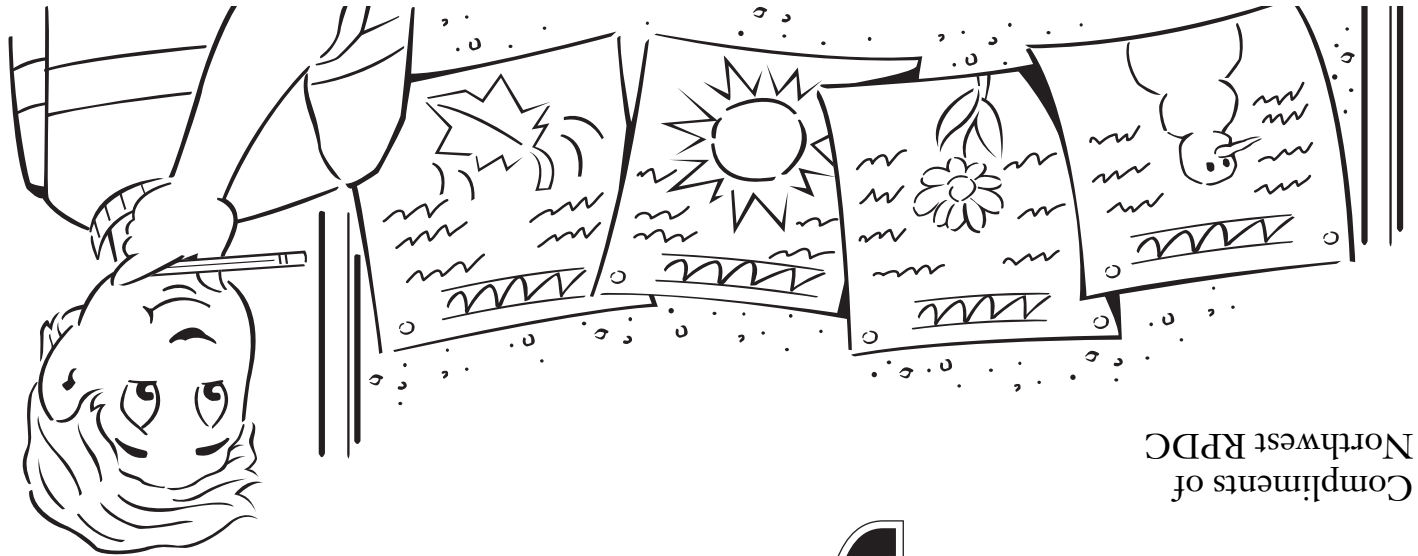


# Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Help your child fill out a calendar with homework due dates and school events.	<b>2</b> Label one place as a "special place" for important papers—a box, basket or folder.	<b>3</b> The first "penny newspaper" was published in 1833. Read one story from the newspaper with your child today.	<b>4</b> Have a family dinner by candlelight. Share the week's experiences.	<b>5</b> Does your child have a library card? Help your child get one and use it regularly.
<b>6</b> Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.	<b>7</b> It's Labor Day. Talk about the different ways people can earn a living.	<b>8</b> Today is International Literacy Day. Read a favorite book with your child.	<b>9</b> Turn off the TV this evening! Plan on reading or playing games instead.	<b>10</b> Start a family savings jar. Everyone can decide on what the goal will be, and how much they want to donate!	<b>11</b> It's the birthday of O. Henry, famous short story author. Read one of his stories with your child today.	<b>12</b> Make a date to take your child out for breakfast.
<b>13</b> Have your child write a letter to a friend or relative telling about the first week of school.	<b>14</b> Visit the library and have your child check out a book about constellations.	<b>15</b> Help your child find the best time to do homework. Some kids do best in the morning, others at night.	<b>16</b> Strive for five. Kids need at least five servings of fruits and vegetables daily. Choose a new fruit to enjoy today.	<b>17</b> Today is Citizenship Day. What does being a "good citizen" mean in your family? In school? Community?	<b>18</b> Plan a late bedtime so everyone can read in bed. Serve a healthy snack.	<b>19</b> Take a walk late tonight and look at the sky. Can your child pick out the constellations?
<b>20</b> Have your child list examples of reading and writing in your house.	<b>21</b> Make sure you and your child know school rules. Ask for a list of rules and post them on your refrigerator.	<b>22</b> It's the Autumnal Equinox. Help your child look up the word <i>equinox</i> . What does it mean?	<b>23</b> Talk about three ways you used math today. Ask everyone in the family to tell how they used math.	<b>24</b> Watch the news with your child. Locate one place mentioned on a world map.	<b>25</b> Plan a reading dinner. It's one time everyone can read at the table.	<b>26</b> Johnny Appleseed was born in 1744. How many types of apples can your child find at the grocery store?
<b>27</b> Have your child set a weekly goal and write it down. You can do this, too!	<b>28</b> Visit the library. Check out a book about trees.	<b>29</b> Have your child research a question that he does not know the answer to.	<b>30</b> Does your child know how many days each month has? Teach her. "Thirty days hath ..."	<h2>September 2009</h2>		

# Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>October 2009</h2>				<b>1</b> Keep a record of the moon this month. Look at the moon every night and draw what it looks like.	<b>2</b> Have a word of the day. Challenge everyone to use it in a sentence. Make this a daily habit.	<b>3</b> Take a walk and look for signs of fall. See if your child can identify the trees you pass on your walk.
<b>4</b> Talk about the <i>best</i> and the <i>worst</i> of your day. Everyone gets a turn to talk.	<b>5</b> Does your child know who to call in an emergency? Make a list for your refrigerator. Practice what to say.	<b>6</b> Have a contest—how many words can family members make from the letters in OCTOBER?	<b>7</b> As baseball season winds down, play math facts baseball. Each problem your child gets right is a "base hit."	<b>8</b> It's the anniversary of the Great Chicago Fire. Talk about fire safety with your child.	<b>9</b> At dinner, have everyone share one thing they did that made them feel happy today.	<b>10</b> At the grocery store, let your kids pick out an unfamiliar vegetable. Find a recipe and give it a try!
<b>11</b> Make a leaf rubbing. Place the leaf on newspaper. Cover with thin paper and rub with a crayon.	<b>12</b> Visit the library with your child and check out a book about birds.	<b>13</b> Today is the birthday of Jesse Leroy Brown, the first black U.S. naval aviator. Watch planes at the airport.	<b>14</b> Have each member of your family make a list of the places they'd like to visit. Talk about your lists.	<b>15</b> Have your child make a chart of the birds he sees outside the window—by type of bird and time of day.	<b>16</b> Today, help your child do something nice for someone.	<b>17</b> Make a date to take your child out for breakfast. Then do something physical together.
<b>18</b> It's Hunger Awareness Month. Do something to relieve hunger in your town or in the world.	<b>19</b> Look in the weather section of the newspaper. Where are the highs and lows today?	<b>20</b> Find out what's inside a seed. Soak a dry bean overnight, remove the coats and pull the halves apart.	<b>21</b> Give your child tickets worth 30 minutes of TV time. Unused tickets can be cashed in for small treats.	<b>22</b> Have your child read to you as you're cleaning up after supper. Or read to your child as he cleans up!	<b>23</b> Plan a late bedtime so everyone can read in bed tonight.	<b>24</b> Have everyone pitch in for a half-hour "blitz" of house cleaning. It teaches responsibility.
<b>25</b> Make a display of edible seeds. Paste them on cardboard and identify them.	<b>26</b> Visit the library and check out a book of jokes. Pick your favorites and share them with the family.	<b>27</b> It's the birthday of Theodore Roosevelt. Help your child look up interesting facts about this president's life.	<b>28</b> Review math facts at the dinner table tonight.	<b>29</b> Have a No TV Night. Read or play a game with your child instead.	<b>30</b> It's the birthday of Emily Post, an authority on manners. Talk about why manners are important.	<b>31</b> Find a book that describes holidays around the world. Choose a new holiday to observe, or invent one.



Compliments of  
Northwest RPDC

# Calendar

## Elementary School

# Activity

## Parent & Child

### Parent & Child

# Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Feeling capable boosts your child's self-esteem. Take time today to teach your child a life skill.	<b>2</b> Start a family library. Let your child have her own shelf or bookcase for her books.	<b>3</b> Play Alphabet Mixup. Choose a word; rearrange the letters in alphabetical order. Can your child figure out the word?	<b>4</b> Ask your child what changes he'd make if he ran for a political office.	<b>5</b> Make a paper chain with one ring for each day until school vacation.	<b>6</b> It's the birthday of James Naismith, inventor of basketball. Ask your child to name her favorite sport.	<b>7</b> Save old socks to make puppets with your child. Encourage him to put on a puppet show.
<b>8</b> Let your child plan dinner tonight. How many food groups can you include?	<b>9</b> Visit the library. Check out a book about sports.	<b>10</b> Squash is a native American food. When you're in the grocery store, choose a new squash to try.	<b>11</b> Make an "I Am Special" scrapbook with your child.	<b>12</b> Ask your child to imagine life 150 years ago. How about 150 years in the future?	<b>13</b> Plan a reading dinner. Talk about a sports fact you learned this week.	<b>14</b> Today is the birthday of Claude Monet, a French artist. Paint a picture with your child.
<b>15</b> It's Peanut Butter Month. Challenge family members to come up with a new way to enjoy this food.	<b>16</b> Today is International Day for Tolerance. Talk with your child about respecting the beliefs of others.	<b>17</b> It's Geography Awareness Week. Quiz each other on state, province and world capitals at dinner tonight.	<b>18</b> Encourage your child to sort his books by subject. He can use the library's system or invent his own.	<b>19</b> Today is the anniversary of Lincoln's Gettysburg Address. Read it aloud with your child.	<b>20</b> Have a "silent supper." During dessert, have everyone share what they were thinking about.	<b>21</b> Take your child out for breakfast. Later, take a walk together.
<b>22</b> It's National Game and Puzzle Week. Turn off the TV and play a game with your child.	<b>23</b> Talk about the <i>best</i> and <i>worst</i> of your day. Give everyone a chance to share.	<b>24</b> What's the average age of members of your family? (Add up ages, divide by number of family members.)	<b>25</b> Play a game of charades with your child. Use hand gestures and motions to describe your word.	<b>26</b> Make a list of all the things that make family members grateful.	<b>27</b> Put together a puzzle with your child.	<b>28</b> Clean out closets with your child. Donate extras to charity—or have a family yard sale.
<b>29</b> Bake bread with your child. Biscuits are the simplest to prepare.	<b>30</b> It's Mark Twain's birthday. Read one of his short stories with your child.	<h1>November 2009</h1>				