAA Outdoor Championships ... Tied for second in pole vault at Concordia Invitational on April 8 ... In MIAA Indoor Championships, tied for eighth in pole vault with 14' 1 3/4".

Kyle Nespor - Freshman - Pole Vault - Kearney, Mo.

Tied for 19th in pole vault at CMSU Mule Relays with 11' 11 3/4".

Alex Oliver - Sophomore - Middle Distance - Woodine, Iowa

Named to MIAA Commissioner's Academic Honors Roll ... Ran season-high 2:07.76 in 800-meter run at Northwest Invitational on April 1 ... Ran 800-meter and 600-yard runs during indoor season.

Daniel Pescador - Red-shirt Junior - Distance - Chandler, Ariz.

Clocked a 9:59.05 indoor 3,000-meter run at the CMSU Mule Relays on Feb. 10, a season-high ... Rank the 5,000-meter run once in indoor season, crossing the finish line in 17:04.17.

Gabe Peters - Freshman - Throws - Hannibal, Mo.

Placed 12th in the hammer throw and shot put at the MIAA Outdoor Championships ... Set personal record in weight throw with 43' 6 1/2" in 18th place finish in MIAA Indoor Championships.

Matt Pohren - Junior - Distance - Omaha, Neb.

MIAA Commissioner's Academic Honor Roll ... Finished fourth in 10,000-meter run MIAA Outdoor Championships ... Member of distance medley team that placed 20th at Drake Relays ... Finished first for Northwest in the 10,000-meter run three times in outdoor season ... Placed third in 5,000-meter run at MIAA Indoor Championships ... Recorded a 9:05.26 3,000-meter run to finish fourth in the Holiday Inn Invitational on Jan. 13-14.

Stephen Pool - Freshman - Middle Distance - Raymore, Mo.

Member of 4x800-meter relay team that finished 20th at Drake Relays on April 27-29 ... Placed 16th in 1,500-meter run at Pittsburg State Open ... Did not compete in indoor season.

Jeff Ritchie - Freshman - Middle Distance - Bedford, Iowa

Placed in the top-10 of the outdoor 800-meter run twice ... Ran in 4x800-meter relay and distance medley teams at Drake Relays, finishing 16th and 20th, respectively ... Finished first for the Bearcats in the 600-yard run at the Iowa State Open, running 1:16.44 ... Ran season-high 2:00.45 indoor 800-meter run at the Holiday Inn Invitational on Jan. 13-14.

Sam Robinson - Sophomore - Sprints - Gladstone, Mo.

Finished 80th in indoor 200-meter dash at Iowa State Open.

Jake Rocky - Freshman - Middle Distance - Truro, Iowa

Placed 19th in 400-meter dash at Northwest Invitational with 54.12 ... Ran season-high indoor 400-meter dash at CMSU Mule Relays, recording 54.94 in a 27th place finish.

Karrington Rogers - Sophomore - Sprints/Jumps - Malden, Mo.

Finished first for Northwest in the 100-meter dash at the Northeast Invitational, tying for ninth overall with 11.41 ... Member of 4x100-meter relay team that placed first at Northwest Invitational ... Ran outdoor 200-meter dash once, tying for 31st at the Kip Janvrin Simpson College Open with 24.17 ... Did not compete in indoor season.

Dan Scheuler - Freshman - Throws - Fairbury, Neb.

Competed in the discus throw once, recording 129' 3" at the Simpson Invitational on April 28 ... Placed 14th in the shot put at the Nebraska Invitational, measuring 39' 1/2" ... Recorded 41' 9 3/4" in the indoor shot put at the Iowa State Open, a season-high ... In one appearance in the weight throw, placed 28th with a 37' 8 3/4" mark.

Brandon Schoen - Red-shirt Junior - Throws - Beatrice, Neb.

Red-shirted the 2006 indoor and outdoor seasons.

Brad Sorensen - Freshman - Distance - Clarinda, Iowa

Placed ninth in 3,000-meter steeplechase at MIAA Outdoor Championships ... Finished sixth with a season-high 10:27.01 in the 3,000-meter steeplechase at the Northwest Invitational ... Competed in 1,500-meter and 5,000-meter run during outdoor season ... Member of indoor distance medley team that finished seventh at MIAA Championships ... Placed 13th in the indoor mile run at the conference meet.

Bryan Touney - Junior - Distance - Lake Lotawana, Mo.

Placed 11th in the 1,500-meter run at the MIAA Outdoor Championships on May 6-7 ... Finished first for the Bearcats in the 1,500-meter run twice ... Placed 10th in the mile run at the MIAA Indoor Championships ... Placed in the top-15 three times in the indoor mile run.

Daniel Urum-Ike - Freshman - Jumps - Lee's Summit, Mo.

Qualified for NCAA Outdoor Championships in triple jump ... MIAA Champion in the indoor triple jump, recording 46' 7 1/2" ... Won the triple jump at the Concordia Invitational ... Finished second for Northwest in the triple jump four times in the outdoor season ... Won the indoor triple jump at the Prairie Wolf Invitational.

Brandon Winchester - Junior - Javelin/Sprints - Beneda, Kan.

Placed fourth in javelin throw at MIAA Outdoor Championships with a season-high 180' 3" ... Placed in the top-five four times in the javelin.



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Kendall Wright - Freshman - Hurdles/Jumps - Sulphur Springs, Texas
MIAA Champion in the indoor long jump ... Placed second in long jump at MIAA Outdoor Championships ... Finished seventh in 110-meter hurdles at conference outdoor meet ... Fifth in 60-meter hurdles in MIAA indoor meet ... Member of 1,600-meter sprint medley team that finished ninth at Drake Relays ... Finished in the top-two twice in long jump during outdoor season ... Finished first for the Bearcats in the indoor long jump twice.

Women Break Three School Records; Finish Sixth in Both MIAA Meets
The women set three new school records as they finished sixth in the MIAA indoor and outdoor meets for the third consecutive year.

At the MIAA Indoor Championships, sophomore **Johanna Avilez** finished fourth in the 60-meter hurdles, and set the school record in the event with 9.29 in the semifinals. The distance medley team set the second record with freshmen **Stacie Trulin** and **Anna O'Brien**, junior **Heather Brokaw**, and senior **Dia McKee** to finish third with 12:44.21.

Senior **Alisha Samuel** was the lone female competitor from Northwest to advance to the NCAA Indoor Championships, her third appearance at the meet. Samuel was unable to capture her third All-America title in the 60-meter dash, and finished 14th in the preliminaries with 7.75.

McKee ran a school record 11:53.35 in the 3,000-meter steeplechase at the MIAA Outdoor Championships to finish fifth. McKee lowered her 2005 record three times during the 2006 outdoor campaign. The women's 4x100-meter relay team took third with 46.73, and consisted of Samuel, sophomore **Hannah Henry**, and juniors **Megan Robinson** and **Kailea Cook**.

The 400-meter relay team and Samuel each provisionally qualified for the NCAA Outdoor Championships, but were unable to make the final qualifying standards.

Head Coach Scott Lorek

Completing his second year at the helm of the women's track and field program, head coach Scott Lorek led his Bearcat squads to a sixth place finish in the indoor and outdoor seasons for the second consecutive year. Lorek previously held positions at Western State (Colo.) as the head men's and women's track and field coach, leading both teams to a third-place finish in the NCAA Division II Outdoor Championships in 2002.

Johanna Avilez - Freshman - Heptathlon/Hurdles/Jumps - Mesa, Ariz.
Broke the school indoor 60-meter hurdle record in the semifinals of the MIAA Championships on Feb. 24-25, clocking 9.29 seconds ... Placed fourth in the finals of the 60-meter hurdles at the MIAA meet ... Recorded 3,733 points in a fifth-place finish in the heptathlon at the Northwest Centennial Multi-Events.

Audrey Bailey - Sophomore - Hurdles - Lathrop, Mo.
Named to MIAA Commissioner's Academic Honor Roll ... Finished sixth in the indoor 60-meter hurdles at the Iowa State Holiday Classic on Dec. 9, running 9.67, a school record at the time.

Catrina Bennett - Freshman - Sprints - Bellevue, Neb.
Ran the fastest time in the outdoor 200-meter dash at the Northwest Invitational on April 1 (27.14) ... Competed in the outdoor 400-meter dash twice ... Participated in the outdoor 100-meter dash once, finishing 19th and first for Northwest in the Kip Janvirin Simpson College Open on April 28, clocking 13.86.

Heather Brokaw - Junior - Distance - Lake St. Louis, Mo.
Member of distance-medley team that set the school record at the MIAA

Indoor Championships, crossing the finish line in 12:44.21 for third place ... Finished 11th in the 1,500-meter run at the MIAA Outdoor Championships ... Competed in the 800-meter run once, clocking 2:30.35 at the Kip Janvirin Simpson College Open.

Halley Carlson - Sophomore - High Jump - New Virginia, Iowa
Set a personal record both indoor and outdoor seasons for high jump (5' 4 1/4" at Northwest Invitational on April 1 and 5' 4 1/4" at CMSU Mule Relays on Feb. 10) ... Placed in the top-10 four times in the indoor high jump.

Emily Churchman - Freshman - Heptathlon/Jumps - Parkville, Mo.
Placed fifth in the heptathlon at the MIAA Championships, totaling a season-high 4,048 points ... Holds the team's best mark in the outdoor triple jump, recording 34' 11 1/4" at the MIAA Championships on May 6-7 ... Finished first for Northwest in the triple jump three times during the indoor season ... Ran the 60-meter hurdles once, finishing 11th at the Iowa State Holiday Classic with 10.14.

Tasha Cockrum - Freshman - Sprints - Park Hill, Mo.
Did not compete this season.

Kailea Cook - Junior - Sprints - Parkville, Mo.
Set personal record 12.28 in outdoor 100-meter dash at Nebraska Invitational on April 15 ... Placed in the top-10 three times in the 100-meter dash in outdoor season ... Led Bearcat sprinters in the outdoor 200-meter dash at the Northwest Invitational, finishing sixth.

Laura Cooper - Freshman - Sprints - Meadville, Mo.
Ran in 100-meter and 200-meter dashes in outdoor season ... Ran a season-high 13.33 time in 100-meter dash at Alabama Relays on March 16-19 ... Ran the 200-meter, 300-meter, and 400-meter dashes once during the indoor season.

Kristen Degase - Freshman - Distance - Maryville, Mo.
Ran a 2:24.82 outdoor 800-meter run in the preliminaries at the MIAA Championships, a season-best ... Placed 22nd and set an indoor personal best 2:33.81 at the CMSU Mule Relays on Feb. 10.

Abby Disselhoff - Senior - Throws - Kansas City, Mo.
Placed sixth in the hammer throw at the MIAA Championships, setting a personal record with 153' 6" ... Named to Academic All-MIAA squad for indoor track and field ... MIAA Commissioner's Academic Honor Roll ... Finished in the top-ten four times in hammer throw ... Record best MIAA finish in the indoor weight throw, placing fifth with 49' 1 1/2".

Tierney Eaton - Freshman - Heptathlon/High Jump/Hurdles - Grant City, Mo.
Member of Academic All-MIAA team ... Best Bearcat in long jump at MIAA Outdoor Championships, placing eighth overall with 17' 6 1/4" ... Recorded team's best high jump mark of 5' 5" at Kansas Relays ... Placed fourth in high jump at MIAA indoor meet ... Posted best 60-meter hurdle time in preliminaries at Prairie Wolf Invitational (9.61).

Amanda Gray - Freshman - Distance - Lee's Summit, Mo.
Placed 25th in the indoor mile run at the Iowa State Open, clocking 5:46.39 ... Ran a 2:33.81 indoor 800-meter run at CMSU Mule Relays on Feb. 10.

Hannah Henry - Sophomore - Hurdles - Lenexa, Kan.
Earned All-MIAA honors with fourth-place finish in 100-meter hurdles at MIAA Outdoor Championships ... Named to MIAA Commissioner's



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Academic Honor Roll ... Member of 4x100-meter relay team that finished third at the MIAA outdoor meet ... Set school record in 60-meter hurdles at CMSU Mule Relays on Feb. 10 with 9.39 in preliminaries (later broken at MIAA Championships).

Kim Homan - Junior - Distance - Lee's Summit, Mo.

MIAA Commissioner's Academic Honor Roll ... Set personal record in 1,500-meter run at Alabama Relays with a 33rd place finish in 5:18.22 ... Ran a 2:32.34 800-meter run at the Concordia Invitational, a personal record ... Placed 13th in mile run at MIAA Indoor Championships.

Brandi Honeywell - Junior - Heptathlon/Long Jump/Hurdles - Parkville, Mo.

Competed unattached in heptathlon during outdoor season ... Finished second in heptathlon at Northwest Centennial Open-Events, taking second in 100-meter hurdles, shot put, and long jump ... Took fourth at Emporia State Open-Events, finishing first in the 200-meter dash.

Lacey Jackson - Senior - Distance - Emerson, Iowa

Named to MIAA Commissioner's Academic Honor Roll.

Jennifer Kiss - Freshman - Heptathlon/Hurdles - Nobleton, Canada

Finished 10th in heptathlon at MIAA Multi-Event Championships with season-high 3,033 points ... Placed 17th in 400-meter hurdles at Northwest Invitational, running 1:17.27 ... Tallied 2,894 points at Northwest Centennial Multi-Events, finishing eighth.

Alexandra Koenig - Freshman - Pole Vault - O'Fallon, Mo.

Took ninth in javelin throw with 102' 1" at Kip Janvrin Simpson College Open ... Recorded season-high 7' 6" mark in outdoor pole vault ... Set an indoor personal record in pole vault with 8' 4" at the Iowa State Open.

Alicia Kostka - Freshman - Throws - O'Fallon, Mo.

Did not compete in indoor or outdoor seasons.

Julie Kreikemeier - Senior - Distance - Vichy, Mo.

Named to MIAA Commissioner's Academic Honor Roll ... Competed in one meet in outdoor season, running 5:43.66 in a 34th place finish in the 1,500-meter run at the Nebraska Invitational.

Stacey Loemker - Junior - Throws - Beatrice, Neb.

MIAA Commissioner's Academic Honor Roll ... Finished 13th in shot put in MIAA Outdoor Championships ... Set personal record in 146' 9" mark in 11th place finish in hammer throw at the MIAA outdoor meet ... Took seventh in weight throw at MIAA Indoor Championships, recording 48' 5 1/4", a personal record ... Placed 10th in indoor shot put at conference meet ... Placed in the top-20 four times in the indoor shot put.

Krista Martine - Sophomore - Distance - Liberty, Mo.

Did not compete in indoor or outdoor season.

Dia McKee - Senior - Distance - O'Fallon, Mo.

Broke Northwest 3,000-meter steeplechase record with 11:53.35, in a third-place finish at the MIAA Outdoor Championships ... MIAA Commissioner's Academic Honor Roll ... Member of indoor distance medley team that set the school record in 12:44.21 for a third-place finish at the conference indoor meet ... Placed in the top-10 three times in the 3,000-meter steeplechase ... Set personal record for indoor 3,000-meter run, with 10:57.22 in a 14th-place finish at MIAA Indoor Championships.

Maggie McManigal - Freshman - Distance - Colorado Springs, Colo.

Did not compete in indoor or outdoor season.

Alexa McQuistan - Freshman - Sprints - York, Neb.

Ran 27.88 200-meter dash at Northwest Invitational, a season-high ... Ran outdoor 400-meter dash once, clocking 1:06.19 in a 24th place finish at Northwest Invite ... Recorded 23.28 in the 200-meter dash at the Prairie Wolf Invitational placing 33rd ... Took 39th in the 400-meter dash at the Iowa State Open with 1:06.28.

Jessica Montesano - Senior - Distance - Kansas City, Mo.

MIAA Commissioner's Academic Honor Roll ... Placed fifth in the 10,000-meter run at MIAA Outdoor Championships with personal record 40:00.78 ... Ran 1,500-meter run once, timing 5:49.59 at the Kansas Relays ... Took 11th in 5,000-meter run at MIAA Indoor Championships in 19:38.71, a personal record.

Anna O'Brien - Freshman - Distance - Easton, Mo.

Placed seventh in 1,500-meter run at MIAA outdoor meet ... Finished in the top-10 three times in the outdoor 1,500-meter run and indoor 3,000-meter run ... Took seventh in mile run and ninth in 3,000-meter run at MIAA Indoor Championships.

Kara Poehlman - Junior - Distance - Kansas City, Mo.

Named to MIAA Commissioner's Academic Honor Roll ... Ran season-high 5:48.1 in 1,500-meter at Northwest Invitational, tying for 21st ... Did not run in indoor season.

Courtnee Ream - Freshman - Sprints - Unionville, Mo.

Placed 27th in the outdoor 800-meter run at the Northwest Invitational, recording 29.00 ... Member of indoor 4x400-meter relay team that placed 12th at Holiday Inn Invitational ... Finished first for the Bearcats with 1:23.27 in the 300-meter run at the Iowa State Holiday Classic.

Amber Reed - Freshman - Sprints - Beatrice, Neb.

Placed first for Northwest in the 200-meter dash at the Kip Janvrin Simpson College Open, placing 16th overall with 27.52 ... Ran 200-meter dash season high of 26.63 at the Nebraska Invitational, placing 12th ... Part of indoor 4x400-meter relay team that took 13th at the Holiday Inn Invitational on Jan. 13-14 ... Finished in the top-three for the Bearcats in the indoor 400-meter dash three times.

Carly Reinoehl - Freshman - Distance - Kansas City, Mo.

Did not compete in indoor or outdoor seasons.

Megan Robinson - Junior - Sprints - Overland Park, Kan.

Earned MIAA Commissioner's Academic Honor Roll and Academic All-MIAA honors ... Member of 400-meter relay team that finished third in MIAA Outdoor Championships ... Finished in the top-10 of the 400-meter dash twice ... Took eighth in the 200-meter dash at the MIAA Indoor Championships with a personal record 26.23 ... Finished first for the Bearcats in the indoor 200-meter dash three times.

Melanie Royeton - Sophomore - Pole Vault - Parkville, Mo.

Captured 10th place in the pole vault at the MIAA Outdoor Championships ... Posted a season-high 10' 6" in a fourth-place finish at the Northwest Invitational on April 1 ... Finished ninth in the pole vault at the MIAA indoor meet ... Finished in the top-10 of the indoor pole vault three times.

Alisha Samuel - Senior - Sprints - San Juan, Trinidad

Provisionally qualified for the NCAA Outdoor Championships ... Finished 14th in the preliminaries of the 60-meter dash at the NCAA Indoor Championships ... Placed third in the 100-meter dash and eighth in the 200-meter dash at the MIAA Outdoor Championships on May 6-7 ... Fin-



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ished in the top-10 three times in the 100-meter and 200-meter dashes ... Took third in the 60-meter dash at the MIAA Indoor Championships, her third career top-three finish at the indoor championships.

Katie Sargent - Freshman - Jumps - Meadville, Mo.

Named MIAA Presidential Scholar with 4.00 cumulative GPA ... Took 12th in the triple jump (34' 1/4") and long jump (16' 4 1/2") at conference outdoor championships, setting season highs in each event ... Recorded 34' 3" in the indoor triple jump, tying for ninth at the CMSU Mule Relays on Feb. 10 ... Competed in the indoor high jump once, jumping 4' 9" to finish 13th in unseeded competition at the Holiday Inn Invitational.

Cassie Sherlock - Sophomore - Middle Distance - Murray, Neb.

First Bearcat to cross the finish line in the 800-meter run at the Concordia University Invitational placing sixth overall in 2:29.70 ... Ran a 2:28.27 800-meter run at the Alabama Relays, a season-high ... Finished 26th in the 800-meter run with a personal record 2:26.81 at the Prairie Wolf Invitational on Feb. 17.

Karah Spader - Sophomore - Distance - Waco, Neb.

Took eighth in the 5,000-meter run at the MIAA Outdoor Championships ... Placed in the top-15 five times in the 5,000-meter run during the outdoor season ... Competed in the 1,500-meter run once, placing 16th with a 4:56.32 personal record at the Kip Janvrin Simpson College Open ... Finished first for Northwest in the 5,000-meter run and 3,000-meter run at the MIAA Indoor Championships, placing 10th and eighth overall, respectively.

Megan Tinsley - Freshman - Distance - Liberty, Mo.

Ran in one meet in the outdoor season, placing 43rd in the 5,000-meter

run at the Simpson College Open with 22:03.33 ... Recorded 21:33.44 in the indoor 5,000-meter run, placing 29th at the Iowa State Open.

Stacie Trulin - Freshman - Distance - Blair, Neb.

Member of indoor distance medley team that set the school record with 12:44.21 in a third-place finish at the MIAA Indoor Championships ... Competed in 200-meter dash and 400-meter dash once during outdoor season ... Finished first for Northwst in the indoor 400-meter dash at the Holiday Inn Invitational, placing 13th overall in 1:02.31.

Emily Von Weihe - Sophomore - Distance - Treynor, Iowa

Set a personal record in the 1,500-meter run, clocking 5:46.51 in a 31st place finish at the Kansas Relays.

Jennifer Williams - Sophomore - Distance - Columbus, Neb.

Named to MIAA Commissioner's Academic Honor Roll.

2006 Northwest Outdoor Track and Field Roster

Bearcat Men

Bayo Adio	Jr.	Oakland, Calif.
Anthony Armstrong	Fr.	Bellevue, Neb.
Travis Brownley	Fr.	Carrollton, Mo.
John Bullock	So.	Lauderdale Lake, Fla.
Diezeas Calbert	Sr.	Omaha, Neb.
Brent Clifton	So.	Tarkio, Mo.
Sheldon Cook	Fr.	Parkville, Mo.
Bradley Cox	Fr.	Plattsburg, Mo.
Martin Curley	Fr.	Laclede, Mo.
Brandon Dart	So.	Fremont, Neb.
Anthony Davidson	So.	Grant City, Mo.
E.J. Falkner	Jr.	Omaha, Neb.
Dallas Flynn	Jr-RS	Blaire, Neb.
Asrat Geleta	Fr.	Waco, Tex.
Curt Gilpin	So.	Chester, Ill.
Keelen Green	Fr.	Sulphur Springs, Texas
E.J. Hawkins	Fr.	Elgin, Tex.
Austin Huerta	Fr.	Mesa, Ariz.
Courtland Ingram	So.	Hannibal, Mo.
Eric Isley	Jr.	Pleasantville, Iowa
Anthony Jackson	Sr.	Des Moines, Iowa
Jeff Kanger	So.	Omaha, Neb.
Travic MacKenzie	Jr.	Cumberland, BC, Can
Tyler Martin	Jr.	Bendena, Kan.
Corey Mason	Fr.	Unionville, Mo.
Devin McCall	Jr.	St. Louis, Mo.
Clif McIntosh	Jr.	Maryville, Mo.
Kyle Nespor	Fr.	Kearney, Mo.
Alex Oliver	So.	Woodine, Iowa
Daniel Pescador	Jr-RS	Chandler, Ariz.
Gabe Peters	Fr.	Hannibal, Mo.

Matt Pohlen	Jr.	Omaha, Neb.
Stephen Pool	Fr.	Raymore, Mo.
Jeff Ritchie	Fr.	Bedford, Iowa
Sam Robinson	So.	Gladstone, Mo.
Jake Rockey	Fr.	Truro, Iowa
Karrington Rogers	So.	Malden, Mo.
Dan Scheuler	Fr.	Fairbury, Neb.
Brandon Schoen	Jr-RS	Beatrice, Neb.
Brad Sorenson	Fr.	Clarinda, Iowa
Bryan Touney	Jr.	Lake Lotawana, Mo.
Daniel Urum-Ike	Fr.	Lee's Summit, Mo.
Brandon Winchester	Jr.	Bendena, Kan.
Kendall Wright	Fr.	Sulphur Springs, Texas
Head Coach: Richard Alsop		
Assistant Coaches: Ed Hart, Jarod Smith, Laz Marquart		

Bearcat Women

Johanna Avilez	Fr.	Mesa, Ariz.
Audrey Bailey	So.	Lathrop, Mo.
Catrina Bennett	Fr.	Bellevue, Neb.
Heather Brokaw	Jr.	Lake St. Louis, Mo.
Halley Carlson	So.	New Virginia, Iowa
Emily Churchman	Fr.	Parkville, Mo.
Tasha Cockrum	Fr.	Park Hills, Mo.
Kailea Cook	Jr.	Parkville, Mo.
Laura Cooper	Fr.	Meadville, Mo.
Kristen Degase	Fr.	Maryville, Mo.
Abby Disselhoff	Sr.	Kansas City, Mo.
Tierney Eaton	Fr.	Grant City, Mo.
Amanda Gray	Fr.	Rock Port, Mo.

Hannah Henry	So.	Lenexa, Kan.
Kim Homan	Jr.	Lee's Summit, Mo.
Brandi Honeywell	Jr.	Excelsior Springs, Mo.
Lacey Jackson	Sr.	Emerson, Iowa
Jennifer Kiss	Fr.	Nobelton, Can.
Alexandra Koenig	Fr.	O'Fallon, Mo.
Alicia Kosta	Fr.	Gretna, Neb.
Julie Kreikemier	Sr.	Maryville, Mo.
Stacey Loemker	Jr.	Beatrice, Neb.
Krista Martine	So.	Liberty, Mo.
Dia McKee	Sr.	O'Fallon, Mo.
Maggie McManigal	Fr.	Colorado Springs, Colo.
Alexa McQuistan	Fr.	York, Neb.
Jessica Montesano	Sr.	Kansas City, Mo.
Anna O'Brien	Fr.	Easton, Mo.
Kara Poehlman	Jr.	Kansas City, Mo.
Courtnee Ream	Fr.	Unionville, Mo.
Amber Reed	Fr.	Beatrice, Neb.
Carly Reinoehl	Fr.	Kansas City, Mo.
Megan Robinson	Jr.	Overland Park, Kan.
Melanie Royeton	So.	Parkville, Mo.
Alisha Samuel	Sr.	San Juan, Trinidad
Katie Sargent	Fr.	Meadville, Mo.
Cassie Sherlock	So.	Murray, Neb.
Karah Spader	So.	Waco, Neb.
Megan Tinsley	Fr.	Liberty, Mo.
Stacie Trulin	Fr.	Liberty, Mo.
Emily Von Weihe	So.	Treynor, Iowa
Jennifer Williams	So.	Columbus, Neb.
Head Coach: Scott Lorek		
Assistant Coach: Shelley Lorek, Veronica Dyer, Jamal Rankins, Derek Frese		



2006 Bearcat Track & Field



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2006 Northwest Indoor Track and Field Results

Meet #1

Iowa State Holiday Classic

Ames, Iowa - Dec. 9

• Men's Results

200M
6. E. Muehsam, 24.25

300M
9. K. Rogers, 36.49

500M
6. J. Bullock, 1:08.29
7. A. Jackson, 1:09.23
10. J. Rockey, 1:11.77

800M
1. E. Isley, 1:55.46
11. J. Ritchie, 1:57.09
19. A. Oliver, 2:08.63

1 Mile
5. J. Kanger, 4:28.6

3,000M
6. B. Dart, 9:00.87

60M Hurdles
8. C. Ingram, 8.66
10. C. Mason, 9.16

4x300M
8. 2:26.87

Pole Vault
2. C. Ingram, 14'

Weight Throw
4. T. MacKenzie, 54' 1/4"

• Women's Results

60M
2. A. Samuel, 7.82

300M
8. M. Robinson, 42.69
12. S. Trulin, 44.04
16. L. Cooper, 45.2

500M
7. C. Ream, 1:23.27
8. E. Churchman, 1:24.66

800M
9. C. Sherlock, 2:28.13

60M Hurdles
5. J. Avilez, 9.63
6. A. Bailey, 9.67
10. H. Henry, 9.88
11. E. Churchman, 10.14
14. T. Eaton, 11.25

4x300M
5. A., 2:51.5
7. B., 2:54.55

High Jump
T-5. H. Carlson, 5' 2 1/4"
T-5. T. Eaton, 5' 2 1/4"

Weight Throw
2. S. Loemker, 46' 1/2"

Meet #2

Holiday Inn Invitational

Lincoln, Neb. - Jan. 13-14

• Men's Results

60M
3. K. Green, 6.94

400M
12. J. Bullock, 52.17
23. A. Armstrong, 53.77
32. A. Oliver, 55.43
39. J. Rockey, 56.45

800M
1. E. Isley, 1:56.19
9. J. Kanger, 2:00.43

10. J. Ritchie, 2:00.45

1 Mile
10. B. Touney, 4:44.79
14. A. Geleta, 4:55.41

3,000M
4. M. Pohren, 9:05.26
14. D. McCall, 9:33.31
17. B. Sorensen, 9:39.46
22. A. Davidson, 10:13.84

5,000M
24. B. Dart, 16:58.37
29. A. Huerta, 17:32.44

4x400M
18. 3:40.75

Distance Medley
9. A., 10:59.89
10. B., 11:01.62

Weight Throw
8. T. MacKenzie, 54' 0"

Shot Put
12. T. Brownley, 45' 4 1/4"

High Jump
T-8. B. Clifton, 5' 10 3/4"

Pole Vault
T-4. C. Ingram (unseeded), 13' 11 1/4"
10. C. McIntosh (seeded), 14' 5 1/2"

• Women's Results

200M
21. M. Robinson, 27.11

400M
13. S. Trulin, 1:02.31
16. C. Bennett, 1:03.06
23. L. Cooper, 1:05.34
25. C. Ream, 1:05.69
26. A. McQuistan, 1:05.73
28. A. Reed, 1:07.24

800M
16. C. Sherlock, 2:36.3

1,000M
16. K. Homan, 3:26.41

3,000M
10. A. O'Brien, 10:47.79
12. K. Spader, 11:01.64
15. D. McKee, 11:36.52
19. J. Montesano, 11:39.40

High Jump
5. T. Eaton (unseeded), 5' 1"
13. K. Sargent (unseeded), 4' 9"
9. H. Carlson (seeded), 5' 1/4"

Pole Vault
8. M. Royeton, 9' 10"

Weight Throw
3. A. Disselhoff, 46' 0"
9. S. Loemke, 44' 2 1/2"

Shot Put
15. S. Loemker, 37' 2 1/4"

Distance Medley
10. A (J. Avilez, C. Bennett, S. Trulin, M. Robinson), 4:15.84
12. B (C. Sherlock, E. Churchman, L. Cooper, C. Ream), 4:23.02
13. C (A. Reed, T. Eaton, H. Carlson, A. McQuistan), 4:33.88

Meet #3

Iowa State Open

Ames, Iowa - Jan. 27-28

• Men's Results

60M
9. E. J. Falkner, 6.98

200M
3. E. J. Falkner, 21.83
48. A. Jackson, 23.28
51. K. Wright, 23.34
69. A. Armstrong, 23.94
80. S. Robinson, 24.22

400M
54. A. Armstrong, 53.31
68. C. Gilpin, 55.41

600-Yard
28. J. Ritchie, 1:16.44
34. J. Bullock, 1:18.07
36. A. Geleta, 1:18.66
40. J. Rockey, 1:20.24
42. A. Oliver, 1:20.29
47. B. Cox, 1:22.71

1,000M
3. E. Isley, 2:32.18
26. B. Touney, 2:44.18
27. A. Geleta, 2:44.42
30. D. McCall, 2:46.60

1 Mile
30. J. Kanger, 4:34.07
33. B. Touney, 4:36.57
35. D. McCall, 4:37.01

3,000M
20. M. Pohren, 9:01.51
23. B. Dart, 9:03.66
34. A. Huerta, 9:14.04
46. B. Sorensen, 9:28.62
51. A. Davidson, 9:50.57
58. D. Pescador, 10:15.62

60M Hurdles
33. C. Ingram, 8.90

4x400M
31. B., 3:36.46
36. C., 3:50.98

Distance Medley
11. , 10:27.91

High Jump
3. B. Adio, 6' 5"

Long Jump
19. M. Curley, 39' 11 1/2"

Triple Jump
21. M. Curley, 39' 11 1/2"

Shot Put
10. T. Brownley, 46' 3/4"
23. D. Scheuler, 41' 9 3/4"

Weight Throw
15. T. MacKenzie, 49' 1/4"

• Women's Results

60M
3. A. Samuel, 7.76

200M
26. A. Samuel, 26.40
40. M. Robinson, 26.91
58. S. Trulin, 28.09
62. C. Bennett, 28.50
66. A. McQuistan, 28.90

400M
15. M. Robinson, 1:00.17
21. S. Trulin, 1:02.38
32. A. Reed, 1:04.54
35. C. Bennett, 1:04.93
39. A. McQuistan, 1:06.28

1 Mile
15. A. O'Brien, 5:17.66
25. A. Gray, 5:46.39

26. K. Homan, 5:48.44

600-Yard
24. C. Sherlock, 1:34.00

800M
25. A. O'Brien, 2:28.84
40. K. Degase, 2:36.83

3,000M
24. J. Montesano, 11:22.28

5,000M
15. K. Spader, 18:42.63
29. M. Tinsley, 21:33.44

60M Hurdles
25. H. Henry, 9.65
39. T. Eaton, 10.14

4x400M
16. 4:12.00

Pole Vault
15. A. Koenig, 8' 4"

Long Jump
30. Emily Churchman, 14' 11 1/2"

Shot Put
23. S. Loemker, 33' 1/4"

Weight Throw
14. S. Loemker, 43' 5"
18. A. Disselhoff, 42' 8 1/2"

Meet #4

CMSU Mule Relays

Warrensburg, Mo. - Feb. 10-11

• Men's Results

60M
6. E. J. Falkner, 6.87

200M
2. K. Green, 22.16
20. A. Jackson, 23.22
32. A. Armstrong, 23.62
45. C. Gilpin, 24.69

400M
23. A. Armstrong, 53.54
27. J. Rockey, 54.94
31. C. Mason, 56.35
34. M. Curley, 57.37

600-Yard
2. E. Isley, 1:13.15
20. B. Touney, 1:19.09
22. J. Bullock, 1:19.10

800M
24. A. Geleta, 2:08.57
27. A. Oliver, 2:09.14

1 Mile
13. J. Kanger, 4:30.26
23. D. McCall, 4:41.58
24. B. Dart, 4:42.62

3,000M
23. D. McCall, 9:30.49
29. D. Pescador, 9:59.05

5,000M
6. M. Pohren, 15:34.85
12. A. Huerta, 15:58.30
21. B. Sorensen, 16:32.91
25. A. Davidson, 17:20.32

4x440-Yard
6. A., 3:27.45
19. B., 3:41.21

Distance Medley
2. 10:59.36

High Jump
3. B. Adio, 6' 8 3/4"

Pole Vault
T-8. C. Ingram, 14' 9"



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2006 Northwest Indoor Track and Field Results

16. B. Cox, 12' 9 1/2"
T-19. K. Nespor, 11' 11 3/4"

Long Jump
11. M. Curley, 21' 3/4"
16. A. Jackson, 20' 7 3/4"

Shot Put
9. T. Brownley, 48' 2 3/4"
22. G. Peters, 42' 4 1/4"
28. D. Scheuler, 40' 7"
33. C. Ingram, 39' 8 3/4"

Weight Throw
7. T. MacKenzie, 54' 5 1/4"
21. T. Brownley, 43' 2 1/2"
22. G. Peters, 42' 4 3/4"

• Women's Results

60M
3. A. Samuel, 7.65

200M
16. M. Robinson, 26.41
30. L. Cooper, 27.74
34. T. Eaton, 28.01
39. A. McQuistan, 28.55

400M
T-17. H. Henry, 1:03.40
30. A. Reed, 1:05.66

600-Yard
11. C. Sherlock, 1:33.39

800M
17. A. Gray, 2:31.25
22. K. Degase, 2:33.81

3,000M
3. A. O'Brien, 10:45.20
7. D. McKee, 11:03.25

5,000M
10. J. Montesano, 19:53.98

60M Hurdles
10. H. Henry, 9.53

4x440-Yard
9. 4:22.67

Distance Medley
5. 13:42.77

High Jump
5. H. Carlson, 5' 4 1/4"

Pole Vault
T-8. M. Royeton, 10' 0"

Long Jump
14. J. Avilez, 15' 6"
15. E. Churchman, 15' 5 1/2"
20. K. Sargent, 14' 8"

Triple Jump
T-9. E. Churchman, 34' 3"

Shot Put
17. S. Loemker, 35' 5"

Weight Throw
5. A. Disselhoff, 47' 11 3/4"
8. S. Loemker, 44' 11 1/2"

Meet #5
Prairie Wolf Invitational
Lincoln, Neb. - Feb. 17
• Men's Results

60M
1. K. Green, 6.84
2. E. J. Falkner, 6.92

200M
1. E. J. Falkner, 21.80
3. K. Green, 21.99

400M
23. J. Bullock, 51.54
28. R. Purnell, 51.96

39. C. Mason, 54.45

600M
23. A. Armstrong, 1:29.81

800M
2. E. Isley, 1:53.52

1 Mile
13. M. Pohren, 4:27.93
14. B. Touney, 4:29.01
16. B. Sorensen, 4:32.73

3,000M
14. A. Huerta, 9:02.59
24. D. McCall, 9:16.53
26. B. Sorensen, 9:23.29
32. A. Geleta, 9:39.88

5,000M
28. D. Pescador, 17:04.17

4x400M
7. 3:26.30

High Jump
3. B. Adio, 6' 8"

Pole Vault
T-14. C. Ingram, 14' 0"
T-21. B. Cox, 13' 0"

Long Jump
6. K. Wright, 22' 5 3/4"
13. M. Curley, 21' 2"
19. D. Urum-Ike, 24' 4 1/4"

Triple Jump
1. D. Urum-Ike, 46' 4"
20. M. Curley, 40' 9 3/4"

Shot Put
13. T. Brownley, 47' 1 1/2"
28. D. Schueler, 40' 9 3/4"
30. G. Peters, 40' 8 1/4"

Weight Throw
19. T. Brownley, 43' 3 1/2"
25. G. Peters, 40' 9 3/4"
28. D. Scheuler, 37' 8 3/4"

• Women's Results

60M
2. A. Samuel, 7.71

200M
15. J. Avilez, 27.37
20. L. Cooper, 27.50
23. C. Bennett, 27.63
24. H. Henry, 27.64
25. E. Churchman, 27.74
29. A. Reed, 27.91
33. A. McQuistan, 28.28

400M
18. M. Robinson, 1:01.05
27. C. Bennett, 1:02.43
36. A. Reed, 5:52.60

600M
18. C. Sherlock, 1:44.26
21. K. Degase, 1:46.53

800M
26. A. O'Brien, 2:26.81

3,000M
12. K. Spader, 10:45.53

5,000M
26. M. Tinsley, 21:58.61

High Jump
T-6. H. Carlson, 5' 3"
T-12. T. Eaton, 5' 1"

Pole Vault
24. L. Koenig, 8' 3"

Long Jump
8. T. Eaton, 16' 3"
16. E. Churchman, 15' 3 1/2"

Triple Jump
8. E. Churchman, 34' 9 1/2"
18. K. Sargent, 32' 8 1/2"
20. J. Avilez, 32' 4 1/4"

Shot Put
18. S. Loemker, 38' 2 1/4"

Weight Throw
19. S. Loemker, 43' 9 3/4"

Meet #6
MIAA Championships
Warrensburg, Mo. - Feb. 25-27
• Men's Results

60M
2. K. Green, 6.95

200M
2. E. J. Falkner, 22.27
3. K. Green, 22.43

400M
1. E. J. Falkner, 48.42

1 Mile
10. B. Touney, 4:32.17
13. B. Sorensen, 4:35.88

3,000M
12. A. Huerta, 9:08.11
13. M. Pohren, 9:09.59
17. B. Dart, 9:16.13

5,000M
3. M. Pohren, 15:24.32
12. B. Art, 15:56.28
16. A. Huerta, 16:05.17

60M Hurdles
5. K. Weight, 8.67

Distance Medley
7. B. (B. Touney, A. Armstrong, J. Kanger, B. Sorensen), 10:46.74

High Jump
1. B. Adio, 6' 9 3/4"
11. B. Clifton, 6' 0"

Pole Vault
7. C. Ingram, 14' 7 1/2"
T-8. C. McIntosh, 14' 1 3/4"

Long Jump
1. K. Wright, 22' 7 3/4"
2. S. Cook, 22' 7 3/4"
5. M. Curley, 21' 6 3/4"
8. A. Jackson, 20' 5 1/4"
9. D. Urum-Ike, 2-0' 2 1/2"

Triple Jump
1. D. Urum-Ike, 46' 7 1/2"
6. M. Curley, 42' 3 1/4"

Shot Put
9. T. Brownley, 47' 6 1/2"

Weight Throw
2. T. MacKenzie, 59' 10 1/4"
15. T. Brownley, 46' 6 3/4"
18. G. Peters, 43' 6 1/2"

• Women's Results

60M
3. A. Samuel, 7.74

200M
8. M. Robinson, 26.23

1 Mile
7. A. O'Brien, 5:21.71
13. K. Homan, 5:58.80

3,000M
8. K. Spader, 10:43.95
9. A. O'Brien, 10:45.25
14. D. McKee, 10:57.22

60M Hurdles

4. J. Avilez, 9.40

4x400M
6. A. (S. Trulin, J. Avilez, H. Henry, M. Robinson), 4:12.21

Distance Medley
3. A. (A. O'Brien, S. Trulin, D. McKee, H. Brokaw), 12:44.21

High Jump
4. T. Eaton, 5' 5 3/4"
7. H. Carlson, 5' 3 1/4"

Pole Vault
9. M. Royeton, 10' 2"

Long Jump
13. E. Churchman, 15' 10 1/2"
15. J. Avilez, 15' 3 1/2"

Triple Jump
7. E. Churchman, 35' 10"
12. J. Avilez, 34' 2"

Shot Put
10. S. Loemker, 37' 8 3/4"

Weight Throw
5. A. Disselhoff, 49' 1 1/2"
7. S. Loemker, 48' 5 1/4"

Meet #7
NCAA Championships
Boston, Mass - March 9-11
• Men's Results

200M
6. E. J. Falkner, 21.65

400M
5. E. J. Falkner, 48.19

800M
13. E. Isley, 1:56.17

High Jump
T-10. B. Adio, 6' 7"

Weight Throw
10. T. MacKenzie, 57' 9 1/2"



2006 Bearcat Track & Field



Track and Field Contact - Jared Verner • s260440@nwmissouri.edu • 660.562.1118

2006 Northwest Outdoor Track and Field Results

Meet #1 (Men Only)

Pittsburg State Open

Pittsburg, Kan., - March 16

100M

- 5. S. Cook, 11.02
- 10. K. Rogers, 11.28
- 13. D. Urum-Ike, 11.61
- 15. C. Gilpin, 11.81

200M

- 8. A. Jackson, 22.97
- T-9. C. Gilpin, 23.25

400M

- 5. R. Purnell, 51.78
- 12. A. Armstrong, 53.03
- 17. J. Rockey, 56.34

800M

- 3. J. Kanger, 1:58.67
- 5. J. Ritchie, 2:01.11

1,500M

- 4. B. Touney, 4:13.9
- 6. J. Kanger, 4:15.5
- 10. B. Sorensen, 4:21.9
- 11. D. McCall, 4:23.3
- 14. A. Huerta, 4:28.0
- 16. S. Pool, 4:30.4
- 20. J. Ritchie, 4:34.05
- 24. A. Geleta, 4:38.6

3,000M

- 1. M. Pohren, 9:07
- 5. A. Huerta, 9:26.29
- 6. D. McCall, 9:29.72
- 8. A. Davidson, 9:42.85

110M Hurdles

- 4. C. Mason, 16.26

400M Hurdles

- 1. J. Bullock, 55.91
- 5. C. Mason, 1:01.15

3,000M Steeplechase

- 2. B. Sorensen, 10:51.58

4x100M

- 1. 42.35

4x400M

- 6. 3:35.51

High Jump

- T-2. B. Adio, 6' 6 3/4"

Long Jump

- 1. K. Wright, 22' 1 1/2"
- 4. A. Jackson, 21' 2 3/4"
- 6. S. Cook, 20' 5"
- 9. D. Urum-Ike, 19' 7"
- 13. E.J. Hawkins, 17' 11 1/2"

Triple Jump

- 2. D. Urum-Ike, 47' 5 1/4"
- 5. B. Adio, 43' 2 1/2"

Shot Put

- 10. C. Ingram, 36' 9 3/4"

Javelin Throw

- 4. B. Winchester, 156' 7"
- 6. C. Ingram, 151' 4"

Meet #1 (Women Only)

University of Alabama Relays

Tuscaloosa, Ala. - March 16-19

100M

- 31. K. Cook, 12.75
- 53. L. Cooper, 13.33
- 54. A. McQuistan, 13.52

200M

- 45. K. Cook, 26.23
- 63. C. Bennett, 27.63

65. L. Cooper, 27.85

66. A. Reed, 28.02

69. A. McQuistan, 28.48

400M

- 55. C. Bennett, 1:05.11
- 56. A. Reed, 1:05.68

800M

- 25. A. O'Brien, 2:23.10
- 40. C. Sherlock, 2:28.27
- 46. K. Degase, 2:35.39

1,500M

- 21. A. O'Brien, 5:00.19
- 33. K. Homan, 5:18.22

5,000M

- 11. K. Spader, 18:40.67

100M Hurdles

- 27. J. Avilez, 15.91
- 29. H. Henry, 15.98

36. E. Churchman, 16.32

43. T. Eaton, 17.32

400M Hurdles

- 20. H. Henry, 1:08.15
- 26. E. Churchman, 1:09.92

3,000M Steeplechase

- 12. D. McKee, 12:14.92

High Jump

- T-8. H. Carlson, 5' 3"
- T-15. T. Eaton, 5' 1"

4x200M

- 5. 1:47.77

4x800M

- 5. 9:53.75

Distance Medley

- 6. 13:05.17

Meet #2

Northwest Centennial Multi-Events

Maryville, Mo. - March 26-27

Heptathlon

- 3. E. Churchman, 3,929
- 5. J. Avilez, 3,733
- 8. J. Kiss, 2,894

Meet #3

Northwest Invitational

Maryville, Mo. - April 1

•Men's Results

10,000M

- 2. M. Pohren, 33:24.52
- 5. A. Huerta, 34:33.35
- 8. A. Davidson, 36:34.46

3,000M Steeplechase

- 6. B. Sorensen, 10:27.01

4x100M

- 1. (E.J. Hawkins, S. Cook, K. Rogers, K. Green), 41.71

1,500M

- 3. J. Kanger, 4:05.95
- 8. D. McCall, 4:13.28
- 10. B. Touney, 4:15.26

110M Hurdles

- 5. C. Ingram, 15.72
- 15. C. Mason, 17.31

400M

- 8. R. Purnell, 51.01
- 9. A. Armstrong, 51.63
- 19. J. Rockey, 54.12
- 21. C. Gilpin, 54.80

100M

- T-9. K. Rogers, 11.41

23. K. Green, 14.22

800M

- 1. E. Isley, 1:53.12
- 9. J. Kanger, 1:58.79
- 11. J. Ritchie, 1:59.13
- 23. A. Oliver, 2:07.76

400M Hurdles

- 3. J. Bullock, 54.88
- 10. C. Mason, 58.18

200M

- 12. C. Gilpin, 23.47
- 23. J. Rockey, 24.83

5,000M

- 5. A. Huerta, 16:04.81
- 7. B. Touney, 16:17.05
- 12. M. Pohren, 16:32.29
- 13. D. McCall, 16:50.87
- 19. B. Sorensen, 17:17.32
- 20. A. Davidson, 17:21.29

4x400M

- 5. (S. Cook, R. Purnell, A. Armstrong, J. Bullock), 3:26.25
- 6. (E. Isley, J. Ritchie, J. Kanger, A. Oliver), 3:26.40

Javelin

- 6. C. Ingram, 166' 6 1/2"
- 7. B. Winchester, 165' 3 3/4"

Hammer

- 2. T. MacKenzie, 178' 7 3/4"
- 9. T. Brownley, 138' 1/4"
- 16. G. Peters, 114' 10"

Long Jump

- 5. D. Urum-Ike, 21' 5 1/2"
- 6. A. Jackson 21' 4 3/4"
- 7. S. Cook, 21' 3"
- 14. E. J. Hawkins, 20' 1 3/4"

Shot Put

- 2. T. Brownley, 48' 1 1/4"
- 11. G. Peters, 39' 8 3/4"

Pole Vault

- 2. C. McIntosh, 15' 1/4"
- 5. C. Ingram, 14' 1/2"

High Jump

- 1. B. Adio, 6' 10 3/4"
- 5. B. Clifton, 6' 3/4"

Triple Jump

- 1. D. Calbert, 49' 1 1/2"
- 2. D. Urum-Ike, 47' 3"
- 6. B. Adio, 43' 7 1/4"
- 13. T. Logan, 40' 1/4"
- 14. A. Armstrong, 39' 5 1/4"

•Women's Results

- 3,000M Steeplechase
- 6. D. McKee, 12:20.04

4x100M

- 2. 48.3

1,500M

- 17. K. Homan, 5:29.7
- T-21. K. Poehlman, 5:48.1

100M Hurdles

- 2. H. Henry, 15.31

400M

- 20. A. Reed, 1:04.40
- 23. C. Bennett, 1:05.48
- 24. A. McQuistan, 1:06.19

100M

- 4. K. Cook, 12.63
- 9. L. Cooper, 13.45

800M

- 5. A. O'Brien, 2:23.21

12. K. Degase, 2:29.03

14. C. Sherlock, 2:30.76

400M Hurdles

- 6. H. Henry, 1:06.68
- 16. J. Kiss, 1:17.27

200M

- 6. K. Cook, 26.13
- 7. A. Samuel, 26.27
- 9. M. Robinson, 26.44
- 13. C. Bennett, 27.14

16. A. Reed, 27.40

17. L. Cooper, 27.41

20. A. McQuistan, 27.88

27. C. Ream, 29.00

3,000M

- 5. A. O'Brien, 10:49.12
- 9. K. Spader, 10:56.76

4x400M

- 8. 4:20.66

Javelin

- 17. E. Churchman, 83' 1/2"
- 18. L. Koenig, 81' 8 1/4"
- 20. J. Avilez, 75' 11"

Hammer

- 3. A. Disselhoff, 143' 1"
- 7. S. Loemker, 135' 6"

Long Jump

- 9. E. Churchman, 16' 10 3/4"
- 14. K. Sargent, 15' 9 1/4"
- 18. J. Kiss, 15' 0"

Shot Put

- 17. S. Loemker, 33' 8 3/4"

Pole Vault

- 4. M. Royeton, 10' 6"

High Jump

- T-2. H. Carlson, 5' 4 1/4"
- 4. T. Eaton, 5' 4 1/4"

Triple Jump

- 10. E. Churchman, 34' 9 1/4"
- 13. K. Sargent, 33' 8 3/4"
- 17. H. Carlson, 30' 8"

Meet #4

Concordia Invitational

Seward, Neb. - April 7-8

•Men's Results

100M

- 1. S. Cook, 10.99

400M

- 15. R. Purnell, 52.28
- 17. A. Armstrong, 52.73

800M

- 2. E. Isley, 1:52.13
- 7. J. Kanger, 1:55.28
- 10. J. Ritchie, 1:57.70
- 33. J. Rockey, 2:09.36
- 35. A. Oliver, 2:10.43

1,500M

- 8. B. Dart, 4:07.81
- 9. B. Touney, 4:10.41
- 11. D. McCall, 4:11.72
- 12. M. Pohren, 4:12.42
- 14. A. Huerta, 4:18.78
- 17. A. Davidson, 4:25.03

5,000M

- 3. B. Dart, 15:34.56
- 5. M. Pohren, 15:49.64
- 9. A. Huerta, 16:03.32
- 11. B. Touney, 16:15.37
- 12. D. McCall, 16:18.58



2006 Bearcat Track & Field



Track and Field Contact - Jared Verner • s260440@nwmissouri.edu • 660.562.1118

2006 Northwest Outdoor Track and Field Results

16. A. Davidson, 17:01.13
 400M Hurdles
 2. J. Bullock, 54.53
 15. C. Mason, 1:00.14
 4x400M
 5. A., 3:32.11
 9. B., 3:30.98
 High Jump
 3. B. Adio, 6' 7"
 T-9. B. Clifton, 5' 11"
 Pole Vault
 T-2. C. McIntosh, 14' 9"
 Long Jump
 11. D. Urum-Ike, 20' 4"
 14. S. Cook, 19' 11"
 21. B. Adio, 18' 10"
 Triple Jump
 1. D. Urum-Ike, 47' 10 1/4"
 13. A. Armstrong, 40' 10 1/2"
 Discus Throw
 15. G. Peters, 128' 9 1/2"
 Hammer Throw
 12. T. Brownley, 132' 8"
 15. G. Peters, 125' 2"
 Javelin Throw
 2. B. Winchester, 169' 7"
 6. C. Ingram, 155' 2"
 • Women's Results
 100M
 3. A. Samuel, 12.49
 6. K. Cook, 12.72
 200M
 8. M. Robinson, 26.61
 12. A. Reed, 27.02
 13. C. Bennett, 27.32
 17. L. Cooper, 27.58
 24. S. Trulin, 28.16
 25. A. McQuistan, 28.22
 28. J. Kiss, 29.10
 800M
 6. C. Sherlock, 2:29.70
 16. K. Homan, 2:32.34
 1,500M
 24. J. Toebben, 5:44.35
 5,000M
 3. A. O'Brien, 18:48.39
 11. K. Homan, 21:22.01
 100M Hurdles
 5. H. Henry, 15.35
 7. E. Churchman, 16.72
 3,000M Steeplechase
 3. D. McKee, 11:55.09
 4x100M
 2. 48.35
 4x400M
 5. 4:12.01
 High Jump
 5. H. Carlson, 5' 0"
 10. T. Eaton, 5' 0"
 Pole Vault
 T-7. M. Royeton, 9' 8"
 Long Jump
 18. K. Sargent, 15' 1/4"
 21. J. Kiss, 13' 11"
 Triple Jump
 8. E. Churchman, 34' 11"
 20. K. Sargent, 31' 7"
 Hammer Throw
 5. A. Disselhoff, 142' 9"
 13. S. Loemker, 121' 6"

Javelin Throw
 12. J. Kiss, 69' 5"
 Meet #5
Emporia State Division II Challenge
Emporia, Kan. - April 13-14
 Heptathlon
 11. E. Churchman, 3,975
 20. J. Kiss, 2,855
 Meet #6
Nebraska Invitational
Lincoln, Neb. - April 15
 • Men's Results
 110M Hurdles
 15. C. Mason, 16.10
 400M
 16. A. Armstrong, 52.57
 19. J. Rockey, 54.33
 800M
 7. E. Isley, 1:52.27
 22. S. Pool, 2:01.23
 33. A. Oliver, 2:08.25
 400M Hurdles
 5. J. Bullock, 54.67
 1,500M
 12. J. Kanger, 4:04.94
 17. J. Ritchie, 4:13.40
 18. B. Touney, 4:14.98
 23. A. Geleta, 4:21.07
 5,000M
 2. B. Dart, 15:24.27
 6. M. Pohren, 15:52.29
 7. A. Huerta, 15:57.66
 9. D. McCall, 16:17.91
 10. A. Davidson, 16:51.09
 Hammer
 3. T. MacKenzie, 184' 6"
 Shot Put
 12. G. Peters, 41' 7 1/4"
 14. D. Schueler, 39' 1/2"
 Long Jump
 12. D. Calbert, 21' 4 1/4"
 20. M. Curley, 20' 7 1/4"
 21. S. Cook, 20' 5 3/4"
 29. E.J. Hawkins, 18' 3 1/4"
 Triple Jump
 3. D. Calbert, 49' 9 1/4"
 T-12. M. Curley, 42' 1/2"
 High Jump
 3. B. Adio, 6' 8 3/4"
 4x100
 4. 42.37
 • Women's Results
 100M
 6. K. Cook, 12.28
 7. A. Samuel, 12.29
 200M
 7. A. Samuel, 25.60
 12. A. Reed, 26.63
 400M Dash
 9. M. Robinson, 1:00.06
 12. C. Sherlock, 1:02.37
 800M
 21. A. O'Brien, 2:27.84
 24. K. Degase, 2:30.18
 1,500M
 16. A. O'Brien, 4:54.55
 23. D. McKee, 5:05.70
 29. K. Homan, 5:19.44

34. J. Kreikemeier, 5:43.66
 5,000M
 5. K. Spader, 18:54.8
 8. J. Montesano, 20:01.8
 4x100
 4. 47.74
 Hammer
 11. A. Disselhoff, 145"
 13. S. Loemker, 138' 4"
 Long Jump
 20. K. Sargent, 16' 3 1/4"
 Triple Jump
 11. K. Sargent, 33' 7 1/2"
 High Jump
 T-10. T. Eaton, 5' 3"
 T-13. H. Carlson, 5' 1"
 Meet #7 (Men Only)
CMSU Mule Relays
Warrensburg, Mo. - April 21
 Long Jump
 4. M. Curley, 21' 11 1/2"
 Triple Jump
 5. M. Curley, 42' 7"
 Pole Vault
 7. B. Cox, 19' 9 1/4"
 Hammer Throw
 12. G. Peters, 136' 6"
 Shot Put
 13. G. Peters, 41' 3"
 Discus Throw
 17. G. Peters, 129' 3"
 Meet #8
Kansas Relays
Lawrence, Kan. - April 20-22
 • Men's Results
 800M
 5. E. Isley, 1:52.82
 27. J. Kanger, 1:56.84
 38. J. Ritchie, 1:58.02
 1,500M
 17. B. Touney, 4:15.51
 19. D. McCall, 4:17.30
 10,000M
 9. M. Pohren, 32:27.64
 10. B. Dart, 32:43.56
 15. A. Huerta, 33:46.92
 400M Hurdles
 23. J. Bullock, 54.71
 4x880-yard
 8. (J. Kanger, J. Ritchie, S. Pool, E. Isley), 7:55.36
 1600M Sprint Medley
 11. (S. Cook, E.J. Hawkins, R. Purnell, E. Isley), 3:36.79
 High Jump
 3. B. Adio, 6' 8 3/4"
 Triple Jump
 5. D. Calbert, 50' 4 3/4"
 13. D. Urum-Ike, 47' 1 3/4"
 • Women's Results
 800M
 36. K. Degase, 2:27.66
 39. C. Sherlock, 2:29.15
 1,500M
 9. A. O'Brien, 4:52.66
 21. H. Brokaw, 5:13.79
 28. K. Homan, 5:27.92
 31. E. VonWeihe, 5:46.51

33. K. Poehlman, 5:49.59
 5,000M
 12. K. Spader, 18:28.33
 3,000M Steeplechase
 9. D. McKee, 12:43.63
 4x200
 11. (M. Robinson, A. Reed, C. Bennett, K. Cook), 1:48.92
 4x800-yard relay
 5. (A. O'Brien, C. Sherlock, K. Degase, D. McKee), 9:47.49
 High Jump
 16. T. Eaton, 5' 5"
 21. H. Carlson, 5' 3"
 Hammer Throw
 15. A. Disselhoff, 144' 5"
 Meet #9
Kip Janvrin Simpson College Open
Indianola, Iowa - April 28
 • Men's Results
 100M
 3. S. Cook, 11.10
 200M
 2. S. Cook, 22.04
 13. K. Wright, 23.17
 T-31. K. Rogers, 24.17
 400M
 20. A. Armstrong, 52.42
 800M
 41. A. Oliver, 2:06.52
 1,500M
 25. A. Huerta, 4:17.58
 28. B. Sorensen, 4:19.39
 5,000M
 33. A. Davidson, 16:54.50
 110M Hurdles
 11. C. Mason, 16.60
 400M Hurdles
 2. J. Bullock, 54.96
 21. C. Mason, 1:01.73
 3,000M Steeplechase
 18. D. McCall, 10:16.48
 21. A. Geleta, 10:22.02
 Pole Vault
 T-8. B. Cox, 13' 6 1/4"
 Long Jump
 9. M. Curley, 21' 7 1/4"
 11. D. Urum-Ike, 21' 4"
 16. D. Calbert, 20' 11 3/4"
 24. E. J. Hawkins, 19' 1 1/4"
 Triple Jump
 1. D. Calbert, 47' 10"
 6. D. Urum-Ike, 45' 1"
 14. A. Armstrong, 38' 5"
 16. E. J. Hawkins, 37' 9 1/4"
 Shot Put
 7. T. Brownley, 47' 11"
 9. G. Peters, 44' 9"
 27. D. Scheuler, 39' 1/2"
 Discus Throw
 20. T. Brownley, 129' 5"
 23. D. Scheuler, 123' 3"
 Hammer Throw
 13. T. Brownley, 137' 6"
 17. G. Peters, 129' 3"
 Javelin Throw
 2. B. Winchester, 167' 10"
 28. B. Clifton, 105' 4"



2006 Bearcat Track & Field



Track and Field Contact - Jared Verner • s260440@nwmissouri.edu • 660.562.1118

2006 Northwest Outdoor Track and Field Results

• Women's Results

100M
19. C. Bennett, 13.86
20. L. Cooper, 13.88

200M
16. A. Reed, 27.52
19. C. Bennett, 27.69
29. S. Trulin, 28.39

400M
8. M. Robinson, 59.55
22. S. Trulin, 1:03.31

800M
17. A. O'Brien, 2:24.83
18. K. Degase, 2:25.39
29. H. Brokaw, 2:30.53
37. C. Sherlock, 2:37.47

1,500M
5. A. O'Brien, 4:46.97
16. K. Spader, 4:56.32
33. J. Montesano, 5:11.40
36. K. Homan, 5:18.75

5,000M
43. M. Tinsley, 22:03.33

100M Hurdles
4. H. Henry, 15.19

400M Hurdles
10. H. Henry, 1:07.11

Pole Vault
T-6. M. Royeton, 10'
T-14. L. Koenig, 7' 6"

Long Jump
11. K. Sargent, 16' 1 3/4"
19. T. Eaton, 15' 3 1/2"

Triple Jump
9. K. Sargent, 33' 6 3/4"
20. H. Carlson, 29' 2 1/2"

Shot Put
25. S. Loemker, 33' 8 3/4"

Hammer Throw
5. A. Disselhoff, 147'
7. S. Loemker, 138' 11"

Javelin Throw
9. L. Koenig, 102' 1"

Meet #10 (Men Only)

Drake Relays Des Moines, Iowa - April 27-29

4x800M
16. (E. Isley, J. Ritchie, J. Kanger, S. Pool), 7:47.39

1,600M Sprint Medley
9. (S. Cook, K. Wright, J. Kanger, E. Isley), 3:31.26

Distance Medley
20. (M. Pohren, J. Bullock, J. Ritchie, B. Dart), 10:39.50

High Jump
T-2. B. Adio, 6' 6 3/4"

Meet #11

MIAA Multi-Event Championships Warrensburg, Mo. - April 30-May 1

• Men's Decathlon

2. C. Ingram, 6,508

• Women's Heptathlon

5. E. Churchman, 4,048
10. J. Kiss, 3,033

Meet #12

MIAA Championships Emporia, Kan. - May 6-7

• Men's Results

100M
5. S. Cook, 10.82

800M
1. E. Isley, 1:51.42
4. J. Kanger, 1:54.96

1,500M
11. B. Touney, 4:17.13

5,000M
3. B. Dart, 15:15.18
14. M. Pohren, 15:53.16
15. A. Huerta, 16:11.57

10,000M
4. M. Pohren, 32:00.93
7. B. Dart, 32:30.13
9. A. Huerta, 33:07.43

110M Hurdles
7. K. Wright, 15.22

400M Hurdles
5. J. Bullock, 54.43

3,000M Steeplechase
9. B. Sorensen, 10:33.45
10. D. McCall, 10:39.92

4x100M
4. 42.75

4x400M
5. 3:24.67

High Jump
1. B. Adio, 6' 11 3/4"

Pole Vault
6. C. McIntosh, 15' 1 1/2"
8. B. Cox, 14' 7 1/2"
9. C. Ingram, 14' 1 3/4"

Long Jump
2. K. Wright, 23' 6 1/4"
4. D. Calbert, 21' 10 3/4"
6. M. Curley, 21' 10 1/4"
10. S. Cook, 21' 5 1/2"
12. E. J. Hawkins, 21' 2 1/2"
14. D. Urum-Ike, 20' 9 3/4"

Triple Jump
1. D. Calbert, 50' 1/2"
2. D. Urum-Ike, 48' 9"
4. B. Adio, 46' 11 1/2"

Shot Put

4. T. Brownley, 50' 2"
12. G. Peters, 45' 1/2"

Discus Throw

13. G. Peters, 121' 4"

Hammer Throw

3. T. MacKenzie, 178' 3"
12. G. Peters, 145' 4"
13. T. Brownley, 136' 8"

Javelin Throw

4. B. Winchester, 180' 3"
8. C. Ingram, 167' 4"

• Women's Results

100M
3. A. Samuel, 12.09
6. K. Cook, 12.36

200M
8. A. Samuel, 25.92

1,500M
7. A. O'Brien, 4:49.92
11. H. Brokaw, 5:19.23

5,000M
8. K. Spader, 19:00.78

10,000M

5. J. Montesano, 40:00.78

100M Hurdles

4. H. Henry, 15.10
8. E. Churchman, 15.92

400M Hurdles

5. H. Henry, 1:06.08

3,000M Steeplechase

5. D. McKee, 11:53.35

4x100M

3. (A. Samuel, K. Cook, H. Henry, M. Robinson), 46.73

4x400M

5. 4:03.39

High Jump

6. H. Carlson, 5' 3 1/4"

Pole Vault

10. M. Royeton, 9' 6 1/4"

Long Jump

8. T. Eaton, 17' 6 1/4"
12. K. Sargent, 16' 4 1/2"
15. J. Kiss, 14' 8 3/4"

Triple Jump

10. E. Churchman, 34' 11 1/4"
12. K. Sargent, 34' 1/4"

Shot Put

13. S. Loemker, 34' 2"

Hammer Throw

6. A. Disselhoff, 153' 6"
11. S. Loemker, 146' 9"

Meet #13 (Men Only)

MSSU Lionbacker Last Chance Meet Joplin, Mo. - May 10

Hammer Throw

2. T. MacKenzie, 176' 2 1/2"

Meet #14

Emporia Twilight Qualifier Emporia, Kan. - May 13

• Men's Results

800M
15. J. Kanger, 1:55.25

Pole Vault

11. C. McIntosh, 15' 3 1/2"
14. B. Cox, 14' 3 1/2"

• Women's Results

100M
6. A. Samuel, 12.35

800M
13. A. O'Brien, 2:19.72

4x100M
5. 48.03

High Jump
T-5. H. Carlson, 5' 2 1/4"

Meet #15

NCAA Championships Emporia, Kan. - May 25-27

• Men's Results

800M
6. E. Isley, 1:56.44

Triple Jump
6. D. Calbert, 50' 1/2"

Hammer Throw
6. T. MacKenzie, 185' 0"