Accessing Your A Healthier You™ Portal
Step-by-Step Instructions

With just a few clicks, you can easily schedule your health screening, take the Health Risk Assessment (HRA) and access your A Healthier You My Rewards program.

1. Visit BlueKC.com.

2. To login with your Username and Password, click the LOG IN button in the upper right hand corner of the screen. If you are a first time visitor, click on REGISTER. Please have your Member ID Card available to reference.
   • If this is your first time registering on the site you will be prompted to:
     - Create Username and Password
     - Choose Security Image and Title
     - Choose Challenge Questions
     - Confirm
     - Click on GO TO YOUR MEMBER HOME PAGE

3. Once logged in, click on A Healthier You from the “My Home” page.

4. This will take you to your A Healthier You member portal; click Continue to reach your A Healthier You portal home page.

5. Once on your portal home page - health HOME - you will be able to do the following:
   • Access the screening scheduler to schedule a screening appointment or check availability.
   • Take the Health Risk Assessment.
   • Monitor your reward checklist and points balance.

Having Trouble? Our staff can help. Call A Healthier You at 816-395-2121 between 8 a.m. - 5 p.m., Monday - Friday, Central.