



2005-06 Bearcat Athletic Weekly



Northwest athletics from March 6 - 12

Northwest Schedule for March 6-12*

• Tuesday, March 7

Softball hosts Northern (S.D.) State, 2:30 p.m.

• Wednesday, March 8

Baseball hosts Rockhurst, 1 p.m.

• Thursday, March 9

Tennis (W) hosts Missouri Western, 3 p.m.

• Friday, March 10

Softball hosts Emporia State, 2:30 p.m.
Indoor Track & Field at NCAA Championships

• Saturday, March 11

Baseball hosts Neb.-Omaha, 12 p.m.
Softball hosts Washburn, 2:30 p.m.
Tennis (M) vs. Cameron (Okla.) in Springfield, Mo.
Indoor Track & Field at NCAA Championships
MBB vs. No. 5 West Texas A&M, 6 p.m. in Bolivar, Mo. (NCAA Regionals)

• Sunday, March 12

MBB at NCAA Regionals, TBA
Baseball hosts Minn.-Crookston, 12 p.m.
Tennis (M) vs. Drury (Mo.) in Springfield, Mo.

* Note that events are subject to change

2005-06 Northwest Winter Honors

• Men's Basketball

Xzavier Gaines - MIAA Player of the Week (Feb. 13);
Second Team All-MIAA

Mose Howard - Honorable Mention All-MIAA; MIAA All-Defensive Team

Austin Meyer - Hillyard Classic All-Tournament

• Women's Basketball

Meghan Blay - Winstead-Reeves All-Classic

Laura Friederich - ESPN The Magazine Academic All-District Third Team; Second Team All-MIAA

Megan Hamilton - Winstead-Reeves All-Classic

Katie O'Grady - MVP of Winstead Reeves Classic

Mandi Schumacher - Hoop N Surf All-Tournament

• Women's Indoor Track & Field

Alisha Samuel - MIAA Indoor Track Athlete of the Week (Feb. 20)



Quick Hitters

• **Track & Field:** Five Bearcats will perform in the NCAA Division II Indoor Championships in Boston, Mass., this weekend. Junior **E.J. Falkner** is a returning All-American in the men's 200-meter dash while senior **Alisha Samuel** is a reigning All-America performer in the 60-meter dash.

• **Men's Basketball:** Tickets for the Division II South Central Regionals in Bolivar, Mo., are on sale now at the Northwest Student Services Desk or by calling (660) 562-1212. Northwest should have tickets mailed from Southwest Baptist by noon on Wednesday, March 8. These tickets will be All-session tickets for \$20. Fans interested in single-game tickets (\$10 adults; \$4 students) will only be available the day of the game at SBU. Orders/sales through Northwest will end at 4:30 p.m. Thurs., March 9.

Men's Basketball

Current Record: 20-9 / 10-6 MIAA

Last Week: W, 72-49 vs. Missouri Western last Friday in MIAA Quarters L, 65-63 vs. Southwest Baptist last Saturday in MIAA Semis

This Week: vs. No. 5 West Texas A&M, Saturday at 6 p.m. (NCAA Regionals) NCAA Regional Semis, vs. TBA on Sunday (5 or 7:30 p.m.) NCAA Regionals Champs, vs. TBA on Tuesday (7 p.m.)

NOTES: Earning the No. 5 seed in the South Central Region, Northwest is heading to its 10th NCAA Division II Regionals with a date against No. 4 West Texas A&M on Saturday in Bolivar, Mo. Hosted by Southwest Baptist, Northwest takes on the Buffaloes of the Lone Star Conference at 6 p.m. in the first round. Tickets can be ordered immediately at the Northwest Student Services Desk or by calling (660) 562-1212. Northwest took part in its 23rd Mid-America Intercollegiate Athletics Association (MIAA) Postseason Tournament with a semifinal appearance last Saturday. Northwest took down Missouri Western on Friday 72-49, before falling 65-63 to Southwest Baptist. The Bearcats held the Griffons to a Tournament record for fewest field goals (14) and lowest field goal percentage (26.4) to tie the largest win against Missouri Western in the all-time series - the 23-point win ties three other wins versus MWSU. Against SBU, Northwest made a late charge, going on a 21-7 run to make the game close. Junior **Mose Howard** compiled a team-best 15 points to go along with a career-tying eight rebounds and four assists.

Women's Basketball

Current Record: 15-13 / 7-9 MIAA

Last Week: L, 68-66 vs. Central Missouri last Thursday in MIAA Quarterfinals

This Week: Season done

NOTES: The women's basketball team's season came to an end on Thursday against Central Missouri, 68-66, in the first round of the MIAA Postseason Tournament. Two seniors, **Meghan Blay** and **Laura Friederich** each posted double figures, 12 and 16, respectively in their final college game on Thursday. Sophomore **Mandi Schumacher** pulled down a game-high 10 rebounds and scored nine points. Northwest will have 13 returnees coming back next season, including two seniors, **Katie O'Grady** and **Erin Lohafer**. O'Grady averaged 7.8 points a game this year, while Lohafer put in 3.3 points a game. The Bearcats finished 15-13 overall and notched their third winning season in the last four years.

Men's & Women's Indoor Track and Field

Last Week: Off

This Week: Both at NCAA Championships at Boston, Mass., Mar. 10-11

NOTES: Five athletes from Northwest Missouri State will travel to Boston, Mass., on Friday and Saturday for the NCAA Indoor Track and Field Championships. Junior **E.J. Falkner** will compete in the 200-meter and 400-meter dashes, returning as an All-American in the 200-meter last season. Junior **Eric Isley** is scheduled to compete in the 800-meter run, an event where he holds the fifth fastest time in the nation. Junior **Bayo Adio** will compete in the high jump, where a personal record 6' 9 3/4" jump at the MIAA Championships places seventh on national lists. Senior **Travis MacKenzie** will compete in the weight throw after breaking the school record with 59' 10 1/4" at the MIAA meet. Senior **Alisha Samuel**, the only female to qualify from Northwest, will participate in the 60-meter dash, an event she earned All-American status in last season. The top-eight finalists in each event are named to the All-America team.

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Northwest athletics from March 6-12

Baseball

Current Record: 2-5 / 0-0 MIAA

Last Week: At West Florida 9-10, L on Sunday, Feb. 26
At West Florida 12-6, W on Tuesday, Feb. 28
At West Florida 0-1, L on Wednesday, March 1
At West Florida 2-5, L on Thursday, March 2
At Montevallo 7-8, L on Friday, March 3
At Montevallo 6-4, W on Saturday, March 4
At Montevallo 7-12, L on Saturday, March 4

This Week: hosts Rockhurst on Wednesday, 1 p.m. (9)
hosts Nebraska-Omaha on Saturday, 12 p.m. (9)
hosts Minnesota-Crookston on Sunday, 12 p.m. (2-7)

NOTES: After a lengthy trip through the South, the Northwest baseball team will open up its home schedule on Wednesday, against Rockhurst. In seven games last week, the Bearcats went 2-5, and were led by designated hitter **Sergio Davila**, who went 10-of-22, scored four runs, hit a home run and knocked in 13 RBIs. Also last week, the Northwest pitching staff was led by sophomore **Mark Lewis**, who had two appearances out of the bullpen and went 10.1 innings, giving up seven hits, four strike outs and gave up no runs. This weekend, the Bearcats will also welcome Nebraska-Omaha and Minne□

Softball

Current Record: 4-3 / 0-0 MIAA

Last Week: at Missouri Western Crossover Tournament, Sunday
6-5 Loss (8) vs. Southwest Minnesota State
7-5 Loss vs. Nebraska-Omaha

This Week: hosts Northern (S.D.) State on Tuesday, 2:30 p.m.
hosts #12 Emporia State on Friday, 2:30 p.m.
hosts Washburn on Saturday, 2:30 p.m.

NOTES: Northwest plays in its 2006 home opener on Tuesday as Northern (S.D.) State comes to Maryville for a doubleheader beginning at 2:30 p.m. The Bearcats follow off the week with conference twinbills against No. 12 Emporia State on Friday and Washburn on Saturday. Both days begin at 2:30 p.m. from the Bearcat Softball Field. This past Sunday, Northwest came away with two losses against in-region teams, Southwest Minnesota State and Nebraska-Omaha, at the MWSU Crossover. Due to rains on Saturday, the event was compacted into one day. In the 6-5 loss to SW Minnesota State, junior **Lindsay Stephenson** and senior **Ashley Pride** hit back-to-back homers in the bottom of the seventh to tie the count up at 5-5. However, the Mustangs plated the game-winner in the top of the eighth to seal the 6-5 win. In the second game against UNO, the Mavericks held on for a 7-5 victory. Pride tied the Northwest career home run mark with her 24th against SW Minnesota match the record set by Angie McCoy (2001-04).

Men's and Women's Tennis

Current Record: 3-0 / 0-0 MIAA - Men

3-0 / 0-0 MIAA - Women

Last Week: W, 9-0 (M) vs. Winona State on Friday
W, 8-1 (W) vs. Winona State on Friday
W, 5-2 (M) vs. Metro (Colo.) State on Saturday
W, 5-0 (W) vs. Metro (Colo.) State on Saturday
W, 5-0 (M) vs. Colorado State-Pueblo on Saturday
W, 5-1 (W) vs. Colorado State-Pueblo on Saturday

This Week: hosts Missouri Western (W) on Thursday, 3 p.m.
vs. Cameron (Okla.) (M) on Saturday, TBA
vs. Drury (Mo.) (M) on Sunday, TBA

NOTES: Both squads began spring varsity action with three wins this past weekend in Topeka, Kan. Northwest notched team wins over Winona State, WSU posed little trouble for the Bearcats with one game being dropped overall on the women's side in No. 2 singles. On Saturday, the Bearcats handled both Metro (Colo.) State and Colorado State-Pueblo. The No. 2 regionally-ranked Bearcat women hold their home opener with Missouri Western on Thursday with the match scheduled for 3 p.m. The men, ranked first in the region, travel to Springfield on March 11 to compete against Cameron (Okla.).