



2005-06 Bearcat Athletic Weekly



Northwest athletics from May 1-7

Northwest Schedule for May 1-7*

• Monday, May 1

Outdoor Track at MIAA Multi-Event Championships

• Tuesday, May 2

Baseball hosts Washburn, 1 p.m.

• Thursday, May 4

Women's Tennis hosts North Central Regional
9 a.m. vs. Truman State

• Friday, May 5

Men's Tennis at North Central Regional (Topeka, Kan.)
9 a.m. vs. Metro (Colo.) State
Women's Tennis hosts North Central Regional
10 a.m. - Regional Championship
Baseball hosts Central Missouri State, 3 p.m.
Softball at MIAA Tournament (Shawnee, Kan.)

• Saturday, May 6

Men's Tennis at North Central Regional (Topeka, Kan.)
9 a.m. - Regional Championship
Baseball hosts Central Missouri State, 1 p.m.
Softball at MIAA Tournament (Shawnee, Kan.)
Track at MIAA Outdoor Championships (Emporia, Kan.)

• Sunday, May 7

Baseball hosts Central Missouri State, 12 p.m.
Track at MIAA Outdoor Championships (Emporia, Kan.)

* Note that events are subject to change

2005-06 Northwest Spring Honors

• Women's Indoor Track & Field

Alisha Samuel - MIAA Indoor Track Athlete of the Week
(Feb. 20)

• Men's Indoor Track & Field

E.J. Falkner - NCAA All-American in 200-meter and 400-meters

• Women's Tennis

Gena Lindsay - MIAA Athlete of the Week
(March 20 & 27 & April 11 & April 25)

• Men's Tennis

Pablo Acebedo - MIAA Athlete of the Week (March 27)
Zach Keith - MIAA Athlete of the Week (April 11)

• Softball

Cola Krueger - MIAA Pitcher of the Week (March 27, April 25)
Ashley Pride - MIAA Player of the Week (March 27)
Linellis Santiago - MIAA Player of the Week (April 25)

• Baseball

Josh Norris - MIAA Pitcher of the Week (April 18)



Quick Hitters

• **Softball:** With the 5-0, Game 2 win over Missouri Southern on April 22, the Bearcats set a school-best with 35 wins in a single-season. That output bested the 34 wins in 2005 and 1986. During the current six-game winning streak, Northwest holds a 15-3 scoring edge.

• **Tennis:** Both Bearcat teams will participate in the North Central Regionals with the women hosting on Thursday and Friday. The women are the No. 1 seed while the men nabbed No. 3 and play at Topeka, Kan.

Baseball

Current Record: 22-21 / 11-12 MIAA

Last Week: W, 17-2 vs. Truman State on Wednesday
W, 7-5 vs. Truman State on Wednesday
W, 14-0 at Southwest Baptist on Friday

This Week: hosts Washburn on Tuesday, 1 p.m.
hosts Central Missouri State on Friday, 3 p.m.
hosts Central Missouri State on Saturday, 1 p.m.
hosts Central Missouri State on Sunday, 12 p.m.

NOTES: The Northwest baseball team, winners of 10 straight, look to sneak into the MIAA Tournament as it wraps up the regular season this week. The Bearcats, who currently sit fifth in the league standings heading into the week, have several opportunities to move up a few spots with games against higher teams. On Tuesday, Northwest hosts Washburn in a doubleheader at 1 p.m. The Ichabods, who swept Northwest April 11, hold down the fourth spot in the MIAA. The second-place team, Central Missouri State, comes to Maryville for a four-game set beginning on Friday at 3 p.m. and going through Sunday. CMSU, ranked eighth in the latest national list, is second in the MIAA race. Last week, Northwest won three more games against the league with a doubleheader sweep of Truman on Wednesday before wiping out Southwest Baptist 14-0 on Friday before Game 2 was called due to wet weather. Senior **Matt Coons**, who batted .700 (7-of-10) last week, notched the game-winning run in the come-from-behind victory in Game 2 against TSU. Northwest trailed 5-2 in the seventh inning before posting the comeback. On Friday, junior **Brian Lamers** threw the first Bearcat complete game shutout of 2006 allowing just four hits and striking out six SBU Bearcats. During the current 10-game winning streak, the longest in the tenure of head coach Darin Loe (since 2000), Northwest has collected 35 doubles (3.5/game), 103 runs (10.3/game), nine homers (0.9/game) and batted .397. On the defensive side, Northwest has given up 42 runs (4.2/game) and no home runs.

Softball

Current Record: 35-11 / 12-4 MIAA

Last Week: Central Missouri State Tournament CANCELLED

This Week: at MIAA Tournament, May 5-6 in Shawnee, Kan.

NOTES: The Northwest softball team heads into the MIAA Tournament on a roll having won their last six contests. The double-elimination event begins Friday and runs through Saturday at the Mid-America Sports Complex West in Shawnee, Kan. The seedings of the Tournament will be finalized late on Tuesday after the final MIAA game is played. Going into the week, the Bearcats stand third but it is possible to tie for second place. The Central Missouri State Tournament this past weekend was cancelled due to wet weather. On April 22, the Bearcats earned 1-0 and 5-0 shut outs at Missouri Southern to finish their MIAA portion at 12-4. Freshman **Cola Krueger** pushed her team-best record to 12-2 after going 3-0 over the week with a 0.00 ERA. Krueger won her second MIAA Pitcher of the Week award (April 25) for her efforts. Also, junior **Linellis Santiago** was named MIAA Player of the Week for hitting .400 (6-of-15) including a game-winning homer and a game-tying homer. As a team, Northwest has 216 RBIs on the year, which broke the old Northwest single-season high of 210 in 2000. Junior **Lindsay Stephenson** and senior **Katy John** have tied the school record for runs scored in a season with 40. In the latest North Central Region poll (April 26), Northwest was ranked fifth - the top eight teams advance to the regionals May 11-14 at the No. 1 seed.

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Men's & Women's Outdoor Track and Field

Last Week: Both at Drake Relays in Des Moines, Iowa, April 27-29
 Both at Kip Janvrin Open in Indianola, Iowa, April 27-28
 Both at MIAA Multi-Event Championships in Warrensburg, Mo., April 30-May 1

This Week: Both at MIAA Multi-Event Championships in Warrensburg, Mo., April 30-May 1
 Both at MIAA Outdoor Championships in Emporia, Kan., May 6-7

NOTES: Competition wraps up today (Monday) for multi-event athletes at the MIAA Multi-Event Championships, hosted by Central Missouri State in Warrensburg, Mo. After day 1, three Bearcats completed their events led by sophomore **Courtland Ingram**, who stands fourth overall on the men's side of the decathlon. Freshman **Emily Churchman** is fifth overall in the women's heptathlon while freshman **Jennifer Kiss** is 10th. The Bearcat squads were busy last week with both at the Kip Janvrin Simpson College Open, which took place on Friday in Indianola, Iowa. For the women, sophomore **Hannah Henry** earned two top-10 finishes in the 100-meter hurdles (4th, 15.19) and in the 400-meter hurdles (10th, 1:07.11). She was the highest finisher of any Bearcat female. Senior **Abby Disselhoff** also performed strongly in the hammer throw taking fifth with a heave of 147'00". For the men, senior **Diezeas Calbert** recorded his fourth top-five finish in the outdoor season with a 47'10 leap in the triple jump - his effort took home medalist honors. In the sprints, freshman **Sheldon Cook** was second in the 200-meter (22.04) and third in the 100-meter (11.10). A few men's relay squads competed at Drake Relays in Des Moines, Iowa over the weekend with the best performance being recorded by the 1,600 sprint medley team, who took ninth (3:31.26). Individually, junior **Bayo Adio** tied for second in the high jump with a leap of 6'6 3/4". This coming weekend, Northwest goes to Emporia, Kan., for the MIAA Outdoor Championships to be held on May 6-7.

Men's and Women's Tennis

Current Record: 11-9 / 3-1 MIAA - Men
 18-3 / 6-0 MIAA - Women

Last Week: L, 7-2 vs. Drury (W) on Friday

Up Next: Women host North Central Regionals, May 4-5 (9 a.m. & 10 a.m.)
 Men at North Central Regionals (Topeka, Kan.), May 5-6 (9 a.m. & 9 a.m.)

NOTES: The Northwest women's team, champions of the MIAA for the 10th time in history, hosts the North Central Region Championships on Thursday and Friday at Grube courts. The Bearcats battle No. 8 seed Truman State at 9 a.m. on Thursday. The semifinal winners will meet at 10 a.m. on Friday. On March 26, Northwest blanked Truman State in the last meeting, 6-0. Meanwhile, the men travel to Topeka, Kan., for regionals on Friday and Saturday. As the third seed, Northwest faces No. 6 Metro (Colo.) State at 9 a.m. with the winner to advance to the championships on Saturday at 9 a.m. Senior **Gena Lindsay**, who was a repeat for MIAA Player of the Year announced last week, had her 29-match winning streak halted with a 7-6, 6-4 defeat to Drury's Alejandra Miranda-Sanchez last Friday. Younger sister, Emily, continued her hot play moving to 16-0 in singles play with a two-set victory. Northwest fell to 18-3 on the year with a 7-2 loss to Drury in St. Joseph last Friday. The 11-9 men's team was idle last week - the last action came in the MIAA Finals in the 5-1 loss to Washburn on April 23. The No. 3 doubles pair of sophomores **Lucas Ariboni** and **Henrique Tomaz** won their respective title. Last week, three Bearcat men were honored on the All-MIAA First Team while four women were listed on the First Team. Head coach **Mark Rosewell** swept MIAA Coach of the Year honors as he has won 18 combined league coaching awards.