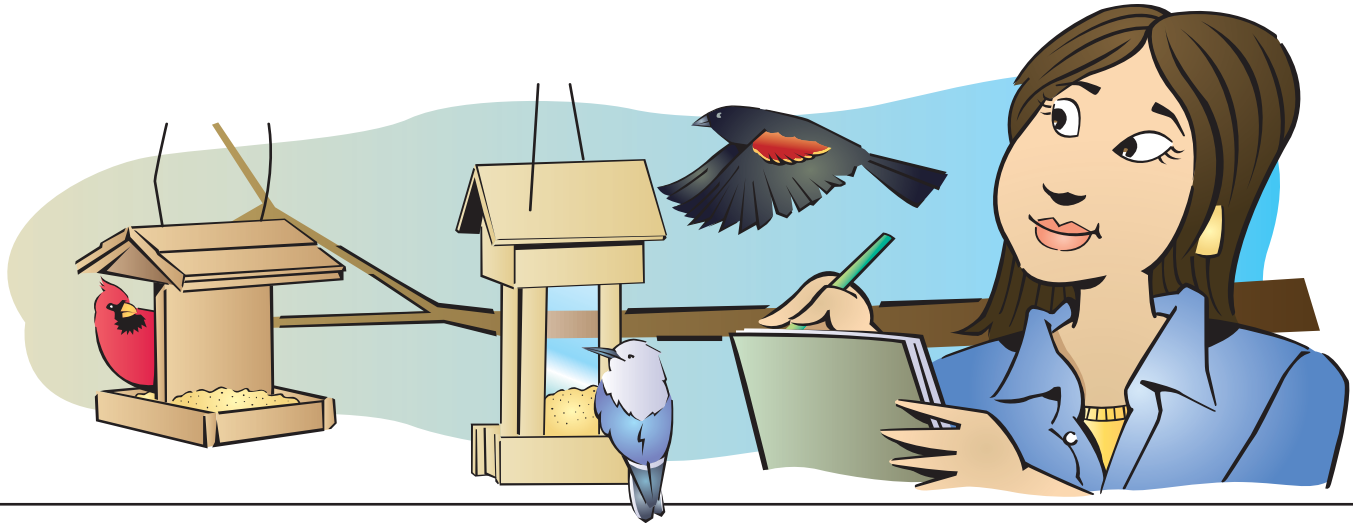


Parent Pointers

Calendar

Compliments of Northwest RPDC



THE PARENT INSTITUTE®

Parent Pointers

Calendar

Middle School Parents *still make the difference!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2009				1 Start giving your child an allowance if you haven't already. Discuss how it will be spent.	2 Learn about special events at your child's school. Make plans to attend at least one.	3 Take a compass with you in the car. Let your child keep track of which direction you're going.
4 Discuss the importance of laws with your child. What if there were none? What if they were ignored?	5 Mention how something you studied in school has helped you at work.	6 Encourage your child to study a foreign language. This can help with college admission.	7 Discuss a controversial issue with your child. Ask, "What do you think?"	8 Role play a difficult situation with your child. For example, what if he were offered alcohol?	9 Plan a weekend family activity. Let your child invite a friend.	10 Do something active with your child, such as walk, jog or ride bikes.
11 Start a project with your child, such as repairing or fixing something.	12 It's Columbus Day. Learn something new about Columbus' voyages.	13 Encourage your child to participate in school computer classes or activities.	14 Tell your child at least twice a day that you love her. Before and after school are good times.	15 Before your middle schooler attends a party, make sure it will be supervised.	16 Visit the library with your child. Check out books to read over the weekend.	17 Does your child hate to lose? Tell her that effort is more important than winning.
18 Ask your child who his role models are and why. You may learn something new about him.	19 Learn the warning signs for suicide. Teens usually exhibit them before a suicide attempt.	20 Have your child solve silly math problems, such as "How many hours until your birthday?"	21 Notice how long a car trip took. How many miles were driven? What was your average speed?	22 Help your child resist smoking. Mention its negative effects, such as bad breath and stained teeth.	23 Think of synonyms for words with your child. For example, a synonym for 'talk' is 'speak.'	24 Spend the afternoon making fall decorations. See how creative you and your child can be.
25 Daylight savings ends today. Spend an extra hour with your child.	26 Getting kids to talk can be hard. It helps to ask them specific questions.	27 Think about the rules you have for your child. Are they appropriate for his age?	28 Do you compliment more than you criticize? Compliments should outweigh criticisms three to one.	29 Ask your child about something she's reading. What is it about? What are the characters like?	30 Let your child make a video or audio tape of herself. Save it and play it back in the future.	31 Ask your child, "If you could be someone else for a day, who would you be? Why?"