



Northwest

Missouri State University

Athletic Media Relations
Office: (660) 562-1118

Cross Country Release

www.northwestbearcats.com

Oct. 21, 2008

2008 ROSTER

| Women | Yr. Hometown (Previous School) |
|---------------------|--|
| Angela Adams | Fr. North Kansas City, Mo. |
| Jane Bowness | Jr. Steelville, Mo. (Steelville HS) |
| Jennifer Dittburner | Jr. Scottsdale, Ariz. (Desert Mountain HS) |
| Virginia Fleer | Fr. Hoskins, Neb. |
| Amanda Gray | Sr. Rock Port, Mo. (Rock Port HS) |
| Kayli Hrdlicka | So. Pella, Iowa (Pella HS) |
| Mary Jantz | So. Beatrice, Neb. (Beatrice HS) |
| Heidi Johnson | Fr. Clarksdale, Mo. |
| Madison Marshman | So. Marshall, Mo. (Marshall HS) |
| Megan McElroy | So. Burke, Va. (Robinson HS) |
| Maggie McManigal | Sr. Colorado Springs, Colo. (Wasson HS) |
| Jessica Nichols | So. Louisiana, Mo. (Louisiana HS) |
| Kelsey Peters | Fr. Peculiar, Mo. |
| Brittany Poole | Fr. Omaha, Neb. |
| Carly Reinoehl | Sr. Kansas City, Mo. |
| Tennille Shearer | Jr. Independence, Mo. (Truman HS) |
| Megan Tinsley | Sr. Liberty, Mo. (Liberty HS) |

| Men | Yr. Hometown (Previous School) |
|------------------|--|
| Ben Chappell | Jr. St. Joseph, Mo. (West Valley (Calif.) Coll.) |
| Ryan Darling | Fr. Prairieville, La. |
| Anthony Davidson | Sr. Grant City, Mo. (Worth County HS) |
| David Franz | Sr. Belton, Mo. (Johnson County (Kan.) CC) |
| Ryan Gates | Jr. Neosho, Mo. (Neosho HS) |
| Trevor Johannsen | Jr. Clinton, Mo. |
| Chris King | So. Redding, Iowa (Mt. Ayr HS) |
| Zach Layton | Fr. Platte City, Mo. |
| Waylon Martensen | Fr. California, Mo. |
| Clay Martin | So. Blue Springs, Mo. |
| Dylan McMahan | Fr. Omaha, Neb. |
| Alex Mullock | Fr. Grant City, Mo. |
| Kaden Myers | So. Sedalia, Mo. (Sedalia HS) |
| Daniel Pescador | Sr. Phoenix, Ariz. |
| T.R. Pursell | So. Peoria, Ill. (Limestone HS) |
| Andrew Rivera | Fr. St. Joseph, Mo. |
| Derek Roberts | Fr. Adel, Iowa |
| Jared Walker | Fr. Mt. Pleasant, Iowa |

Head Coach: Scott Lorek
Assistant Coach: Tessa Koschel

Bearcats Head to MIAA Championships

This Week

The Northwest Missouri State men's and women's cross country teams take part in the MIAA Championships Oct. 25 in Warrensburg, Mo. The men's 8K begins at 10:30 a.m. with the women's 6K to follow at 11:30 a.m. All races will begin on the fairway of the 16th hole and end near the first tee box at UCM's Keth Memorial Golf Course.

The MIAA meet will be approximately the same size as the Loper Open in both number of teams and participants. It will be the first conference meet held at Keth Memorial since 2000, although the course has held NCAA regional meets three times in that span (2001, 2002, 2006)

Men's Notes

Looking Back at the Loper Open

Northwest had four of its runners place in the top half of the runners and finished fourth of eight teams. Zach Layton finished first for Northwest and 15th overall with a time of season-best time of 26:22.90. Ben Chappell finished second for the Bearcats and 19th overall with 26:31.20, lowering his season 8K time by more than 30 seconds.

Looking Ahead to the MIAA Championships

The men finished seventh in the 2007 championships and sixth the last time it was held in Warrensburg, Mo. Ben Chappell earned MIAA Honorable Mention honors last season with a 15th overall finish to lead Northwest.

Women's Notes

Looking Back at the Loper Open

Northwest placed all five scoring runners in the top half of the field and took fifth of nine teams. Both Angela Adams and Brittany Poole ran their first 6K of the season and led the Bearcats. The next three runners -- Maggie McManigal, Mary Jantz and Jessica Nichols -- all finished in order in 29th, 30th and 31st.

Looking Ahead to the MIAA Championships

Northwest finished second in the last MIAA meet at Central Missouri, one point away from champion Truman. The women will be without All-MIAA performer Anna O'Brien, who finished fourth in last year's meet but is redshirting 2008.

Next Week

Northwest men's and women's cross country teams will head to NCAA South Central Regional Championships hosted by Incarnate Word at Live Oak City Park in San Antonio, Texas. The men's 10K begins at 9:30 a.m. followed by the women's 6K race 10:30 a.m.

2008 Schedule

| Date | Meet | Location | Result / Time |
|----------|------------------------------------|------------------------------|------------------------------------|
| Sept. 6 | Bearcat/Spoofhound Open | Bearcat Cross Country Course | Women: 1st of 3; Men: 1st of 2 |
| Sept. 20 | Woody Greeno/Nebraska Invitational | Lincoln, Neb. | Women: 19th of 25; Men: 10th of 25 |
| Sept. 27 | Roy Griak Invitational (men) | Falcon Heights, Minn. | Men: 11th of 22 |
| Oct. 4 | Cowboy Jamboree (women) | Stillwater, Okla. | Women: 11th of 25 |
| Oct. 11 | Loper Open | Kearney, Neb. | Women: 5th of 9; Men: 4th of 8 |
| Oct. 25 | MIAA Championships | Warrensburg, Mo. | M-10:30 a.m. / W-11:30 a.m. |
| Nov. 8 | NCAA South Central Regional | San Antonio, Texas. | M-9:30 a.m. / W-10:30 a.m. |
| Nov. 22 | NCAA Championships | Slippery Rock, Pa. | 11 a.m. |

Northwest Missouri State University • Bearcats Athletics
800 University Dr., LAC Press Box • Maryville, MO 64468
(660) 562-1118 • www.northwestbearcats.com

