



Northwest

Missouri State University

Athletic Media Relations
Office: (660) 562-1118

Cross Country Release

www.northwestbearcats.com

Oct. 7, 2008

2008 ROSTER

Women	Yr.	Hometown (Previous School)
Angela Adams	Fr.	North Kansas City, Mo.
Jane Bowness	Jr.	Steelville, Mo. (Steelville HS)
Jennifer Dittburner	Jr.	Scottsdale, Ariz. (Desert Mountain HS)
Virginia Fleer	Fr.	Hoskins, Neb.
Amanda Gray	Sr.	Rock Port, Mo. (Rock Port HS)
Kayli Hrdlicka	So.	Pella, Iowa (Pella HS)
Mary Jantz	So.	Beatrice, Neb. (Beatrice HS)
Heidi Johnson	Fr.	Clarksdale, Mo.
Madison Marshman	So.	Marshall, Mo. (Marshall HS)
Megan McElroy	So.	Burke, Va. (Robinson HS)
Maggie McManigal	Sr.	Colorado Springs, Colo. (Wasson HS)
Jessica Nichols	So.	Louisiana, Mo. (Louisiana HS)
Kelsey Peters	Fr.	Peculiar, Mo.
Brittany Poole	Fr.	Omaha, Neb.
Carly Reinoehl	Sr.	Kansas City, Mo.
Tennille Shearer	Jr.	Independence, Mo. (Truman HS)
Megan Tinsley	Sr.	Liberty, Mo. (Liberty HS)
Men	Yr.	Hometown (Previous School)
Ben Chappell	Jr.	St. Joseph, Mo. (West Valley (Calif.) Coll.)
Ryan Darling	Fr.	Prairieville, La.
Anthony Davidson	Sr.	Grant City, Mo. (Worthy County HS)
David Franz	Sr.	Belton, Mo. (Johnson County (Kan.) CC)
Ryan Gates	Jr.	Neosho, Mo. (Neosho HS)
Trevor Johannsen	Jr.	Clinton, Mo.
Chris King	So.	Redding, Iowa (Mt. Ayr HS)
Zach Layton	Fr.	Platte City, Mo.
Waylon Martensen	Fr.	California, Mo.
Clay Martin	So.	Blue Springs, Mo.
Dylan McMahon	Fr.	Omaha, Neb.
Alex Mullock	Fr.	Grant City, Mo.
Kaden Myers	So.	Sedalia, Mo. (Sedalia HS)
Daniel Pescador	Sr.	Phoenix, Ariz.
T.R. Pursell	So.	Peoria, Ill. (Limestone HS)
Andrew Rivera	Fr.	St. Joseph, Mo.
Derek Roberts	Fr.	Adel, Iowa
Jared Walker	Fr.	Mt. Pleasant, Iowa

Head Coach: Scott Lorek

Assistant Coach: Tessa Koschel

Bearcats Head to Inaugural Loper Open

This Week

The Northwest Missouri State men's and women's cross country teams will be heading to Kearney, Neb., for the inaugural Loper Open. This will be the first time in two weeks that both teams will be at the same race.

Competition begins at 10 a.m. at the Kearney Country Club north of the Nebraska-Kearney campus. It will be the final race before the MIAA Championship Oct. 25 in Warrensburg, Mo.

Men's Notes

Looking Back at the Roy Griak

Northwest got another outstanding performance from freshman Zach Layton and placed 11th of 22 teams at the Roy Griak Invitational hosted by the University of Minnesota last weekend. Layton ran 10 seconds faster in his second 8-kilometer race of the season and finished 27th of 256 participants.

All nine Northwest runners improved their 8K time turned in the previous week at the Woody Greeno Open. Ryan Darling shaved close to 50 seconds off his season-best time and finished 145th (28:31.8). Trevor Johannsen, who was the Bearcats' second-fastest runner, improved by 15 seconds and took 46th place with a time of 26:49.9.

Women's Notes

Looking Back at the Cowboy Jamboree

Angela Adams led the Northwest women for the second time this season as the Bearcats placed 11th of 25 teams in the college division of the Oklahoma State Cowboy Jamboree. Adams shaved 15 seconds off her 5K time in her first collegiate race in nearly a month (she sat out with an injury at the Woody Greeno Open).

Mary Jantz finished second for Northwest for the third time this season four seconds behind Adams in 45th. The top five Bearcats all finished within 40 seconds of one another.

Next Week

Both Northwest teams will compete at the MIAA Championship Meet hosted by Central Missouri in Warrensburg, Mo., Oct. 25. Races from the UCM Keth Memorial Golf Course begin at 10:30 a.m.

2008 Schedule

Date	Meet	Location	Result / Time
Sept. 6	Bearcat/Spoofhound Open	Bearcat Cross Country Course	Women: 1st of 3; Men: 1st of 2
Sept. 20	Woody Greeno/Nebraska Invitational	Lincoln, Neb.	Women: 19th of 25; Men: 10th of 25
Sept. 27	Roy Griak Invitational (men)	Falcon Heights, Minn.	Men: 11th of 22
Oct. 4	Cowboy Jamboree (women)	Stillwater, Okla.	Women: 11th of 25
Oct. 11	Loper Open	Kearney, Neb.	10 a.m.
Oct. 25	MIAA Championships	Warrensburg, Mo.	10:30 a.m.
Nov. 8	NCAA South Central Regional	San Antonio, Texas.	9:30 a.m.
Nov. 22	NCAA Championships	Slippery Rock, Pa.	11 a.m.

Northwest Missouri State University • Bearcats Athletics

800 University Dr., LAC Press Box • Maryville, MO 64468

(660) 562-1118 • www.northwestbearcats.com

