



2005-06 Bearcat Athletic Weekly



Northwest athletics from Feb. 27-March 5

Northwest Schedule for Feb. 27-March 5*

• Tuesday, Feb. 28

Baseball at West Florida, 4 p.m.

• Wednesday, March 1

Baseball at Montevallo, 5 p.m.

• Thursday, March 2

WBB vs. Central Missouri, 8:30 p.m. (MIAA Tourn.)

Baseball at Montevallo, 5 p.m.

• Friday, March 3

MBB vs. Missouri Western, 2:30 p.m. (MIAA Tourn.)

Tennis vs. Winona (Minn.) State, 2 p.m. (Topeka, Kan.)

Baseball at Montevallo, 5 p.m.

• Saturday, March 4

Baseball at Montevallo, 12 p.m.

Basketball in MIAA Semifinals, TBA

Tennis vs. Metro (Colo.) State, 10 a.m. (Topeka, Kan.)

Tennis vs. Colorado-Pueblo, 2 p.m. (Topeka, Kan.)

Softball at Missouri Western Tournament, All Day

• Sunday, March 5

Basketball in MIAA Championships, 1 / 3:30 p.m.

Softball at Missouri Western Tournament, All Day

* Note that events are subject to change

2005-06 Northwest Winter Honors

• Men's Basketball

Xzavier Gaines - MIAA Player of the Week (Feb. 13);

Second Team All-MIAA

Mose Howard - Honorable Mention All-MIAA; MIAA All-Defensive Team

Austin Meyer - Hillyard Classic All-Tournament

• Women's Basketball

Meghan Blay - Winstead-Reeves All-Classic

Laura Friederich - ESPN The Magazine Academic All-District Third Team; Second Team All-MIAA

Megan Hamilton - Winstead-Reeves All-Classic

Katie O'Grady - MVP of Winstead Reeves Classic

Mandi Schumacher - Hoop N Surf All-Tournament

• Women's Indoor Track & Field

Alisha Samuel - MIAA Indoor Track Athlete of the Week (Feb. 20)



Quick Hitters

• **Track:** Four individual school records were smashed at the MIAA Championships this past weekend. See the track section for those records. The men's team took a second-place finish - the best since 2002.

• **Softball:** Going 4-1 at the Evangel (Mo.) Tournament, the softball team had some notables including hitting a school record five homers in the 10-5 win over Central Missouri State. Also, freshman **Cola Krueger** tossed the school's first no-hitter since 2000 blanking Bellevue (Neb.) 11-0.

Men's Basketball

Current Record: 19-8 / 10-6 MIAA

Last Week: W, 73-58 vs. Washburn last Wednesday

This Week: vs. Missouri Western, 2:30 p.m. on Friday (MIAA Tourn.)

MIAA Semifinals, Saturday (TBA)

MIAA Championships, 3:30 p.m. on Sunday

NOTES: The Bearcats took down Washburn 73-58 last Wednesday in the final regular season game of 2005-06. It was the first conference sweep of Washburn since the 2001-02 season. Locking down the fourth seed in the upcoming MIAA Tournament in Kansas City, Mo., Northwest faces Missouri Western for the third time this season as the teams split in the previous two encounters. The Bearcats hold a 3-4 record against the Griffons in the MIAA Tournament taking down MWSU 87-65 in the second round of the 2004 Tournament. On Sunday, the league offices announced that junior **Mose Howard** was named to the All-MIAA Second Team and senior **Xzavier Gaines** was recognized on the Honorable Mention squad. Howard also was on the MIAA All-Defensive Team. Fans can purchase Tournament tickets (all-session passes) by calling Northwest at (660) 562-1212.

Women's Basketball

Current Record: 15-12 / 7-9 MIAA

Last Week: L, 82-61 vs. Washburn last Wednesday

This Week: vs. Central Missouri State, 8:30 p.m. on Thursday (MIAA Tourn.)

MIAA Semifinals, Saturday (TBA)

MIAA Championships, 1 p.m. on Sunday

NOTES: The women's basketball team played on Wednesday, and was defeated by No. 1 Washburn at Bearcat Arena, 82-61. Northwest had Saturday off due to the bye week and will earn the No. 6 seed heading into the MIAA Tournament this weekend. Northwest will take on Central Missouri at 8:30 p.m. on Thursday for the third time this season. The Jennies won the first meeting 83-81 and the second contest 77-68. Northwest stands 1-6 all-time vs. CMSU in the Tournament having won the last meeting, 65-58 in the first round of the 2004 event. Senior guard **Laura Friederich** was named All-MIAA Second Team Sunday, the only Bearcat to be honored by the conference.

Men's & Women's Indoor Track and Field

Last Week: Both at MIAA Championships at Joplin, Mo., Feb. 24-25

This Week: Off

Next Meet: Both at NCAA Championships at Boston, Mass., Mar. 9-11

NOTES: Athletes from both Northwest track and field teams will be awaiting decisions from the NCAA offices on who qualifies for the NCAA Indoor Championships in Boston, Mass., on Mar. 9-11. Athletes must record an automatic qualifying mark, or place high enough in provisional qualifying marks to earn an invitation. At the MIAA Championships in Joplin, Mo., last weekend, four school records were broken as the men's team finished second and the women sixth. **E.J. Falkner** finished first in the 400-meter for the second consecutive year, breaking the school record with 48.42 seconds. **Eric Isley** set a MIAA meet record in the 800-meter run, clocking 1:52.48 in his third first-place finish of the season in the event. **Travis MacKenzie** set the school record in the weight throw with a second-place finish. On the women's side, **Johanna Avilez** broke the school 60-meter hurdles record with a 9.29 time in the preliminaries. The distance medley team of Brokaw, McKee, O'Brien and Trulin finished third in a record-setting time of 12:44.21. **Alisha Samuel** placed third in the 60-meter dash, her third top-three performance at the conference meet in her career.

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2005-06 Bearcat Athletic Weekly



Northwest athletics from Feb. 20-26

Baseball

Current Record: 0-1 / 0-0 MIAA
Last Week: 10-9 Loss at West Florida on Sunday
This Week: at West Florida, 4 p.m. on Tuesday
at Montevallo, 5 p.m. on Wednesday
at Montevallo, 5 p.m. on Thursday
at Montevallo, 5 p.m. on Friday
at Montevallo, 12 p.m. on Saturday

NOTES: Northwest started off the 2006 season with a 10-9 loss at West Florida on Sunday, scoring five in the top of the ninth to nearly complete the comeback. Junior Tristan Stewart and sophomore Britt Westman each knocked in three runs for the Bearcats. John White led Northwest with a game-high three runs scored and he added an RBI. Northwest got on the board first with two runs in the top half of the first inning and scored another two in the fifth inning. However, West Florida took advantage of the Bearcat pitching scoring five runs in the third, three in fourth, one in the sixth and the final run in the eighth. The Bearcats were able to get back into the game in the top half of the ninth inning, as West Florida made three errors. Northwest will play a double dip Tuesday against West Florida, game time is set at 4 p.m.

Softball

Current Record: 4-1 / 0-0 MIAA
Last Week: at Evangel Tournament, Friday and Saturday
1-0 Win vs. Rockhurst - Friday
5-2 Win vs. Bacone (Okla.) - Friday
11-0 Win vs. Bellevue (Neb.) - Friday
10-5 Win vs. Central Missouri State - Saturday
8-0 Loss vs. Oklahoma City - Saturday in Championship
This Week: at Missouri Western Tournament, Saturday and Sunday
vs. Southwest Minnesota State, 10:30 a.m. on Saturday
vs. Nebraska-Omaha, 4:30 p.m. on Saturday
vs. North Dakota, 6:30 p.m. on Saturday
vs. Augustana (S.D.), 12:30 p.m. on Sunday
vs. No. 12 Emporia State, 4:30 p.m. on Sunday

NOTES: The Northwest Missouri State softball team travels to St. Joseph, Mo., for the Missouri Western Tournament on March 4-5. Northwest takes on four non-league opponents at the tournament including Southwest Minnesota State, Nebraska-Omaha and North Dakota on Saturday followed by Augustana (S.D.) the following afternoon. Play is capped off by a contest against No. 12 Emporia State at 4:30 p.m. - Emporia was the 2005 North Central Region champions. Northwest is coming off a 4-1 season opening weekend at the Evangel (Mo.) Tournament including a Championship appearance against Oklahoma City. Northwest set a school record with five homeruns in the 10-5 win against Central Missouri State on Saturday. In her collegiate debut, freshman pitcher **Cola Krueger** (Blue Springs, Mo.) twirled a five-inning no-hitter win against Bellevue on Friday. She struck out 11 and had no walks and was the first Bearcat since 2000 to notch a no-hitter. Northwest hosts Northern (SD) State in the 2005 home opener on Tuesday, March 7 at 2:30 p.m.

Men's and Women's Tennis

Current Record: 0-0 / 0-0 MIAA
Last Week: W, 7-2 vs. Barton County CC Men, last Friday. (Exhibition)
This Week: vs. Winona (Minn.) State on Friday, 2 p.m. in Topeka, Kan.
vs. Metro (Colo.) State on Saturday, 10 a.m. in Topeka, Kan.
vs. Colorado-Pueblo on Saturday, 2 p.m. in Topeka, Kan.

NOTES: The Northwest men kicked off the season with a 7-2 exhibition win against Barton County Community College, the third-ranked team among NAIA programs. The squad won every match besides No. 2 singles and doubles. Pablo Acebedo, ranked third in the North Central Region, had no problems in No. 1 singles while he teamed up with Chris Smith to take No. 1 doubles. This weekend, both teams take to Topeka, Kan., where they are scheduled to participate in three outdoor matches. On Friday, the Bearcats take on Winona (Minn.) State at 2 p.m. and then Saturday, they battle Metro (Colo.) State at 10 a.m. and Colorado-Pueblo at 2 p.m.