PAYING IT FORWARD... NOT LOOKING BACK.

Gabriela Martinez
Hope you can answer this questions after today’s presentation...

- What are my dreams?
- Do I have a plan to accomplish my dreams?
- Am I able to sacrifice and follow my dreams?
- Am I doing the best I can with the things I have?
- Am I building constructive relationships?
- Am I being grateful with everything in my life?
- What am I doing to make the difference in the world?
☐ Dreams
☐ Motivation
☐ Planning
☐ Doing your best, everywhere.
☐ Networking
☐ Enjoy and be grateful
☐ Pay it forward...
Dreams

- Follow your **PASSIONS**.

*If you can dream it... you can do it!*

Walt Disney
Motivation & Perseverance
Planning

When your heart is in your dream, no request is too extreme.
Jiminy Cricket

- Make a list of your dreams.
- Draw a timeline.
- What do you need to DO to make them a reality?

Your vision will become clear only when you look into your heart.
Who looks outside, dreams. Who looks inside, awakens.
Carl Jung
Hard work & Sacrifice

- Family
- Love
- Friends
- Job

Have unfading courage in your heart 💖
Do your best, say YES!!

- Participate in all the activities that interest you.
- Volunteer to be part of any organization.
- Volunteer to any activity.

- VOLUNTEER and say YES…
  ABSOLUTELY, I CAN DO THAT.
  YES, I CAN HELP!!

AND DO YOUR BEST!!!
Networking

two-way street.

Top 10 TIPS

1. **Smile** *(people is watching).*
2. **Talk it out** *(spend 75% of your time with people you don’t know).*
3. **Be genuine** *(it's about building TRUST).*
4. **Have a plan** *(what is my goal?).*
5. **Ask open-ended question** *(ask who, what, where, when, and how).*
6. **Follow the 80/20 rule** *(in order to build strong relationships, LISTEN).*
7. **Remember names** *(people will be pleasantly surprised).*
8. **Business card** *(so that people remember you).*
9. **Take notes** *(remember things about the people you met).*
10. **Follow up** *(more neglected & thank you card).*
Enjoy and

- STOP!!! Take the time to reflex.
- Your main goal should be... **ENJOY** the journey.
- First and last thing to do every day... **SAY THANK YOU!!**
Pay it forward...

YouTube - Pay it Forward - The Power of Three
Pay it forward... What are you doing?
Three Paths to Genuine Happiness
by Nancy Hunter Denney

☐ Affirm that your very presence makes a difference.
☐ Take control of your destiny.
☐ Count your blessings.
Learning outcomes

- Dreams
- Motivation
- Planning
- Doing your best, everywhere.
- Networking
- Enjoy and be grateful
- Pay it forward...
Conclusion

“All our dreams can come true, if we have the courage to pursue them”

Walt Disney
THANK YOU for being here TODAY!
resources

- Nancy Hunter, Three Paths to Genuine Happiness .
- http://www.debtfreescholar.com/2010/02/5-networking-tips-for-college-students/
- http://www.top10networkingtips.com/
- http://www.businessknowhow.com/tips/networking.htm