



| Term 1 | Course Title/Description | Pre-requisite | Cr Hrs | Milestone/Notes |
|--------------------|--|---|--------------|---|
| 77-101 | University Seminar | | 1 | |
| 04-102/3 | General Biology & Lab (Life Science) | | 4 | |
| 10-111 | Composition I (Written Comm) | | 3 | |
| 22-114 | Wellness | | 3 | |
| 17-114 | General Statistics | | 3 | |
| Total Hours | | | 14 | |
| Term 2 | Course Title/Description | Pre-requisite | Cr Hrs | Milestone/Notes |
| 22-223 | Introduction to Health Sci & Wellness | | 3 | |
| 04-112/113 | General Chemistry and Lab (Physical Sci) | | 4 | |
| 10-112 | Composition II (Written Comm) | | 3 | |
| 29-102 | Oral Communication | | 3 | |
| 22-254 OR | Anatomy/Physiology----- OR----- | | 3 | 1 Minimum B grade required for graduation |
| 04-236 | Allied Health Anatomy /Lab | 04-102/103 or 04-106/107 and 24-112/113 or 24-114/115 | 4 | |
| Total Hours | | | 16/17 | |
| Term 3 | Course Title/Description | Pre-requisite | Cr Hrs | Milestone/Notes |
| 08-103 | General Psychology | | 3 | |
| 47-234 | Nutrition & Diet Behavior | | 3 | |
| 22-332 | Physiology of Exercise | 22-254 or 04-236 | 3 | Minimum B grade required for graduation 2 |
| ##-### | Digital Literacy | | 3 | |
| 45-216 | Gerontology | | 3 | |
| Total Hours | | | 16 | |
| Term 4 | Course Title/Description | Pre-requisite | Cr Hrs | Milestone/Notes |
| 01-104 | Medical Terminology | | 3 | |
| ##-### | Aging Studies Elective | | 3 | |
| 22-336 | Basic Biomechanics | 22-254 or 04-236 | 3 | Minimum B grade required for graduation |
| 45-216 | Introduction to Gerontology | | 2 | |
| ##-### | Humanities | | 3 | |
| ##-### | General Elective | | 3 | |
| Total Hours | | | 14 | |
| Term 5 | Course Title/Description | Pre-requisite | Cr Hrs | Milestone/Notes |
| 34-102 | Intro to American Government (Poli Sci) | | 3 | |
| 45-365 | Leisure and Aging | | 3 | |
| 35-101 | General Sociology | | 3 | |
| 45-315 | Social Aspects of Aging and Families | | 3 | |




1 = a milestone course completed by end of year 1 to remain on pace to finish degree requirements in four years.


2 = a milestone course completed by end of year 2 to remain on pace to finish degree requirements in four years.


3 = a milestone course completed by end of year 3 to remain on pace to finish degree requirements in four years.


4 = a milestone courses taken in final year to complete degree requirements.




| Total Hours | | | 15 | |
|-------------|---|---------------------------------|--------|---|
| Term 6 | Course Title/Description | Pre-requisite | Cr Hrs | Milestone/Notes |
| 22-550 | Community Health | | 3 | |
| 22-382 | Care & Prevention of Athletic Injuries | | 3 | |
| ##-### | Humanities | | 3 | |
| 08-383 | Psychology of Aging | | 3 | |
| ##-### | General Elective | | 1-3 | |
| Total Hours | | | 13-15 | |
| Term 6.5 | Summer Term | Pre-Requisites | Cr Hrs | Mileston/Notes |
| 22-556 | Health in the Later years | | 3 | |
| Total Hours | | | 3 | |
| Term 7 | Course Title/Description | Pre-requisite | Cr Hrs | Milestone/Notes |
| 45-469 | | | | |
| 22-534 | Evidence Based Practice in HSW | 22254 or 04236 and 22332, 22336 | 3 | |
| 22-552 | Health Promotion | | 3 | |
| 10-220 | Literature | | 3 | |
| 35-155/156 | History | | 3 | |
| 22-447 | Senior Seminar | | 1 |  |
| ##-### | General Elective | | 2 | If needed |
| Total Hours | | | 13 | |
| Term 8 | Course Title/Description | Pre-requisite | Cr Hrs | Milestone/Notes |
| 22-555 | Interventions and Strategies for Health Behavior Change | | 3 | Apply for Graduation |
| 22-529 | Advanced Strength and Conditioning | | 3 | |
| 45-469 | Practicum in Aging | | 3 |  Permission required |
| 22-470 | Profession Based Experience | | 3/6 |  Permission required |
| ##-### | Fine Art | | 3 | |
| Total Hours | | | 12/15 | |

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