



Northwest Missouri State University  
 School of Health Science and Wellness  
 Physical Education (Comprehensive) – No Minor Required  
 Bachelor of Science in Education

Term 1	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
77-101	NW Core: University Seminar		1	
10-111	NW Core: Composition I		3	
44-130	NW Core: Digital Literacy: Educational Computing and Tech		3	
22-239	Foundations of PE		3	
29-102	NW Core: Oral Communication		3	
62-107	Ecology and Developmental Foundations of Education		2	<b>1</b> Minimum 5 hours of field experience.
	<b>PE Majors DO NOT take 62-113</b>			
<b>Total Hours</b>			<b>15</b>	
Term 2	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
22-114	Wellness		3	
10-112	NW Core: Composition II		3	
08-299	NW Core: Educational Psychology		3	
04-102/103	NW Core: General Biology and Lab		4	
22-220	Lifetime Activities & Dance		3	
22-260	Observation and Prac I in PE		2	<b>1</b> minimum of 30 hours of field experience.
<b>Total Hours</b>			<b>18</b>	
Summer	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
	NW Core: Western Experiences		3	
	NW Core: Social Sciences		3	
<b>Total Hours</b>			<b>6</b>	
Term 3	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
	NW Core: Physical Science & Lab		4	
33-155 33-156	NW Core: United States to 1877 OR United States Since 1877		3	
	NW Core: Global Experiences		3	
22-238	Elem Health & PE Methods		3	
62- 371	Intro to Special Education		3	<b>2</b>
				<b>2</b> Minimum 8 hours of FE
<b>Total Hours</b>			<b>16</b>	
Term 4	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
02-xxx	NW: Core: Mathematical Reasoning		3	
22-445	Literacy and App in PE		3	<b>2</b>
22-362	Creative Movement and Rhythms		3	
22-254	Anatomy and Physiology		3	
61-301	Developmental Foundations of Adolescent and Content Literacy		2	<b>2</b>

**1** = a milestone course completed by end of year 1 to remain on pace to finish degree requirements in four years.

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**4** = a milestone courses taken in final year to complete degree requirements.



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22-360	Mid-Level Field Experience in PE	22-260 Ob and Prac I	2	Minimum 45 hours of FE
Total Hours			<b>16</b>	
Pass MoGEA Assessment; GPA of 2.75 and Content GPA of 3.0; Professional Education GPA of 3:0; Apply for admittance to Teacher Preparation Program.				
Term 5	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
10-220	NW Core: Intro to Literature		3	
22-382	Care & Prevention of Athletic Injuries		3	
22-332	Physiology of Exercise	22-254 Anatomy & Physiology	3	
22-233	First Aid, CPR, and Care of Sports Injuries		3	
22-410	Adapted Physical Education		3	
61-311	Designing Integrated Middle School and Secondary Curriculum		1	
61-310	Classroom and Behavior Management Strategies		1	
61-312	Professional Learning Community V		1	
Total Hours			<b>18</b>	
Term 6	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
22-336	Basic Biomechanics	22-254 Anatomy & Physiology	3	
22-435	Team/Ind Activities		3	
22-335	Sport and Exercise Nutrition		3	
22-512	Socio-psychological Aspects of HP		3	
	NW Core: Fine Arts		3	
61-324	Intervention and Assessment: Literacy, Special Populations, and English Language		2	
61-325	Professional Learning Community VI		1	
Total Hours			<b>18</b>	
Term 7	Course Title/Description	Pre-requisite	Cr Hrs	Milestone/Notes
22-580	Methods in Sec. PE	HPER 22239 minimum grade of D and HPER 22332 minimum grade of D and HPER 22430 minimum grade of D and HPER 22431 minimum grade of D and Test TESS with a minimum score of 1	3	

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22-523	Motor Development		3	
22-537	Assessment in PE		3	
61-569	Multiculturalism in Education		3	
08-322	Adolescent Psychology		2	
34-102	NW Core: Intro to American Government and Politics		3	
<b>Total Hours</b>			<b>17</b>	
<b>Term 8</b>	<b>Course Title/Description</b>	<b>Pre-requisite</b>	<b>Cr Hrs</b>	<b>Milestone/Notes</b>
61-470	Directed Teaching: Secondary		10	
61-432	Professional Education Capstone		2	
<b>Total Hours</b>			<b>12</b>	

Fall: Pass MO Content Assessments; Complete Practice and MEES.

Spring: 16 Weeks minimum of Final Field Experience

Pass MEES Assessment; Have 3.0 Content GPA & 2.75 Overall GPA; Apply for Certification.

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