What’s New in Environmental Services

Years of Service
Martin Sherry - 33 years
Lon Guthrie - 32 years
Rick Manning - 30 years
Clarence Ebrecht - 25 years
Danton Green - 8 years
Kelli Caselman - 6 years
Karl Wilmes - 5 years
Mike Adwell - 4 years
Steve Mozier - 2 years
Zach Gutzmer - 1 year
Becky Harper - 1 year
Dustin Hoepker - 1 year

Caring Thoughts
Jerry Cluff - out on leave
Don Coate has returned back to work
Sue Dredge - out on leave
Laszlo Fodor has returned back to work
Al Hoover - out on leave
Robert Lager - aunt passed away
Rick Manning - brother passed away
Linda Miller - out on leave
Beth Parker - aunt passed away

The last day to change your Open Enrollment for insurance is December 1, 2011.

Holiday Coffee at the Alumni house will be served on December 5, 2011 from 7:30 a.m. to 10:00 a.m.

Congratulations…
Justin Long welcomed a baby boy! Jesse James Long, born on November 17th at 4:31 p.m. 9 lb. 6 ounces and 22” long.

Rex Moore’s daughter welcomed a baby boy! Zavier Blayne Murray, born on November 30th at 10:08 a.m. 5 lb. 10 ounces and 19” long.

Training Opportunities/Wellness

Wellness Wednesday
“Ergonomics in the Workplace”
Date: December 7, 2011
Time: 12:00 pm - 1:00 pm
Location: Student Union Meeting Room D

Career Pathing Program
“Financial Wellness”
Date: Thursday, December 8, 2011
Staff Session: 12 p.m.
Student Session: 11:00 a.m. or 1:00 p.m.
Location: Student Union Ballroom

Faculty/Staff Holiday Potluck Luncheon
The Northwest Administrative/Professional Staff Council will host a come-and-go potluck luncheon from 11:30 a.m. - 1:30 p.m., Wednesday, Dec. 21, on the first floor of the Valk Center. All faculty and staff are invited to bring a dish to share.

All Employee Meeting
Date: Wednesday, January 4, 2012
Time: 8:30 a.m. - 10:00 a.m.
Location: Mary Linn Auditorium
Quote of the Month

You may be disappointed if you fail, but you are doomed if you don’t try.
- Beverly Sills

October Recognitions

The following people were recognized during the month of October for having a quality of 96% or better.

- Bob Dakan
- Kenneth Dixon
- Clint Farnan
- Sherry Gutzmer
- Zach Gutzmer
- Becky Harper
- Teresa Heerman
- Andrew Hefner
- Jim Hefner
- Broek Hiatt
- David Hilsabeck
- Dustin Hoepker
- Al Hoover
- Marilyn Ingels
- Cody Kohlleppel
- Nadia Lohman
- Rick Manning
- Kay Money
- Mike Monk
- Gary Montross
- Mark Morin
- Robin Moser
- Steve Mozier
- Beth Parker
- Randy Peter
- Kurt Porterfield
- Lisa Raasch
- Deb Rauch
- Lola Ringgold
- Tammy Schatzberg
- Lawrence Schieber
- Jennifer Schieber
- Rick Simbro
- Janet Stiens
- Bradley Stoll
- Roger Stone
- Francis Swalley
- Deb Vinzant
- Deb Wallace
- Tammy Welch

Sustainability Update

Students Taking Action at Northwest for Developing Sustainability, STANDS, sponsored the first ever Greeks Go Green contest at Northwest. Five organizations participated and the three weekly weigh-ins yielded over 8,000 lbs. of recyclables.

The University Compost effort is moving forward and has achieved amazing results. Year to Date Union food collections have exceeded 45,000 lbs. Plates and napkins are attempting to be added to the food court collection effort.

Interesting Facts:

Recycling processors directly or indirectly employ over 450,000 Americans in local communities throughout the United States. These jobs account for more than $90 billion in economic output or roughly 0.6 of United States’ Gross Domestic Product.

The U.S. throws away enough office paper to build a 12 foot wall from L.A. to NYC every year, and enough aluminum cans to rebuild our commercial air fleet every three months.

By capturing recyclables and compost currently in Northwest’s waste stream, the University could save as much as $50,000 a year in tipping fees.

Ten Simple Things You Can Do to Get Healthy and Stay Healthy...

1. Eat a healthy breakfast
2. Drink at least 8 glasses of water
3. Take a good quality multiple vitamin/mineral
4. Connect with other people
5. Express your emotions appropriately
6. Eat fruits and vegetables
7. Spend at least 30 minutes outdoors
8. Do something physically active
9. Take some quiet time for yourself
10. Keep regular sleep hours

Bonus tip: Establish a relationship with a doctor you can trust
Recognition Dinner– November 22, 2011 Student Union Ballroom