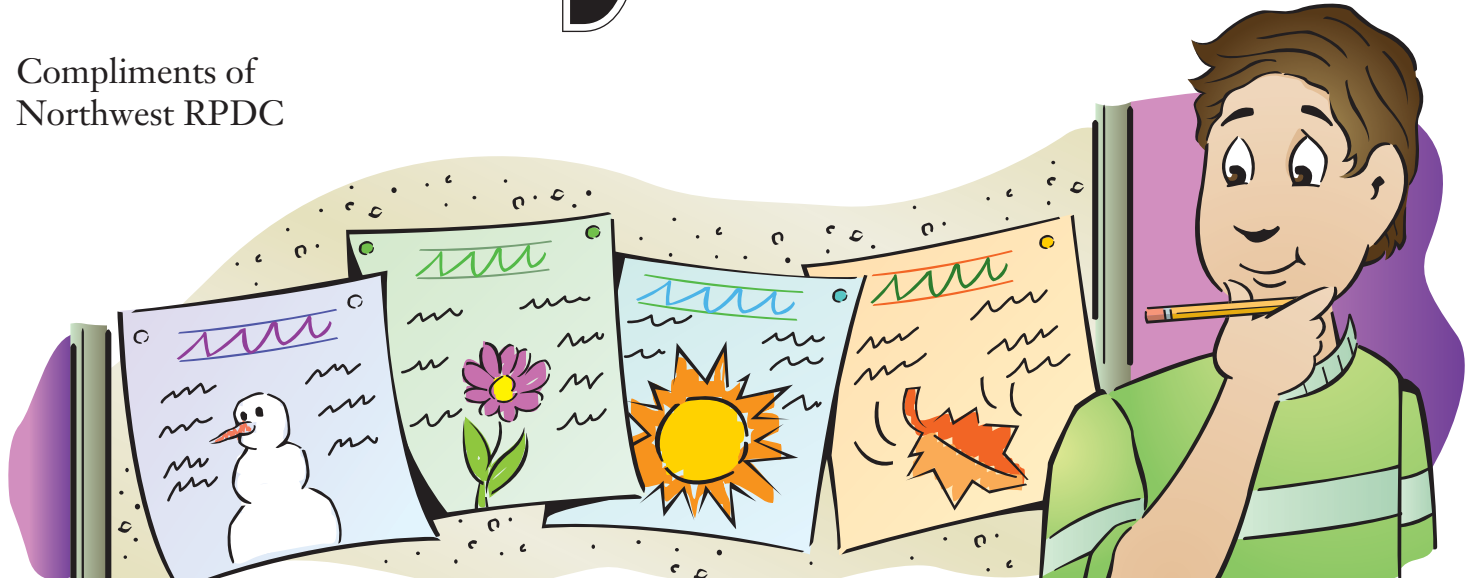


Parent & Child Activity Calendar

Elementary School

Compliments of
Northwest RPDC



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2009				1 Keep a record of the moon this month. Look at the moon every night and draw what it looks like.	2 Have a word of the day. Challenge everyone to use it in a sentence. Make this a daily habit.	3 Take a walk and look for signs of fall. See if your child can identify the trees you pass on your walk.
4 Talk about the <i>best</i> and the <i>worst</i> of your day. Everyone gets a turn to talk.	5 Does your child know who to call in an emergency? Make a list for your refrigerator. Practice what to say.	6 Have a contest—how many words can family members make from the letters in OCTOBER?	7 As baseball season winds down, play math facts baseball. Each problem your child gets right is a “base hit.”	8 It’s the anniversary of the Great Chicago Fire. Talk about fire safety with your child.	9 At dinner, have everyone share one thing they did that made them feel happy today.	10 At the grocery store, let your kids pick out an unfamiliar vegetable. Find a recipe and give it a try!
11 Make a leaf rubbing. Place the leaf on newspaper. Cover with thin paper and rub with a crayon.	12 Visit the library with your child and check out a book about birds.	13 Today is the birthday of Jesse Leroy Brown, the first black U.S. naval aviator. Watch planes at the airport.	14 Have each member of your family make a list of the places they’d like to visit. Talk about your lists.	15 Have your child make a chart of the birds he sees outside the window—by type of bird and time of day.	16 Today, help your child do something nice for someone.	17 Make a date to take your child out for breakfast. Then do something physical together.
18 It’s Hunger Awareness Month. Do something to relieve hunger in your town or in the world.	19 Look in the weather section of the newspaper. Where are the highs and lows today?	20 Find out what’s inside a seed. Soak a dry bean overnight, remove the coats and pull the halves apart.	21 Give your child tickets worth 30 minutes of TV time. Unused tickets can be cashed in for small treats.	22 Have your child read to you as you’re cleaning up after supper. Or read to your child as he cleans up!	23 Plan a late bedtime so everyone can read in bed tonight.	24 Have everyone pitch in for a half-hour “blitz” of house cleaning. It teaches responsibility.
25 Make a display of edible seeds. Paste them on cardboard and identify them.	26 Visit the library and check out a book of jokes. Pick your favorites and share them with the family.	27 It’s the birthday of Theodore Roosevelt. Help your child look up interesting facts about this president’s life.	28 Review math facts at the dinner table tonight.	29 Have a No TV Night. Read or play a game with your child instead.	30 It’s the birthday of Emily Post, an authority on manners. Talk about why manners are important.	31 Find a book that describes holidays around the world. Choose a new holiday to observe, or invent one.