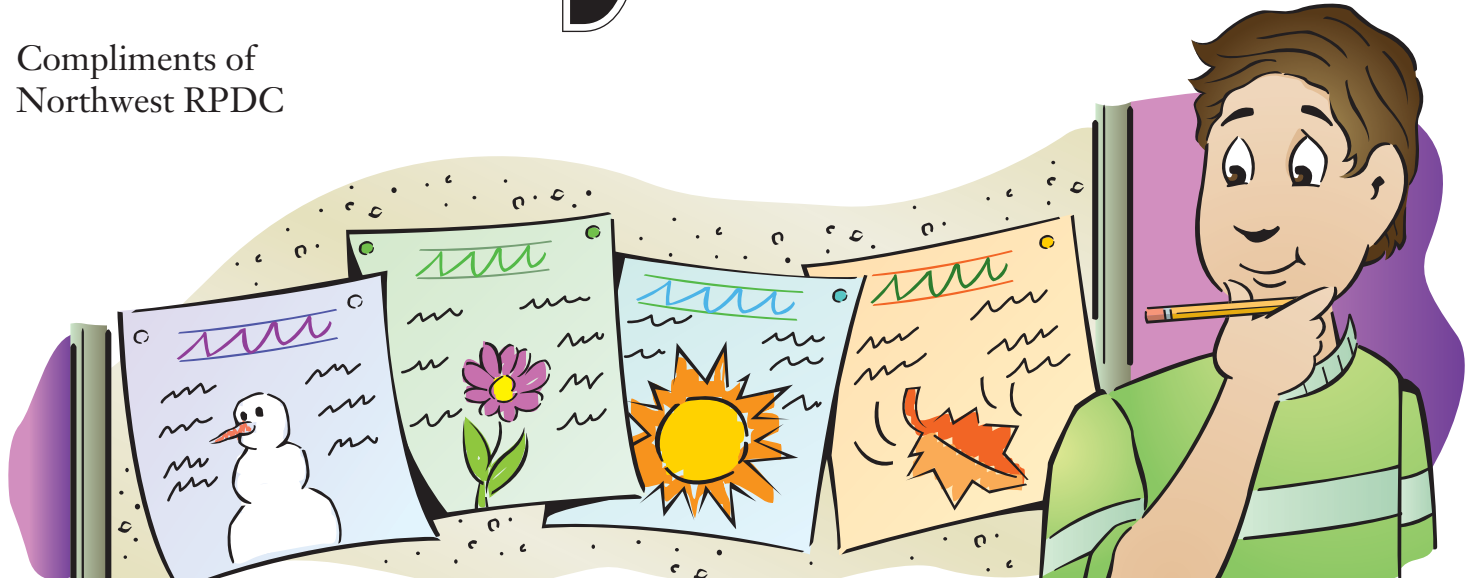


# Parent & Child Activity Calendar

## Elementary School

Compliments of  
Northwest RPDC



THE PARENT INSTITUTE®

### Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Feeling capable boosts your child's self-esteem. Take time today to teach your child a life skill.	<b>2</b> Start a family library. Let your child have her own shelf or bookcase for her books.	<b>3</b> Play Alphabet Mixup. Choose a word; rearrange the letters in alphabetical order. Can your child figure out the word?	<b>4</b> Ask your child what changes he'd make if he ran for a political office.	<b>5</b> Make a paper chain with one ring for each day until school vacation.	<b>6</b> It's the birthday of James Naismith, inventor of basketball. Ask your child to name her favorite sport.	<b>7</b> Save old socks to make puppets with your child. Encourage him to put on a puppet show.
<b>8</b> Let your child plan dinner tonight. How many food groups can you include?	<b>9</b> Visit the library. Check out a book about sports.	<b>10</b> Squash is a native American food. When you're in the grocery store, choose a new squash to try.	<b>11</b> Make an "I Am Special" scrapbook with your child.	<b>12</b> Ask your child to imagine life 150 years ago. How about 150 years in the future?	<b>13</b> Plan a reading dinner. Talk about a sports fact you learned this week.	<b>14</b> Today is the birthday of Claude Monet, a French artist. Paint a picture with your child.
<b>15</b> It's Peanut Butter Month. Challenge family members to come up with a new way to enjoy this food.	<b>16</b> Today is International Day for Tolerance. Talk with your child about respecting the beliefs of others.	<b>17</b> It's Geography Awareness Week. Quiz each other on state, province and world capitals at dinner tonight.	<b>18</b> Encourage your child to sort his books by subject. He can use the library's system or invent his own.	<b>19</b> Today is the anniversary of Lincoln's Gettysburg Address. Read it aloud with your child.	<b>20</b> Have a "silent supper." During dessert, have everyone share what they were thinking about.	<b>21</b> Take your child out for breakfast. Later, take a walk together.
<b>22</b> It's National Game and Puzzle Week. Turn off the TV and play a game with your child.	<b>23</b> Talk about the <i>best</i> and <i>worst</i> of your day. Give everyone a chance to share.	<b>24</b> What's the average age of members of your family? (Add up ages, divide by number of family members.)	<b>25</b> Play a game of charades with your child. Use hand gestures and motions to describe your word.	<b>26</b> Make a list of all the things that make family members grateful.	<b>27</b> Put together a puzzle with your child.	<b>28</b> Clean out closets with your child. Donate extras to charity—or have a family yard sale.
<b>29</b> Bake bread with your child. Biscuits are the simplest to prepare.	<b>30</b> It's Mark Twain's birthday. Read one of his short stories with your child.	<h2>November 2009</h2>				