

Northwest Missouri State University  
Department of Health, Physical Education, Recreation, and Dance

## **MS in APPLIED HEALTH SCIENCE**

### **Program Admission Requirements**

1. Make application to the Graduate School.
2. A minimum overall GPA of 2.75 on the undergraduate transcript is required.
3. A minimum combined score of 700 on the verbal and quantitative sections of the Graduate Record Exam.
4. Minimum score of 3.5 on the GRE Writing Assessment.

### **Deadlines**

- Fall admission – August 1
- Spring admission – December 1
- Summer admission – April 1

### **Exit Requirements**

1. Present a Professional Portfolio for consideration and approval by the Departmental Graduate Council.
2. Completion of an approved fieldwork experience 200 hours.
3. Present evidence of meeting professional credential requirements.
4. Complete an approved Plan of Study.
5. Pass comprehensive exam.
6. Complete research component.

### **Required Courses (24 Credit Hours):**

- PE 636 Research Methods in HPER (3)
- PE 690 Research Paper (3)
- PE 665 Quant & Qual Data Analysis (3)
- PE 632 Exercise Physiology (3)
- PE 555 Intervention and Behavior Change Strategies (3)
- PE 529 Theory and Fundamentals of Strength and Conditioning/Personal Training (3)
- PE 532 Exercise Testing/Prescription and Analysis of Cardiac Function (3)  
OR
- PE 682 Care and Prevention of Athletic Injuries (3)
- PE 680 Field Experience in Health Science (3)

### **Interest Area Courses (9 Credit Hours):**

Wellness:  
Choose 3 courses

Management:  
Choose 3 courses

**TOTAL PROGRAM HOURS: 33**

### Contact:

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Dr. Matt Symonds, Assistant Professor  
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