

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>January 2009</h2>				<p>1 “What can our students learn if we only give them easy tasks?” —Anthony Cody</p>	<p>2 Mark your calendar with teacher work days, testing dates and other major events.</p>	<p>3 Take an online field trip to the Smithsonian at http://americanhistory.si.edu/index.cfm.</p>
<p>4 Take a “minute” vacation. Relax and visualize a favorite place.</p>	<p>5 Review school and classroom rules. Reteach if necessary.</p>	<p>6 Help students organize thinking. Ask a question and give them two minutes to write a response.</p>	<p>7 Have students <i>write</i> how they solved a math problem in addition to showing their work.</p>	<p>8 Sometimes students don’t know what high quality work looks like. Show them.</p>	<p>9 Have students rate their vocabulary words from 1 (never heard of it) to 5 (I can explain it).</p>	<p>10 Make a list of mini-rewards for yourself. Use them when you’re feeling overwhelmed.</p>
<p>11 Block out 30 minutes for a daily walk to reduce your personal stress.</p>	<p>12 Sometimes the going can get rough. Stay calm, move slowly, relax and don’t overreact.</p>	<p>13 For bell work, have students review their notes from yesterday’s class.</p>	<p>14 The best way to teach responsibility is to <i>give</i> students responsibility.</p>	<p>15 Ask students to write a “recipe card” for solving a particular kind of math problem.</p>	<p>16 Make sure your students still use their assignment notebooks every day.</p>	<p>17 Get some exercise if you’re feeling angry, nervous or upset.</p>
<p>18 Rent (or go to) a funny movie—the sillier the better. Laughter really is good for you.</p>	<p>19 Help students reflect on what they learn. Devote the last five minutes to journal writing.</p>	<p>20 Have students hand in an “I didn’t do my homework because” form. You’ll see right away what’s missing.</p>	<p>21 Have you changed your bulletin boards lately? Ask students to help.</p>	<p>22 Always wear comfortable shoes. Keep dress shoes in a drawer if you’re going out later.</p>	<p>23 Set aside time for students to clean out and organize their notebooks and binders.</p>	<p>24 For productivity tips, check out www.43folders.com.</p>
<p>25 Join (or start) a book club.</p>	<p>26 Arrive at school a few minutes early and get organized for the week.</p>	<p>27 Discuss with your students about disagreeing with an idea, not a person.</p>	<p>28 Make sure your instruction helps students make connections to life beyond the classroom.</p>	<p>29 Check out websites for podcasts related to the subject you teach. (Try iTunes U.)</p>	<p>30 Ask students to reflect on their week. What did they learn? How can they use what they’ve learned?</p>	<p>31 “Students need to feel connected, capable, contributing.” —Linda Albert</p>