



2006 Bearcat Track & Field



Track and Field Contact - Jared Verner • s260440@nwmissouri.edu • 660.562.1118

Five Athletes Travel to Emporia, Kan., for NCAA Division II Outdoor Championships

2006 Outdoor Schedule

Date	Meet	Location	Result
M16	Pittsburg State Open (M)	Pittsburg, Kan.	Individual
M16-19	Alabama Relays (W)	Tuscaloosa, Ala.	8th
M26-27	Northwest Multis	Maryville, Mo.	Individual
A1	Northwest Invitational	Maryville, Mo.	M-2nd/W-4th
A7-8	Concordia Invitational	Concordia, Neb.	Individual
A13-14	Emporia Multi-Events	Emporia, Kan.	Individual
A15	Nebraska Invitational	Lincoln, Neb.	Individual
A20-22	Kansas Relays	Lawrence, Kan.	Individual
A21	Mule Relays (M)	Warrensburg, Mo.	Individual
A27-29	Drake Relays	Des Moines, Iowa	Individual
A28	Simpson Invitational	Indianola, Iowa	Individual
A30-M1	MIAA Multi-Events	Warrensburg, Mo.	Individual
M6-7	MIAA Championships	Emporia, Kan.	M-3rd/W-6th
M11	MSSU Invitational	Joplin, Mo.	Individual
M13	Emporia Twilight Qualifier	Emporia, Kan.	Individual
M25-27	NCAA Championships	Emporia, Kan.	

Quick Facts

Name of School: Northwest Missouri State University
City/Zip: Maryville, MO 64468
Population: approx. 10,000
Founded: 1905
Enrollment: 6,350
Nickname: Bearcats
Colors: Forest Green and White
Affiliation: NCAA Division II
Conference: Mid-America Intercollegiate Athletics Association (MIAA)
President: Dr. Dean L. Hubbard
Director of Athletics: Dr. Bob Boerigter
Office Manager: Michele Steinmeyer
Head Athletic Trainer: David "D.C." Colt
Athletic Phone: 660-562-1713
Athletics Fax: 660-562-1493
Tickets Phone: 660-562-1212
Website: www.NorthwestBearcats.com
Home Track: Herschel Neil Track
Men's Head Coach: Richard Alsup
Years at School: 29
Men's Track Phone: 660-562-1327
Men's MIAA Championships: 3 total
Women's Head Coach: Scott Lorek
Years at School: 2
Women's Track Phone: 660-562-1303
Women's MIAA Championships: 2 total

Athletic Media Relations

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This Week in Outdoor Track and Field

The Northwest Missouri State men's track and field team will send five athletes to participate in the 2006 NCAA Division II Outdoor Championships, held May 25-27 on the campus of Emporia State University in Emporia, Kan. The women provisionally qualified in two events, but were unable to meet final qualifying standards. The final qualifying field and heat sheets are available at www.flashresults.com/flashwest. To attain All-America status, an individual must finish in the top-eight of their event.

Bearcat Men's Notes

The men qualified junior **Eric Isley** (Pleasantville, Iowa) in the 800-meter run, junior **Bayo Adio** (Oakland, Calif.) in the high jump, senior **Diezeas Calbert** and freshman **Daniel Urum-Ike** (Lee's Summit, Mo.) in the triple jump, and senior **Travis MacKenzie** (Cumberland, British Columbia) in the hammer throw.

Isley qualified with the nation's eighth-best time in the 800-meter run, qualifying with a personal record 1:51.42 in a first-place finish at the MIAA Outdoor Championships on May 6-7. Isley placed in the top-five four times this season, and is scheduled to compete in the preliminaries on Fri., May 26 at 6:15 p.m. Isley placed 13 th in the 800-meter run at the NCAA Indoor Championships earlier this year.

Adio advances to the national championships with a 6' 11 3/4" mark at the MIAA Championships, winning the high jump for the second time this season. Adio ranks ninth in NCAA performance lists, and will compete on Fri., May 26 at 6:00 p.m. Adio tied for tenth in the high jump at the NCAA indoor meet with 6' 7".

Calbert goes to Emporia, Kan., with a school-record 50' 4 3/4" jump at the Kansas Relays on April 20-22. Currently ranked seventh in national lists, Calbert won the triple-jump at the MIAA outdoor meet, finishing in the top-five in every meet this season. Urum-Ike recorded 48' 9" to finish runner-up in the MIAA triple jump, and is ranked 17 th in the final championship field for the weekend. Both men will compete on Sat., May 27 at 5:30 p.m.

MacKenzie moved to the NCAA championships in the hammer throw after recorded a school-record 184' 6" throw at the Nebraska Invitational on April 15. One of four MIAA athletes in the event, MacKenzie will be the first Bearcat in action, with competition beginning at 3:00 p.m. on Thurs., May 25.

The Bearcats ended the season 12 th in the final NCAA Division II Power Rankings, released May 17 by the United States Track and Field and Cross Country Coaches Association and D2Rankings.com. Northwest spent six consecutive weeks in the nationwide rankings, moving up as high as seventh for the week of May 3.

Head coach Richard Alsup received MIAA Men's Indoor Track and Field Indoor Coach of the Year honors on March 31, sharing the award with Central Missouri State coaches Kirk Pederson and Kip Janvrin.

Bearcat Women's Notes

Senior **Alisha Samuel** (San Juan, Trinidad) provisionally qualified in the 100-meter dash with 12.09, set in a third-place finish at the MIAA Championships on May 6-7. Ranked 32 nd in NCAA performance lists, Samuel missed the final cutoff, with the NCAA accepting only the top 19 times.

The women's 4x100-meter relay team, consisting of Samuel, junior **Kai-lea Cook** (Parkville, Mo.), sophomore **Hannah Henry** (Lenexa, Kan.), and



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Division II Men's Power Rankings

(Final - As of May 17, 2006)

1. University of South Dakota
2. Angelo State University
3. Central Missouri State University
4. Grand Valley State University
5. Pittsburg State University
6. Fort Hays State University
7. Western State College (Colo.)
8. Abilene Christian University
9. Southern Illinois - Edwardsville
10. Adams State College
11. University of California - San Diego
- 12. NORTHWEST MISSOURI STATE**
13. Slippery Rock University
14. Shippensburg University
15. Saginaw Valley State University
16. Locak Haven University
17. University of Missouri - Rolla
18. Northern State University
19. Emporia State University
20. Kutztown University

junior **Megan Robinson** (Parkville, Mo.) qualified for the national meet with the nation's 17 th best time at the MIAA outdoor meet with 46.73. The NCAA accepted the top 12 times.

Senior **Dia McKee** (O'Fallon, Mo.) set the school 3,000-meter steeplechase record for the third time this season, finishing fifth with 11:53.35 at the MIAA Outdoor Championships on May 6-7. McKee has shaved over 30 seconds off of her 2005 school record of 12:29.84, set at the 2005 Northwest Invitational.

Freshman **Hannah Henry** (Lenexa, Kan.) placed fourth in the 100-meter hurdles, her fourth top-five finish of the season, with a season-best 15.10 seconds. Henry also crossed the finish line fifth in the 400-meter hurdles, her third top-10 finish of the year.

Freshman **Emily Churchman** (Parkville, Mo.) finished fifth in the heptathlon of 10 athletes at the MIAA Multi-Event Championships on April 30-May 1. Churchman scored a season-high 4,048 points, finishing second in the shot put with a toss of 35' 3".

Coaching Staff

Men's head coach **Richard Alsup** is in his 29th year at Northwest Missouri State, while **Scott Lorek** is in the midst of his second year at the helm of the women's team.

Alsup finished the 2005 cross country season third at the MIAA meet, the team's best finish since a second-place finish in 1998. In the 2006 indoor season, his indoor squad finished second in the conference meet, their best finish since 2002, and was honored as MIAA Indoor Track and Field Coach of the Year, sharing the honor with the CMSU track and field coaches. He has been named MIAA Coach of the Year five times, while coaching six NCAA Division II National Track and Field Champions. Alsup finished last year's outdoor season with a fifth place finish in the MIAA and tied for seventh in the nation.

Lorek led the women's team to a sixth place finish in the 2005 cross country and 2006 indoor MIAA championships this year. Lorek has previously held positions at Western State (Colo.) as the head men's and women's track and field coach, leading both teams to a third-place finish in the NCAA Division II Outdoor Championships in 2002.

2006 Northwest Outdoor Track and Field Roster

Bearcat Men

Bayo Adio	Jr.	Oakland, Calif.
Anthony Armstrong	Fr.	Bellevue, Neb.
Travis Brownley	Sr.	Carrollton, Mo.
John Bullock	So.	Lauderdale Lake, Fla.
Diezeas Calbert	Sr.	Omaha, Neb.
Brent Clifton	So.	Tarkio, Mo.
Sheldon Cook	Fr.	Parkville, Mo.
Bradley Cox	Fr.	Plattsburg, Mo.
Martin Curley	Fr.	Laclede, Mo.
Brandon Dart	So.	Fremont, Neb.
Anthony Davidson	So.	Grant City, Mo.
E.J. Falkner	Jr.	Omaha, Neb.
Dallas Flynn	Jr-RS	Blair, Neb.
Asrat Geleta	Fr.	Waco, Tex.
Curt Gilpin	So.	Chester, Ill.
Keelen Green	Fr.	Sulphur Springs, Texas
E.J. Hawkins	Fr.	Elgin, Tex.
Austin Huerta	Fr.	Mesa, Ariz.
Courtland Ingram	So.	Hannibal, Mo.
Eric Isley	Jr.	Pleasantville, Iowa
Anthony Jackson	Sr.	Des Moines, Iowa
Jeff Kanger	So.	Omaha, Neb.
Travic MacKenzie	Jr.	Cumberland, BC, Can
Tyler Martin	Jr.	Bendena, Kan.
Corey Mason	Fr.	Unionville, Mo.
Devin McCall	Jr.	St. Louis, Mo.
Clif McIntosh	Jr.	Maryville, Mo.
Kyle Nespor	Fr.	Kearney, Mo.
Alex Oliver	So.	Woodine, Iowa
Daniel Pescador	Jr-RS	Chandler, Ariz.
Gabe Peters	Fr.	Hannibal, Mo.

Matt Pohren	Jr.	Omaha, Neb.
Stephen Pool	Fr.	Raymore, Mo.
Jeff Ritchie	Fr.	Bedford, Iowa
Sam Robinson	So.	Gladstone, Mo.
Jake Rockey	Fr.	Truro, Iowa
Karrington Rogers	So.	Malden, Mo.
Dan Scheuler	Fr.	Fairbury, Neb.
Brandon Schoen	Jr-RS	Beatrice, Neb.
Brad Sorenson	Fr.	Clarinda, Iowa
Bryan Touney	Jr.	Lake Lotawana, Mo.
Daniel Urum-Ike	Fr.	Lee's Summit, Mo.
Brandon Winchester	Jr.	Bendena, Kan.
Kendall Wright	Fr.	Sulphur Springs, Texas

Head Coach: Richard Alsup
Assistant Coaches: Ed Hart, Jarod Smith, Laz Marquart

Bearcat Women

Johanna Avilez	Fr.	Mesa, Ariz.
Audrey Bailey	So.	Lathrop, Mo.
Catrina Bennett	Fr.	Bellevue, Neb.
Heather Brokaw	Jr.	Lake St. Louis, Mo.
Halley Carlson	So.	New Virginia, Iowa
Emily Churchman	Fr.	Parkville, Mo.
Tasha Cockrum	Fr.	Park Hills, Mo.
Kailea Cook	Jr.	Parkville, Mo.
Laura Cooper	Fr.	Meadville, Mo.
Kristen Degase	Fr.	Maryville, Mo.
Abby Disselhoff	Sr.	Kansas City, Mo.
Tierney Eaton	Fr.	Grant City, Mo.
Amanda Gray	Fr.	Rock Port, Mo.

Hannah Henry	So.	Lenexa, Kan.
Kim Homan	Jr.	Lee's Summit, Mo.
Brandi Honeywell	Jr.	Excelsior Springs, Mo.
Lacey Jackson	Sr.	Emerson, Iowa
Jennifer Kiss	Fr.	Nobelton, Can.
Alexandra Koenig	Fr.	O'Fallon, Mo.
Alicia Kosta	Fr.	Gretna, Neb.
Julie Kreikemier	Sr.	Maryville, Mo.
Stacey Loemker	Jr.	Beatrice, Neb.
Krista Martine	So.	Liberty, Mo.
Dia McKee	Sr.	O'Fallon, Mo.
Maggie McManigal	Fr.	Colorado Springs, Colo.
Alexa McQuistan	Fr.	York, Neb.
Jessica Montesano	Sr.	Kansas City, Mo.
Anna O'Brien	Fr.	Easton, Mo.
Kara Poehlman	Jr.	Kansas City, Mo.
Courtnee Ream	Fr.	Unionville, Mo.
Amber Reed	Fr.	Beatrice, Neb.
Carly Reinoehl	Fr.	Kansas City, Mo.
Megan Robinson	Jr.	Overland Park, Kan.
Melanie Royeton	So.	Parkville, Mo.
Alisha Samuel	Sr.	San Juan, Trinidad
Katie Sargent	Fr.	Meadville, Mo.
Cassie Sherlock	So.	Murray, Neb.
Karah Spader	So.	Waco, Neb.
Megan Tinsley	Fr.	Liberty, Mo.
Stacie Trulin	Fr.	Liberty, Mo.
Emily Von Weihe	So.	Treynor, Iowa
Jennifer Williams	So.	Columbus, Neb.

Head Coach: Scott Lorek
Assistant Coach: Shelley Lorek, Veronica Dyer, Jamal Rankins, Derek Frese



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2006 Northwest Outdoor Track and Field Results

Race #1 (Men Only)

Pittsburg State Open

Pittsburg, Kan., - March 16

100M

- 5. S. Cook, 11.02
- 10. K. Rogers, 11.28
- 13. D. Urum-Ike, 11.61
- 15. C. Gilpin, 11.81

200M

- 8. A. Jackson, 22.97
- T-9. C. Gilpin, 23.25

400M

- 5. R. Purnell, 51.78
- 12. A. Armstrong, 53.03
- 17. J. Rockey, 56.34

800M

- 3. J. Kanger, 1:58.67
- 5. J. Ritchie, 2:01.11

1,500M

- 4. B. Touney, 4:13.9
- 6. J. Kanger, 4:15.5
- 10. B. Sorensen, 4:21.9
- 11. D. McCall, 4:23.3
- 14. A. Huerta, 4:28.0
- 16. S. Pool, 4:30.4
- 20. J. Ritchie, 4:34.05
- 24. A. Geleta, 4:38.6

3,000M

- 1. M. Pohren, 9:07
- 5. A. Huerta, 9:26.29
- 6. D. McCall, 9:29.72
- 8. A. Davidson, 9:42.85

110M Hurdles

- 4. C. Mason, 16.26

400M Hurdles

- 1. J. Bullock, 55.91
- 5. C. Mason, 1:01.15

3,000M Steeplechase

- 2. B. Sorensen, 10:51.58

4x100M

- 1. 42.35

4x400M

- 6. 3:35.51

High Jump

- T-2. B. Adio, 6' 6 3/4"

Long Jump

- 1. K. Wright, 22' 1 1/2"
- 4. A. Jackson, 21' 2 3/4"
- 6. S. Cook, 20' 5"
- 9. D. Urum-Ike, 19' 7"
- 13. E.J. Hawkins, 17' 11 1/2"

Triple Jump

- 2. D. Urum-Ike, 47' 5 1/4"
- 5. B. Adio, 43' 2 1/2"

Shot Put

- 10. C. Ingram, 36' 9 3/4"

Javelin Throw

- 4. B. Winchester, 156' 7"
- 6. C. Ingram, 151' 4"

Race #1 (Women Only)

University of Alabama Relays

Tuscaloosa, Ala. - March 16-19

100M

- 31. K. Cook, 12.75
- 53. L. Cooper, 13.33
- 54. A. McQuistan, 13.52

200M

- 45. K. Cook, 26.23
- 63. C. Bennett, 27.63

65. L. Cooper, 27.85

66. A. Reed, 28.02

69. A. McQuistan, 28.48

400M

- 55. C. Bennett, 1:05.11
- 56. A. Reed, 1:05.68

800M

- 25. A. O'Brien, 2:23.10
- 40. C. Sherlock, 2:28.27
- 46. K. Degase, 2:35.39

1,500M

- 21. A. O'Brien, 5:00.19
- 33. K. Homan, 5:18.22

5,000M

- 11. K. Spader, 18:40.67

100M Hurdles

- 27. J. Avilez, 15.91
- 29. H. Henry, 15.98

36. E. Churchman, 16.32

43. T. Eaton, 17.32

400M Hurdles

- 20. H. Henry, 1:08.15
- 26. E. Churchman, 1:09.92

3,000M Steeplechase

- 12. D. McKee, 12:14.92

High Jump

- T-8. H. Carlson, 5' 3"
- T-15. T. Eaton, 5' 1"

4x200M

- 5. 1:47.77

4x800M

- 5. 9:53.75

Distance Medley

- 6. 13:05.17

Race #2

Northwest Centennial Multi-Events

Maryville, Mo. - March 26-27

Heptathlon

- 3. E. Churchman, 3,929
- 5. J. Avilez, 3,733
- 8. J. Kiss, 2,894

Race #3

Northwest Invitational

Maryville, Mo. - April 1

•Men's Results

10,000M

- 2. M. Pohren, 33:24.52
- 5. A. Huerta, 34:33.35
- 8. A. Davidson, 36:34.46

3,000M Steeplechase

- 6. B. Sorensen, 10:27.01

4x100M

- 1. (E.J. Hawkins, S. Cook, K. Rogers, K. Green), 41.71

1,500M

- 3. J. Kanger, 4:05.95
- 8. D. McCall, 4:13.28
- 10. B. Touney, 4:15.26

110M Hurdles

- 5. C. Ingram, 15.72
- 15. C. Mason, 17.31

400M

- 8. R. Purnell, 51.01
- 9. A. Armstrong, 51.63
- 19. J. Rockey, 54.12
- 21. C. Gilpin, 54.80

100M

- T-9. K. Rogers, 11.41

23. K. Green, 14.22

800M

- 1. E. Isley, 1:53.12
- 9. J. Kanger, 1:58.79
- 11. J. Ritchie, 1:59.13
- 23. A. Oliver, 2:07.76

400M Hurdles

- 3. J. Bullock, 54.88
- 10. C. Mason, 58.18

200M

- 12. C. Gilpin, 23.47
- 23. J. Rockey, 24.83

5,000M

- 5. A. Huerta, 16:04.81
- 7. B. Touney, 16:17.05
- 12. M. Pohren, 16:32.29
- 13. D. McCall, 16:50.87
- 19. B. Sorensen, 17:17.32
- 20. A. Davidson, 17:21.29

4x400M

- 5. (S. Cook, R. Purnell, A. Armstrong, J. Bullock), 3:26.25
- 6. (E. Isley, J. Ritchie, J. Kanger, A. Oliver), 3:26.40

Javelin

- 6. C. Ingram, 166' 6 1/2"
- 7. B. Winchester, 165' 3 3/4"

Hammer

- 2. T. MacKenzie, 178' 7 3/4"
- 9. T. Brownley, 138' 1/4"
- 16. G. Peters, 114' 10"

Long Jump

- 5. D. Urum-Ike, 21' 5 1/2"
- 6. A. Jackson, 21' 4 3/4"
- 7. S. Cook, 21' 3"
- 14. E. J. Hawkins, 20' 1 3/4"

Shot Put

- 2. T. Brownley, 48' 1 1/4"
- 11. G. Peters, 39' 8 3/4"

Pole Vault

- 2. C. McIntosh, 15' 1/4"
- 5. C. Ingram, 14' 1/2"

High Jump

- 1. B. Adio, 6' 10 3/4"
- 5. B. Clifton, 6' 3/4"

Triple Jump

- 1. D. Calbert, 49' 1 1/2"
- 2. D. Urum-Ike, 47' 3"
- 6. B. Adio, 43' 7 1/4"
- 13. T. Logan, 40' 1/4"
- 14. A. Armstrong, 39' 5 1/4"

•Women's Results

3,000M Steeplechase

- 6. D. McKee, 12:20.04

4x100M

- 2. 48.3

1,500M

- 17. K. Homan, 5:29.7
- T-21. K. Poehlman, 5:48.1

100M Hurdles

- 2. H. Henry, 15.31

400M

- 20. A. Reed, 1:04.40
- 23. C. Bennett, 1:05.48
- 24. A. McQuistan, 1:06.19

100M

- 4. K. Cook, 12.63
- 9. L. Cooper, 13.45

800M

- 5. A. O'Brien, 2:23.21

12. K. Degase, 2:29.03

14. C. Sherlock, 2:30.76

400M Hurdles

- 6. H. Henry, 1:06.68
- 16. J. Kiss, 1:17.27

200M

- 6. K. Cook, 26.13
- 7. A. Samuel, 26.27
- 9. M. Robinson, 26.44
- 13. C. Bennett, 27.14

16. A. Reed, 27.40

17. L. Cooper, 27.41

20. A. McQuistan, 27.88

27. C. Ream, 29.00

3,000M

- 5. A. O'Brien, 10:49.12
- 9. K. Spader, 10:56.76

4x400M

- 8. 4:20.66

Javelin

- 17. E. Churchman, 83' 1/2"
- 18. L. Koenig, 81' 8 1/4"
- 20. J. Avilez, 75' 11"

Hammer

- 3. A. Disselhoff, 143' 1"
- 7. S. Loemker, 135' 6"

Long Jump

- 9. E. Churchman, 10' 3/4"
- 14. K. Sargent, 9' 1/4"
- 18. J. Kiss, 15' 0"

Shot Put

- 17. S. Loemker, 33' 8 3/4"

Pole Vault

- 4. M. Royeton, 10' 6"

High Jump

- T-2. H. Carlson, 5' 4 1/4"
- 4. T. Eaton, 5' 4 1/4"

Triple Jump

- 10. E. Churchman, 34' 9 1/4"
- 13. K. Sargent, 33' 8 3/4"
- 17. H. Carlson, 30' 8"

Race #4

Concordia Invitational

Seward, Neb. - April 7-8

•Men's Results

100M

- 1. S. Cook, 10.99

400M

- 15. R. Purnell, 52.28
- 17. A. Armstrong, 52.73

800M

- 2. E. Isley, 1:52.13
- 7. J. Kanger, 1:55.28
- 10. J. Ritchie, 1:57.70
- 33. J. Rockey, 2:09.36
- 35. A. Oliver, 2:10.43

1,500M

- 8. B. Dart, 4:07.81
- 9. B. Touney, 4:10.41
- 11. D. McCall, 4:11.72
- 12. M. Pohren, 4:12.42
- 14. A. Huerta, 4:18.78
- 17. A. Davidson, 4:25.03

5,000M

- 3. B. Dart, 15:34.56
- 5. M. Pohren, 15:49.64
- 9. A. Huerta, 16:03.32
- 11. B. Touney, 16:15.37
- 12. D. McCall, 16:18.58



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2006 Northwest Outdoor Track and Field Results

16. A. Davidson, 17:01.13
 400M Hurdles
 2. J. Bullock, 54.53
 15. C. Mason, 1:00.14
 4x400M
 5. A., 3:32.11
 9. B., 3:30.98
 High Jump
 3. B. Adio, 6' 7"
 T-9. B. Clifton, 5' 11"
 Pole Vault
 T-2. C. McIntosh, 14' 9"
 Long Jump
 11. D. Urum-Ike, 20' 4"
 14. S. Cook, 19' 11"
 21. B. Adio, 18' 10"
 Triple Jump
 1. D. Urum-Ike, 47' 10 1/4"
 13. A. Armstrong, 40' 10 1/2"
 Discus Throw
 15. G. Peters, 128' 9 1/2"
 Hammer Throw
 12. T. Brownley, 132' 8"
 15. G. Peters, 125' 2"
 Javelin Throw
 2. B. Winchester, 169' 7"
 6. C. Ingram, 155' 2"
 • Women's Results
 100M
 3. A. Samuel, 12.49
 6. K. Cook, 12.72
 200M
 8. M. Robinson, 26.61
 12. A. Reed, 27.02
 13. C. Bennett, 27.32
 17. L. Cooper, 27.58
 24. S. Trulin, 28.16
 25. A. McQuistan, 28.22
 28. J. Kiss, 29.10
 800M
 6. C. Sherlock, 2:29.70
 16. K. Homan, 2:32.34
 1,500M
 24. J. Toebben, 5:44.35
 5,000M
 3. A. O'Brien, 18:48.39
 11. K. Homan, 21:22.01
 100M Hurdles
 5. H. Henry, 15.35
 7. E. Churchman, 16.72
 3,000M Steeplechase
 3. D. McKee, 11:55.09
 4x100M
 2. 48.35
 4x400M
 5. 4:12.01
 High Jump
 5. H. Carlson, 5' 0"
 10. T. Eaton, 5' 0"
 Pole Vault
 T-7. M. Royeton, 9' 8"
 Long Jump
 18. K. Sargent, 15' 1/4"
 21. J. Kiss, 13' 11"
 Triple Jump
 8. E. Churchman, 34' 11"
 20. K. Sargent, 31' 7"
 Hammer Throw
 5. A. Disselhoff, 142' 9"
 13. S. Loemker, 121' 6"

Javelin Throw
 12. J. Kiss, 69' 5"
 • Race #5
Emporia State Division II Challenge
Emporia, Kan. - April 13-14
 Heptathlon
 11. E. Churchman, 3,975
 20. J. Kiss, 2,855
 • Race #6
Nebraska Invitational
Lincoln, Neb. - April 15
 • Men's Results
 110M Hurdles
 15. C. Mason, 16.10
 400M
 16. A. Armstrong, 52.57
 19. J. Rockey, 54.33
 800M
 7. E. Isley, 1:52.27
 22. S. Pool, 2:01.23
 33. A. Oliver, 2:08.25
 400M Hurdles
 5. J. Bullock, 54.67
 1,500M
 12. J. Kanger, 4:04.94
 17. J. Ritchie, 4:13.40
 18. B. Touney, 4:14.98
 23. A. Geleta, 4:21.07
 5,000M
 2. B. Dart, 15:24.27
 6. M. Pohren, 15:52.29
 7. A. Huerta, 15:57.66
 9. D. McCall, 16:17.91
 10. A. Davidson, 16:51.09
 Hammer
 3. T. MacKenzie, 184' 6"
 Shot Put
 12. G. Peters, 41' 7 1/4"
 14. D. Schueler, 39' 1/2"
 Long Jump
 12. D. Calbert, 21' 4 1/4"
 20. M. Curley, 20' 7 1/4"
 21. S. Cook, 20' 5 3/4"
 29. E.J. Hawkins, 18' 3 1/4"
 Triple Jump
 3. D. Calbert, 49' 9 1/4"
 T-12. M. Curley, 42' 1/2"
 High Jump
 3. B. Adio, 6' 8 3/4"
 4x100
 4. 42.37
 • Women's Results
 100M
 6. K. Cook, 12.28
 7. A. Samuel, 12.29
 200M
 7. A. Samuel, 25.60
 12. A. Reed, 26.63
 400M Dash
 9. M. Robinson, 1:00.06
 12. C. Sherlock, 1:02.37
 800M
 21. A. O'Brien, 2:27.84
 24. K. Degase, 2:30.18
 1,500M
 16. A. O'Brien, 4:54.55
 23. D. McKee, 5:05.70
 29. K. Homan, 5:19.44

34. J. Kreikemeier, 5:43.66
 5,000M
 5. K. Spader, 18:54.8
 8. J. Montesano, 20:01.8
 4x100
 4. 47.74
 Hammer
 11. A. Disselhoff, 145"
 13. S. Loemker, 138' 4"
 Long Jump
 20. K. Sargent, 16' 3 1/4"
 Triple Jump
 11. K. Sargent, 33' 7 1/2"
 High Jump
 T-10. T. Eaton, 5' 3"
 T-13. H. Carlson, 5' 1"
 • Race #7 (Men Only)
CMSU Mule Relays
Warrensburg, Mo. - April 21
 Long Jump
 4. M. Curley, 21' 11 1/2"
 Triple Jump
 5. M. Curley, 42' 7"
 Pole Vault
 7. B. Cox, 19' 9 1/4"
 Hammer Throw
 12. G. Peters, 136' 6"
 Shot Put
 13. G. Peters, 41' 3"
 Discus Throw
 17. 129' 3"
 • Race #8
Kansas Relays
Lawrence, Kan. - April 20-22
 • Men's Results
 800M
 5. E. Isley, 1:52.82
 27. J. Kanger, 1:56.84
 38. J. Ritchie, 1:58.02
 1,500M
 17. B. Touney, 4:15.51
 19. D. McCall, 4:17.30
 10,000M
 9. M. Pohren, 32:27.64
 10. B. Dart, 32:43.56
 15. A. Huerta, 33:46.92
 400M Hurdles
 23. J. Bullock, 54.71
 4x880-yard
 8. (J. Kanger, J. Ritchie, S. Pool, E. Isley), 7:55.36
 1600M Sprint Medley
 11. (S. Cook, E.J. Hawkins, R. Purnell, E. Isley), 3:36.79
 High Jump
 3. B. Adio, 6' 8 3/4"
 Triple Jump
 5. D. Calbert, 50' 4 3/4"
 13. D. Urum-Ike, 47' 1 3/4"
 • Women's Results
 800M
 36. K. Degase, 2:27.66
 39. C. Sherlock, 2:29.15
 1,500M
 9. A. O'Brien, 4:52.66
 21. H. Brokaw, 5:13.79
 28. K. Homan, 5:27.92
 31. E. VonWeihe, 5:46.51

33. K. Poehlman, 5:49.59
 5,000M
 12. K. Spader, 18:28.33
 3,000M Steeplechase
 9. D. McKee, 12:43.63
 4x200
 11. (M. Robinson, A. Reed, C. Bennett, K. Cook), 1:48.92
 4x800-yard relay
 5. (A. O'Brien, C. Sherlock, K. Degase, D. McKee), 9:47.49
 High Jump
 16. T. Eaton, 5' 5"
 21. H. Carlson, 5' 3"
 Hammer Throw
 15. A. Disselhoff, 144' 5"
 • Meet #7
Kip Janvrin Simpson College Open
- Indianola, Iowa, April 28
 • Men's Results
 100M
 3. S. Cook, 11.10
 200M
 2. S. Cook, 22.04
 13. K. Wright, 23.17
 T-31. K. Rogers, 24.17
 400M
 20. A. Armstrong, 52.42
 800M
 41. A. Oliver, 2:06.52
 1,500M
 25. A. Huerta, 4:17.58
 28. B. Sorensen, 4:19.39
 5,000M
 33. A. Davidson, 16:54.50
 110M Hurdles
 11. C. Mason, 16.60
 400M Hurdles
 2. J. Bullock, 54.96
 21. C. Mason, 1:01.73
 3,000M Steeplechase
 18. D. McCall, 10:16.48
 21. A. Geleta, 10:22.02
 Pole Vault
 T-8. B. Cox, 13' 6 1/4"
 Long Jump
 9. M. Curley, 21' 7 1/4"
 11. D. Urum-Ike, 21' 4"
 16. D. Calbert, 20' 11 3/4"
 24. E. J. Hawkins, 19' 1 1/4"
 Triple Jump
 1. D. Calbert, 47' 10"
 6. D. Urum-Ike, 45' 1"
 14. A. Armstrong, 38' 5"
 16. E. J. Hawkins, 37' 9 1/4"
 Shot Put
 7. T. Brownley, 47' 11"
 9. G. Peters, 44' 9"
 27. D. Scheuler, 39' 1/2"
 Discus Throw
 20. T. Brownley, 129' 5"
 23. D. Scheuler, 123' 3"
 Hammer Throw
 13. T. Brownley, 137' 6"
 17. G. Peters, 129' 3"
 Javelin Throw
 2. B. Winchester, 167' 10"
 28. B. Clifton, 105' 4"
 • Women's Results
 100M
 19. C. Bennett, 13.86
 20. L. Cooper, 13.88



2006 Bearcat Track & Field



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2006 Northwest Outdoor Track and Field Results

200M
16. A. Reed, 27.52
19. C. Bennett, 27.69
29. S. Trulin, 28.39

400M
8. M. Robinson, 59.55
22. S. Trulin, 1:03.31

800M
17. A. O'Brien, 2:24.83
18. K. Degase, 2:25.39
29. H. Brokaw, 2:30.53
37. C. Sherlock, 2:37.47

1,500M
5. A. O'Brien, 4:46.97
16. K. Spader, 4:56.32
33. J. Montesano, 5:11.40
36. K. Homan, 5:18.75

5,000M
43. M. Tinsley, 22:03.33

100M Hurdles
4. H. Henry, 15.19

400M Hurdles
10. H. Henry, 1:07.11

Pole Vault
T-6. M. Royeton, 10' 0"
T-14. L. Koenig, 7' 6"

Long Jump
11. K. Sargent, 16' 1 3/4"
19. T. Eaton, 15' 3 1/2"

Triple Jump
9. K. Sargent, 33' 6 3/4"
20. H. Carlson, 29' 2 1/2"

Shot Put
25. S. Loemker, 33' 8 3/4"

Hammer Throw
5. A. Disselhoff, 147' 0"
7. S. Loemker, 138' 11"

Javelin Throw
9. L. Koenig, 102' 1"

Meet #8
Drake Relays - Des Moines, Iowa, April 27-29
4x800M
16. (E. Isley, J. Ritchie, J. Kanger, S. Pool), 7:47.39
1,600M Sprint Medley
9. (S. Cook, K. Wright, J. Kanger, E. Isley), 3:31.26
Distance Medley
20. (M. Pohren, J. Bullock, J. Ritchie, B. Dart), 10:39.50
High Jump
T-2. B. Adio, 6' 6 3/4"

Meet #9
MIAA Multi-Event Championships - Warrensburg, Mo., April 30- May 1
• Men's Results
Decathlon
2. C. Ingram, 6,508
• Women's Results
Heptathlon
5. E. Churchman, 4,048
10. J. Kiss, 3,033

Meet #10
MIAA Championships - Emporia, Kan., May 6-7
• Men's Results
100M
5. S. Cook, 10.82
800M

1. E. Isley, 1:51.42
4. J. Kanger, 1:54.96
1,500M
11. B. Touney, 4:17.13
5,000M
3. B. Dart, 15:15.18
14. M. Pohren, 15:53.16
15. A. Huerta, 16:11.57
10,000M
4. M. Pohren, 32:00.93
7. B. Dart, 32:30.13
9. A. Huerta, 33:07.43
110M Hurdles
7. K. Wright, 15.22
400M Hurdles
5. J. Bullock, 54.43
3,000M Steeplechase
9. B. Sorensen, 10:33.45
10. D. McCall, 10:39.92
4x100M
4. 42.75
4x400M
5. 3:24.67
High Jump
1. B. Adio, 6' 11 3/4"
Pole Vault
6. C. McIntosh, 15' 1 1/2"
8. B. Cox, 14' 7 1/2"
9. C. Ingram, 14' 1 3/4"
Long Jump
2. K. Wright, 23' 6 1/4"
4. D. Calbert, 21' 10 3/4"
6. M. Curley, 21' 10 1/4"
10. S. Cook, 21' 5 1/2"
12. E. J. Hawkins, 21' 2 1/2"
14. D. Urum-Ike, 20' 9 1/2"
Triple Jump
1. D. Calbert, 50' 1 2/2"
2. D. Urum-Ike, 48' 9"
4. B. Adio, 46' 11 1/2"
Shot Put
4. T. Brownley, 50' 2"
12. G. Peters, 45' 1/2"
Discus Throw
13. G. Peters, 121' 4"
Hammer Throw
3. T. MacKenzie, 178' 3"
12. G. Peters, 145' 4"
13. T. Brownley, 136' 8"
Javelin Throw
4. B. Winchester, 180' 3"
8. C. Ingram, 167' 4"
• Women's Results
100M
3. A. Samuel, 12.09
6. K. Cook, 12.36
200M
8. A. Samuel, 25.92
1,500M
7. A. O'Brien, 4:49.92
11. H. Brokaw, 5:19.23
5,000M
8. K. Spader, 19:00.78
10,000M
5. J. Montesano, 40:00.78
100M Hurdles
4. H. Henry, 15.10
8. E. Churchman, 15.92
400M Hurdles
5. H. Henry, 1:06.08
3,000M Steeplechase
5. D. McKee, 11:53.35
4x100M
3. (A. Samuel, K. Cook, H. Henry, M.

Robinson), 46.73
4x400M
5. 4:03.39
High Jump
6. H. Carlson, 5' 3 1/4"
Pole Vault
10. M. Royeton, 9' 6 1/4"
Long Jump
8. T. Eaton, 17' 6 1/4"
12. K. Sargent, 16' 4 1/2"
15. J. Kiss, 14' 8 3/4"
Triple Jump
10. E. Churchman, 34' 11 1/4"
12. K. Sargent, 34' 1/4"
Shot Put
13. S. Loemker, 34' 2"
Hammer Throw
6. A. Disselhoff, 153' 6"
11. S. Loemker, 146' 9"

Meet #11
MSSU Lionbacker Last Chance Meet - Joplin, Mo., May 10
Hammer Throw
2. T. MacKenzie, 176' 2 1/2"

Meet #12
Emporia Twilight Qualifier - Emporia, Kan., May 13
• Men's Results
800M
15. J. Kanger, 1:55.25
Pole Vault
11. C. McIntosh, 15' 3 1/2"
14. B. Cox, 14' 3 1/2"
• Women's Results
100M
6. A. Samuel, 12.35
800M
13. A. O'Brien, 2:19.72
4x100M
5. 48.03
High Jump
T-5. H. Carlson, 5' 2 1/4"