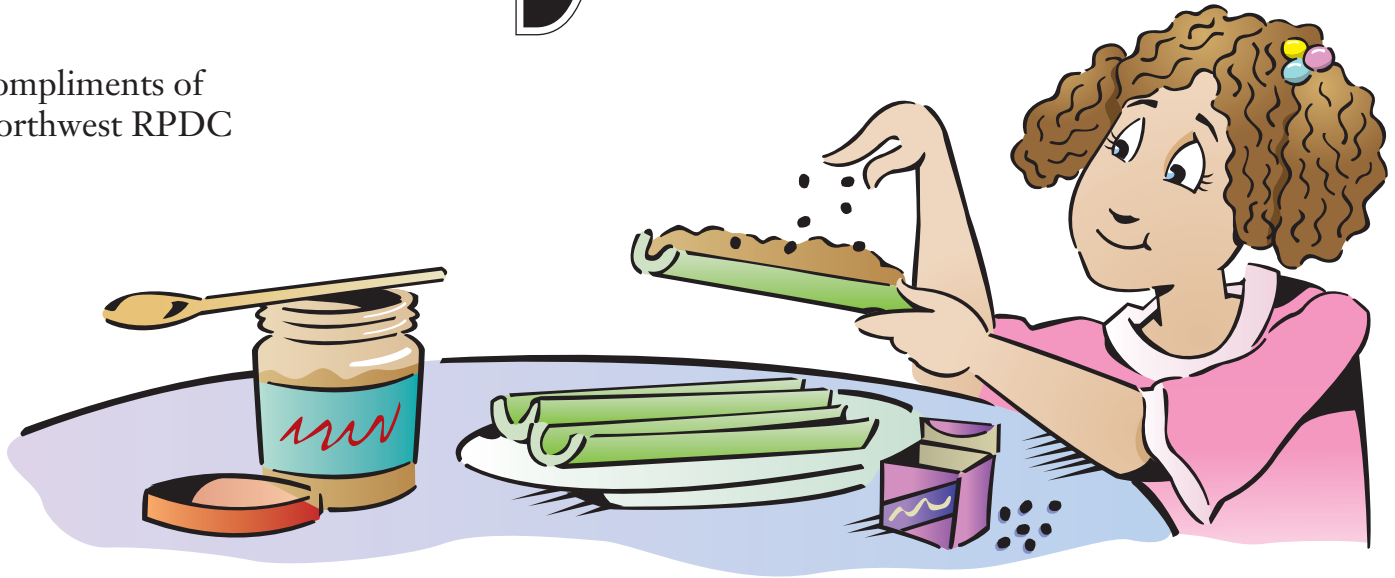


# Parent & Child Activity Calendar

## Early Childhood

Compliments of  
Northwest RPDC



THE  
**PARENT**  
INSSTITUTE®

## Parent & Child Activity Calendar

Early Childhood  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Drink apple cider with your child. If you drink it warm, stir it with a cinnamon stick. Talk about how cider is made.	<b>2</b> Talk with your child about how animals survive the cold. What do bears do? How about birds?	<b>3</b> Help your child make a list of three things that would be fun to do in the winter.	<b>4</b> Invite some of your child's friends to play a game together outside.	<b>5</b> Learn a new song together. Can you make up actions, too?	<b>6</b> What is your child's favorite vegetable? Talk about different ways to prepare it. Cook it together.	<b>7</b> Assign your child a special job. It's never too early to learn responsibility!
<b>8</b> With your child, draw, paint and cut out pictures of different types of transportation.	<b>9</b> Nothing beats a warm bowl of soup on a cold day. Serve your child's favorite soup, along with his favorite bread.	<b>10</b> Does your child know her birthday? Teach her the birthdays of family members and close friends.	<b>11</b> How do the trees look today? Talk about how things look different when the trees have fewer or no leaves.	<b>12</b> Read a newspaper article to your child today.	<b>13</b> People often wear wool clothes in cold weather. Talk with your child about where wool comes from.	<b>14</b> Look at photos from a year ago. Your child will probably be amazed at how much he has grown!
<b>15</b> Talk about what kinds of things can make a person a "hero." Family members can be heroes, too!	<b>16</b> Read your child's favorite book as many times as he wants today.	<b>17</b> Include your child in planning and preparing an upcoming family meal.	<b>18</b> Show your child several types of coins. Talk about which buys more, a quarter or a dime?	<b>19</b> Look at a calendar with your child. Count the days left in the month, then in the year.	<b>20</b> Collect canned goods for a shelter or food bank. Take your child with you as you deliver them.	<b>21</b> The days are getting shorter. Ask your child to draw a picture of a bright, sunny day. Hang it in your kitchen.
<b>22</b> In the grocery store, ask your child to find three purple foods.	<b>23</b> Tell your child about relatives you can remember from your childhood.	<b>24</b> Read and memorize a short poem with your child.	<b>25</b> Together, look at a weather forecast today. Compare where you live to the rest of the country.	<b>26</b> Talk about things you are thankful for. Tell your child she's at the top of the list	<b>27</b> Write a letter together to a loved one. Have your child draw pictures.	<b>28</b> Cook breakfast together for the rest of the family. Or invite friends!
<b>29</b> Play the "opposites" game. Say a word and see if your child can tell you its opposite.	<b>30</b> This is the last day of the month. Talk with your child about the meaning of "last."	<h1>November 2009</h1>				