**Quiet Hours**

You have just stepped into a new community – your residence hall community. To start everyone on the same page, we have a few guidelines in place such as quiet hours, study hours and courtesy hours. These guidelines are here to ensure that everyone in your community has an environment in which they can thrive academically and socially.

( laughing muffled by the wall)

The following scenario shows a good to handle disruptions.

( laughing, talking muffled by residence hall door)
( knock on door)

Vanessa:  Hi Jamie! What’s up?

Jamie:  Hey Vanessa.  I know it’s only 8:30, but I have a huge biology test tomorrow, and I’m trying to study.

Kate:  Do you want to take a break and have some pizza with us?
Jamie:  Actually, I was hoping you guys could keep it down.  I hate to wreck your fun, but the noise is really distracting.

Vanessa:  Sorry Jamie.  I didn’t realize we were being so loud.  We’ll try to keep it down.

This scenario shows how a resident can handle a distracting situation.  In freshman residence halls study hours begin at 8pm Sunday through Thursday.

At this time, many residents return from class and other activities and begin to study.  The building doesn’t need to be silent, but activity should start to quiet some to allow for an environment in which residents can study.  Quiet hours begin at 10pm Sunday through Thursday and begin at midnight on Friday and Saturday. This time is for students who may still be studying and those who wish to sleep. During quiet hours the easiest way to respect your fellow community members is to shut your door and turn down stereos and TVs.

Courtesy hours are also important to keep in mind.  Courtesy hours are in place 24 hours a day, seven days a week.  Courtesy hours state that:

“you will request, in person, or through your RA or SA if you don’t feel comfortable, that your neighbor be quieter if they are being too loud or acting disrespectfully toward the floor.”

Don’t forget that you may have people who live next door, below and above you.  Treating others with respect is key to a positive community.