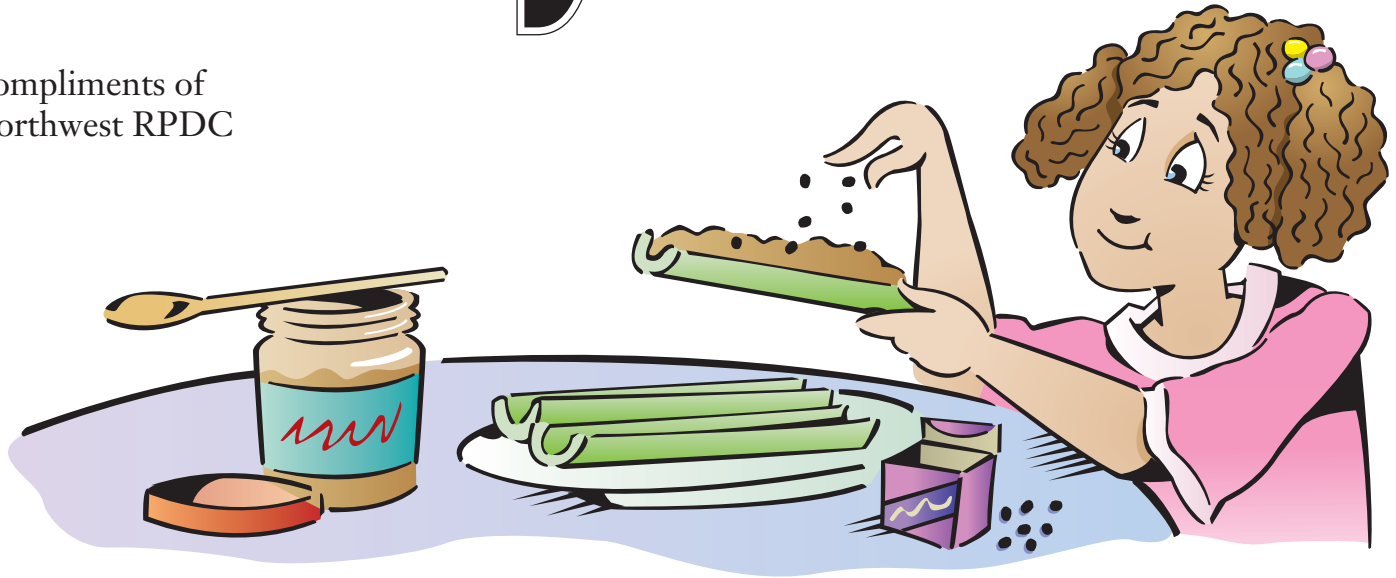


# Parent & Child Activity Calendar

## Early Childhood

Compliments of  
Northwest RPDC



THE  
**PARENT**  
INSSTITUTE®

## Parent & Child Activity Calendar

Early Childhood  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>October 2009</b>				<b>1</b> <i>Crisp</i> is a word often heard and said in the fall. Talk about what this word means.	<b>2</b> For a perfect example of yesterday's word, have your child bite into a crisp, juicy apple!	<b>3</b> Try to find a country fair or autumn festival nearby. Plan a trip.
<b>4</b> Explain that fall's shorter days and cooler weather cause leaves to change color. Do you see changes?	<b>5</b> Place a sheet of paper over some leaves, rub over the paper with crayons.	<b>6</b> If possible, plan a trip to a farm. Watch the harvesting and tour the barns. How are they preparing for winter?	<b>7</b> Seven is often called a lucky number. Talk with your child about the meaning of "lucky."	<b>8</b> Show your child pictures of three animals with stripes. Now see if you can find three with spots.	<b>9</b> Practice for your pumpkin-carving. Draw on a pumpkin with washable markers.	<b>10</b> Collect leaves, bark, sticks and branches. Help your child make a tree by gluing them to paper.
<b>11</b> Pile leaves on a small sheet. Lift the sheet up quickly & slowly. Watch the different ways they float.	<b>12</b> Get a schedule for your local high school football team. Attend a home game with your child.	<b>13</b> Read a book about bats (the kind that fly) with your child.	<b>14</b> As the weather gets colder, people light more fires. Discuss fire safety with your child.	<b>15</b> Let your child see you trying some foods that are new or unusual for your family.	<b>16</b> Place sliced, peeled apples on buttered bread. Let your child sprinkle with cinnamon and sugar. Toast in the oven.	<b>17</b> Have fun with a classic fall activity. Rake leaves and jump into them!
<b>18</b> Take a walk with your child to see how many kinds of leaves you can find.	<b>19</b> Find the date of the next full moon. Observe the full moon with your child.	<b>20</b> Go to a park with lots of trees. How many colors can you find in the leaves?	<b>21</b> Make hot cocoa on the next frosty morning. Don't skimp on the marshmallows!	<b>22</b> Make today a "no TV" day. Read or play games instead.	<b>23</b> Have a counting day. Count stairs as you climb them, cars as they pass, stars as you spot them in the sky.	<b>24</b> Read three poems or rhymes with your child today.
<b>25</b> Visit your favorite farm or store and pick out a pumpkin today.	<b>26</b> Have your child draw a face on the pumpkin. Then, you or another adult can carve it. Save the seeds.	<b>27</b> Use your pumpkin seeds today. Let your child sprinkle them lightly with salt. Toast in the oven for a tasty snack.	<b>28</b> Make a pumpkin from paper. Cut out a nose separately. With your child, play "Pin the Nose on the Pumpkin."	<b>29</b> Buy some tiny pumpkins and gourds or make some from paper with your child. Arrange and use as a centerpiece.	<b>30</b> Have a family "orange day." Wear orange clothes, drink orange juice, eat pumpkin cookies!	<b>31</b> Have your child paint a picture of a pumpkin. Hang it in your window.