



# Northwest

## Missouri State University

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**Bearcat Weekly**

[www.northwestbearcats.com](http://www.northwestbearcats.com)

**For the Week of Nov. 9, 2009**

### Wednesday, November 11

Volleyball Missouri Western St. Joseph, Mo. 7 p.m.

### Friday, November 13

Volleyball Truman Bearcat Arena 7 p.m.  
Mens Basketball Missouri (Exhibition) Columbia, Mo. 7 p.m.

### Saturday, November 14

Volleyball Missouri Southern Joplin, Mo. 5 p.m.

### Sunday, November 15

Womens Basketball Upper Iowa Bearcat Arena 2 p.m.

All times listed are Central Time

### Football (10-1 / 9-0 MIAA)

- Northwest's seniors improved to 36-0 all-time in MIAA play
- Blake Bolles passed for a career-high 421 yards on Saturday, passing for three touchdowns and running for another
- LaRon Council rushed for 130 yards and a touchdown
- Saturday's victory was the 37th consecutive win in MIAA play
- Northwest is the No. 2 seed in Super Regional four and will receive a first-round bye in the NCAA Playoffs
- Northwest will play the winner of Midwestern State and Abilene Christian on Nov. 21
- Abilene Christian handed the Bearcats their only loss of 2009, 19-14 in the season opener

### Volleyball (13-20 / 4-13 MIAA)

- Paige Spangenberg recorded 44 digs in Northwest's two matches last week
- Laura Akin recorded a four-set season-high with 45 assists against Central Missouri
- Northwest's last home match will be Friday, Nov. 13 against Truman
- Freshman Kelsey Larson led the Bearcats with 18 kills in last week's matches

### Women's Basketball

- Head Coach Gene Steinmeyer is entering his 11th season with the Bearcats
- Associate Head Coach Lori Hopkins is entering her eighth season overall with Northwest
- Northwest went 9-18 overall and 5-15 in the MIAA last season
- Northwest returns five players from last year's squad

### Cross Country

- Cross Country competed on Saturday at the NCAA South Central Regional in Abilene, Texas
- The Northwest women finished fifth overall
- The Bearcat men finished 13th
- Angela Adams finished in 14th place with a time of 22:29:03, Zach Layton finished 29th with a time of 32:44.20